



Changed

Change

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Changing

I Paul #33

THE ORDER MATERIAL

I Paul #33 - Trance State - Two (A Dream Unfolds)

Greetings:

My Dear Brothers and Sisters, this Communication is the last in the series of the I Paul communiques to the Family of LIFE and LIGHT, and the Way to the All in All, Now, and then! This is not for babes, partakers of milk, but for the eaters of strong meat, the Spirituals, then, who are Prepared and Following the Way to The Way.

Those who truly “sit” to Receive are, when properly done, in a semi-trance state.

Those who meditate according to the instructions are in a semi-trance state.

When you are immersed in Cogitation you are in a semi-trance state.

When you are asleep you are in a semi-trance state.

When you dream you are in a semi-trance state.

When you are deeply into Contemplation you are in a semi-trance state.

Now we could cite other experiences that should fall within the semi-trance states, such as “near-death”

experiences, but those cited will suffice for our purposes herein, i.e., the Attainment of the Full Trance State that leads to an OBE, the gateway to a Full Transcendence Experience and the safe return to the Physical Body. We must remember herein that we are dealing with the minds and nothing but “the minds” - the Low and High Levels of Consciousness, then, and their separate and united functions, in and out of the physical-material realm. All OBE’s are mind experiences and nothing else but a strict matter of minds.

Furthermore everything herein is intended to imply, point to, lead to, and means the High Meditation Level or State - the Remediation Elimination and Acquirement Trance State. You get to this level via a semi-trance state or Meditative Silence State. If you are Prepared, that is, and you do not get prepared by wasting time or “Times.”

Busy people have time for everything but only the truly honest ones who give as much time to the Message of I Paul and its practice, as they do to their other Responsibilities, not less ever, are the only successful Adepts of the Family of LIFE and LIGHT. The Doers, then, not the would be Be’ers, the Pretenders and the lazy procrastinators, the tomorrowers, then. Doing is still better than Being and most who think they are Doing are being very foolish. They have

time for matters that don't matter. To I Paul, zero plus zero is still zero.

To an Adept, meditation should have, by now, under the Ordinance of Formative Causation, become a "Habit" and a second place of habitation. And it should go without saying that an Adept sets his or her own rules in regards to their meditative habits and preparations.

Any and all of the semi-trance states are but Preparatory stages or levels for the Attainment of the Full Trance State. In a semi-trance state one retains their consciousness state but in such a state they are usually oblivious to their immediate surroundings and the activities, sounds and so forth inherent therein. It is these semi-trance states that you can also learn to eat when you don't eat and to sleep when you actually do not sleep and so forth. The formula for this "learning" is simple: Motivation and Repetition = Retention, i.e., Habit and Success. What you need to remember and concentrate on is the fact that the Whole being both physically and mentally goes into trance state until you have united the opposites, the minds then, and then you "go-out" with full consciousness of all that actually leaves the body - the lower mind and all of its faculties. This is a fantastic experience.

"You will look at your tranced body..." Only the body is

tranced, the brain, the flesh, the blood, the tissue, the muscles and so on, because the mind has left it behind.

The Purity of the Purgation is not an act of the will (ego) but an effortless and natural act (we do it all the time but we are not alert, conscious of it) when you have fully developed it by following the Way (Message) exactly as given.

In Missile twenty-four of the CPM book there stands a little question of great import, i.e., “Have you made your personal commitment to Righteous Life and LIFE today?” As far as I Paul knows only the Adepts pay attention to this. Are you an Adept?

Since the mouth, the tongue, the brain do not leave the body, one communicates, “speaks” then, in an out of body state “naturally” in the language without words, without sound, without movement and without “want” of any ilk.

“Want” has no place in the meditative process. Any “give-me” mentality immediately wipes out any and all efforts to OBE and to transcend. High Meditation is a tranquil, clean, expectant and prayerful “Need” process and there is no other way to approach it.

Prayer is one of the major keys to High Meditation, second only to Preparation. Prayer, herein, has nothing to do with what we will call Religion nor do we use the term

“Prayer” in a religious context or meaning. We are talking about Prayer in its strict Spiritual sense and meaning. After all, what is Prayer? Is it not a gathering up to one’s Wholeness for a positive presentation to one’s creator? Is it not Silent Communication? Is it not Conscious Meditation, Cogitation, and Contemplation? Of course it is. “Conscious” here, specifically meaning an Awareness and Alertness that is pointed to, directed at, something or other from horizontal time. Just as on the other hand, “Unconscious” meditation is trance state travel or Time Travel. “Time Travel” here meaning vertical time. Just as “memory” is a time trip back into the Past, the Trance State is a Trip into the Future or into tomorrow’s time, and even there the “memory” is functionable.

Three dimensionable space time, then, is Horizontal Time and all other time is Vertical Time or Transcendental Time.

Semi-Trance states fall within the Horizontal Time Zone.

OBE’s fall within the Horizontal Time Zone.

Trance States fall within the Vertical Time Zones.

Meditation is a Horizontal Time Zone activity.

Remeditation becomes a Vertical Time Zone Activity

beginning in Horizontal time.

Prayer is Spiritual Symbolism or the Language of Spirit - the Language without words then - the Unspoken language then - the Unity of Minds then - the sound of one hand clapping then - the Room of a Thousand Eyes then - the Conversation, the Silent Conversation between two or more Spirituals then. Prayer, then knows no Time Zone for it is in, of, and for Time and Space eternal.

You see, God's thoughts are not man's thoughts and God's Way is not man's way, simply because man does not think or speak in the Spirit language or from the Spirit Wisdom.

Listen, If the semi-trance is so simple and the Full Trance State is a natural phenomenon, why are they so difficult to attain? The Truth is, they are not. They are inherent in our Natural Wholeness and should be utilized by one and all for the express purpose intended - discovery, or better, Rediscovery and Understanding, especially of our own divinity and purpose in this physically short-term life span on this Earth.

The answer as to why you cannot achieve the Full Trance State lies in the fact that, one, you fail to recognize the semi-trance state when you achieve it, which you do, simply because your Faith and your Imagination are

wanting, and two, “God will not do for man what man is fully capable of doing for himself.” “Repent” the Kingdom is at hand, among you, in the midst of you, and in you. All of these expressions as to the location of the kingdom (heaven) are clearly explained and therefore, understandable from a study of the Message of I Paul. By those very statements you are being exhorted to change - to change your entire way of Thinking and “seeing” and acting and expressing your way of life here on W-303 and only you can do it.

“Change” here, being the first link in the chain, followed by Changing and Changed, (Prepare, Follow, Come), means the removal of ALL the barriers, i.e., “the collective ‘self’,” that keeps you in bondage (physically, mentally, and spiritually) and therefore keeps you from the Freedom necessary to “Act Natural”(ly) and do those things that should come as natural acts inherent in one’s “Wholeness,” i.e., Soma, Psyche, Pneuma. This entails self-discipline, courage then, i.e., “be not conformed of this earth but be transformed by the renewal of your mind” to conform with Your Higher Mind, which is a matter, that matters, and one which only you can do because God, the Supreme Spirit, LIFE, then, is not going to do it for you. You slay “self” and immediately ALL the barriers are destroyed and you and You are Free to do those things you have been

Gifted to Do, but do not do, simply because in “self” you are too busy “being” and not “Doing.” Being enslaved actually by your love of “self,” your detoured ideas of what Truth is and what Righteousness is all about, your foolish ideal of being superior to others, your sick self-love that prevents the honest and sincere love of others, your own mistaken ways that preclude any true Sharing and Caring with others, your availability, and that even, perfunctory, instead of your perpetual Presence, your “likes and dislikes” that shackle your Action and your Energy, your self-protectiveness, your aloofness, your aloneness, your abrasive abusiveness. I Paul could go on and on but you should have the picture clearly impressed on your mind by now. Instead of climbing out of your own “self-dug” pit, you excavate it deeper and deeper - you cannot Transcend when you keep insisting on Descending.

How many of you are in debt as a result of living, or attempting to live, beyond your means, your NEED, then? Most debt is want-sided - not need-sided. Whether you can think this highly or not, you need to come to the understanding that “debt” from, of, and by “want” is slavery. The Message clearly states, as did Jesus, that you should owe no one anything and this clearly means materialistically, not Spiritually - do you “see” this? Can you grasp the reason why such debt is a definite barrier to

you? If you are not free you cannot Follow, and if you cannot Follow, you cannot Transcend. The point here is one of Purification - you simply cannot take such things as “debt from wants” into the Kingdom of the Spirit, Now or then. Clean your “house” is no idle Command, then. “See”?

You cannot accept your inheritance, the Love of God, then, until you do clean-up your own “House” and keep it that way and my dear brothers and sisters, only you can do it.

You see, the Message calls for you to do something at the beginning of each day. It also calls for you to do something at the close of each day. It exhorts that you do something in between this beginning and this end of each day. Do you do them? If you do not these things, how do you expect to be successful in your going out and your coming in? You cannot, because you are not moving forward and Upward - you are standing still, effortless, then for all practical purposes.

You have a habit and that habit is your illusions which dictate your ways which are contrary to The Way. You compromise the Way to fit your own way and this will not do. The Way cannot change, is not going to change, so guess what and who must Change if they are to be successful.

What you all need Understand is that the Message of I

Paul, its Spirit, wants absolutely nothing from you, it wants only to give you something, per its promises, and the Message only works when you work, because, in essence you are or you are not the Message of I Paul and that's strictly up to you, your desire, your motivation, your Action.

The Message of I Paul, the Book of the Two Ways, the Book of Life, are not magic, they are Gifts, yet they are nothing to you, unless you accept them, respect them for what they are and above all, follow them to the very best of your ability for that's all that is asked of you, nothing more, you exert the effort and forget all about results, they are out of your sphere of operation.

Let he or she who does this be the second to transcend and come back safely and enlightened. I Paul await this happening and I am ready to greet you in the House of Wisdom. Be, then, the Pillar of the Earths and you will be Greeted and warmly so.

The problem for the vast majority of Spirituals is that their Faith is weak and their Imagination is uncreative and/or wild, uncontrollable then, and because of this your thoughts are held in bondage to an illusionary master which you serve, knowingly or unknowingly, it matters not until you learn what matters and what does not. From the very beginning you have been told that the Truth both Creates

and Destroys and it's high time that you all got a handle on this fact, the Reality, which no one escapes and use its powers to the fullest to assist you.

You see, if you can control a thing you can destroy it, and if you have the Power to destroy, my friends, then you also have the Power to Create, and it truly is that simple when you hold, actually hold the Truth in your Minds and not in your hands only. Yes, simple, but hard work, long hours, and a lot of frustration and disappointment in the beginning, but the rewards are beyond your immediate comprehension but they get clearer and clearer as you get clearer.

You have to clean-up your "house" before you can enter a House of the Seven Pillars, and you cannot even do this unless you undergo a complete and "self"less transformation. It is not difficult to Love nor to be Righteous, in fact it is a much better way of life than you now enjoy, so what is there to fear, to avoid - only You can possess you.

Some of you have spent years "talking to" or "talking at" each other to no avail. It's time you all expanded your field of conversation and especially so in the area of learning to "talk" to yourself, Your True-Self, and the True-Self of others. The Message tells you how.

I Paul, hardly ever talk to any of you - I usually “talk” to You - How many of you actually realize this? My guess would be only a few, if that many, but it is so. Your problem is that you haven’t even learned how to listen yet, but the Message teaches you how.

You see, “God IS - I AM” and “you are - I AM” and that’s our difference mentally, “See”? You Need Change this to “You Are - I AM” and “God IS - WE ARE.” “See”?

Now if you fully Understand this and Practice this you are qualified to transcend - Automatically and Naturally - it truly is that simple. Don’t try to make it any simpler. That will only result in defeat and disappointment.

So make up your mind to Change then, and then Change, by exerting the effort called for dealing with Change and you will be Changed, here and Now. You exert the effort - “others” will supply the results. How can we possibly make it any clearer or simpler?

What you need do is to get into the Spiritual stream of Life and you do this through the exercising of the Full Measure of Faith, through Creative Thought and Creative Imagination and through the never ending flow of Spirit Energy, that thing we call Love.

So, how do you get to where you are not from where you

are? The journey is one of discovery and rediscovery, of effort and determination, of Faith and Imagination, of Concentration and Retention, of dedication and perseverance, of Love and Reality and of Courage. Its catalyst is Understanding and Unity. Its deterrent is bondage. Its mission is Enlightenment and Enhancement. Its goal is obvious per the Message. Its rewards are clearly unexplainable - you must become your own witness. Its Absolute is Preparation. Its Ultimate is Soul. Its Doing is Natural for it is a simple matter of Minds and the self-discipline of leaving matters that do not matter, alone. And it is here that most fail - they simply cannot mind their own minds - their own business, and their own Preparation. Somehow your own business, your own minds, are not as important as someone else's, so you "meddle," which is a far cry from the Sharing and Caring tenets of the Message. You simply cannot truly help anyone if you cannot first help yourself - after all charity, Preparation and so forth begin at home and you cannot assist in anyone's "house" cleaning if your own is in disarray. If God will not do for men and women what they are capable of doing for themselves, how, in God's name do you think you can?

Now how do you get to where you are not but where You is? Simple - Change. Love, Think, Obey and Come, follow me (the Message) as I Paul follow "Others."

To some of you all of the above may seem like a very heavy load, a burden, “depressing” even, but on a close analysis it is not simply because it is a very simple matter of mind - yours to be exact. It doesn’t cost you any money, it doesn’t impair your health, or harm you in any way at all. Whether you can “see” it or not it’s for your own Well-Being and involves no sacrifice whatsoever - its goal is Freedom and such Freedom gives, not takes away the one thing you desperately need - “Recognition.” What’s more, you do not have to go anywhere special to receive it. You can do it in your “closet.”

You cannot begin a journey unless, and until, you take the first step. So in order to get where you are not from where you are, you need to step out and up for you have nothing to lose and everything to gain - nothing to fear but “self” and you should, by now, know exactly what that is or isn’t. What you are waiting for escapes us - and apparently something escapes you too.

What you need to Understand, to learn, then, is that you are not You, but You is you, yet cannot Be as long as you go on insisting to be what you are really not - “self.” Can you “see” now that You is the collectivity of Minds? The compounding of Minds “to be,” then. This then, is the Urgency of Unity - a Unity that, like Charity, begins at home

- flows outward and then, and only then, flows Upward. The journey then begins in Freedom with an open mind, a receptive mind, then. In Meditation, as in Cogitation, Contemplation, and Spiritual Prayer, an open, receptive mind is essential. Closed-mindedness is a strict physical-mental manifestation where one-mindedness is essential to, and for, a collectiveness of the minds of those who will and do Follow the Way to “The Way.” Close-mindedness is an understanding of the Message of I Paul, a Recognition of the Truth and an Active Expression and following of that Truth in your every word, act and deed for the Good, Right and True, i.e., the Well-Being of All in All.

It should be clear now, that to get from where you are, to where You is, and you are not, takes Love and Freedom and Courage.

I’m certain you all have a pretty good idea of what courage is and what it takes to manifest it, but, on the other hand, I’m not so sure that all of you really understand what Love and Freedom truly are from the combined viewpoint of both the physical and spiritual aspects.

Down through the ages many a person have given up their lives so that others could live and this is usually viewed as “love of others” over oneself and a sacrifice. Actually, the greatest sacrifice you or I or anyone else can contribute to

our fellow beings, to LIFE and to LIGHT, is to live our gift of life to the Fullest in a Loving and Righteous Way. We were destined, predestined really, to have a physical existence, to have life and to have it more abundantly than our ancestors. Yet, when we look around this spaceship of ours, we do not see the fulfillment of this abundance being shared by all of LIFE's children and this should tell us that the Universal Plan of Love and Righteousness are not being fulfilled, that man's inhumanity to man continues and has replaced the Will of God in man's mind and heart. At the very core of this lie two factors: Political ideologies and Religion. The dilemma lies in man's attempt to manufacture truth, his selfishness and his misinterpretation of what Love, Freedom and Righteous behavior truly are. Spirit and Spiritual Transcendence have been relegated to an obscure place in the minds of men and women over all this Earth of ours.

How does man view Love and what are the most prevalent viewpoints held by man concerning it?

We know that Jesus, and I Paul after him, taught the value of Love and explained to us what Love can do and does do, but the question here is one of what is Love in the eyes of Men-Women today.

There is an almost endless variety of what men and

women today think of as Love: Charity, Pity, love of humanity, love of neighbor, love of God, love as a virtue, love as a duty, love as a value, parental love, romantic love, love of others, love of oneself, love as union, love as desire, materialistic love, love as possession, love of beauty, love as pain, as obsession, love of life, and so forth. Each of these types of “love” carries with it a very different understanding of Reality as well as a diverse assumption concerning what it means to be human.

None of these types alone approaches that which is True Love and even collectively they come nowhere near what is Pure Love. One type of love that many men and women hold to is Love of Country, some go so far as to say “Right or wrong I Love my Country.” What this so-called love is, is just another way of expressing one’s belief in two masters - God and Country.

Jesus himself, in his progression towards his Great Discovery, or Rediscovery, learned what True Love is by the Process of elimination or the discovery of Love’s meaning by discarding all the things that Love was not, but believed by men and women to be Love.

Therefore Jesus-like love is what we are in search of here, when we ask What is Love? And from the list given above we have a fairly good idea of what it is not.

Most assuredly, what Love is not, will not get us from where we are, to where we need to go - Now and then. We know Love is an energy but we also need to view it as a Trans-personal power. Since the Kingdom of God reveals itself in the Love of persons, that is, in and through more than one person, then Love is a Trans-personal Power as well as an Energy and that which establishes human beings in the mode of being as Free Persons is a Power worth Understanding and Utilizing to its fullest.

Love, unlike Freedom and Courage, is an Energy first and a matter of the minds secondly. Freedom, is first, a matter of minds, as is Courage, and both need be manifested on the physical-material Plane Level first before they can be transported into the Spiritual Planes via transcendence. CPM #25 explains this to one and all.

A True Christian Spiritualist knows but Seven Laws and Three Commandments. These Three Commandments are Love, Think and Obey. They mean, simply but precisely, that one will Love Truly, Think Righteously, and Obey the Mind of Christ in one's every word, Act and Deed. It is quite obvious that one needs be Free to do this and one must also have that Courage to carry out such Commandments and Laws to their fullest extensions. "See"?

Now the Four Principle types of response towards

others which today are commonly confused with Christ-like Love are: Feeling sorry for others (Pity), love of mankind (Humanitarianism), self-denial (Altruism) and wanting to be in union with others (Sentimentalism).

Feeling sorry for others or Pity is also the basis for Religious Charity. A Christian Spiritualist knows that there is no strength in sorrow, no true Love in Pity and that those who feel sorry for others are not Free in any sense of the word. Pity is a negative thought and all negative thoughts enslave. Charity and all that that word implies, has nothing to do with pity or sorrow and everything to do with Love, Agapé, brother and sisterhood, fellowship, Familyship, sharing and caring. All of which are in turn, manifestations of Freedom and Acts and Action Fully in harmony with the Mind of Christ. I can think of only one thought form level lower than feeling sorry for others (Pity) and that is a feeling sorry for oneself (self-pity) which is the most negative, the most destructive and the most degrading of all thought levels and the most prevalent enslaver of all thought forms possible. Such thought forms as those (pity and self-pity) are parasitical and “self” forms of domination and enslavement - hate forms, then, not “love or charity” forms, then. To hold to such negative thought forms constitute a barrier to the Trance states.

Humanitarianism (Love of mankind) is oriented to suffering mankind. Why? Because it has the hidden intention of denying all actual others - the neighbor, one's family, one's community, one's spirit, - and of calling into doubt "LIFE's wise, loving, and benevolent rule."

Humanitarianism thus functions on the basis of value delusion. It puts utility value above all other values, acclaiming love as an instrument for the attainment of the general welfare. Moreover, humanitarianism is directed at man's weakness because it wants to deny the higher possibilities of man's existence. It does this by selecting the lowest aspects of human nature as the criteria for being human - to be human for the humanitarian means to be only human - "to err is human" - "we are all human" and so forth. The humanitarians accuse Jesus of not having loved mankind. Why? Because Jesus resisted the three temptations of the devil - can you believe this? They say if Jesus had truly loved mankind he would have turned stones into bread in order to feed the hungry of this world - he would have come down from the cross in order to captivate mankind's conscience and set it forever at rest, and he would have organized everyone into a single, unanimous and harmonious ant-heap so that mankind would have been relieved of its loneliness and responsibilities. The humanitarian "loves" mankind in general simply because

he hates the concrete neighbor. Jesus-like love and Christ-Love then are something quite different from humanitarian love and involves something more than a simple love of mankind - love of neighbor.

No one who holds to “Humanitarianism” can enter into the Trance States for the purpose of Transcending, then, simply because their goal reaches no higher than being human “only.” Humanitarianism, then, is just another Religion and therefore nothing to be fearful of, then, simply because it lacks Freedom.

Freedom to Love the actual other, is a Freedom and a Love beyond the capacity of most people because it requires hard work, long hours, tenacity, and heroic Courage. In other words, Love and Freedom presupposes a much richer sense of man’s possibilities than love of mankind only does.

Now what about Altruism? Is not altruism what it means to love the actual other? The dictionary states that Altruism is “the unselfish concern for the welfare of others.” Actually, altruism displays the structure of “resentment” because the Altruist affirms the other in order to escape from himself. Altruism is but a form of self-hatred posing as its opposite - love. Indeed, the stratagems and dissimulations of Resentment are so successful that usually the observer cannot tell the difference between love

and hatred posing as Love.

As for Sentimentalism - the wanting to be in union with someone - this form of love mentality is usually rooted in the fear of pain. Actually this pain-love leads eventually to the denial of all otherness and of all reality outside of oneself. Why? Because any difference, opposition, or distance is felt as displeasure. The fear of pain, of loneliness, leads to the notion that there should be neither conflicts nor alienation in human life, and so love is construed as feeling oneself in union with others, in other words, it is a form of hedonism.

Jesus-like love has been interpreted, and wrongly so, as being like those I have briefly outlined above. Since it is none of these we have eliminated, it figures that we are getting closer and closer to what Jesus-like Love and Christ-Like Love truly are.

One thing is certain - no one can take any of these supposed types of love into the Spiritual Realms safely and any attempt to transcend them, then, is futile. They are outright barriers to the Full Trance State and preclude the attainment of being Fully Human and Fully Spiritual Now. Why? Simple, they preclude one's Freedom to Prepare, Follow, and Come, to Love, Think and Obey. It should be quite obvious by Now, that the "Good News" of Jesus was

Freedom - both physically and Spiritually, now. Therefore it should also be quite obvious that Freedom and Love are the major keys to the Trance States and to the Act of Transcendence.

We know that where there is no Freedom there is no Spirit - what many of you fail to grasp, but which should also be perfectly obvious, is the truth that where there is no Spirit there is also an absence of True Love. Furthermore, where there is no True Love there is also no Truth. "See"? This universal principle is so simple and so uncomplicated that no one can make it simpler nor can anyone complicate it - this is terribly frustrating to the rationalizers and intellectualizers, of which we have our share. It's the Principle of the Universal Plan that the function of Truth is to both Create and Destroy in keeping with the Power of the Mind of Christ, the Will that Wills above all wills.

Let me explain Jesus to you (the man you have been challenged to emulate), briefly: Jesus was a different type of human being - a unique sort of person actually. Not that he was anymore divine than you or I, but different and unique in the sense that he never felt superior to others nor inferior to an Absolute. He lived as a Totally Free Person, unencumbered by people, places and things of this world, then, as do all Spiritual Genius' and Adepts of the Trance

States. Different, also, in the sense that no one ever knows what to expect from such as these or what they may or may not do next. There is always then an aura of mystery, of mysticism surrounding them and their Acts, words and deeds. It is these very differences that create, in others, excitement, fear, confusion, love, hate, mystery, awe, devotion, joy, sadness and so forth.

To live as a Free-Loving Person as Jesus did is to live in a mode of transcendence, to be superior to events that could or would suppress one's Actions - always acting in ways Superior to any situation that threatens one's Freedom of being and one's liberty to Think and Act without any social, political or religious restrictions whatsoever.

Now if you can grasp the real Jesus from all of this, then you can at least "see" what it means to be Fully Human and Fully Spiritual and what it means to Prepare, Follow, Come - Come, Follow Me. And if you can "see" this, then you can also "see" both Jesus and his Love.

You have already been advised as to how to measure you own Love of LIFE, i.e., you love LIFE only as much as you actually love your "neighbor." This, then, is the clue to what Jesus-like Love is. Jesus-like love is Love of Life, Love of Neighbor, and Love of the "Actual Other." Love of Neighbor here, then, meaning an orientation toward others and their

Well-Being, especially so, in light of their divinity as well as his own. This is exactly what Jesus meant, when he said, “Love one another as I have loved you.” He knew when he said this that his Revolutionary Plans were doomed, that the Sword of Seditious was useless and not The Way. Yet, as a direct result of his great discovery, he knew that his Love and his Freedom left him with one final weapon in his arsenal to use - his life, and he used it - he realized that what he could not do here, he could do from there. This expression of True Love could only have come about from his total Freedom to Act independently for others and through the “Actual Other” for the Well-Being of All in All.

Freedom then was the basis of Jesus’ “Whole-Person” psychology and Spiritualism, i.e., the totality of one’s Obedience, Love and Thoughts in harmony with the Will of God and the resultant Actions thereof and therefrom.

Jesus, of course, knew full well the workings of the Spiritual Laws, the Psychological Laws, then, and their application to, and influence upon the Physical Laws of Nature as they applied to the minds of Men and Women everywhere. He also recognized that the “Heart” of these Spiritual Laws that applied to the Physical Realm also, was Truth, and that it was “The Truth” that would set the Divinity of Men-Women of this Earth Free. It was from this

“heart” that Jesus lived, breathed, spoke, acted and taught, regardless of the situation or the opposition. He knew no fear and he harbored no doubts, and he taught that those who did, were not Free, but enslaved by such negative thoughts.

It is not difficult now for us to Understand where the Power and Genius of this man from Nazareth called Jesus, his manifestation of True Love, Spiritual-Physical love, then supplied the Energy Flow, the Power then, needed to perform his phenomenal acts and to rise up and out through the Trance States and the Freedom of his mind, supported by the Mind of Christ, supplied the Power and the Wisdom to transport this Freedom to the Faith of others, and to Transcend out of the physical body and the Physical Realms into the Light of the Spiritual Realms. Spiritual Prayer (prior to Remediation) sets the “call” to Come. Therefore, Love, Truth, Freedom, Prayer and Wisdom with their tools of Faith, Creative Thought, Creative Imagination, Meditation, Cogitation, Contemplation and Remediation are what we True Christian Spiritualists know to be a tapping into the Spirit Supply Side that displays itself by “given results” equal to “given effort” which, when bestowed, culminate in a successful “going out” and “coming in” - the very height of “Recognition” and “Protection.”

You see, the Ability to enter into the Trance States and to Transcend takes a lot of courage all along the Way of Preparation and Following leading up to the “Coming.” It’s not just a matter of doing Things Right but a matter of Doing the Right Things also, and this requires a tremendous amount of self-discipline and that takes a lot of intestinal fortitude because it seems to be a human trait to shun Responsibility. If you shun your responsibilities to your immediate Family, to your friends, to your neighbors, to your employer and worse, to yourself and to the Message and to the Family of LIFE and LIGHT, then you are not a Spiritual and, if not, how do you expect to enter into the Trance States and to Transcend, even?

Responsibility is the key to being Present and not simply available. It is the ability to “Think” and “Act” “Rationally” and “Righteously” and to be singularly Accountable for one’s behavior. “IF” you are Responsible, it means that you are most dependable and severely Reliable and that you will fulfill, Absolutely, all of your obligations to the very best of your ability.

You see, you need to Understand that you are Responsible to “something” at all times and Accountable to “someone” at all times - the “Actual Other” and your True-Self and when you are Responsible there is, very definitely,

a Presence of “Recognition.” The question here is, just how responsible are you? The answer lies in another question - Just how successful are you? “See”? Responsibility, actually, is a simple matter of Setting-Up and Holding Firmly To a definitive set of Priorities and leaving matters that do not matter alone and living one’s life in a mode based on and upon Need and shunning the enslavement of “wants” and especially so, the petty ones and the frivolous ones.

There are three Limitless Aspects of your mind: Creative Thought, Creative Imagination and Memory. When properly utilized they are the most Powerful tools available to mankind in the Physical Realms and the Primary tools necessary to enter into the Trance States.

These three Limitless Qualities of the human mind are what control all the other “tools” of the mind, for example, Meditation, Cogitation, Contemplation, Spiritual Prayer and so forth. When you are in complete control of these qualities, and their tools, then you are in total control of your mind and nothing can defeat it nor control it.

On the other hand it must be said that most human minds are controlled by outside influences, i.e., People, Places, and Things. Most Human Beings though will either deny this Truth or are unaware of this Reality. They simply

accept this as the way things are. This negative surrender and abandonment to inferiority is self-enslavement. Simply because you live in a free or relatively free country doesn't make you Free. Only you can do that.

The greatest barriers to the attainment of the Trance States are: Fear, Doubt, Tension, bigotry, anger, hate, wants, ignorance, foolishnesses, deceptions, untruths, revenge, irresponsibility, selfishnesses, egomania, uncaring, slothfulness, procrastination, laziness, Faithlessness and self-imposed limitations which leave you Unprepared. These are all manifestations of "self" that feeds on the weaknesses of your mind. Self-doubt is the most debilitating thought level of all and it takes great strength and great courage and an on-going and devoted Self-Discipline to overcome such debasing and enslaving thoughts and negative habits. The problem here is that you are living in the past and not in the Now. You continue to live your todays as you lived your yesterday. You conform not transform and any renewal of your mind never occurs to you. Only a fool and a hypocrite is satisfied with yesterday. And this is clearly an abuse and misuse of one's memory.

I Paul have learned that there is nothing wrong in being different from and nothing right in being indifferent to People, Places and Things. The key here is one's control of

their own mind and their own Freedom with that control being in harmony with what is Good, Right and True and the Well-Being of All.

It should be perfectly clear by now that the Trance States, out of body experiences, and Transcendences all require much Preparation - hard work and long hours of study and practice - yet they are nothing more and nothing less than a simple matter of the minds. In fact, your whole life here and Now and then and there is a simple matter of minds which are actually the only things that do matter. Everything else is “waste.” “See”?

The physical-material body has nothing to do with such matters, nothing physical can induce them nor actively participate in them. It's not a matter of matter over mind, but one of mind over matter. It's the developing Lower mind that should nourish and control the body activities, it's the minds that exit the body, it's the lower mind that returns to the tranced body, and it's the minds that determine how Human and how Spiritual you actually are. The mind, then, can control the body if one has properly trained and shaped the mind through habitual self-discipline so that “the whole self” responds in unison on command.

Can the physical body go back, regress in time? No. The physical body as a living entity can only remain in the

present physical Now, in the Horizontal Time-Space span, then. Only the Lower mind can regress, go back in Horizontal Time then, in an act of consciousness we call memory, an act from which it returns to the physical Now from the memory past. Only the minds can return to the Beginning at the End. A journey, which in reality, has been no Journey at all. Try to understand that when your lower mind travels back into time past, in an Act we call memory, you are, for all practical purposes, in a trance state momentarily. Your mind has actually left, vacated the physical-material Now for the same of the past. The Memory then is a Power, clearly and simply displayed by the mind to travel back in time, a phenomenon, then, that must, and does, have its opposite - the Power to travel out of the physical Now and into the Spirit Realms where Past, Present and Future are all inclusive in what we know as Vertical Time in Space or Cosmic Time.

It would then, seem logical, that since we can, and so regress in Horizontal Time and Space we therefore can, and do Progress into Vertical Time and Space through the mediums of Dreams, Visions, Meditations, Cogitations and Contemplations. And what's more, we can from a Horizontal Time position of Retrogression go, or be elsewhere, momentarily and return.

Memory, then, is more than a key to the Past. It is also an important key to the Future.

Memory, then, is a going-backwards for the express purpose of a thrusting Upwards, or an out of the body experience involving the Lower mind and Horizontal Time and Space, which, when coupled with the Higher Mind becomes a Full Trance State or a Transcending Trance State wherein transcendence is possible, not guaranteed. The potential is there, the Happening Needs Preparation and Effort to make it a Reality. In a Full Trance State the Lower mind is with the body, not in the body and the Higher Mind simply IS, and waiting.

The memory component of the Lower mind then is a key and a way to Unite the minds in both the, so-called, Horizontal and Vertical Time Space Zones and to their compounded entrance into what we shall cite as Spirit Awareness and not simply material Awareness and can lead to the vacating of the Horizontal Time Zones.

The memory's function is not for the purpose of "living in the past" or for any "longing of things gone by." Its purpose is fixed upon Change, upon living a better, a more abundant life in the "Now" through the teaching experiences of the past and for discerning the Future Way from past Happenings. Without a memory mankind could

not be Creative nor productive. Neither could he discover or Rediscover those things necessary for his Well-Being, both Physically and Psychically. The memory, then, is the medium that makes it possible for one to accomplish all that he or she Need Do in this one physical lifetime - become Fully Human and Fully Spiritual, Now. Furthermore it is memory that assists us in achieving “Absolute Wakefulness” Now - if we can totally leave the “self” out of it. “See”?

At the Highest Level of Consciousness obtainable on this Earth, it is the memory that tells us that there is a purpose for this Life of ours here. Yet, it also is attempting to tell us, that that “Purpose” is not Here but Elsewhere.

The lower mind memory is tuned into its place of origin, its predetermined destination then, through the Involutionary Plane Levels while the higher Mind is tied to its Creator through the Evolutionary Plane Levels of its journey.

When these Minds Unite in the “Now,” as in the Fully Human-Fully Spiritual phases, and in the “Future,” as in the permanent transcending phases, its Compounded destination and purpose are most clearly harmonized and therefore obtainable at all Plane Levels, “Now and then.”

Such phenomena as dreams, visions, clairvoyance, ESP

and so forth, are all manifestations of the lower mind's bio-plasmic memory, i.e., every thought, sight and sound of the Universe Past, Present and Future. We know them as "Sendings" and "Receivings" at the Physical Level and as OBE's and Transcendings via the Trance State at the Psychological Levels. Therefore, we can see, that the memory is another very important tool of the Lower mind in our "going out" and "coming back" excursion into the Psychological Realms, and that the memory, when properly utilized can be an excellent teacher of what one should do in the Now, and to an Adept who properly "reads" the Past from memories, the Future becomes much clearer and understandable.

You see, the Message informed us some time ago that a sound and active memory was a very useful tool and a vital Need. Most people with so-called bad or poor memories are the very ones who pay more attention to matters that do not matter and ignore those that do, thereby cluttering up the memory base of the mind with frivolous and petty things and forgetting the Ordinance of Formative Causation entirely. It cannot give results unless you supply the effort. "See"?

Most People experience difficulty or often fail in their meditative attempts to reach the Trance States for the very

simple reasons that they cannot rid their minds of the clutter of the Now, of current events, of others, and of sounds, all of which, denote Unpreparedness. Multiple Distractions, whether inner or outer, internal or external, then, is the curse, the enemy, then, of a successful meditative period and therefore the barrier of “self” to the attainment of the Trance States.

If “self” is your major problem, it’s a problem that I Paul, nor anyone else for that matter, can solve for you. That’s a problem only you can solve and it can be solved. On the other hand, if it’s a lot of different thoughts running through your mind, the clutter I spoke of, then I Paul can be of some assistance. If this, that clutter, is your problem then you Need to turn to the memory by concentrating on some one thing or someone in a happening from your distant past. This should get you out of the Now, the Present, then, and if your concentration is intense enough, you should also be able to shut-out all other sounds and thoughts of the immediate Now and close-past. While concentrating on this one past happening in your memory you should pick out one object or subject from that memory to cogitate upon and then allow whatever or whoever that one solitary object or subject is to fade completely out of your thoughts by imagining that it is slowly rising upward and out of the physical field of your mental vision into a higher plane level

of existence and that its Upward Thrusting is pulling you along with it. Here, you are marrying the memory with Creative Imagination, and here you Need to “let go” and allow them to operate Freely. Here you are taking, remembering an actual happening from your past life and traveling back in space and time, leaving the present Now of horizontal time into its very Past. Your mind has now left the body of the Present Now and is traveling freely towards a uniting with the Higher Mind which is in Vertical Time awaiting the Lower Mind’s thrusting upward from its position of Horizontal Time. This, then, is the beginning of an OBE and you should at this point be entirely oblivious of all sight, sounds, and thoughts of the Present Now.

The “trick” now is not to get out of the body - that’s already a reality insofar as the Now is concerned - now it is only a matter of getting-out of horizontal time and into Vertical Time. This can be accomplished by thrusting the particular memory of the object or subject further and further out into the Cosmos as if that was the locale of its actual happening. This emptying of the Lower mind will allow the Unity Necessary to be completely Out of the Body and Free from both the Present and Past “Nows.”

It is during this final thrusting of the memory that one’s prayer is offered for its safe journey and your hope of

retrieving it in Vertical Time if it's worthy of retrieving. Whatever the case or the memory may be, your Prayer must not stray outside of the Seven Laws and for a very good Reason. At this point you should be Prepared for the possibility of, not only an OBE, but the possibility of a Transcending which would involve One of the first five of the Seven Pillars.

Perhaps now you can "see" that the very act of meditation for the purpose of attaining the Trance States is a very Personal matter and one that matters very deeply, both Physically and Spiritually and most who attempt it are not truly serious in their questing. They do not undertake the Act as an Art nor as a deeply Personal matter. They allow external, non-personal "things" to disrupt them, and worse, they allow "things" within to preoccupy them and their thoughts, or worse still, being more unprepared than Prepared, they fall asleep or swim in a morass of thoughts about matters that do not matter. Nothing must be on one's mind when they are attempting trance meditation but Trance, and the One "Past Memory" that possibly can get their mind into that Trance State necessary for the Lower mind to ascend from the physical body and Unite with the Spiritual Body. The mind in "self" can OBE after all it's no different than to be earthbound, but it cannot transcend - there are no illusions in the Spirit Realms, only Realities.

And those Realities are all matters of the Mind.

Now by no means is the memory meditative method the only method of attaining to the Trance State levels as the Message of I Paul has pointed out to us. But regardless of what method is utilized to reach the Trance States the Preparation stages and state of Preparation is basically fixed and unavoidable. There exists also ways of entering into the Trance State that are clearly non-methodical and require no Preparation whatsoever. Peculiar to this special group are dreams and visions, where even OBE's become realities and often go unnoticed by the experiencer of such Phenomena. Such excursions leave the experiencers with the age old question "Whether in the body or out of the body, I know not." Actually one truthfully does not know and cannot know, although most who experience such phenomena, or even think they have when they actually have not, will usually decide arbitrarily that it was an OBE. Since it was a sub-conscious meditative experience, its proof requires on-the-spot, immediate Conscious Remeditation on the exact identical happening in order to Prove or Disprove to oneself the Truth of the Matter, pro or con. It's the only way in such circumstances to become your own witness and to unfold the mystery of a dream, that in Truth was no dream at all.

Visions, true visions, that is, are quite commonly misconstrued. Most people interpret visions as dreams or something akin to a mirage. True Visions can occur in a trance state or when a person is fully conscious. A True Visionary has the power to see something not visible to others. Some visions are pure mental Images and not something seen by the naked eye much the same as one sees in a dream. Many so-called Visions, are of course, the products of wild imaginations or directly caused by the effects of drugs on the central nervous system. A True Vision is something seen by other than normal sight then and involves mental and mystical acuteness. Since True Visions have their origin outside of the Lower mind there is no way of Preparing for them or of inducing them. Clairvoyance, ESP and so forth have no bearing whatsoever on True Visions - they are "Sendings" and not something "conjured up" by human beings and any such claims of the ability to do so, are false. So we can say beyond any shadow of doubt, that True Visions are Spirit Revelations and beyond the control of any and all Human Beings. Thus, True Visions are a strict matter of Faith, simply so, because the Recipient has absolutely no way to verify them, especially to others. I Paul have always relied on the promise of the Message that "You will know when you Need to know." For comparison sake, Automatic writing is not a True Vision, while on the other

hand, Thought Transference from Spirit to Physical is.

Now I Paul has much more to tell you in this Communication, but first, we need to Review, actually list, those matters that Do Matter. To preface them let me say this:

The Need for Order in attaining and maintaining Freedom is overwhelming. Without order in one's life, the whole concept of True Freedom is shattered and is nothing more than a mockery of what this Freedom should and must be. True Freedom is something earned not gifted. It is what allows you and I the Right and the Privilege to Obey the Mind of Christ, a Freedom that only a few human beings, world-wide, have ever experienced and enjoyed. Without Order, without Self-Discipline, without Love and without devotion and dedication to the Truth, such enjoyable and exciting and ecstatic Freedom is unattainable. Such obedience to the Mind of Christ may make you appear "different," small even, in the eyes of your peers who do not hold such Freedom, but you are gigantic in the Eye of "Recognition"! And that's really the matter that matters - Now and in the Future. Furthermore, such Freedom is necessary to the Act of Transcendence from a posture of High Trance wherefrom you make the Transition from here to there as a guest, a Transitorial Transient, then. Here, then, is a list of the

matters already touched upon that all of you should have a good working knowledge of to be successful on The Way to “The Way”:

Receiving - Sending - Meditating - Semi-Trance - Cogitating - Dreaming - Contemplation - Full Trance State - OBE - Transcendence - Physical Body - Spiritual Body - Psychological - Lower mind - Higher Mind - Mind of Christ - Levels of Consciousness - Physical-material Realms - High Meditation Level or State - Remediation Elimination and Acquirement Trance State - Meditation Silence State - Preparation - Time and “Times” - Responsibilities - the Family - Doing - Being - Adepts - Formative Causation - Habit - Motivation - Learning - Repetition - Retention - Success - Uniting Opposites - Purity - Purgation - Righteous Life - Want - Need - Prayer - Unconscious - Subliminal - Time Travel - Vertical Time - Horizontal Time - Memory - Past - Present - Future - three dimensional time - Transcendental Time - Spiritual Symbolism - Spirit - spirit - Silent Conversation - Seven Pillars - Seven Laws - Faith - Hope - Imagination - God - Kingdom - heaven - Change - barriers - “self” - Bondage - Wholeness - Act Natural - Self-Discipline - Earth - Righteousness - Sharing - Caring - Presence - Likes - dislikes - Action - Energy - “House” - Following - Debt - Inheritance - the Way - “the Way” - Book of The Two Ways - Book of Life - The Message

of I Paul - Pillars - Laws - Ordinances - thought - Creative Thought - Creative Imagination - Wisdom - Knowledge - Understanding - Intelligence - Life - LIFE - life - Discovery - Journey - Concentration - Reality - Courage - Unity - Enlightenment - Witness - Recognition - "Recognition" - "Recognition"! - Remembering - Charity - Open-mindedness - Self-Love - Love of other - Sacrifice - Universal Plan - Man's Inhumanity - God's Will - Trans-Personal Power - Christian Spiritualist - Pity - Humanitarianism - Altruism - Sentimentalism - Sorrow - Agapé - Familyship - Fellowship - Friendship - Art - Negative - Positive - Jesus - the Paul's - Neighbor - Resentment - Fear - Doubt - Pain - Prepare - Follow - Come - People - Places - Things - Hate - Mystery - Genius - Tools - Control - matter and matters - Revenge - Anger - Transition - Transitorial Transient and Power.

All of these are simple matters of the minds - the mind in Action then, and that Action is of a very singular type - Positive Creative Action, then, nothing more and nothing less. You see, the bottom line is still effort and Change. The Message is but words on paper. It only works when you Work at and with it. I'm sure you can "see" the simplicity of this Truth. The Principle of Perfection as contained in the Message of I Paul is not to become Perfect in the flesh but to Exert the full, the honest, and the most sincere Effort you

possibly are capable of and to leave the Results alone. Your Effort is a matter that truly matters. The Results of such effort is a matter that truly matters to “others.” “See”? And even this is a simple matter of “Minds” all the way down the Line of Position - the Law, then. One must Prepare and Follow, then, in the fullness of “times” to become an Adept and a successful traveler, and nothing is more important to all of this than the Integrity and the Freedom of your minds.

Therefore, one needs acquire an ease-of-mind if one is to be successful in their questings of Love and Truth, Freedom and Justice, Responsibility and Recognition. A mind, then, that is free to make decisions and to carry them out, through, then, detail by detail to a fruitful conclusion. My sources tell me that less than ten percent of the minds on this Earth actually do this regularly.

There is, you see, a highly personal experience called “making up one’s own mind.” Not too many people do this without being influenced by outside, external pressures, even though the culminating and decisive act is performed by the person themselves.

This act, or the possibility of doing this is called the “free-will” which is not “Free” at all due both to the “self” and to those external influences that sway or dominate the so-called “free-will.” What one needs to cultivate is a Free

mind. The Truth is not only Free but One Mind and it is “the Truth” that sets one Free and One-minded at the same moment. Doing this, you then hold a “Free-Will,” the Will that Wills above all wills. This “Free-Will” is a part of the spontaneity in all causation. Every event is genuinely new and has Powers of its own. Accordingly, in the behavior of every entity there is always something that is not the effect of other causes. This “something” which is not mere effect and therefore not mere passivity, has always had for human beings a singular value. It stands at the very center of one’s Wholeness and is suffused with that Love with which one loves oneself. The failure of plans, the defeat of intentions, may be painful and at times hard to bear - yet one can suffer them and still feel that some values remain to be cherished. But if the making up of one’s own mind, the self-determination of one’s own behavior, is taken away, is lost or forfeited, then there is nothing left beneath the Sun and the moon for such who lose control of their minds.

Now deciding for oneself what claims or opinions are true is ordinarily an important part of self-determination. No one of mature intelligence likes to accept an idea as true merely for having been told it is so - still less will such a one accept it upon command. To do so is not freedom but enslavement. Quite some time ago, the Message of I Paul itself challenged its perusers to “Prove all things,” to be

critically cautious and open minded then and not to accept or assume claims or opinions merely on the basis of their source. The Message made it quite clear that one should become their own best witness by maintaining this open-mindedness until “the Truth” itself changed them into conformity with and for it. Since it is the Truth that sets one Free and keeps one Free it is obvious from the Present Condition of our world today that no Political, Religious or Social System and not too many individuals either, hold the Truth despite their claims to the contrary.

Unless self-determination, a Free mind, has been lost by psychological manipulations of which the persons themselves are unaware or by coercion of which they are very much aware, it remains and thrives as a subjective limit upon the powers of such persons, manipulators, places, institutions and other things which would otherwise control their minds. (Please “see” CPM #25.)

The Free Mind is like an impregnable fortress, it cannot be taken, only yielded Up!

People, Places, things may seize a person’s body or even destroy their life but they cannot possess a mind that is Free unless it is Willingly Handed Over, an Act I Paul has done both Willingly and Joyously, on many an occasion and opportunity, but not to any Person, Place, or thing of this

Earth - at least not in the past ten years of my life here.

Physical and Spiritual disillusionment, apathy even, is the product of a fettered mind, a “self-sick” mind, or a lost mind via manipulation. Such minds, if they can be called that, are useless, hopeless and undisciplined at the moment, but not helpless for the Truth, when sincerely sought, can transform them and set them Free.

A mind that doesn't challenge the status quo of all things for the express Purpose of Changing, Upgrading all things for the better and the Well-Being of All is a wasted mind. A mind without Ideals and Creative Ideas is not an Active, vibrant, vigorous nor Free mind - such minds do not Travel. Therefore, without an Ease-of-mind, without autonomous self-determination, without Freedom of thought and Imagination and the Self-Discipline to manifest them, you and You are going nowhere together. Further still, If your day is Future then you had better DO Something Now to insure that promise. Procrastinations, foolishnesses, petty wants and outright laziness and aloofness from what is clearly your Responsibility in this life-time will avail you Absolutely Nothing, Zero plus Zero is still Zero, here and There.

Now, if there are any among you left, who qualify to experience Transcendence and a safe return, we address the

following to you which we will attempt to put into the simplest form possible. Your understanding and ability to successfully utilize this information will be no less and no greater than your Effort up to Now in regards to the Message and your Past and Future ability to follow directions exactly as given. If you're still in "self," if you're still beholden to matters that do not matter, if you're still into "likes and dislikes" or "wants" then none of the following will mean anything to you, except mere words on paper, simply because they will be way beyond your ken and understanding.

As we have repeatedly stated throughout the Message Motivation is a must for the achieving of the Trance States, the prelude to all Transcendences except the final one.

We know from previous communications that there is nothing unusual or eerie about these trance states and as a matter of fact they are fairly common phenomena, whether recognized or not by those who participate in their occurrences. They are quite common to lonely people who allow their thoughts to float into the Past in search of those moments when they felt Needed and Loved, those happenings in their lives when they had someone and something that gave meaning and Purpose to their existence which they cannot, or do not find in the Now. On

the other hand, these Trance States are extremely common to people who hold to a great purpose for their life and are thereby motivated to work hard for its accomplishment.

So here we have the two extremes. The one forever seeking someone, something, or some purpose and meaning, in and for their life, living and searching in the wrong place, the Past, and those who do hold to a purpose and meaning in their life which drives them forever Upward in their effort to fulfill it Now. All humans fall into one of these two categories in one degree or another, all the way from self-helplessness or apathy to desire, faithfulness in purpose and the motivation to fulfill that “something” Recognized and Remembered in All their words, Acts and Deeds.

The differences here are not those of a Physical Nature but clearly those of a Spiritual one. The lonely, the wishful thinkers, the idlers, the lovers of the old, the past, the stuck-in ones, then, who walk alone and are lonely and going nowhere and for who the darkness can only become darker. And those who know and understand that they are never alone. These are the ones who walk-after, walk-in, and walk-with the Spirit for all Things that are Good, Right and True in the Now for that day, their Day, which is Future. And all of this is a very simple matter of the minds. One dull,

selfish and sluggish and one alive, alert, active, vigorous and vibrating Energy constantly. One, then, lives for his or herself, stuck-in “self,” while the other, the Spiritual, lives and works for the “other” and the Well-Being of All.

You aren't what you eat but you are what you don't eat and if you don't eat at all you don't exist. You are, though, what you Think and you can become what You do not think and if you do not Think you do not exist. Once again, it's a very simple matter of the minds and the choice is yours, for it is the mind that both Creates and destroys here and there.

The low and middle Trance States and the out of body experiences are limited in the field of vision to the past and present, to what we call horizontal time. The High Trance States leading to the Transforming-Transcendence Levels hold an unlimited field of vision for they culminate in what we call Vertical Time. These Time Zones are symbols, denoting the separation between the Light and the Darkness.

The Trance States are merely expressions of the Capacity for different states or levels of Consciousness within everyone, lying dormant, or Active, as the case may be, over and above their normal waking consciousness, their rational, sane and sober consciousness, then.

Separated by the thinnest of veils, these levels of

consciousness are Higher and Deeper potential layers of Consciousness different from but attainable by the norm stated above. Most people go through life without even suspecting their existence. Yet with the proper touch, they are in all their completeness, definitive levels of the minds for our utilizations.

Trance States are a Reality backed by scientific, medical and spiritual discoveries and research. Trance ability and capacity are inherent. It is a natural endowment, then, yet it needs Preparation, Practice and Patience to master them and use them wisely. These states are one of the most important functions and reasons for the Lower Mind and I Paul remind you that it is the minds we are dealing with herein and not the brain. The mind, actually, is our most precious possession - our link to the "other," the Way Home.

To master these Trance States one needs to strengthen their attentiveness, receptivity and develop an intense localized concentration with a diminishing peripheral awareness to induce them.

The Trance States are discovery experiences and to induce them requires great self-control in All Things and this comes only by, and through, great Self-Discipline in All Things and especially to Matters that Do Matter. One can

only discover their True-Self by getting out of their False-“Self” and acting natural. You can begin this by being Responsible, being attentive to details, learning to listen, and by being openly receptive to all the Important Things so as to establish them as Good Habits in your daily life and then carrying them with you into your meditations to induce the Trance States. This inducement needs only to be successful once. After that the Trance State becomes a simple matter of switching on the auxiliary mind powers common to All who possess a rational mind.

Accepting rather than questioning one’s sensations in meditation is another key to the success of one’s attempts to induce the Trance State. You really must “let go” and allow “them” to take over the process completely. Child-likeness needs to be restored in these inducings, in the strict sense that one enters into their meditations in a totally “self-forgetfulness” frame of mind.

The Trance States are a function for Responsibly Alert persons who can utilize their capacity for maximal involvement with one point in space and time and thereby minimizing their involvement with all other points in space and time. This fine tuning of the mind allows for the Creative Imagination to take flight, whereby “disciplined reasoning” is suspended, as it is in the “dream state,”

wherein the manic flight of thought, the argumentative state that often reaches the violent level, where the flow of ideation is free to drift and find its own level. This may sound eerie but it is not. What's happening here, consciously, is what happens every time you dream in the unconscious or subliminal state of being. Thus the Truly Creative person holds a vivid intuitive imagination for new ideas not generated by normal deduction but by a highly Spiritualized Creative Imagination. Part of the process of this creative leap is the informal process of trance inducement wherein one lets the mind "float" uninhibited and allows "things to happen." It's a kind of mental freewheeling whereby "things happen" out of the blue that definitely are not of "your doing," not "your ideas" or "your thoughts."

Therefore Creative Thought and Creative Imagination doesn't always mean that you are creating "something" but means your ability to Think and Create on the Creation Level - the Creative Ideal and Ideation level. The Essence of the One Mind is in you more than once and therefore you have this innate ability and when you are in harmony with the Mind of Christ also, then you are actually at the Creation and Creativity levels and ready for all the Trance State levels.

The ability to concentrate deeply and on one particular

subject or object at a time is a necessity for those who wish to induce the High Trance States or the highest levels of Consciousness possible while in the body that lead up to the Consciousness leaving the body and becoming Free to Travel with, and in, even higher levels of Consciousness uninhibited by the physical-material Realm. From this one should be able to see that the Physical body and the lower mind enter the trance state in tandem from which the Lower mind then exits the physical body and the Trance State, becoming Fully Consciousness while the balance of the Physical body remains in Trance until the Lower Mind reenters and disrupts the Trance.

The mind, unlike the brain, has no physical form, yet the mind, especially the undisciplined mind, can be greatly manipulated by the brain and therefore by the physical body. Such things as doubt, fear, anxiety, tension, fatigue, anger and so forth, preoccupation, then, in any way, shape, or manner is a definite barrier to anyone attempting to Meditate, Cogitate and Contemplate and Trance. These are the reasons for the Purification Preparations prior to entering into a meditative session especially where the goal is the inducement of the Trance States. A physical and spiritual calm, being at peace with and within oneself, and establishing an Ease-of-Mind are tantamount to success. You must be in a state of Freedom wherein you own your

thoughts and your body and you must exude confidence and be free of all Negative distractions of any ilk.

This whole process is known as the Collective Conscious and Unconscious Selection. It is for All Human Kinds to know themselves, and “others,” as well as their Universe and its different realms, and to know their origin and their purposes, and it is in them to travel and to Rediscover All things for themselves which have been lost through their physical-material preoccupations which can be recaptured through their Unique Minds and their abilities for Cosmic and Astral Projections or what are known as OBE and Transcendences.

It has been given to all of Mankind to control his own Destiny and His place in the Universe in both its physical body and its spiritual realms. This Uniqueness of Mankinds is Man’s gift of Life from LIFE, our inheritance then, which up to Now only a few have discovered and have claimed. Your thoughts are “your” truths but “your” truths are not necessarily and usually are not, The Truth. Most humans live in a mixture of theoretical and illusionary presuppositions and preconceived ideas which they accept as truths and which, in reality, are untruths. The only possible way out of this dilemma is to be transformed by a renewal of your mind and to cease conforming to these

untruths and insidious illusions. One way you can do this is by studying the Message of I Paul and following its Way to “the Way” exactly as given. You begin to do this by Recognizing and then assuming Fully your Responsibilities for your tasks, goals, words, acts and deeds in every facet and phase of your existence here, both Physically, Spiritually, and Mentally.

Before going into the steps or levels necessary to bring about the Trance States which we shall do in detail, I Paul would like to give you some background on the history and Reality of such States that the Modern Western World and most of its religions attack as witchcraft, hallucination and so forth. Even the World’s Religious Mystics have not escaped from condemnations by their own religious sects. Just how old is trance and man’s ability to induce it? Probably as old as Mankind itself. Let us see.

In the half-light of earliest history Trance appears as a fairly well known phenomena and a fairly well developed art. Trance, in fact, has been induced by the reading of a Communication from the Message of I Paul on its “listeners” which we know as an “abstraction trance” - the mental withdrawal from participation in the subject at hand.

There is evidence that all the phenomena of

apparitions, levitation, hypnotism, clairvoyance, ESP, OBE and so forth that are known to modern psychical research were known to Ancient Man. There is a record of the Trance being practiced in China in the eighteenth century B.C. At that time, persons in a trance ecstatic state, while seeking communion with the dead, would display convulsive motions of the face and limbs, shivering, shaking, uncontrollable movement, jumping and running, and so forth. At times this was induced by singing and dancing, two methods still employed today in various cultures. They began their Trance Inductions by the clanging of cymbals and the ringing of bells, the noise of which they alternated with the sound of stringed instruments and pipes, dancing and whirling round and round and uttering the language of the spirits (the first known speaking in tongues). These statements of procedure from 1800 B.C. apply equally well to the much later whirling dervish, the medicine man, and others.

When the close communication between the Trance and Automatic Writing is Recalled, it is interesting to observe that such writing was familiar to the Ancient Hebrews (II Chronicles 21:12) as well as to the Chinese at the opening of the Christian Era. With the aid of a forked stick held by two persons it was possible for the Chinese to get information that was not otherwise available (possibly the

original use of the divining rod).

Another unequivocal instance of the Trance in a highly elaborated form occurs in Chinese ancestor worship as described by L.B. Paton in his "Spiritism and the Cults of the Dead in Antiquity." The celebrant was required to fast and to meditate for three days during which he was required to concentrate on the face of the deceased, how he stood and sat, smiled and spoke and what he liked to think and do. Finally, the ancestor appeared and spoke to the celebrant.

In the Old Testament the Hebrew prophets of Baal "called on the name of Baal from morning even until noon," "leaped about the altar," and "cut themselves with knives till the blood gushed out upon them" when midday was past they would all prophesy (I Kings 18:26, 29). Here, again, the muscles were constricted, the limbs stiffened, and the subject remained motionless in the trance state. The onlooker also participated in these activities until finally they became rhythmical. Modern counterparts of this ceremonial rite can be found today almost anywhere primitive tribes exist.

We also know that the Celts of Ancient Briton practiced Trance and developed it to a great degree. Their priestly order, the Druids knew well the rudiments of stagecraft, ecstasy, hypnotherapy and Trance. In one rite, the subject

would lie down as if to sleep while four Druids would chant over him until he fell into what they called a “magic-sleep.” Then visions, for example, of the person to become King would appear to the magic sleeper. Also, prophesy would occur, when the Druid’s Seer would reach a state of ecstatic frenzy and out of his incoherent speech (speaking in tongues) would come revelations which only a high priest could interpret. We also know that the Druids could raise blotches on the faces of their subjects suggesting the concept of psychomatics appearing at the beginning of the Christian Era.

Among the Greeks at approximately the same era, we find a wealth of information involving the Trance States. At about the fourth century B.C. and for another five or so centuries thereafter, the cult of Asclepius developed and flourished. At the various centers of healing dedicated to this god, the patient was instructed regarding the power of the god and about previous cures (prestige suggestion) and was then taken into the temple for the “temple sleep” which appears to be a trance state induced by further suggestions by the cult priests. While in such “temple sleep” surgery was performed on some patients by the priests. The alleviation of suffering from the extant records, is very impressive.

Western culture has, for a long time, customarily

regarded all trance phenomena as abnormal. Yet an unbiased examination of the facts prove quite conclusively their normality in most cases. I say in “most cases” simply because there are abnormalities in almost everything and the Trance is no exception.

For example, there is a pathology of the Trance itself, such as the one that occurred in medieval times and are known as the “dancing manias.” These were a series of epidemics known variously as St. John’s dance, St. Vitus’ dance, tigaretia, tarantism, and others witnessed in the Netherlands, Germany, Italy and Abyssinia. While the main events occur in the period 1374 to 1819, the “dancing mania” of the year 1374, was, in fact, no new disease but a phenomenon well known in the Middle Ages. In the year 1237, upwards of a hundred children were said to be suddenly seized by this disease (Hecker - “The Epidemics of the Middle Ages”). While the disease took different forms and was affected by various local circumstances, its distinctive pattern was well defined. The advent of the mania in a given locality was anticipated. Then, those who were afflicted formed circles, hand in hand and appearing to have lost control of all their senses, continued dancing for hours and hours in their delirium until they fell to the ground exhausted. While dancing they neither saw nor heard, being insensitive to external impressions. All

claimed later that they were haunted by visions, and all of them fouled themselves proving their lack of physical control.

Such a syndrome has been explained by medical scientists as involuntary hypnosis and by others as the power of suggestion and mind control over the weak and foolish. One thing is certain though, the particular form these manias took reflected the cultural setting they occurred in. Similar “happenings” took place at the close of the French Revolution where the causes were probably mass hysteria induced by the ecstasy of victory and the blood letting of the guillotine.

The dispute over the role that Trance and hypnosis play in the role of Western Mystics has been long and heated and bitter and the arguments have often been the pleading of a cause. Only the outward forms referred to as ecstasy, rapture, etc. need be considered herein. In ends sought, the western mystic achieves his purpose with his “union,” the Hindu with his “release,” the American Indian with his “Locution,” and the Gā with his “Vision.” The ends differ and are culturally determined, but the means are identical in all essentials.

The antecedents of a mystical trance are quite familiar - fixation of gaze, fasting, meditation, solitude. Being

mystics, and therefore fully Prepared, both Physically and Spiritually, these antecedents should produce trance ecstasy, which has been defined by various psychologists as “an abnormal state of consciousness in which the reaction of the mind to external stimuli is either inhibited or altered in character.” As used in mystical theology it is almost equivalent to Trance. Most religious Christian Mystics were either condemned or suppressed by the Church on charges of heresy and Pantheism.

These Mystics placed their emphasis on union with the divine, on “God being born within.” In true Neo-Platonic fashion these Religious Mystics taught that that which is real in All Things is the divine. In the soul of man lies a spark of God. That is the True Reality of All Men. All individualizing qualities are essentially negative. Man should, therefore, lay them aside. His struggle is to have God born in his soul, that is to enter into full communion with and to come under the control of the indwelling God. In this effort Christ is the pattern and example, in whom Godhead dwelt in humanity in all fullness. With God dominant the soul is filled with love and righteousness. Churchly observances may be of some value, but the springs of the Mystic life are far deeper and its union with God more direct. Good works do not make righteousness. It is the soul already righteous that does good work. The all-important matter is

that the human being enters into its full privilege of union with God.

It is interesting to note that the inquisition murdered many a mystic and their followers on charges of heresy.

From the above, you Adepts can see the differences between Religious Mystics and Spiritual Mystics.

The interpretation of the Trance State as a “disease” is the popular concept of our American culture but nothing could be further from the Truth. From a medical, psychological viewpoint, trance ecstasy has been described as “an extreme variety of monoidism,” the “being alone” state, then, that the religious mystic visionaries experience through the physical senses. There is absolutely no OBE or transcendences involved in such experiences and such “trances” are, in all probability, induced via self-hypnosis.

These Religious mystics “smell the sweet odor of the Presence” - they “feel the warmth of the Fire pouring over them” and so forth, all indications that they do not leave the physical body, the minds do not unite and the spirit doesn’t soar, to them it is a matter of soul and therefore not a True Trance at all.

Whenever and wherever cultural and Religious restrictions and burdens prey upon the mystic or the would-

be trancer, no True Trance is possible simply because there is an absence of freedom to do so. The products of a Trance experience must, however, be judged by their worthwhileness and the changes they wrought in the Life of the Trancer, both physically and spiritually.

Some Religious Mystics who turned Spirituals after successful True Trances or what we call High Trance such as “Meister” Eckhart (1266-1327) whose teachings were condemned two years after his death (he died while on trial for heresy) by Pope John XXII. There was also John Tauler, another Dominican and Henry Suso who wrote the “booklet on Eternal Wisdom.” Almost all of the Religious Mystics sided with Luther on the Reformation schism.

One last interesting note on Christian Religious Mystics. The mystical movement had another side in a pantheism which broke with all churchly and even all moral teachings. Such was that of Amalrich of Bena (? - 1204), a teacher in Paris, who was led by the writings of John Scotus Erigena and the extreme Neo-Platonic opinions of the Spanish Muhammadan expositor of Aristotle, Averroes (1126-1198), to the conclusions that God is All, that he is incarnate in the believer as in Christ, and that the believer cannot sin. He also held that as the Jewish Law and Ritual had been abolished by the Coming of Christ, so that of

earlier Christianity was now done away with by the coming of the Holy Spirit. Amalrich was compelled to recant (under penalty of death if refused) by Pope Innocence III, but he left a number of followers much to the church's discomfort.

I Paul, personally have experienced the visionary trance of the Religious Mystics or the semi-trance or low trance that occurs in quiet meditation wherein one is not attempting to meditate per se but in simple solitude allows the mind to wander while reading, driving, watching T.V. or listening to a radio and so forth. I experienced no "sweet odors" nor did I feel any "hot wind," "breath" or "fire" but I did experience "dreaming" while not sleeping as my mind first wandered lazily and then crazily. I fully recalled things, moments from my past, that I had long past forgotten. Suddenly great mysteries and secrets became clear to me momentarily, so many answers and so swift that I had no time to memorize them, and disputing with myself over this, I lost track of those mysteries as they unfolded. Then I realized that I was locked into a Trance State of some kind and that knowledge brought me back to the T.V. program I had been listening to and to my great surprise I discovered that I had written almost two full pages of a Communication I had been working on and was having a problem with a certain point which I, somehow, took care of in this state I had been in. Furthermore, it was totally unlike any

Automatic writing I had done in the past and I have never again had the same experience. All I Paul can say about it, is that it was a truly mystical experience and one identical to what the mystics mentioned above experienced - an in-body, semi-trance, or mystical vision.

Now, when we speak of Prayer, Meditation, Cogitation and Contemplation, and in that order, what do we mean, insofar as they are steps to the inducing of the Trance States? (If one goes back to my old diaries they will find these four words repeated over and over again therein.)

The key to Prayer can be found in Communication Thirty One, I Paul. Let me repeat it here for your enlightenment. “True Prayer is a matter of Consciousness, of Concentration, of emptying oneself of one’s carnal materialism - a spiritually oriented meditation then, with but one purpose - to make conscious contact with spirit. In such a trance state you cannot pray but You can!” (The underlining is mine, now.) Can you now “see” this better? It goes on to say “the rule is ‘As he thinketh in himself so is he’. It is here you knock. It is here you ask. It is here you receive!” The next two paragraphs following the one above should also be thoroughly understood by those of you who would induce the Trance States.

The second word underlined in the paragraph from

Communication #31, I Paul, is “Consciousness.” If you do not know the full meaning of this term from the Message of I Paul by now, then you really have no business joining with those who are prepared to induce the Trance States.

The third word underlined in the paragraph is “Concentration” and one you should all understand also. Yet this word, like all the others in the Message of I Paul, has more than one meaning and this particular one may have proven tricky to some of you, so I will explain it for you. Most of you probably think of “Concentration” in its dictionary terminology, i.e., a close or fixed attention of one’s thoughts, which certain the Message agrees with. The Message also places the word in the context of an intense preoccupation with a limited group of stimuli, but the Message also places the word “Concentration” in the context of “the elimination of all thoughts, getting behind thoughts, i.e., transcending the activities and fluctuations of the mind stuff.” In other words, the very word “Concentrate,” like the Term “True Prayer” also means Trance State or trance levels. In fact the very words, Prayer, Meditation, Cogitation and Contemplation all carry that connotation among their various uses and meanings. In their trance uses the Attention is narrowed down to a vague, quality-less point, until at last by intense Concentration even the steady mind and its single thought are surpassed,

to an Adept that single thought, in fact all thoughts, in one's going-in in order to go out, pertain only to those that have a definite spiritual value.

One must begin then by the removal of all sources of inner conflict (we expect that the Adept has already followed the directions for the removal of all the sources of outer conflict.)

I could wind this all up right now, by saying if all the determining factors are right then one should be in a trance state, or at least at the semi-trance or middle-trance level, from where a rapid and unexpected expansion of the faculties of the minds occurs wherein supernormal powers arise leading one into the High Trance State and Out of the Body and possibly even further, or, if upon one's returning from an OBE immediately goes into True Prayer and Remediation and reestablishes the Unity of the Minds. But, I Paul, will not leave you here, we will go on and into more detail for your benefit and safety.

Going back briefly then to our paragraph on True Prayer and the underlined words we find the following words "emptying," "materialism," "spiritually oriented meditation," "one purpose," "conscious contact," "spirit" and "Trance State." Each of these words and terms have just been explained above and you should now "see" them

clearly.

All True Adepts understand the Need for, and the meaning of Freedom. For those who consider themselves Adept let me add to their understanding, if any. Freedom is not a license for chaos or for a lack of order or responsibility in their lives. It should be obvious that such matters as chaos, disorder and irresponsibility in one's words, acts and deeds is not Freedom at all but slavery. One may have the Ability to flaunt the Laws of the Land but there is no such thing as License of Right via Freedom to do so. One may have the Ability and the Choice to abort the Physical and Spiritual Laws of the Universe, but there is no Freedom, individual or otherwise, that grants one a Right to do so.

Ability is neither a right nor a Freedom while choice is a Freedom, yet it alone does not preclude chaos or disorder, etc. in one's way of Life. Choice is something that can be either Good or bad, Right or wrong, Sane or insane, Helpful or harmful, then.

The Privilege to Transcend belongs to everyone and you are free to make the attempt to do so or to choose not to (with one exception) but it is not a Freedom, per se. It takes great Patience and Preparation to acquire the Ability to do so. But, it must be kept in mind that it takes two minds to bring it off and the Higher Mind is not going to accept any

carnal excesses of the Lower Mind whatsoever at any time with one exception - your demise here, physically.

I Paul doubts that anyone who has read the Message can claim ignorance of what “carnal excesses” means herein. Those so “self” afflicted will fail from the initial stages due to their anti-spiritual behavior. Personal qualities are very important to a would-be transcender, Now and Then.

The methods of inducing the Trance State are, of course, of the utmost importance and need be followed painstakingly step by step for the objective to be achieved. Once the objective has been mastered, the situation for, and the environment of the inducement, become secondary.

One must be relaxed and free of all resistance in their initial attempts. An Ease-of-Mind is necessary and the subject must be Free in the True Sense of all that that word implies. Slavery, in any way, shape, or manner, cannot be transcended, with but the one exception noted above. Where there is no Freedom there is no Spirit.

Your invitation to Transcend has been clearly before you for quite some time in those three little words, Prepare-Follow-Come, and that is what you must do in order to be successful - Prepare thoroughly, Follow exactly, and Come visit the Kingdom. So those among you who are Prepared

and have walked after the Spirit and now walk with the Spirit, the Adepts then, are now ready to become True Adepts by walking in the Spirit via the Trance States. To those who apply a double-standard to the Message of I Paul, wherein they “talk the walk” and teach and preach values and principles of the Message for others to follow but do not practice nor follow them themselves, obviously should understand that this Communication nor the balance of the Message is not for them.

Now, finally, I Paul hopes that we have separated the “Doers” from the “Pretenders” and that all of you who are serious about this Message of ours will recognize those who do not follow the Message of I Paul as “barriers and burdens” and point these truths out to them whenever the occasion is honestly justified by honest and constructive criticism and in a Loving, Sharing and Caring fashion. What we all must keep firmly in our minds, is that the Message of I Paul is All Inclusive and never Exclusive and therefore we must all expect to see fools, hypocrites, and religionists join in our ranks but we also must expect to see them Change and be transformed by a renewal of their minds, and all of us must help them in any way, shape or manner possible to see that they no longer remain as fools, hypocrites or religionists. The Message, you see, is the Great Stone in the Mills of the Supreme Spirit and it cries out for all of you to

bring them in, the Good, the Bad, and the Indifferent and with their Effort the Stone will grind them out and finely so. The Effort is always our part, the Results belong to “others.”

This entire Communication is not only a simple matter of minds but one that spells out the Effort you need to exert to Induce the Trance States for your benefit and enlightenment provided you have already exerted the effort called for and are now Prepared and Following, points we find necessary to repeat, time and time again, until we are convinced one and all are finally convinced also that this is the Way to “The Way” - Prepare - Follow - Come.

Now since Meditation is the foundation of inducing the Trance States wherein are also incorporated the steps of True Prayer or Spiritual Contemplation and the step of Cogitation we shall next, herein, outline the steps or levels of such meditations.

Induction Level

You enter here Prepared per the Message and you have Purged yourself per the Message and are therefore in a state of Purification. You are relaxed and attentive to what it is you are attempting. You are, or you get comfortable. You assume a position that will not require further adjustment or unnecessary movement. You have assured your safety,

your complete solitude and above all you are to be free of interruption and silence is assured within reason. You should by now have an Ease-of-Mind and be engulfed in a mood of “self-forgetfulness.” If all this is so you are in the Transition Level and entering the Deepening Level of warmth, very comfortable and totally relaxed being as silent as possible in the silence around you, letting go of all Things except one Thing - This one Thing is either the Mind, the Eye, or the Ear Fixation Level.

Eye Fixation

Here you have a choice - you can stare at one object or you can think deeply about it, a color, for example, until you grow tired of it and shutting your eyes and with steady breathing you maintain only the object or the color using your mind now as your eye.

Ear Fixation

Here you close the eyes and listen intensely to one sound such as a clock ticking, so as to shut out all other sounds. Whatever you choose to listen to, the sound must be soft, not a blaring sound, but a sound barely audible so that you must concentrate deeply in order to hear it.

This staring at or listening to in a fixed state develops into the Monotony Level where the incessant ticking of the

clock, the intense staring at an object, the endless repeating of a word etc. and allowing this to fill you and allowing everything else to retreat into the background. It's this monotony that does the work if you allow it and you must allow it to drive you deeper and deeper and to close your eyes as it will and then it will close your mind and take you into the Trance State. The whole trick is to relax and let happen whatever is happening without any doubt, anxiety, or fears. Making an effort to relax, to allay fears or doubts, negates the whole state.

If at the Monotony Level with your eyes closed, you find yourself “thinking” or “picturing” things unrelated to what you are attempting immediately focus on your breathing and if you are not breathing regularly correct your breathing, your eyes of course are closed all the while, dwell on how relaxing each exhalation truly is by letting your mind focus only on this aspect of your activity. Then begin to count the breaths, continuing to enjoy the relaxation of each exhalation making them the focus of your counting. You tell yourself that each exhalation is driving you deeper and deeper and farther and farther away into the absolute relaxation and into “nothingness.” Imagine now that each exhalation is a step down on a fifteen step stairway and as you walk down the staircase, breath by breath, you see the bottom landing and a passageway and landing you go

through the Passage Way into the Fog beyond - from there you are gone to wherever it is the spirit wishes to guide you, for you, are now Out of the Body.

Now before attempting “going-out” suggest to yourself that regardless of how you got into the Trance State you will come back the same way, in reverse then, knowing full-well that you are protected if you are Prepared and Purified.

All of this Out of the Body experience is the foundation for the next level - that of a Transcendence. The whole procedure of inducing the Trance State given above may seem swift to you. It should so seem, for it is, if you are thoroughly Prepared and Purified “going In” to go “out.”

We can now from all of the above, page one through and up to here (page 147 in the original) list all the steps involved in order to Transcend:

1. Preparation
2. Purification
3. Spiritual Contemplation
4. Meditation
5. Cogitation
6. Trance State into an OBE

7. Re-entry
8. Spiritual Contemplation
9. Remediation
 - to Trance State leading to High Trance State - OBE leading to possible Transcendence and Return
10. Recall

We say possible Transcendence since all things need to be equal and the conditions right for the expansion of the Consciousness, and a safe return.

The first eight steps have now been thoroughly covered in the Message and deal exclusively with OBE restricted to the Earth Planes. That leaves us with five steps remaining that deal exclusively with a Transcendence, where the Unity of Minds, functioning as one mind, operate out of the Earth Planes - this is Transcendence - this is where the True-Self in its compounded wholeness of the lower and higher minds as one spirit body leave the physical body suspended in a Trance State, a phenomenon peculiar to both an OBE and a Transcendence which is returnable from.

Now if you're wondering what happened to "Prayer" in the list above, suffice it to say that Spiritual Contemplation and True Prayer are one and the same. Contemplation is "to look at intently," "gaze at," "to think about intensely," or

“to meditate or muse.” In step three in the list above it’s the mental state one is in if the Preparation and the Purification steps have been exercised correctly and the state necessary when one enters into their meditation step. And Spiritual Contemplation is the same mental state you are in when you return from an OBE.

Since we know that Prayer, Cogitation and Contemplation are all forms of meditation varying in their uses and degree of intensity we could rewrite the list above to read as follows:

1. Preparation
2. Purification
3. Prayer
4. Meditation
5. Cogitation
6. Contemplation
7. Trance Level
8. OBE
9. Re-entry
10. Prayer
11. Remeditation
12. High Trance to OBE
13. OBE to Transcendence and Return, with Recall

All a True Christian Spiritualist need do to go out and

return safely is Pray-Meditate-Cogitate-Contemplate. That's the Way Out and the Way In. "See"? It's a simple matter of minds and so "we" keep it as simple as possible. Yet even the simplest of things require practice and diligence. And everything simple usually has its complications and the inducing of the Trance States is no exception. I Paul wants you to know and understand that if you do everything I have given you herein step by step you most likely will not OBE or Transcend. Why? Simply because in the actual doing of it all step by step, your mind will be preoccupied with all the instructions and not on what the instructions tell you must be done for you to be successful. This may seem to be a dilemma but it is not if you have been following the directions of the Message exactly as given. You need to study and practice meditation once or twice a day as the Message has said and the same applies to the experiments involved with meditations. The same goes for the instructions given herein until you can perform them automatically and without having to recall any of it halfway through your attempt. When you are capable of doing this then you can induce the Trance States and you will OBE and possibly go on to a Transcendence. You have to study it and practice it until you have forced it all into the back of your mind, not completely out of it, so that your memory can operate silently and automatically when you attempt to

induce the Trance States. Difficult? Not at all, it is something you do every day of your life - you dress yourself automatically - you drive your car automatically - you eat, you go to sleep - you perform your job and so forth as matter of fact routine without having to stop midway and think about what to do next - you do it practically automatically from the silent memory and repetition and that's exactly what you need to do with the instructions given above - practice, practice, practice until you can openly forget them and routinely put them into practice whenever you so decide to Unite the opposites. This is Meditation and Remediation Elimination and Acquirement of the Trance States in its preliminary usage. And I Paul will repeat again, that it still is a simple matter of the minds. And unless you put your mind to the task, nothing herein is going to assist you or produce any results for you.

All things being right and natural you learn to walk and talk at a young age and once learned you do it automatically naturally. Those of you who type or play the piano learned these attributes through patience, and like swimming, for example, after learning you type, play the piano, and swim, how? Automatically.

Everybody has within them the innate ability to Trance just as we do to walk, talk and breathe. Yet many of these

innate abilities and innate talents need practice and study to perfect them and only you can supply these necessities and the extent of your efforts is the very measure of the extension of your ability to perform them.

And need I Paul, remind you of the greatest and most precious inherent ability of All, and one All of us possess via the Gift of the Supreme Spirit - our spirit - the innate ability to be a disciple and servant of the LIGHT, here and Now. And is this not still a simple matter of the minds?

You see, if you do not take control over your life, your mind, then, then you will remain, knowingly or unknowingly, a slave to the minds of others who may be Good, bad or indifferent to, and for, your well-being. We all know that God's Will for All of Mankind is its Well-Being but few remember that it is both the individual and the collective responsibility of ALL in ALL. That's you, me and everybody else, then. ALL of Mankind simply has to Understand that God is not going to do for It what it is capable of doing for Itself and that too is both an Individual as well as a Collective Responsibility.

Your success in the actual induction of the Trance State and the resultant OBE depend entirely upon the effort you have made in practicing the Instructions given herein. If, like myself, you can cause an "instant induction" and "go

out,” then, of course, you have no need to study and practice the instructions herein. Yet, all of you do Need to know what to do upon coming out of an OBE in order to go “back-in” and hope that All the conditions are right for the expansion of the minds to leave the Earth Planes and Transcend beyond them.

Let us begin by comparing meditation levels to Trance State levels and, in turn, give a comparison or example of each level.

Semi-Trance or low meditation. Compare to day-dreaming.

Middle Trance or middle meditation. Compare to hypnosis.

Full Trance State or high meditation. Compare to paralysis or immobile coma. Here the Mind is Free to leave the body. OBE possible.

High Trance through Remeditation. Here the Mind is out of the body again and back into an OBE where “self” is absent, the Minds are United and if they Compound, a Transcendence takes place.

Now it’s very important to understand the differences between a Trance State and an Out of Body Experience, and the difference between an OBE and a Transcendence

experience.

The Trance State, in and of itself, does not constitute an Out of Body Experience. In the Trance State it is the Physical Body that is affected, not the mind. It is the physical body that becomes tranced, mesmerized such as in a stupor or a coma. The Mind is then Free to operate independently from the body, even to its leaving the body, but remaining in close proximity to it, locked into the Earth-Bound Plane level, where, if “self” has been carried into this plane level by the lower mind, it is not Free to Unite with the spirit, the True-Self, then. But, if the lower mind leaves the physical body Free and uninhibited by any physical-material holdings, then the Uniting of the Opposites automatically becomes a Reality and the earth-bound plane level is breached and one is in a True OBE and Free to travel within the Horizontal Time Zones of both past and present of one’s own Physical Life or someone else’s. All Things, All Persons and All Places, Past and Present are possibilities in such a True OBE. It is only at the Transcendent Level that one can see the Past, the Present and the Future.

As we can see, there is no one, set-way to induce the Trance States to bring about the Out of Body phenomena, simply because as individuals, we need to find the formula best suited to our particular make-up and approach to them.

Therefore we can only give instructions as suggestions from what we have learned and proven to be successful. You need to explore and practice until you find that manner of inducement which is best for you and then practice it diligently to perfect it. When I Paul recorded the CPM's and other Communications, etc., I gave information based mainly upon my own Way Out as regards OBE's and Transcendences. Now using Creative Thought and Creative Imagination I can now induce the Trance States instantly utilizing True Prayer, Meditation, Cogitation and my "water signals" as One Step. Using these Creative tools per the Message of I Paul, one may instantly induce the Trance of the body and Free the Mind to exit it and soar, travel, trip, traverse, expand, solve problems, and so forth. I hope this explanation clears up any problems you may have had about "self" and "Trance States" from earlier Communications. What you Need Understand is that you must act independently in your going out until the physical body is in a Trance State, from which, the independence can be done away with and the mind being Free to Unite the Opposites. You can, then, Trance alone and enter into the earth-bound plane level alone but you cannot leave it on your own, or alone, then.

A Free mind is essential to both an OBE and a Transcendence and a Free mind is predicated on Hope while

an enslaved mind is the explosion of ALL Hope. Hopelessness is the shutting out, the denial of the spirit, and where there is no Spirit in mind there simply is no Freedom of the mind and one is helpless, as well as hopeless. Life, you see, is not a problem to be solved but a decision to be made. When we consistently make the Right decisions we are never faced with any real problems to solve, for no matter what we face there is always its solution and they lie within the Freedom of the Minds United and working together.

From previous Communications we know of the tremendous need we all have for Freedom, and for an Active Freedom, at that.

Now the Message of I Paul speaks of an Active Spirit and spirit. Is there such a thing as an inactive spirit? No, if we intend the word “inactive” to mean inert or immobile. Yes, if we intend to word “inactive” to mean idle in so far as you are concerned. Let us explain. Whenever a person is not “Free” as the Message intends and explains the word, then neither is the spirit free “in” such a one. For example, if you’re enslaved to a person, place or thing, as in “self” then, the True-Self, the spirit then, is not Free to Unite its consciousness with your enslaved consciousness, yet it, the spirit is always a Free spirit in all respects and aspects

peculiar to all Spirits. Also, if you Pass-over in a state of “self” and are earth-bound the True-Self is Free of the body after seventy-two hours but is restricted to the earth-bound plane level, the “dark” then. The rule is, that where there is no Freedom There is no “Active” Spirit or spirit. And usually, whenever the spirit is inactive within you or nearby you, you cannot make conscious contact with Spirit. Now you ought to be able to figure out just how very important Freedom truly is to one and all, and especially so to the minds, which are the ALL in All as well as the All in ALL.

Earlier on I mentioned “water signals,” a subject that has been covered somewhat in the Message of I Paul. These signals are used for identification in Thought Transference transactions for identification purposes. They are also used to call one to prepare to Transcend. If and when you get to “the Well” you will be asked for your identifying number so I Paul will list them, those that I have that is, and some of them have been newly revised due to changes beyond my comprehension.

When you transcend, and I Paul have no doubts that many of you will, you will traverse the Planes to one of the First Five of the Seven Pillars, i.e., Faith, Hope, Love, Truth, or Wisdom. What you will see, hear and learn there you will bring back with you and share it with the Family members,

and part of that “hearing” will be a statement that only you and I, or my successor, will know, my having already “heard” it from I Paul.

When you give your “water signals” you give up your Right to Transcend Freely on your own again. From this point on you will be called and this calling will come to come, usually quite unexpectedly, through Thought Transference, and since “you will know when you need to know” I Paul, will not go into further detail on this aspect of Transcendence herein. Yes, my dear sisters and brothers, some things are sacred and quite personally so, as you shall come to see, “IF.”

An integral component of one’s Preparation for Transcendence is the Recognition and Compliance (“the Effort,” then) to the Ethical standard for the Kingdom of Heaven on Earth. This ethical standard is the highest conceivable, “Be ye therefore perfect even as your Father which is in heaven is perfect”! This involves the utmost strenuousness toward slaying “self” and unlimited sincere love toward others. In other words your Spirituality should be no less evident than your Humanity in everything you say and do. Jesus was the example for this and it is his wholeness we are to emulate. He simply did away with religion and tradition by declaring that man was the lord of the Sabbath

and not the other way around and he never recognized any “one” day as the sabbath thereafter. He taught and displayed that Righteousness consisted in love to God and to one’s neighbor - to a God who is a Father and to a neighbor who is a brother or sister - manifested primarily in an attitude of mind, heart and the inner life, the fruit of which is external good acts for the Well-Being of All. The motive power of that Life, for all of us, is personal allegiance to the LIGHT, the Spirit Revelation of the Father and of Jesus as the Physical-Spiritual Revelation of the type of redeemed humanity to come. And here, once again, we have a very simple matter of the minds.

If one can Sense the Presence of the LIGHT in their Life then they have the gift of the Spirit active in them. And if this be so, then it is impossible for such a one, being honest, to be in “self.” Thus, the necessity for Practicing the Presence of God, “the Spirit,” becomes clear to us.

This “Sensing” should promote an internal and visible external Change, Transformation, then, via the Renewal of one’s mind toward the Good, the Right and the True, with such a Change leading directly to a Human spirit Interchange. It’s this uplifting, the raising of one’s level of consciousness out of its carnality and the freeing of one’s Conscience that allows such an Interchange to manifest

itself.

Hence we can understand that during the Practicing of, or the Sensing of, the Presence of the Spirit, we need to maintain a position of confidence while holding to a demeanor of calmness and Patience for this physical-spiritual Phenomenon to fully exert itself upon us. During this period of confident expectation one should fully believe that this interchange between lower and higher Consciousnesses is going to occur and that's all you do. You simply follow the directions and let go. It will happen, the Results have been guaranteed and there are those of us who have proved these interchange happenings. For me the Message of I Paul is my greatest proof, and my travels proof absolute that the Message works when I Paul works at it diligently, which I do with a passion.

Remember that you have part of the Responsibility of creating the proper moments and environment for these Interchange happenings - Out of "self," Creative Thought, Creative Imagination, good works, proper habits, Practicing the Presence and so forth. You are then, either your greatest asset or your worst burden - it's up to you to decide which you are going to be. Yet decisions are nothing without the Action necessary to bring them into fruition and make your presence a Reality. You simply cannot walk the second mile

until you have actually completed walking the first one.

So, again, we can see that the First key to bringing about these “Interchanges” is Preparation and the Second Key is the Creative one. You need to create, through the power of suggestion, the moments and the environment necessary for such vital Interchanges to occur and then allow your Full Measure of Faith to let it happen. You need to expect that Creative suggestion to happen but do nothing else to force it into happening - simply allow it to manifest itself in its own way and time. All you need do is to repeat the process over and over again until it does happen, and it will if you have thoroughly and honestly prepared yourself and have followed the directions exactly as given.

Now these Human-Spirit Interchanges brought about through True Prayer or Contemplation are what the mystics have experienced down through the Ages and are what they have described as “visions” for want of better terminology. Actually, what these True Mystics were attempting to describe were actual Trance State Levels of Perception.

For purposes of explanation and clarification, let us say that the Low or Semi-Trance State Level is like daydreaming, that the Middle Trance State Level is like sleep-dreaming, and that the Full Trance State Level is Visionary, i.e., the seeing of things not perceivable to the

naked eye, and most probably stimulated via repetition, subliminally, then.

These Human-Spirit “Interchanges,” then, are what are mistakenly conceived by many as Out of Body experiences. They are not. They are, though, at the very threshold of same. It is “here,” at this level, then, that one “receives” the answer to one’s knocking and seeking, and it is from this level that one may proceed into the High Trance State and “go out,” and it is from this going-out and into the OBE state that a Transcendence becomes a possibility.

Possible, simply because a Transcendence is always possible, and, in fact, very definite, at least once, in everybody’s lifetime here, and no one here knows the exact day or hour. Yet, if the OBE is birth by a Remediation Elimination and Acquirement process then one may go Up and Transcend where, for an unfathomable instant between the OBE and the Transcendence Level one is in the left hand of the Spirit of LIFE or what I Paul knows as the spirit of death.

Perhaps you can fully understand now that the going-out is relatively simple. It is the coming-back that is dangerous, in the sense that you may not, so one must be fully Prepared for anything because once out your life is not your own - you no longer make the decisions and your body

is behind you and helpless in its tranced condition. You see, once out, all the Way Out, you are, for all intents and purposes spirit and no longer human during that time period, of which you have absolutely no control over.

Perhaps you can also understand why fear, doubt, anxiety, etc. have no place whatsoever in such phenomena as OBE and Transcendence, and why the Full Measure of Faith is so very important. I'm sure that no one who has studied the Message of I Paul can honestly say now that they were not warned and that these points were not stressed enough. After all, from the beginning no one promised any of you an easy road and you should all know well that there is no magic wand, just you and You who constitute all the "Signs" and All the "miracles" "IF." "See"?

The phenomena of an Out of Body Experience and especially a Transcendence, lies in the fact that you are in a very High Level of Awareness - not you, physically, but your mind - the mind is the Key to ALL Things, even to thoughts of a prior life or even a multiplicity of prior lives - You did not live these lives, your mind simply has knowledge of them because the mind functions in a kind of eternal "Now" so that even if a person is placed in a hypnotic trance regression, the mind will function, not in the past or in the future, but always in this eternal "Now." In a Full Trance

and in a OBE the eternal Now functions in Horizontal Time and in a Transcendence it becomes “The Eternal Now” which is actually an absence of Time but called Vertical time for purposes of expression and in which Past, Present and Future are one continuous “instant” or “Now.” We need to remember that time is a product of man, not of Spirit, and until man learns to live in “The Now” he will not Understand the Reality of Spirit and the True Meaning of that which is finite, and that which is Eternal as opposed to that which is Infinite in Relationship to the “Now.” And again we are referring to what is a very simple matter of the minds.

This Understanding can only come about through True Prayer as explained in Communication Thirty-One of the I Paul series, i.e., “the most important purpose of True Prayer is the lifting of oneself to new levels of consciousness where we can be conditioned and changed in mind, body, and heart with the all-sufficient life, substance, and intelligence of Spirit.” It can hardly be stated in any other manner nor can it be made any clearer than it is in the Communication cited. It is this “Conditioned and Changed” status that we seek in our Remediation Effort for the Purpose of Transcendence.

This, then, is a “going-in” to your closet (inside your “house”) and “shutting the door” (locking-out the

physical-material world) and “praying in silence” (Remeditating and Contemplating Spiritually) to your Father (Spirit) who already knows, in advance, what it is you are seeking in secret (i.e., Transcendence out of the Physical-Material Realms, temporarily), and if you are “Prepared and Following,” and if all the Conditions are right you will acquire that which you seek. This is again the Elimination and the Acquirement Level all neatly packaged together and if “Recognition” is on a “Two-Way” flow, you will be successful in your endeavor. It is here, in this “flow” that all Psychical Phenomena takes place, and it is this “Two-Way flow” that a Transcendence, on a temporary basis, can take place.

This Two-Way flow of “Recognition” is again a simple matter of collective mentation between the lower mind and the higher mind, or a Centering of Full Conscious Attention at the Highest Levels obtainable for the two Consciousnesses to become One, Compounded Consciousness, for the Purpose of Transcendence and the maintaining of that Compounded Conscious Attention throughout the Transcendent period.

So, as we can see, “Effort,” all through the Message of I Paul, is the Tool, the Key, the Difference, between something done and something Done-Well to the very

heights of Perfection. The beauty and the power of all things Done-Well lie in the “Results” and the “Recognition” garnered therein.

You see, when you exert the Effort called for in a “given task” the “Results” flow in harmony and in proportion with the Effort Exerted. When you soar, they soar. When you slow, they slow. When you are indifferent, they are Non-Existent.

When a Task is being done-well there is an accompanying Recognition and when a Task is Well-Done and completed the Recognition soars to Full “Recognition” and Upwards to Total “Recognition”! And, as you adepts can “see,” it is still a very simple matter of the Minds, all this.

Yet, the mind itself, is not a simple matter, but on the contrary, a very abused, complicated, and highly undisciplined (by man-woman) phenomenon.

You see, God doesn’t give us gifts that God doesn’t want us to use and the Two Personal Gifts God, the Supreme Spirit, LIFE then, has given to us All is Life and mind. For those of you who Understand Communication Nineteen, of this, the I Paul series of Communications, the Truth and the Reality of the preceding paragraph comes as no surprise, and for those who do not understand, do not “see,” it matters not - for the immediate purpose of this

Communication - “Enlightenment for the Purpose of achieving the Trance States and a Transcendence for those who are Prepared and Following per the Message of I Paul.” To Transcend into the Light is everybody’s dream and we need to be the fulfiller of dreams. After all, it’s extremely rare for anyone living here to see all their dreams come true, but, it is possible for anyone who will exert the Effort and follow the Directions exactly as given, to see the Light, both here and There, while existing here in the Physical State of Life. And, again, I Paul remind you all, that is a simple matter of the minds, both individually and collectively.

The exhortation to Prepare, Follow, Come, is no idle invitation nor one to be taken lightly, nor treated perfunctorily.

The Family of LIFE and LIGHT on this spaceship at least, has a sparsity of “Doers” and a tremendous surplus of “Be”ers. A Famine of “Walkers” and an overabundance of “talkers.” It has a fantastically pressing Need to become “ONE” and a conglomeration of “one’s.” We, most unfortunately, have an over-supply of “Paper-shufflers,” “Procrastinators,” and those with “I” and “me” trouble, who neither Share nor Care faithfully, the ones who are “all take” and “no give” - the In-“self” “ones,” the boasters, the braggarts, the Thankless ones, the “idle dreamers” and

the avoiders of what is Good, Right and True, the inactive ones and the pretenders who are always seeking a magic wand, the modern day magi's who follow the stars and all the ways and means that are not "the Way" nor the means to locate and stay upon the Way to "the Way" - the Message of I Paul et al.

The reasons for such negative postures and acts can be laid on the door step of pure selfishness and laziness, a lack of genuine love and respect for the Way to "the Way" and visions of grandeur and egotistical self-love and want, all of which prevail in one form or another due to a total lack of mental discipline, wherein one allows the body physical to rule and govern their "Whole Being."

Everyone I Paul, have ever known, myself included, and everybody I currently know Now, Alters Reality by conforming to physical Wants and Preconceived Ideas, half-truths and untruths and silly, wild, runaway imaginations and the fears and doubts they conjure up. Couple all this with all the "garbage" almost everybody keeps secreted within them, their "best kept secrets" which are silently destroying them and their freedom, day by day, and you have the primary problem of the Human Race here on this Earth squarely before you - "SELF," the silent ruler of the darkness. We, the Human Race, here on this

spaceship, were put here to care for this Earth and to Rule Ourselves Righteously and Justly, but all we have been able to Prove is the Fact that we are most Unruly. The problem? That “Altering of Reality” I spoke about earlier.

Reality altering is an ongoing constant process on this Earth of ours - the Message calls it “Change.” Some of this altering is Good, some bad, or at least harmful, and it not only happens all around us, but it also happens to us. Some of it we cannot control nor do anything about it, some of it we can do something about, but usually don't.

Darwinism is one example. Earthquakes, floods, glaciers, and the cutting down of the rain forests, are others. Wars alter Reality as has Science and Religion among many other things. People also Alter Reality and for two extremes we cite Jesus and Hitler.

All such occurrences of “Reality Altering” take place under the Physical Laws of the Universe and by Acts of men and women of this Earth - no such Altering occurs under, by, or of the Psychical Laws of the Universe. Therefore, what many people and most Religions cite as miracles or Acts of God or Heaven, are really acts occurring within the Physical Laws of the Universe. So called “miracles” are not of Spirit nor of the Spiritual Realms - they are not Psychical Law Phenomenons but known or unknown (as yet discovered)

Physical Law Phenomena. What people mistakenly call miracles here, are far too mundane occurrences or happenings for Spirit and for what exists in the Spiritual Realms themselves.

We may laugh when we read about a cult of people some three or four thousand strong who firmly and faithfully believe that the Earth is flat. Yet their altering of Reality is no different from those who believe in Satan and Evil spirits. You may also laugh at those who faithfully believe that God wrote every word in the bible or that the bible is the inerrant word of God, but if you do laugh, you are actually laughing at yourself also. For you too alter reality by adhering to, and believing in, preconceived ideas, half-truths, and untruths, subconsciously (or otherwise). In other words, when it comes to Truth and Reality, your mind is made up in advance, subconsciously or consciously due to your earlier learning and training years and you hold to these beliefs whether they are true and real or not. I Paul asked us to open up our minds and begin afresh, placing all these theories, assumptions, preconceived and imbedded ideas, untruths, half-truths, and so forth on the shelf, temporarily even, in order to listen to what the Message has to say with a totally open and attentive mind. This request of I Paul, to the very best of my knowledge, was never taken seriously by anyone but me and so preconceived ideas and untruths still control

much of your thinking, both consciously and subconsciously.

All I Paul, personally did to comply was to agree with myself that I really didn't know much about anything and then I set out to question everything and to Prove all things before accepting them as Factual and True. I simply kicked "self" out and by this Act I actually did not "know much" - it was "self" that was pretending to be wise and knowledgeable. To do this is not easy nor accomplished in a day or a week or a month. It requires tremendous self-discipline, concentration, responsibility, recognition, obedience and long hours of study and practice. No one promised me an easy road and therefore I did not expect one, nor did I find one in the beginning. My Effort made it easy, gradually. I may still not know much, but what I do know, I know to be True, Real, and Factual. One thing I am sure of is, that the Truth I Paul do know has set me Free, and I know it will keep me Free, as long as I keep and cherish the Truth I am privileged to know. So even if I am not "worldly wise" and intelligent insofar as "the sciences" are concerned, I know much about Spiritual Matters and the Physical and Psychical Laws that do matter for me to complete my task and fulfill my assigned Goal. Along these lines, you can never know too much, because Wisdom, Knowledge, Understanding, Intelligence and Love are the

making of a Righteous Person. The danger in Temporary Transcendences lies in the problem of knowing too little, Spiritually wise. If you are Prepared, sans “self” then, then these Receptor Senses become your passport into the Light, here and There.

Now speaking of Light, we know that Everything has its Opposite here on Earth and nearly Everything has its Opposite in the Universe also. Here, we Need to Unite the Opposites that are important to our Well-Being. Therefore the Light is no exception. To most people the Light is just that, Light, either Sun Light or artificial Light, in which they Live, work, play and bask. We also know that the opposite of light is dark, as in the differences of day and night. We also go further in our knowledge, knowing that the Light here is Enlightenment and Illumination of the minds and that ignorance is darkness and enslavement.

As Christian Spirituals we also know the difference between the lower and the upper Light and/or Lights. We know the Christ as the LIGHT, the Wisdom and the Power of LIFE, the Energy and the Light of the Universe, Ad Infinitum. Adding these Truths and Realities to all the others concerning the Light in the Message of I Paul, I can only add here, one more point: the Light of the Physical Laws, of Nature, is an energy given to us for our Well-Being

in the Physical-Material Sense and the source of the Light, our Sun is an “electric-fire.” ALL other Light is of, by and from “LIFE” and it is given to us as an “Electrified Energy Fire and Power” to Light the Way to “The Way” for those who will know its True Purpose and use it Righteously - it burns those who abuse it and misuse it for selfish purposes. When you Alter Reality, or attempt to, as explained herein, you are misusing and abusing this Light and you have, and will, continue to “get burned” until you can grasp the Truth that the Message has been given to assist you in the proper use of this Light and lead you to the attainment of your tasks and the fulfillment of your Goal.

By now it should be perfectly clear that anyone who is “Prepared” and “Following,” per the Message of I Paul, can and should Transcend and such ones really have nothing to fear simply because in such a state they are Free and in the Light of Lights, the True Knowing Ones then. But there is one very important point that you all should keep in mind and that point is that your Freedom is always more important than your safety. You see, fear is only a laziness of the “self.” For this reason the Truth is always a curse for cowards. And no one knows this better than the Curse of “Self” - Yourself.

Now in keeping with the theme of this I Paul

Communication, “Transcendence - A Simple Matter of Minds” and its title, “Trance States Two - A Dream Unfolds,” let me inform you Adepts preparing to Transcend this:

“The Order of the Ten plus Two plus One” - or - “The Order of the Thirteen” - The Mystic Ambassadors of the New Worlds and the Family of LIFE and LIGHT, servants, then, of the ALL in ALL.

These Mystics will be Unique, in the sense that they will be “Common Sense” Mystics - strictly Logical, Honest and Responsible - with Good Comprehension for “Enlightenment” and holders All, of “Recognition.”

The question of “Who these mystics will be” has always been vague and elusive. Yet, it is quite simple and also a simple matter of minds. They will be the First to Transcend and they will come together after I Paul has Transcended and fails to reenter the “tranced” Physical Body.

This “Enlightenment,” in particular, can only be obtained and retained by learning what is Now and then leaving it behind and Recognizing and accepting the Constant Flow of the New “Now.” “Enlightenment,” then, is the Ability to “see” things as they are Now and “Illumination” is the Ability to “see” things as they were, and will be, in “the NOW,” instantly and without end.

The Order of the Thirteen will not only Understand and Practice Perfectly the Message of I Paul, the Book of Life, and the Book of the Two Ways, but they will also be known for their Love, Humility and Fasting. The “Love” will be Christ-Like. The “Humility” will be Jesus-Like. The “Fasting” will be Paul-Like, i.e., materialistic fasting - living within one’s Needs and living Naturally, but all the while “Acting Natural” for they are the Partakers of Strong Meat.

The “Common Sense” of the Order of the Thirteen will be such that these Mystics will speak Always, as to children, so that all may grasp their simplicity in dealing with the most Profound of subject.

This Order of True Christian Spiritualist Mystics is the thirteenth such Order to be called under the tenets of the Book of Life and the second under the Message of I Paul and the Book of the Two Ways, hence its designation - “The Order of the Thirteen.”

It has been clear for quite sometime now that one of our major tasks has been to produce “Ten Good Men and/or Women” or any combination thereof. The question as to what is meant by “Good” and to “who makes the decision” ought to be perfectly clear by now, to one and all. “Effort,” on the one hand, and “Result,” on the other. “See”? And the

latter will also make clear to One and ALL “The Three.” It’s all really very simple and a simple matter of the minds.

So, insofar as “The Order of the Thirteen” is concerned, our task is to produce Ten Persons who can, and will Unite, and Be One Minded, Spiritually. The other three Persons will be designated by Spirit in the usual manner and they shall constitute the Leadership of “The Order of the Thirteen,” for administrative purposes - all thirteen will be “Leaders” in keeping with the Ordinance of Freedom, while Three will be The Order’s “Directors.” All will, in all Love, Humility, and Fasting, strive to be Last and the Servant of All.

The Collective Spiritual Wisdom, Knowledge, Understanding, Intelligence and Love of The Order of the Thirteen will be an instrument of incalculable Force and Reach. Along with these Collective Receptor Senses they will also possess a very potent Collective Power which is All Reaching, the Collective Force, Power, Reach and Energy of the Creative Thought and Creative Imagination faculties which belong inclusively to man here. Therefore, both Individually and Collectively, they will Understand and USE these most awesome of All the mind’s tools - the Power of Creative Imagination, the “bullet” WE fire with our Creative Thought and ride upon into the Realms of the Unknown as Transcendent Transients. And this my dear brothers and

sisters is what dreams are made of and how they are unfolded in the Here and Now.

I Paul, will also add, as an aside, it is a very Perfect Reason for Unity and Peace, Now. The Rewards are tremendous and the Pleasure is Great and it is a very simple matter of the minds - Just get out of your "I," "me," "self" mentalities and Get Into Your True-Self. "SEE"? You may not "feel it" at the moment, but believe "ME," your silly, inane, insidious "Excuses" are slowly, but surely, killing you. Hopefully you Can "See" this. After all, suicide in any way, shape, or manner is not the Way to "the Way."

Anyway, returning to The Order of the Thirteen, we can see that this collation of the Receptor Senses and instruments of Creative Thought and Creative Imagination are very valuable and forceful tools when properly applied within a state of Unity and Peace here - "Family" Wise.

Much has been, and still is, being "sent" about these matters, and when some measure of Unity and Peace are established, they should appear in your Personal "Receivings" from Spirit. Ever since Communication Nineteen of I Paul series has been released, a concentrated effort has been on-going to "Reach" every single member of the Family. The success of this Attempt is, of course, contingent upon your Awareness, Alertness, Perception and

your Effort to sit to receive. Up to Now, not too many of you have been keeping the Watch. Again, “self” is the problem, even though the solution is still a very simple matter of minds.

Now, although I Paul, am only interested in the current “Order of the Thirteen,” I will digress for a while to give you some measure of insight into the Orders of the Past. To me it was interesting to know that the Order of The One, later shortened to “The Order of One” was the first to use the phrase “It is so Visible, that it has become Invisible.” A phrase we find in the Message of I Paul with slight variations in the wording from time to time to fit the context.

The Six Attributes of “the Body” for The Order of One were:

1. “Love”
2. “Wisdom”
3. “Strength”
4. “Order”
5. “Elimination”
6. “the Power”

The Ten Principles of Action were:

1. “Forgive”
2. “Think”
3. “Love”

4. "Obey"
5. "Contemplate"
6. "Meditate"
7. "Choose"
8. "Act"
9. "Go (Do)"
10. "Teach and Exhort"

The Six Attributes of "The Mind" were:

1. "Will"
2. "Understanding"
3. "Power"
4. "Imagination"
5. "Faith" (Full Measure)
6. "Zeal"

The original terms referring to The Message were:

- "The Book of Love."
- "The Family Text."
- "The Family Reading Message."

At that time in history there was no Scripture, except "The Family Text," and its origin was unknown, even then.

The early TCS' were fiercely dedicated to Spirit, Truth, Love, Freedom, Unity and Peace for the single purpose of Transcending and Traversing the Spiritual Realms. And

they fully understood all of this as being a very strict matter of the minds.

The First Symbol of the Order of One, Now The Order of the Thirteen, was an inverted triangle much like the much later Star of David. It is attached to This Communication and it will be the Official Symbol of the Order of the Thirteen and a full explanation of it will be given in an Addendum to CPM Thirty.

What is important to me is the fact that all of these Orders were of Spirit Origin and all of their Adepts were strict True LIGHT Spirituals. The Slogan of “The Order of The ONE” was “Know, Dare, Prove, Do, Come” which is now collectively our very own “Prepare, Follow, Come.”

The “Know” then is signified by OUR “Prepare.” The “Dare” is well covered in the Message, i.e., “Get out of ‘self,’” slay “self,” “Go where others fear,” “Dare to be different,” “Dare to follow Spirit, not Man.” The “Do” is also very well covered in the Message as is “Prove” All Things, “Become your own witness,” all of which fall under our category of “Follow.” The “Come” I am sure needs no further explanation, especially after this Communication, and the balance of the Message that precedes it.

In some of the later “Orders” the slogan also included the word “Silence” between “Prove” and “Come” since The

Orders were at one time in their history Secret ones. This “Silence” has been spoken about, addressed, then, in the Message of I Paul, both pro and con.

One excerpt from “The Book of Love” that I Received from Jesse that I Paul am particularly partial to is “Genius’ are made by their mystical flashes of Insight into the Great Mysteries of the Universe and their “discoveries” are such that they always enhance the life and well-being of ALL LIFE here on this Fourth Earth and readies its Human Life for the Life to Come in the New Worlds.” All members of The Order were Spirit Guides.

Now the “Know” of The Order’s Slogan (our “Prepare”) has to do with the Eye of the Spirit. “The Family Text” stated that every Neophyte who sets out upon the Way to “The Way” to become an Adept does so, hopefully, because he has mentally seen the Eye and from his divine intuition knows it holds a message for him, an assigned task for him and a goal. He, or she, must have developed within themselves a strong consciousness that there is something worth the seeking, hence arouses the daring spirit within them to leave the old “primrose path of dalliance” and seeks New and Unknown Regions. It not only takes a firm conviction of the truth of that which they would seek, but it also requires far more - Courage, Responsibility,

determination, and perseverance. So many believe and long to attain, yet spend year after year bemoaning the fate that has given them a heart to long for a mind with which to aspire, yet has surrounded them with so many seemingly insurmountable obstacles which they call impossibilities, erroneously. So year after year, the longing grows fainter and the obstacles more substantial, and the True-Self is left naked and in the dark. This is well expressed in the Book of Love (what we call the Book of Life) where it was first stated that “he who hesitates is lost.”

Therefore to Dare is the first step in This Cosmic Order, and many took it almost automatically, as if drawn to it by some mysterious force challenging them to do so. Others were invited to join The Order by being asked to “Come sit under the Fig Tree.” To sit under the fig tree meant, esoterically, to be “Righteous” - the Pillar of W-303 - hence the requisites of Love, Humility, and Fasting.

The Order of The ONE had a nineteen-step staircase to the Spirit Realms that were listed in the following order: “Faith - Hope - Love - Truth - Wisdom - Unity - Peace - Humility - Responsibility - Knowledge - Understanding - Intelligence - Self-Discipline - Creative Thought - Creative Imagination - Obedience - Freedom - Recognition - Spirit.”

The “Family Reading Text” which is our “Message of I

Paul” did not refer to the Ego as “self” but as the “false self” as opposed to the “True Self,” a term we do use.

After Dare the next step was to “Prove” the claims of the Message and then “Do.” The then Message or Family Reading Text did not promise Results as a Reward for Effort or the Doing - We are the first to Receive such an offer.

Many linger at the “Do” step, for the great temptation is to dream, rather than to do. But the Do indicated in The Order must be of a very definite character - it must begin with one’s very own life, in overcoming all faults and failures.

The Neophyte can never say “I have accomplished” no matter what he has done for The Order or humanity, until, at least, he or she has shown some great accomplishment in overcoming the faults and failures in their own life. No one can be an Adept in The Order who holds to “likes and dislikes” and dallies in matters that do not matter. If a list existed of things that do not matter, it would be fantastically long. There is no list but suffice it to say that anything that does not contribute to Love, to Humility, to Fasting, to Understanding Things Spiritual and to the Well-Being of All in ALL, then they would be on the list of things to do not matter. Frivolous chatter, gossip, backbiting and criticism were out and so was the Neophyte caught doing so. And any

Adept caught in such Acts except for justifiable Constructive Criticism of a brother or sister was not only barred from The Order but from the Family proper. Excuses were never tolerated - you either did or you did not - Period. Adepts in The Order were never prone to "Mistakes" - that's why they were "Adepts."

The hardest lesson of all was to Keep Silent. Many of us know firsthand the difficulty and the agony of this keeping silent for long hours at a time. But to Keep Silent involves much more than just keeping your mouth closed. Hence the esoteric meaning of Silence and Keep Silent is not merely to refrain from talking although it does mean, among other things, to refrain from "frivolous chatter." These Adepts were Faithful and Respectful toward the Gifts of God and they did not "waste them" on matters that did not matter.

The chief meaning of Keep Silent, then, was and is, that one should keep in touch with the Silence, in the consciousness of that deep "mysterious Silence" which makes all our thoughts, words, acts, and deeds potent.

"Keeping the Watch," "Sitting to Receive," "Giving up your right to be Right," "Meditation," "True Prayer," "Trance States," "Cogitation," "Contemplation," "Creative Thought," "Creative Imagination," and "Memory" are all examples, esoterically, of Keeping Silent

and Silence.

For the memory it has a special meaning (as it does for others). It means that an “Adept” is not merely to dream about past accomplishments, but are to realize intensely what they have accomplished and from the past seek to fully understand the unseen forces which work only in the Silence, and, without which, we could never have accomplished anything, nor seen a single dream unfold. Hence none of this precious force must be wasted by idle-dreaming or chatter.

All Adepts are called to Obey The Mandate of the Master who said “Let your communication be a simple Yea or Nay - for whatever is more than these cometh of evil.” This means not to waste words trying to impress others that we “know” something, or by boasting about our accomplishments or bragging about things we think we have accomplished or done well. If what you want to say is true, there is no need of saying them, for they are already Known! You see, if one word is powerful enough to express our meaning, do not use more. We must make all our conversations, then, as simple and to the point as Yea or Nay. Above All, Always Listen in the Eternal Silence for the inspiration that will direct our Conversation, so that no word we do utter, “cometh of evil.” Vain chattering, Profane language, gossip and so forth

always disturbs the Great Silence so that we cannot be guided by it - Be still and know, for you shall know precisely when you NEED to know - "IF." Then, like Jesus, you too can say "the words that I speak unto you I speak not of myself, but the Father that speaketh through me." Never try to justify or defend or explain by much argument. Speak the Truth to the best of your ability, then relax in the assurance that you have done your best, kept the watch, then, and that time and events will justify you. This is the inner meaning of Keeping Silent or dwelling in the Silence. "SEE"? It really is a very simple matter of The Minds. And this matter involves listening.

A "good listener" within this context then, is usually a holder of divine consciousness and, therefore, very Attentive to Divine Consciousness.

The "Family Reading Text" had much to say about the "false-self" so herein I will only give you one small excerpt that essentially says: the "false-self" cannot exist in the Light outside of the Physical-Material Realms - it can only be where the Physical Body can be."

Now I Paul, would like to say some things about something that really interests me, and hopefully will interest all of you and motivate you to become a member Adept of The Order of the Thirteen.

The Family of LIFE and LIGHT of the ALL in ALL will have within it an Order which will be known as “The Order of Thirteen.”

This Order will be made up of True Christian Spiritualists and they will be known and respected as Transcendent Christian Spirituals - Visitors, then, to the Houses of the First Five Pillars as holders of the Four Absolutes; Honesty, Purity, Unselfishness, and Love.

None of these qualities necessary for a seat within The Order of Thirteen is beyond the reach of a single Active member of the Family of LIFE and LIGHT of the ALL in ALL.

The call is out in quest of all earnest seekers of the spiritual life whose sincere desire is to progress steadily in Spiritual Growth and the Unfoldment of Dreams and who honestly wish to come into closer contact with the Spirit of the Message of I Paul, the Teacher of Wisdom and Spirit Guide down through the Ages of humanity on this Earth.

Therefore, in accordance with The Spirit Plan and Design of the Universe, I Paul, am authorized and privileged as the Spirit Guide of This Family to inform you that a point in Involution-Evolution has been reached wherein a Renewed Order Needs be established on the Earth Plane of W-303. This Order is not an organization in the general acceptance of the term, nor is it connected to any

organization, religion, cult, sect, body politic and so forth now in existence on this Physical-Material Plane. This Order of Thirteen is of Spirit Creation and will be Spirit Guided in and on Every Step of Its Way. Its primary function will be to Create Spirit Guides, and its primary reason is to fulfill the Universal Plan of the Supreme Spirit for Humanity on this Earth - Truth, Love, Unity, and Peace. The Pathways to the New Worlds.

Obviously, we are now embarking on the way of fulfilling one of our Assigned Tasks: The establishing of the Ten plus Two plus One.

It should be perfectly clear Now, that an assigned Task is a Sacred Task and Sacred Trust, and that, obviously, is why the Message always comes first to me on this Spaceship W-303 over all other Things, Places, and Persons. It is, then, the One Matter that matters above All Other Matters that Do Matter. Please "See."

From this point forward I will be referring to the Family "Order of Thirteen" simply as "The 13" denoting those then who "Know" through "Seeing" and "Hearing" that The Way Out is The Way In and The Way In is The Way Out.

To be a member of "The 13" is to be a follower In and a Partner of the Mind of Christ.

Although I Paul, am fully qualified to be a member of “The 13,” I will not be, but I will be its channel for its Spirit Guide and It will require me to be “The 13’s” human spirit guide until I leave. By that time “The 13” will be spirit guides and channels on their own, yet under the Direction of three of “The 13” or the Two plus One, for Administrative Purposes.

Numerically, “The 13,” simply signifies the thirteenth such Order since the Order of One was Created. Its Arcanum signifies “Truth” and everything that that word can imply and mean.

I would like to make it clear that the Order of Thirteen will consist wholly of Active Members only, from among Family member of the Branches on Waquoit-Falmouth and Virginia Beach. Furthermore all such members will continue to carry “Everything” with them, Here. So, regardless of who the Ten plus Two plus One may prove to be, there will be no disorder within or to the flow of Action and Effort of the Family proper. It could, of course, place a call for extra Effort and Action on behalf of some willing to accept it for fulfilling the Absolutes of “The 13.”

When we referred to the First Order on this Earth as a Cosmic Order we did not intend nor mean “Cosmic” in any Occult way whatsoever. Cosmic Order herein means it was

composed of what we know as Cosmos Man or Planetary Man. Therefore these Orders of LIGHT Spirituals have always existed wherever mankind has existed and always will.

Today this Order of Transcendent Christian Spiritualists is intended as a unifying spiritual movement, inspired by an unselfish love of humanity, and a desire to help mankind realize and recognize Reality, and make practical use of its spiritual guidance in their daily life in Preparation for the New Worlds.

This is a task “we” have been steadily preparing for since February the Third, Nineteen Hundred and Seventy Seven.

The Order of Thirteen is Christian in the sense that it Follows the Universal Christ, the LIGHT, then, for access and participation in the ALL in ALL of God, LIFE, Then. Hence we are not Scriptural Christians nor sectarian Christians. We are Christian Spiritual Truth seekers in the sense that, God is Spirit and we worship God in Spirit and Truth. Ideally, we follow no man - we follow Spirit. Factually, we follow no Scripture - we follow the Message of I Paul, the Book of Life (Love), the Book of the Two Ways. Practically, all Christian Spirituals strive to Prepare themselves in order to faithfully follow the spiritual life on

the Way to “The Way.” The Order of Thirteen is mystic in the sense that it teaches the “How” of the mystery in making Conscious Contact with the LIGHT Principle within and therefore become holders of the Mind of Christ.

Holding to the Great Discovery of the Master, we strive to Realize the Reality of our Minds and reach our individual potentials of Divine Consciousness. This Renewed Order, then, is to be the link to join the best efforts of all the ways into one great universal movement, “The Way,” which shall spread Brotherhood, Sisterhood, Fellowship, Friendship and Familyship throughout this Earth by and through Spiritual Understanding and Righteous Action founded on the Seven Pillars of the Kingdom of God.

**Faith - Hope - Love - Truth - Wisdom - Unity -
Peace**

The Message, this Family, this Order, does not seek to acquire a following for any human leader or personality. We are Servants First, Last and Foremost, to mankind and to “the Spirit,” God’s Kingdom and Realms.

Until we learn to be Last, to be Humble, Lovers and Fasters then we shall never be able nor capable of being First on the Way to “The Way” - the ALL in ALL.

With only a few exceptions, every single one of us in

this Family knows full-well what they must do and should be Doing to assist in bringing all of this into existence and bearing fruit - the fruits of our “Collective Efforts.”

Our immediate Family, i.e., Waquoit-Falmouth - Virginia Beach, is but one circle within the Vast Circle of the Universal Family of LIFE and LIGHT of the ALL in ALL. We know that the center of the Family on this Earth is where the Director of the 303's on this earth, is. It has always been that way and will always continue that way until The Four Earths enter into the New Worlds Phase. Hence The Order of Thirteen, Here, will be but a circle within our immediate Family Circle and therefore subject to all the tenets of Prepare, Follow, Come, of the Message of I Paul.

Perhaps the question uppermost in everyone's mind right now is who are “The 13” going to be? At the moment I Paul does not know. I do know that we are responsible, at the moment, for coming-up with Ten People, Ten Good Men and/or Woman, as I “see” it. The other three members, as I “see” it, are going to be named for us through the usual manner - the Channel for the Message.

To be Fair, and purely Inclusive, anyone desiring to join “The 13” should write a letter to me stating this desire and your reasons for becoming one of “The 13.” Such letters should be in my hands (or my successor's hands if

necessary) thirty-one days from the date this Communication is released in Waquoit-Falmouth. We respectfully ask “DL” the Director at Waquoit-Falmouth to inform my Brother and Partner, “T,” Director of the 303’s, of this exact date.

Once the letters are received and the dead-line reached I Paul should know who the Ten will be and hopefully the three as well, which will make up our initial “13.” This procedure falls clearly into the way such matters have been handled in the past, and clearly omits any favoritism being involved. Even the Three we are not choosing have to voluntarily accept or reject, such choosing. So my advice to everyone, is to write if you wish a seat within “The 13” and not wait to see who Spirit nominates to complete “The 13.”

Now it must be Understood that Everyone who takes a seat within The Order of Thirteen, does so as a Neophyte and not as an “instant Adept.” It is from this group of Neophytes that the Ten of “The 13” of our responsibility, who prove their Adeptness by Transcending, become Adepts. I Paul believes the three chosen strictly by Spirit will be those fully capable of Transcending, and soon, thereby setting off the Chain Reaction Necessary for the rest to Follow. This “Chain Reaction,” the Sharing and Caring of Experiences has been fully covered in the Message of I Paul and simply needs to be

put into Action to produce the desired Results.

One Thing I Need to point out herein and something of great importance is this:

No one should apply to join “The 13” who are not now willing to do so for the rest of their Natural Life. You see, if you are given a seat in “The 13” it is forever. So be sure you know what you are doing before you DO IT. “Look” and “See.”

This is not only the continuing Year of Love but also the Year of Honesty. I do not believe I need to remind you of what the Truth Does. Of course, if you are truly on The Way to “The Way,” then what this immediate paragraph contains is no barrier to you. “See”?

What all applicants should be looking for in This Order of Thirteen is their True Spiritual Home and the opportunity to work hand in hand with it.

The Order seeks to help all to fully Understand the fundamental Laws of Life and LIFE. It welcomes your individuality and guarantees your Freedom within these fundamental Laws of Life and expects your Collectivity in regards to the Psychical Laws of the Universe and your adherence to Spiritual Freedom above all else - without which the New Worlds could not be realized and the ALL in

ALL would not materialize. The one thing that This Order will demand from you, is that you do everything good, right, and true, “Better”! If you cannot make that the very foundation of your Effort, please do not apply. We are, after all, in search of Ten Good Men and/or Women or any combination thereof.

You will have thirty or thirty-one days to decide, so decide carefully and wisely whether or not This Order is for you.

What This Order intends to do first, is to take all of the fine points of the Message of I Paul involving All of the Prepare, the Follow and the Come, categories, and put them into Honest Practice on an on-going, never-ending cycle. Therefore each “seat” will recognize and witness to the Truth, wherever and whenever, it surfaces.

Right now This Order may seem a drudgery but I Paul assure you that this is not so. It’s true, that it is going to require some great effort but I assure you that it is going to be vastly illuminating, enlightening, stimulating and fun. Things Good, Right and True were meant to be fun and most enjoyable and This Order is going to generate a great amount of it and a great amount of happy surprises. Doing is always better than being and we are going to be doing a lot of rewarding and life fulfilling things as you learn to

become the Unfolders of Dreams, the things that Happiness is made up of. After all, happiness to most people in this day and age is nothing but a dream, and one they struggle to unfold but cannot. The place for dreamers is in the Family of LIFE and LIGHT and the Place for Real Dreamers is a Seat within The Order of Thirteen. Come and “see” why.

The problem with most dreamers today is the fact that they have “eye and ear” trouble. These are the ones who refuse to “see and hear” the Truth, the fearsome ones, then, but there are worse - those who claim to “see and hear” the Truth but fail to abide it and go on idly dreaming their life away. We have entertained some of both of these but the Message was too much for them - they simply couldn't dream their way through it so they labeled it “pie-in-the-sky.” I've often wondered what they labeled their dreams as. Yet there is a bright side to all of this - only the self-made stupid and vulgar ones go about seeking “laurels” not realizing that such contain a potent poison.

The point of all this is that “The 13” only needs Real Dreamers, the kind that can be unfolded and who understand that the only way to improve one's way of life is through the lower mind. For that is the only way to “see and hear” the Truth, the very symbol of “The 13.” Furthermore, in order to keep the Truth, once found, it must be constantly

given away, and this is exactly what “The 13” Adepts will do, Perpetually, both in the body and out of the body. Perhaps, Now, you have a better grasp of The Order’s purpose down through the Ages, and their participation in the Universal Plan of LIFE and the ALL in ALL of the LIGHT.

So one must be daring to seriously involve themselves with The Order of Thirteen. Yet the call is out to one and All in the search for our Ten and hopefully many will answer The Call so that we may quickly fulfill part of it.

Now in addition to the several tasks of The Order given above there are other special tasks to be undertaken:

1. The completion of one’s individuality by union with the True-Self.
2. The establishing of a higher standard of Purity suitable for All the planes of existence.
3. Training the individual senses to recognize the vibrations and activity of spirit.
4. Understanding the Esoteric meanings of the Message of I Paul. This esoteric interpretation will include The Book of Life and the Book of the Two Ways.

There are others, but I consider these to be the most important, at the moment.

One of the great objects of This Order is to so train its members that, through their own intuitions and Conscience, they may learn to Recognize and Respond to the influence of the Master teacher upon all the Planes, High and Low, and not be influenced by personality or “self” at any given moment.

So there you have all I Paul intends to reveal at this time about the Ten plus Two plus One, i.e., The Order of Thirteen. I will await your responses with great expectation.

Now since your water or call signals are to be attached to this Communication I feel it appropriate to give you some background into the Numbers, their symbolic significance and so forth.

Mathematics is one of the oldest sciences known and it is probably the only true Exact science of all the recognized exact sciences. All these other so-called exact sciences are based on theories, assumptions, deductions, and “working hypotheses” which are more or less useful until something better comes along and disproves the current beliefs. It was only three centuries ago that the then “exact science” held to the so-called truth that the Earth was flat and that it was the center of the Universe. They burned many at the stake for speaking and thinking otherwise as did Giordano Bruno.

Words are symbols of ideas, while numbers are

symbols of Realities, of the Natural Physical Laws then. Many attempts have been made to claim that they are also Divine Symbols of Realities of the Eternal Psychological Laws. No one can prove this beyond a shadow of a doubt any more than they can Prove Conclusively that God exists except to themselves. This can be done as a matter of Faith or by becoming your own Witness, which our water signals assist us in becoming - "Our own witness" via the "Prove All Things" demand of the Message of I Paul.

As the Message has told us, we live in a World of symbols, engulfed in them actually, they are everywhere you look. So we will look at numbers as symbols and their convenience and uses in our Tasks. We need also caution against their misuse.

The Ancient Spiritual Mystics knew the danger in the misuse, perversion, debasement or reversal of any sacred symbol, hence would have kept mankind from all the degradation and ills that have resulted from the fraudulent manipulation of these symbols by man to require personal advance or power at the expense of his fellow man, for example, the acquiring of wealth at the expense of the Well-Being of the community and mankind in general. This is what the Master meant when he said "You cannot serve both God and mammon," (or God and an illusionary satan).

And speaking of Satan, in Revelation of the bible it is referred to as 666. It isn't Satan it actually refers to but to a real devil of a man Caesar Nero. Yet most ignorant Religionists believe it does refer to Satan and the leaders of the Christian Religionists allow this ignorance to continue for their own benefit and this is a very good example of how symbolic numbers can be misused to pervert the minds of millions. So-called gambling systems using numbers are also another abuse and misuse but most gamblers end up losing or ruined so Justice prevails. I Paul has cautioned us not to abuse or misuse things in the Message for our own gain and I'm sure you all remember the admonition, "We shall play no games," meaning just that.

Now, since all things manifest according to the Psychological Laws and their Vibrations, everything can be made to respond to these Laws. These Vibrations are everywhere and those who can harmonize with them can master much. Great orators, great singers, great story tellers, great music and so on, are all good examples of this. ESP, Clairvoyance, telepathy, Automatic Writing and so forth are all products of these Vibrations and a person's ability to harmonize with them. Almost anyone can learn to get into tune with these vibrations and much of the Message's teaching and exercises were aimed at this Harmonizing. The secret after learning this harmonizing is

the ability to control it and call upon it when needed for the Good, the Right, and the True. It should come as no surprise to anyone that this has been revealed in the Message of I Paul, so it is not really a secret at all - it has to do with Effort. It has always been a belief of man that numbers in the Right order or collation have vibrations of their own hence Number has been looked upon down through the Ages as having some sacred significance.

Whether there is anything to this or not, is not of our concern herein. We are going to be looking at Number for what they Symbolically signify, sacred or otherwise. One thing we do know is the truth that every religion, sect, cult, philosophy and so forth have within their sacred writings a great deal of Numerology. Religious Christianity for instance has a fondness for the numbers 1 - 3 - 7 - 12 - 40 - 70 and, of course, others, but these are the most used. The Great Temple, the Pyramid of Khufu is a veritable gold mine of numbers, geometry and so forth. In fact, it would be almost impossible to find anything from Ancient Ages that was not connected in some way or manner with Number and down through the Ages these Number and combination of numbers have always held a Psychological power over a great segment of Humanity.

The oldest known Symbol for God is the O or the 1. The

ONE, The circle as the symbol of God is expressed in this way: God is a circle, the center of which is everywhere and the circumference NOWHERE.

Number wise, depending on which cult, sect, or religion you study, God is either 1-3-5-7-9 or zero, or a combination of some, even. Those who use 9 follow one esoteric formula and those who use ONE or 1, another. A zero can mean Ten in some systems, a + (plus) in others, a - (minus) in others, an X (times) in others, and all of these when Numbers are used in their true Symbolic and Geometric meanings. Division, \div is common to all.

In the Message of I Paul we find some use of Number but little of their meaning or significance for us with a few exceptions, such as, water signals, LIFE as ONE, "The 13," and so forth. We do know there are certain Numbers of Spheres, Earths, Planes, Levels, Seas, and so on, but we do not know why, nor if the Numbers are significant or not, or what they may hold Symbolically.

The Symbol of The Order of One, The Inverted, Interlaced Triangles symbolize many things and there is one Thing about it that is "so visible that it is invisible" and that is the O, the Circle that surrounds them. In fact, it is "The Circle" that surrounds Everything, individually and Collectively, except ITSELF, which is un-surroundable and

Invisible.

So the O is the 1st Symbol for us to consider as it is the ONE (1) that All others manifest and proceed. It is a symbol of Unmanifested Deity in the bible it is the darkness of Chaos from which the Cosmos emerges. It is the Night of Brahma in which all is latent a boundless darkness from which appears the first point of Light. It may seem paradoxical to equate LIFE with Darkness in this way but it is here that the Neophyte needs to adjust his way of thinking to the Mystical and Esoteric. A fundamental truth of logic is that “extremes meet,” also that vibrations of Life and Light may be so intense that they cannot be perceived by man’s physical senses here - the solar spectrum above violet - hence are apparently darkness and non-existence. Such a boundless circle of pulsating, vibrant yet undifferentiated Life-Force proceeding from the Center of ALL Life Forms the “Waters of the Great Deep,” deep in that they are unfathomable and totally incomprehensible to undeveloped minds. Only when the Spirit of LIFE moves upon these waters and the LIGHT descends in Incarnation are the waves of this Great Deep stilled, i.e., the vibrations are slowed down so that that which we understand as Life begins to manifest.

The Circle, having neither beginning nor end, represents Boundless Space and Limitless Vertical Time in

Eternity. It marks off the space where Creation takes place or the Circle formed by the outward and downward thrust of the Creative Force.

Our Earth is but one, or 1, small circle or digit within this Boundless, Timeless Space. The Circle is also called naught or no-thing because it is Silent, or The Silence of NO-Thing. (The “Keep Silent” or “Silence” of The Order of One was based on this and its waves of pulsating vibrations.)

All of these Creative Force Vibrations are the Forces of Energy and the “Pulsating” Vibrations are those of which we cite as Wisdom and available to us through our own Creative Thought power which is determined by the Levels of Consciousness we are individually capable of attaining to.

So, once again, we “see” that all of this is but a simple matter of mind. A Prepared mind is a Following mind and one which may Come and Go as it pleases to all places within the scope of the Physical Laws and to most places within the never-ending range of the Psychical Laws. And you carry everything with you that is worthy of carrying.

This Message of I Paul, has now covered all you Need to Know about the Circle, O, The ONE, 1, then, but now we Need to say some things about the Number 1, the number one, then.

Like the Circle, the Number 1 also Symbolizes LIFE, the Supreme Spirit, “The Spirit,” and God, and so forth.

The Book of Love and the Book of The Two Ways as held by The Order of One began on Page 0, not page one, for obvious reasons. So the Number Table for that Order was: 0 1 2 3 4 5 6 7 8 9 to Infinity.

In their letters it was not unusual to find them writing like this: “0 is Spirit and therefore. . .,” or like this: “1 is Spirit and therefore. . .” Later they even used 9 in place of 0 or 1. In comparison a Christian religionist would write “3 is Spirit and therefore. . .” I’m sure you can understand this. Yes?

In the beginning there was a great Abyss (Chaos), neither day or night existed as we know them. This Abyss or a great yawning gulf simply was - no beginning and no-end. ALL Father, the Uncreated, The Unseen dwelt in the Great Abyss (Space) and Willed and what was Willed came into Being. Ireneus in writing of the number symbolism of the Marcosians says: “Before all Universes there is a source (or beginning) before the primal source, prior even to that state which is inconceivable, ineffable, unnameable, which I number as Naughtness.” (From “Fragments of a Faith Forgotten.”)

It may be easier to form a conception of the beginning

of a mighty Universe if we apply the same laws and processes to the individual, for in our small way we are centers which send out invisible radiations of life-force in a circle, the size of the circle being limited by the forcefulness of the life within the center. Until its forces are made concrete and directed toward definite ends this circle is an invisible and unknown O of darkness, a chaos, yet vibrant with potentialities and potencies - our vague and unformed desires, longings, Needs and ideals. The circle is our own sea corresponding to the Great Deep. On it we are rocking in our little boat locked into our personality and our "self." The Light within is asleep and spiritual darkness is upon the face of the waters. We sail over the sea of life wholly engrossed on "self" and "wants" oblivious to our "True-Self" until a tempestuous and inharmonious condition arises and threatens to overwhelm us. When we have exhausted all our own ways and excuses, we cry out in desperation, "Lord save us - we perish" - we appeal to the LIGHT within - "Master, carest thou not that we Perish"? Then the LIGHT, the same sent forth from the Beginning, begins to quell the tempest and allows things to harmonize between you and You, "IF," you utilize the Mind of Christ, and you should if you have learned your lesson once and for all. You see, when the spirit is aroused it is then capable, from then on, to calm the storms on our sea of Life by simply saying, "Peace, Be

still.” “See”?

The Circle also represented the Garden of Eden which contained everything that the yet created First Man would ever Need. This First Man then is the Number 1 yet it is also the First Woman who is also Number 1 and not 2 simply because they were as “The ONE,” divine, then, but not “The ONE” or the “O.”

Their combination of 1 and 1 was obviously for the purpose of making 3 out of two (2) or the transfer of some Creative Force including Creative Thought and Creative Imagination. “See”?

So, for those of us who can “see,” the Table of Number begins with a circle or O or zero followed by 1 and so on to Infinity. This O or zero is not the same as the Circle or O which Symbolizes The Uncreated Creator.

But wait! There is much more to consider when we speak of 1 or ONE or one (1). In the Number One, often called the Monad, are other Nine Numbers hidden. 1 is indivisible, it is also incapable of multiplication, divide 1 by itself and it still remains one, thus it is a fitting representative for the Supreme Spirit, the Great Unchangeable. (You have been told all of this before in the Message of I Paul, only in a different context - remember?) Number 1 is also the Symbol

of Unity, Indivisibility, Individuality. It is that which is born of Spirit and therefore Divine of divine.

Now, since 1 stands by itself and is indivisible, it is considered no number at all! But represents Perfection, Harmony, Order, Good and God. It is the only number that does not have 1 aspect above or pertaining to the Kingdom and 1 lower pertaining to the Earths (heavens). It also symbolizes the descent of the LIGHT when, at the beginning of the cycle of this manifestation of our system, the first moment of Creation, LIFE said (Willed), "Let there be LIGHT," and the LIGHT came forth and sent forth the Light to manifest in matter, for the LIGHT was Created as the Power and the Wisdom of LIFE, for other Life to Come, by, through, and for the LIGHT.

So with the advent of the LIGHT The O now becomes ⊙ which symbolizes LIFE and LIGHT. To the Egyptians this ⊙ Symbolized God in the Universe, God and Sun, Aten, Day, Midday, Noon, Ra, Horus.

Number 1 represents the principle of Unity which underlies all Numbers. By Multiplication it Creates all others, but multiplied by itself to infinity it always retains its Unity.

Since it is 1st Manifestation of the Unmanifested, 1

represents the Unity of all forms of Life in the 1 LIFE, or the brother and sisterhood of man-woman and Nature.

All Life comes from the ONE LIFE and normally should evolve back to the ONE LIFE in Perfect Purity and Harmony through the LIGHT and The ALL in ALL. Since all spirits are but differing expressions of the ONE LIFE, each must bring back into the ONE LIFE a special experience. Unity does not mean an everlasting recurrence of one experience for all, but all experiences in the ONE. Just as each different part of the body has its own function, the experience of which is subject to and registered in the brain (the sum total of all the organs, tissues, blood, etc. necessary to complete a physical body), so are all lower and higher mind experiences subject to and Registered in the ONE MIND - The True Unity - which is Unity but not uniformity.

The Number 2 is the Symbol of Duality. It represents the Opposites, i.e., spirit-man, positive-negative - Upper and Lower Realms - the Lower mind - Higher mind, and so forth. The Unity of the 1 is broken up into its positive and negative aspects, the Higher being Spirit and the Lower matter.

Number 2 is also known as the Number of Contrasts and the "pairs of opposites" such as "good and evil," "Right and wrong," "true and untrue," and so forth. The Number 2 is

also Understanding - one needs to know both sides of something in order to decide which is Real and which is illusionary. 2 is the Number of matter and all that is double. It also represents the Vertical Line that Spirit descends along and the Horizontal Line of matter.

The Number 3 is expressed as a Triangle, an Equilateral Triangle to be exact, representing Spirit and man United by mind. Inverted it Represents Spirit, Involution, Evolution. When a Pair are inverted and interlaced they form a compass for the Four Earths (as they now stand and the Secret of where they will relocate and gather). The Number 3 has down through many ages represented one trinity or another. Pagan and religious, and all of them concocted by its leaders or priests to settle internal conflicts of faith.

To those Cults that do not accept 1 as a Number, then the three (3) becomes the First odd Number and some contribute a great range of meaning to it - all the way from a trinity to evil and to sex even.

Obviously, to the Order of ONE it had a very special meaning for them in view of their Symbol, the Inverted, Interlaced Equilateral Triangles - now the Symbol of "The 13" also.

The only evil on this Earth comes from the minds of man-woman that are spiritually undeveloped and there is

no single Number especially designated for such except in the Occult, Black magic societies, religions and the such. 3 also stands for the Trilogy of man-woman, Body, Mind, Spirit. 3 is also the Number of Time, Past, Present and Future. 3 is also the Number of Divine Love - God's Love for Spirit, man and woman.

Esoterically the Perfect word is Triad because it supposes an intelligent principle, a speaking principle, and a principle spoken.

Mystically it stands for Fire, Water and Air. The Kingdom was made from Fire, the Earths from Water, and the Air from the Spirit acts as a reconciler between the Fire and the Water.

As for the 3 and sex let us explain it this way: 1, in 1 sense, is compared to man and to the heat of the Sun, its active principle - Number 2 to woman and the light of the Sun, its passive principle - while, Number 3 would stand for the Sun or that magnetism which exists between positive and negative, heat and light, man and woman, that the two may manifest as one. "See"?

Esoteric mathematics is based mainly on Addition and Reduction. Thus using a scale of 1 to 10 for example, and the Number 4 as our subject, by adding $1+2+3+4 = 10$. So 4 has the potency of 10. Following this 7 also equals 10 and has the

same potency as 4, $1+2+3+4+5+6+7 = 28 = 10$. “See”? Other forms of math are also used esoterically but only when certain numbers are present, such forms as division, multiplication and higher math. These forms will be fully explained to The Order of Thirteen for teaching and Understanding purposes.

4 is the Number of the Physical Planes, the 4th Pillar is Truth and the 4th Law is Freedom and the 4th Earth is Righteous. 4 Symbolizes the Cross, represents the 4 Earths, the 4 Winds, the 4 Suns, the 4 primary points of the Compass.

It is a great error to believe that the Cross was first brought into notice during the Christian era. The Cross is older than the History of man on this Earth, W-303. The Cross of Jesus was not identified with the crucifixion of Jesus until about 6 centuries later for no figure appears upon the Cross until the one given to Queen Theodolinde of Lombardy by Pope Gregory and no image of the Crucified appears in the Rome Catacombs until the Eighth Century.

The Cross, in one form or another, is Universally used to symbolize the out-pouring of the divine. Creative Life-essence - the Cosmic Christs or the LIGHT, that it may manifest in the worlds of Creation as the Creative Christ force or that Power and Wisdom that is the Urge back of, and

the Cause of all Involution-Evolution, whether or not the blood (the Life force poured out) of a man (or woman) crucified is the picture used for symbolic purposes. The Cross does not symbolize or represent a man (or woman) but a Spirit, The Cosmic LIGHT and the First Symbol of The LIGHT was the Cross within a Circle which symbolized LIFE = \oplus . This is still the Symbol in use by E-303.

The Egyptian Cross (T) or tau had this same significance, in fact it was worn, not as a symbol of death or sacrifice but as a protective talisman which focused a Power that would assist the wearer in attaining to his or her God-Like Potentials. It is not by accident that the Egyptian Astronomical Cross is identical to the Symbol of E-303.

This so-called "Accident" of Symbols, alike in Egypt and also found in some ruins in Mexico, is just another example of things that scream-out to tell us something, are so Visible that they have become Invisible to the undeveloped minds of men and women here. The "building of" and the "reason for" the Great Temple of Khufu is another prime example of the visible-invisible syndrome. When man-woman, once again, learn to think constantly Positive, then, and only then, will they be able to "see" all things as they truly ARE. Now they settle for seeing through a glass darkly and are satisfied with matters that simply do

not matter and those that will not give up matters that do not matter will never qualify as an Adept in The Order of Thirteen.

Which is, by The Way, in Reduction, Four (4), and Symbolizes the 4th Dimension.

Another interesting fact about the Egyptian “Tau” was that they laid it upon the chest of a Neophyte in their mystical order just before they entered into a Trance state and their bodies were placed in a crypt or tomb for three days and three nights. This was referred to as the mystical sleep that transformed a Neophyte into an Adept. Perhaps you can “see” all the implications in this.

There are 4 qualities that the whole man or woman must obtain and retain without which True Wisdom cannot be attained, namely “an Intelligence illuminated by study (To Know) an Intrepidity which nothing can check (To Dare), a Curiosity without bounds (To Prove), a tenacity that nothing can break (To Do).” These give such holders and practitioners of these 4 Qualities the Ability of Discretion to Keep Silent and Come!

Now we all know that a Square has 4 sides but not too many know how the silly idea that the Earth - W-303 was flat and Square. The Ancient Mystics and Philosophers have been much derided for teaching that this Earth was Square.

But in teaching of “The Four Corners of the Earth” the original teaching was not that the Earth was square, literally, although later on this became the belief of the uneducated masses due to the Ignorance of the religious leaders. The Ancients used this symbolic expression to indicate the balancing and squaring of earth conditions which were brought about by the keepers of the 4 Winds. For only as “this Earth is squared,” i.e., Earthly Conditions are Squared,” can this earth become the Cube or “the Footstool of LIFE.”

The expression of the Square in matter is the Cube, $\square = \text{cube}$, and the Cube is the Key to the ALL in ALL.

According to the Book of the Two Ways, the Four Winds were of the East, the North, the South and the West. The Wind like the breath of the physical body, is a manifestation of the Spirit, which comes from we know not whence and goeth we know not wither.

In the bible we can read in many places that if anything is taken unjustly it must be repaid 4 fold. This is not meant to be taken literally, for it simply symbolizes that the matter must be squared so that the 4 Levels of Karma are square on the earth. These Levels are physical, psychical, mental and spiritual.

The Square, then, with its 4 sides is known as the Foundation Stone of Truth on the 4 Earths corresponding to the 4 Winds, the East, the North, the South, and the West. All who choose to stand upon this Foundation Stone begin to develop cooperative efforts for the best good of All-Nature, mankinds, Spirit - All the while giving full scope to one's Whole individuality within the Unity of the Whole of the ALL in ALL. Thus begins the journey of the Neophyte to attain to the status of Adept. As such co-operation requires greater individual Responsibility and still greater Unselfishness on the part of the individual, in this stage Unselfishness needs reach its highest expression - "Greater love hath no man than this, that a man lay down his life for his friends." In this Preparatory stage one's developing Consciousness and Spiritual unfoldment shows them that this world is but an imperfect materialization of that which is immaterial, hence one's ideal of the Divine is an all-pervading and life-giving Spirit whose Urge to manifest the Ideal is the cause of all Manifestation and Involution and Evolution, that the Manifestation and the Ideal may become 1 or complete its cycle by returning to the Source at The "Happening" of The ALL in ALL.

Therefore, let Number 4 remind you Always and in All Ways to be Honest, Responsible, Thoughtful, Concerned, Faithful and Lovingly "square" with your brothers and

sisters, your neighbors, then, with yourself and your loved ones, with the Message of I Paul and with LIFE and LIGHT. Determined that you will give All in All a square deal, that you will face and square up to all faults, mistakes and failings, thus laying your Foundation Stone that your Future Life in the Now is founded on Love and Truth and be stable and productive - that even though you find this world a wilderness and religious teachings but a stone, and the voice of “self” in the ears of others, you and You bring firmly attached to your Foundation Stone of Truth know that you and You have the Way to “the Way” and the power and energy of the LIGHT and the Mind of Christ to conquer and make Square All conditions and “Come.”

Before going on to Number 5 let me leave you with one more 4. A Cardinal discipline of an Adept is to “leave matters that do not matter alone - Now and Forever more.” “See”?

In the Book of The Two Ways the number 5 within The Scale of 1 to 10 represents mankinds. 5 symbolizes man-woman at the Apex of Involution and the beginning of Spiritual Evolution, the crowning point of the Lower Realms and as a 5 midway between 1 and 10. Since man-woman are spirits inhabiting a physical-material body, this cannot be otherwise.

As long as I am a 5, I cannot transcend any higher than

the 5th Pillar- Wisdom. The Number 5 on the lower realm is also Knowledge and Understanding in general (see Addendum #21 to CPM #29).

Number 5 represents the Great Physical Temples of the Universe - Man - Woman - everywhere. 5 also represents the Great Material - Matter Temples of the Universe (only 4 have been erected up to this time* (*Time is vessel man "Invention" - see Message) as we calculate it).

And we, the great physical Temples are the only miracles - the great inscrutable mystery of LIFE.

Number 5 is composed of 4 and 1 or The Foundation of Nature and the divine 1 LIFE manifesting through it. This points to mankind's true constitution, for they contain within them, in their physical bodies, all the principles and Forces to be found in manifested Nature, and during the intra-uterine life passes through stages analogous to the various kingdoms of Nature - vegetable, fish, animal, mineral - up to the human. Hence man-woman here is a synthesis of the macrocosm, the squaring of all of the forces or 4. But he is also the direct intelligent agent of the 1, or LIFE's Representative on Earth - W-303 (the last is First).

Thus Number 5 means man-woman, but man-woman standing upon and dominating the lower, the physical, the Human and reaching up into the higher realms, The Divine.

The 5 represents the 5 Physical Senses and the 5 Receptor Senses of Wisdom, Knowledge, Understanding, Intelligence, and Love. The 5 lower senses pair with the 5 higher in this Order - Hearing, Feeling, Seeing, Smelling and Tasting.

Today the True uses of the senses are as if covered with a veil, so that only in exceptional cases is one able, now and then, to extend the functioning of their senses to their Higher Purposes.

Clairvoyance, incorrectly called a 6th sense is but the extension of "Sight." Thought Transference or clairaudience is but the extension of "Hearing," Psychokinesis is but the extension of Touch or "Feeling" and so on.

I Paul could go on and on about Number 5 but much of it needs be learned by "The 13" for them to Share it with you and many, many others. So, I will end 5 with this:

The 5th Order of the Order of Orders was a very mysterious one as it was connected with what we call Atlantis and with the building of the Great Temple. Their task in this construction was to inform mankind on this Earth of their "empty religious worship" and to Transform the masses into Rational Spirituals who would follow the LIGHT to LIFE. That this task has, as yet, to be fulfilled is

only due to the fact that the Message of the Great Temple has as yet to be properly interpreted. The Patience of Spirit is, of course, Unfathomable.

Someday, the masses will cease acting as dumb driven animals, whose hearts like muffled drums are beating religious funeral marches to the darkness of the graves.

The Number 6 is primarily The Christ Force in Nature, hence it's Representing both Goodness and Unity.

The Christ Force is The Divine Creative Power and its Wisdom, the Essence that manifests on all planes in All Realms as the Animating Principle of the ONE LIFE.

The 6 is a 1 attached to a 0 and this represents the ALL in ALL as the Christ or the LIGHT task. A Sacred Assignment and Trust of The Christ to Deliver ALL to the ALL-LIFE. These Sacred Assigned Tasks which are Sacred Trusts descend from the Christ of Vertical Time to those Spirit Called in the Horizontal Zones. As they are completed on the Horizontal Level the nearer to completion is the Christ Task and the closer mankind moves towards the New Worlds and The Happening of the ALL in ALL. All, then, must do their part both Individually and then Collectively.

Much of what Number 6 represents is already contained and explained in the Message of I Paul, beginning

with Communication 1 and many others, especially Communications such as CPM 26 and 29. The 6 can also be written VI or 6-three 1 then or a C and O.

Before going on to the next Number let me tell you that there are three different tables of Numbers used in Symbolism. Herein we are simply giving some of the highlights of the 1 through 10 table or Scale. There are also the 1 through 9, and the 1 through 7, which brings us to our next Number - The 7.

In all three Tables cited above the 7 is the most Sacred Number because it Represents Perfection. 7 also stands for Peace, the Seven Pillars and the Seven Laws.

LIFE, the Ultimate of Perfection - LIGHT, The Absolute of Perfection. Together, Ultimate + Absolute are 16 which is 7. See? LIFE and LIGHT are 9. Perfection is a 10 or 1. See?

One Hebrew mystical teaching has this to say about the Number Seven: “. . . By these seven letters were also made seven worlds, seven heavens, seven earths, seven seas, seven rivers, seven deserts, 7 days, 7 days from Passover to Pentecost, and every seven years a Jubilee.” Many other mystic and secret writings have similar chains of seven including the bible.

All the Ancient mystery teachings agree that the Divine

brought forth the manifested Universe through a Deity having a 7-fold aspect, called in the Christian scripture the 7 Elohim, the “Sons of God” spoken of by Job (1:6). Many claim it was these seven Elohim or “Sons of God” that were implied when God says “Let us make man in our image. . .,” or, “Behold, the man has become as one of us. . .,” etc. We know differently. The “Let there be Light” in scripture means more than “Daylight.”

The “Messiah” is a 7. It is also spelled “Máshiah” and “Chrician” = 7s. Having been Created Pure - Free - Complete - they remain a 7. See?

The Elohim or “Sons of God” symbolized the Seven Powers of the LIGHT created in the image of LIFE perfectly as Spirit, Love, Truth, Just, Peace, Wisdom, and Power. Number 7 also represents The Center of the 13 Steps of “The 13” which denotes Spiritualism. True Spiritualism and the perpetual Practice of same in word, Act and Deed.

Then we have the 7 virtues and the 7 “mistakes” which are their opposites:

1. Faith which degenerates into Pride for so many.
2. Hope which turns into Avarice.
3. Charity that collapses into Luxury.
4. Strength abused becomes Wrath.
5. Prudence sours into Idleness.

6. Temperance abandoned for Gluttony.
7. Justice turns green with Envy.

Those who follow the Way to “The Way,” who Exert the Honest and the Sincere Effort have no need to be Concerned with “mistakes” and for those who do not, the Law (Ordinance) of Formative Causation is always available to, and for them. It still remains a very simple matter of the minds.

The Number 8 is Involution-Evolution or the ALL in ALL. The Going Out and the Coming Back. The Way Out is The Way In and The Way In is The Way Out. The Message of I Paul has covered all of these subjects quite extensively.

Therefore, my contribution will be less than weighty. 8 symbolizes Humility and The Master was the Humblest of All. The Master tells us that “busy people have time for everything” and such as these never have to practice being humble - it comes Natural. Two Things are certain about humble people - they are never humbled and always out of “self.”

Number 8 is also the Symbol of Balance - Two Circles one atop another.

Number 8 also represents the Voice of the Silence - I Paul had this Voice in mind when he penned verses 9 and 10

of I Corinthians 13.

The Number 8 also symbolizes the Rule of Good, a part of which was given in “The Discernment” and came to us from the East - “the Wheel of the Good Rule moves slowly and steadily on. It grinds by day and it grinds by night. The worthless husks it drives from out the golden grain, the refuse from the flour, like The Wind that blows away the useless, rain-less clouds. The hand of karma is upon the wheel, the revolutions mark the beatings of the human heart. . .” I’m sure you can make the connection.

The effect of Number 8 may be compared to that of a Balance in which the True-Self must be weighed. This Balance was an important symbol to the Ancients. In the Egyptian Book of the Dead, for example, Chapter 30 represents the deceased sitting in one pan of the scales and being weighed against his heart which was placed in the other pan of the Balance. In another “picture” we see the heart in the pan being weighed against a feather which symbolizes the Good, the Right, and the True in the other pan. What are the possibilities of Balancing your heart against “the Feather”? In Ancient Days a Scale or Balance very much represented an 8 thusly ∞. The Point of the Balance, the heart (mind), the Feather was, “many are called but few are Chosen.” “The street to the Light is

straight, the Gate is narrow” and few are they who walk it and enter in. The Balance, then, reveals just how weighty the “self” truly is when weighed against the Good, the Right, and the True.

When we arrive at the Well and give our Water Signal for entrance into the Light, which symbolizes one’s “attainments” and their Right to lay claim to Admittance, the Scales test the validity of our claim - our own Judgment (under the Justice of LIFE) of our “Doing” to see if we may claim, honestly, our “Being” as a Dweller in the Light - Temporarily, as a Transient Transcender, or Permanently. So, Number 8 Symbolizes, as we can see, both the Water that Creates and the Fire that Destroys. Dreams fold or unfold under one or the other.

Much of this is connected with the Number 9 which is primarily the Number of Initiation into the Outer Circle of Truth, Grace, and the First High Step towards the “Seeing” of the SOUL.

On the Evolution Side the Keepers of The Well are Nines. All Angels, in fact, are Nines. And The Well is where the Balance IS. On the Involution Side the Keepers of the Well were Cosmos Man - the Lumerians, who came to us from the South. These Cosmos Man are Nines. Angelical Lumerians are 9’s. Like the current Pope recently said,

Angels are highly misunderstood but they do exist. What he didn't say and couldn't say for obvious reasons is the Truth that there are no evil ones. Angels do not Create nor Destroy, only The Truth can do that, so Angels are all "Beings of the Light," period. All evil wears a human face not an Angelical one.

If one will but approach the Well in Love and Truth, they will always get safely across to the Light. On the other hand, those who spend day in and day out of their physical life concerned with matters that do not matter, never get across. This is the reason we stress this point so much. It is very, very important to one and all and it must be made clear enough, long enough, to Command your full Attention and the Proper, Responsible Action!

Every member of "The 13" need to become Nines to qualify as Adepts of The Order.

Number 9 is the square of the first odd Number 3 which represents a Number of true trinities. 9 represents spirits descending into humanity as the True-Self of man-woman until they are squared, or until through Initiation man-woman has manifested the Way to "The Way." Number 9 symbolizes the Trinity of LIFE - Life and life; of MIND, Mind and mind; of God, Man, Nature; of Body, Mind, Spirit and the link between them all - Love, Truth and Understanding.

And just think, it's all a very simple matter of The Minds.

Number 9 also symbolizes the Great Trinity, Change- Changing-Changed, which, "The 13" will be most involved in, most concerned with, and hopefully Transformed by. This Great Trinity is the Final Answer to the Question, "How"? Come! is the Answer.

Not only are those matters that matter very highly but they are also Very High Matters of the Minds. Highly Simple, if you choose to Follow the Way to "The Way" All The Way.

With our hands on the Plow and never looking backwards each furrow we plow Upward from one number to the next is a minor initiation, but after 3 such minor furrows a Major Initiation takes place which when passed admits us into a new cycle (10) and a new and higher level of Consciousness. At each minor initiation we must face ourselves and Judge our own worthiness. At each Major Initiation we face our True-Self and be Judged according to all our words, Acts and Deeds.

These 3 major Initiations, which complete the Great Initiation of 9, are represented Esoterically and mathematically thus:

Mathematics

$$0+1+2+3+4=10$$

Esoteric Cycle - Symbol

The Cycle of Nature - Change

(10)+5+6+7=28=10 The Cycle of The Christ-Force - Changing
(28)+8+9+10=55=10 The Cycle of True-Self - Changed

The first cycle, the Cycle of Nature is the Narrow Way of man-woman and the physical conditions of The Way. It is here that one needs slay “self.”

The Second cycle, the Cycle of The Christ-Force is the Straight Way and few walk it perfectly. It is here that one Needs walk with the Spirit.

The third cycle, the Cycle of True-Self is the Following of the Mind of Christ. It is here that the Opposites are All United. Change is so obvious in the Neophyte who is Following the directions to The Way exactly as given, that it escapes no one and becomes a reward within itself. This obvious and startling change from Neophyte to Adept is the safe-guard against false-lights entering into the Realm of The LIGHT. Likeness to this world is not “Likeness” to The LIGHT, a light which no one can hide.

Number 9 has also been long considered The Number of Mystery. It is said to embody the Power of Silence.

The contemporary of Jesus, one Apollonius of Tyana, the Greek Philosopher and mystic, was an Initiate who laid great stress upon this Number. He instructed his disciples concerning it quite specifically. He required strict

observance of the 9th hour as a time for Silence and meditation. He also forbade his followers from ever mentioning the Number 9 aloud. This Number, said Apollonius, must be passed over in Silence, because it contains the great secrets of the initiate, the powers that fructifies The Earths, the great secrets of the Fire, the Universal keys to Communication, and the second sight from which evil-doers and Pretenders cannot remain concealed from.

There is, as the Message says, always someone among you, who will Know. The Source of this “Knowing” is obvious and, therefore, the initiation of a Neophyte to the status of Adept in The Order of Thirteen will produce Real Balance, give true power, and manifest constant spiritual progress in one’s daily life that will mark them as the “salt of this earth” and cause them to stand-out like a “lighted lamp on a candle stick” in the dark.

Before I go to Number 10 let me inform you what I have been doing in the process of recording this Communication.

I have been putting everything to “The Test” contained herein under the “Prove All Things” command of the Message of I Paul. For example, I have just completed a 54 hour abstention from solid food and during that period I have worked at the Message 34 percent of each of those 54

hours and used the remainder 66 percent for Rest, Sleep, Meditation, Cogitation, Trance and out of body periods. I “slept” and rested and “ate” in the Trance States. It works wonders in, and out, for one’s Well-Being. The whole purpose of the 54 hour period was for a recycling the physical body’s “time-clock” and the synchronization of the minds - per Jesse. The results are that I am not tired nor hungry, yet I will remain on a 2-a-day meal schedule with 7 hours set aside for Rest, Sleep, Trance, Meditation, Cogitation, Reflection and other Personal Needs. All of this comes under step 5 of The Order of Thirteen which is Self-Discipline. The key is to work part of the time in a concentrated low trance state wherein one does not tire as readily as they normally would.

Now the Number 10, which we omitted from Addendum #21 to CPM #29, is primarily the Number that symbolizes Completion. On the Esoteric Scale of ten it has 3 separate and distinct meanings - 0 - 1 - 10. In some “circles” it also represents same, a Circle, O.

As zero (0) it represents Psychological Law Phenomena - Good. It also represents Physical Law Phenomena - Bad, and Man-Woman Phenomena - Indifferent. The Message has covered all three of these kinds of phenomena quite extensively.

The “1” of 10 represents Deity, the Supreme Spirit, God, SOUL, LIFE, then. The “0” of 10 represents as the cipher an endless list of meanings beginning with zero and ending as Circle. Some mystical, some Esoteric, some “secret” and some not so secret, yet zero plus zero is still zero.

Number 10 contains all the digits and returns them to Unity thusly: $1+2+3+4+5+6+7+8+9+10=55=10=1$. Thus the 10 and the 1 symbolize “the” ALL in the ALL in ALL. These are the reasons that some claim that the Number 10 cannot be surpassed. In All Reality it is only LIFE that cannot be surpassed.

Number 10 also symbolizes Eternity which neither beginning nor end is usually shown as the Circle alone. It was also called the Sun, for just as the Sun rises on a new day after a night of darkness, the new day bringing with it all the experiences and continuing the work of the previous day, so does the Number 10 begin for us a new out-pouring of divine Light, Love and Energy with which to accomplish things in the new cycle.

The Number 10 is also called the Cosmos as well as many other things. As Aristotle said, “Some philosophers hold that ideas and Numbers are of the same nature and amount to 10 in all.”

In Truth, before the Beginning, LIFE created the

Universe and the Earths and from ONE came ALL Things and ALL Things will return to the ONE for all Things are One.

“So teach us to number our days, that we may apply our hearts unto Wisdom” (Psalms 90:20).

Now, as we said earlier on, “Words are symbols of ideas” and so we shall give you some of the Symbolism of Words herein.

In the Message of I Paul the Ancient Doctrines of Spirit Receivings are Restored to their proper pristine position in the study and Practice of True LIGHT Spiritualism. It is obvious that no transcendental message could be present in writing if the words of symbolism were not given freely by the Wisdom within and set down unaltered by the Receiver of those transmissions. It has always been so. And it has always been so that the Receiver often feels he is the only one who really takes his Receivings Seriously.

Spiritual immaturity, procrastination, laziness and outright pretensions greatly interfere with The Purpose of the Message and its broadcasting by the very individuals that most Need what the Message has to offer. Spiritual inspiration, desire and honesty are Requisites necessary to make the Message work properly in, and for, one's Well-Being. It's always been so that we Reap what we Sow.

Many of the Truths of this Universe are beyond the scope of Human observation alone, so The Message in expressing these Truths to mankind on this Earth has also given to mankind The Necessary Way and means to become Spiritualized Observers in order to become their own witness.

Those who fail in their endeavors to observe are the very ones who do not exert the effort called for in The Message - The Procrastinators, the dis-honest, the lazy and the Pretenders - the ones with the "I" and "Me" problems, the ones always in "self" and always looking for an Easy Road where none was Promised.

Long hours of study and Practice is The Way to "The Way." It requires Desire, Self-Discipline, honesty, hard work, diligence to follow The Way to "The Way," to the Light and to the Soul. Only you can do it and you can only do this by Doing.

Personally I know of no one who is growing younger as the NOW moves swiftly on. Those who do not make the Honest and Sincere Effort to keep pace with it are going to be left behind by it to join all the others in the darkness of their own making.

This Communication is the Last Call to Prepare, Follow, Come. The Choice is yours - use it wisely or remain forever

the victim of your own punishment for that is the Justice of Life and LIFE.

Now in our Esoterica on Words we will begin with “Water” for obvious reasons. Remember - all words have more than 1 meaning.

Water - Higher and Lower aspects

Most important to us is that Water means Unity. It is also a sign of birth. Even in Genesis the worlds were created after the Higher and Lower Waters. The fetus is surrounded by water before birth. Spiritual Waters were necessary to bring forth the LIGHT.

Water is also the symbol of Truth or the eternal Reality, the source of all manifestation. Therefore the Way is a Water or Well sign of “The Way.” Water, in some circles symbolizes existence.

We all drink water but few partake of the Pure Spiritual Variety.

While there is no such thing as Holy Water on this Earth, there does exist here Deadly Waters, i.e., Religions, cults, sects, etc.

In the Book of The Two Ways it says that Water and Wisdom are kinsmen since they both seek their own levels.

We go to “the Well” in search of our own level and the acceptance of our Water Signal indicates our Unity with Spirit.

Dark Waters, esoterically, means “secret teaching.”

Sweet Water, esoterically, means “Understanding.”

Calm or Peaceful Waters, esoterically, means At-One-Ment.

In the most Ancient of Times women were the Keepers of the Wells and The Water Bearers. It is not by coincidence then, that some of Jesus’ best men were women.

The words of a True Christian Spiritualist’s mouth are as deep waters and his spiritual Knowledge is as a flowing brook.

Two very good examples of “Deep Water” are The Message of I Paul and The Order of Thirteen.

The ability to teach from Deep Water is the mark of a Teacher of Teachers, one humble enough to wash the feet of his own followers.

The doctrine of “Living Water” in the Egyptian Book of Theology was symbolical of eternal life for all who partook of it, or Received it, along with the Fruit of the True Life which grew in the garden of Paradise of their god, Osiris.

Much of the contents of this Egyptian Book later showed up in both the Old Testament (Genesis) and the gospel of John in the New Testament (one example of this is in John 13:12-17).

“Living Waters” esoterically means spirits - the True-Self or the Immortal Self.

“Water and Wine” esoterically denotes the Lower and Higher minds.

Jesus did not turn water into wine any more than the Alchemists turned iron into gold. What the Christian Religionists did, was to take a simple spiritual teaching of Jesus, decades after the fact, and turned it into a supposed miracle to support their claims. All Jesus did was to teach about the transmutation of the Lower and the Higher minds of man and spirit.

Our next word is “Well” and by now you should “see” that there is something more in “Well-Being” than just your health and your belly and your pocketbook. At the top of the list of the Truly Well-Being ones are those who strictly Follow the Way to “The Way” and leave matters that DO NOT MATTER, Alone! In the Doing of this you never become the victim of your own punishment - physically or spiritually. These are the One’s, then, who know where the Well IS and Partake of Its Living Waters that support Eternal

Life. “See”? This is why, here, “Doing” is much more important than “Being” - here. Well?

A “Well of Water” is a symbol for the Divine fount of Truth. To go to the Well, then, esoterically means to go to the Source of Truth - Spirit, not man. When I Need to know something that I cannot possibly learn here, I go In and Out and to the Well for that I Paul Needs. This is the benefit of exerting the effort and following the directions exactly as given. Sincere and Honest Effort is my concern, not Result.

Getting to the Well is easy, even for a blind one, you simply Follow the Mind of Christ. It never fails.

“Well” is also used as a symbol for Circle, O. And all the Ancient Wells were constructed in that shape. Coincidence? It is no coincidence either that “Being,” esoterically, means “Water.”

“He who giveth one of these even a cup of water do it also unto me. And whosoever drinketh of the water that I drink of shall never thirst; but the water I shall give shall become in them a well of water springing up to eternal life.”
- the Master, on “Well-Being” - yours and mine.

“A moment’s halt - a momentary taste
of Being from the Well amid the waste.
And Lo! The Caravan has reached

the Nothing it set out from

Oh! Make haste.” - Omar Khayyam

To understand this one needs to know the symbolism involved.

“Waste” has the same significance as wilderness, namely the arena of human life. “Being” here means Truth (Water). The “caravan” stands for the “True-Self” and its qualities. The “Nothing” is NO THING, the Supreme Spirit. The first three words? The swiftness of all Life here. “See”?

“Well-Being” when turned around to “Being-Well” means “Doing Good” as in the Good, the Right and the True - Good Works, then.

And I Paul, believes that will do well enough for the symbolism of the word “Well.”

Everybody knows who Adam is but few know the Esoteric meanings of the word Adam and the Symbolism behind it.

Primarily “Adam” means the lower mind - the mind of man-woman - the Intellect, then.

Secondly it means “red earth” or “dust” in its Old Testament use, and in the Old Testament there is only one “Adam.” In the New Testament there are two “Adams.”

The word “Lower” in “lower mind” means “fallen” or “fallen mind,” then. Yes, my dear sisters and brothers, Evil does wear a human face and not an Angel’s. “See”?

The Real disgrace of a “fallen mind” is the Truth that such are Spiritual Cowards and “self” heroes. As I Paul said, God takes care of those who glory in themselves. He also advised us what was proper to glory in if you just couldn’t help yourself from glorying. (Those of you who are familiar with Paul’s Letters will understand this. Also, if you would like a fairly good description of just what a Spiritual Coward is, then read II Timothy 3:1-7.)

Let me give you a secret. When you cease Being for “self” and begin “Doing” for others (which includes “other”) you will Begin to see the Results the Message of I Paul speaks about. We can fall, and we all have, but this time around “WE” cannot fail, “IF”! And that “IF” can be totally eradicated by the implementation of two little words - Self-Discipline. “See”?

As I Paul, said, in Genesis 1 and 2 there are 2 Creation Stories involving one Adam and one Eve. In the New Testament there are two Adams. Actually there are 5 “Adams” which The Order of Thirteen will study about; learn; and Teach when The “13” are “seated.”

And since they will, must be “Adept” we will explain

this word esoterically. The word “Adept” symbolizes the higher mind as an active agent in the instruction of the lower mind. An Adept, then, is one who truly “Knows” his or her True-Self perfectly and Walks with the spirit.

The next word is “Adultery” - we know it as “self” or “want” (the lower senses’ ego). Esoterically it is a symbol of the “self’s” denial of the “True-Self” and the forsaking of the higher mind and Life for the Lower. The turning away then from Wisdom’s teaching and the Mind of Christ to effect union with desire and the sense activities. When one embraces the carnal “self” as their intimate personal life-style they commit spiritual Adultery and follow the way of darkness. In this sense, Adam and Eve are symbolic of the First Adulterers - The First to Follow “self” and forsake “The Spirit.”

Our next word is “Heart.” The human heart symbolizes the Love principle and the higher affections. The heart is also said to be the mind of the emotions. Perhaps that’s the reason so many people are emotional wrecks.

The heart has always been associated with both Good and Evil. Scripture is full of such examples and for one of the many see Matthew 15:19.

In religions the soul is often called the heart of man, or that, in and by which things to either good or evil, have their

rise - thus desires are of the heart or soul as are the first conceptions of good or evil. The heart understands, wills, affects, reasons, judges - all things that belong to the mind normally.

The "Heart" is the monad of the physical body directing the life essence (blood) which energizes the body and its desires. When the essence ceases to flow the life ceases to be.

Our next word is "Air" - the Atmosphere. This symbolizes the mental planes - the plane midway between the Lower and the Higher Realms. Air (mind) is that element in which "animals" (desires and emotions) and "plants" (instincts, feelings, etc.) live and move.

Air Power was an esoteric term long before man ever thought of flying.

Involution and Evolution are the processes, masculine and feminine, by which the True-Self is Air-borne, tended, and brought Up, and through which the lower nature is filled with activity.

When a novel opinion begins to be widely accepted it is said to be "in the Air," in the general atmosphere of human thought, then.

This very common symbol "air," often sacred, as

signifying mind, is generally accepted or recognized by people but is seldom taken into account when interpreting Ancient manuscripts or scriptures.

Air and Ether also symbolize matter and spirit.

At the beginning of the Universe, that is, prior to Involution, the parts of being were contained within the whole, and the parts themselves were not what they were destined to appear, since within them also was that infinite possibility which was The Reflection of That whose image they bore. And in homogeneity, no part was distinguishable from the whole. Spirit and matter, mind and form were The Root of all existing Things. All Things comprise them, and those elementals are the sum total of existence and are eternal and eternally change under The Law of NO-THING.

Then we have “the Evil mind.” This is a symbol of the lower mind corrupted by matter and excessive desire, the obverse of the higher mind. Esoterically manifestation implies duality of consciousnesses and the two selves are aspects of that which appears to be continually striving together in itself. There is apparent confliction and recognition of contraries. It is, however, as the contraries are perceived to be not in reality opposite to, but mutually helpful of the other, that the LIGHT’s reign may begin. I Paul wrote, “And we know to them that love LIFE all things

work together for good, even to them that are called according to his purpose.”

“Alpha and Omega” - This symbolizes the manifesting Spirit from the Supreme as the Outgoing and Incoming of all divine life - the present, the past, the future in the Eternal NOW.

What is it that is the beginning and the end of existence? It is the LIGHT. The LIGHT is that of LIFE which produced man-woman and seeks full manifestation in them.

The Book of the Two Ways says that the eternal relates the past as much as to the future, and abolishes both. In the eternal, both past and future are one. If your eternity lies in the Future, it lies also in the Past - you belong to one as much as to the other. From the standpoint of eternity there is no question of “I shall be,” or “I have been,” but “God IS - I AM.”

Next is “Fasting” and this symbolizes abstention from “wants” and the shunning of all external aid in their pursuits, opting instead, for internal aid in fulfilling “all needs.” As the Master said, “Unless ye fast to the world, ye shall in no way find the Kingdom of God.” No Thing could be said any plainer or simpler about “Fasting” than this. It’s both a simple condemnation of matters that do not matter

and a simple matter of The Minds. After all the SOUL is a matter of mind and the ONE matter that matters Above All Matters.

Next on the List is “Circle,” the oldest known Symbol to All of mankind. The “Kilroy” of Esoterica, for wherever man-woman have been or gone, the Circle has always preceded them.

The Circle is a Symbol of the All Embracing Principle of Divine Manifestation, Perfect and Entire, including Everything and Needing Nothing, without Beginning or End, neither First nor Last, Time-Less, Sex-less, Absolute. The Circle also represents the Higher Realms and the Square the Lower Realms.

The Interior of the Circle is the Domain of the LIGHT and “we” are Free to “see” the All in ALL its contents. Only ONE can see its Exterior.

The Circle represents the Universe of both known and unknown “existences” in most of the Ancient Societies. It also is used to denote the Sun and the Sons of God.

Esoterically, the Circle of Existence is the Symbol of the passage of spiritual minds, or monads of life through the Cycle of Manifestation - when LIFE established the Universe, I was there. When LIFE drew The Circle upon The

Waters, I was there. When LIFE said Let there be LIGHT, I was there. And when LIFE said Let us make man in our image, I was there for LIFE IS - I AM.

“Noise” symbolizes the renting of The Veil of Peace. Esoterically, “Noise” is the profane renting of The Veil of “the Silence” - the words of a Neophyte. The speech of those in “self.” “Disturbing is the Noise (speech) of the Spiritually Ignorant, the followers of the Darkness.” (The Book of Life.)

“Noise” also symbolizes Gossip and Back-biting, rantings and ravings, the gnashing of teeth and the renting of clothing. Angry tantrums, obscenities and oaths are all classified as “Noise.”

Noise (Sound) is also the symbol for Atomic vibrations from higher or lower planes affecting the personality. There is a passage in JOB that expresses this “Hearken ye unto the noise of his voice, and the sound that goeth out of his mouth” (37:2).

I have been told that the Loudest sound in the Universe is the Voice of Silence.

Next is “Devotion.” This symbolizes a reliance on the higher mind in pressing Upward towards a high ideal of Good, Right and True. This implies the relinquishment of all

“wants” and “selfishness” - a necessity to hear the sound of the inner-voice.

“Aspiration” is a symbol of the expression or reflection of The Divine life on the lower planes. It is the yearning of the lower mind for communion with the higher mind for the purpose of union. It implies dissatisfaction and discontent with present states and conditions and means the setting up of ideals of what is better and worthier and demonstration of same. Honest and sincere Aspiration must by Divine Law be met by bestowal of higher qualities and faculties on the mind which turns from the Physical World to the Psychical Realm of LIFE and LIGHT.

Our next word is “Inspiration.” Divine or Spiritual Inspiration means the “breathing of the Spirit” or “the Speaking of Wisdom” into the mind of man-woman. This wisdom is the Divine expression of Truth from above, made possible of Reception by the mind, when union with the higher mind is attained.

Inspiration is a Gift, and is given whenever there is receptiveness and “Recognition” towards the eternal theme of Love, Truth, Wisdom, Unity and Peace.

Next on my list is “The Intellect” - “Intelligence” - “Reason” - “The Lower Mind,” then. The mental principle involves choice in uniting with, or rejecting, concepts of

different kinds which are presented to it - and this choosing faculty introduces will which makes man-woman (Individuality) as LIFE. It is the function of the Lower Mind to disclose differences and perceive similarities, but unaided by intuition it can never show the perfect truth. Intellect, having this capacity for uniting with that which it perceives becomes the formative factor in us, and as such, it tends to contract and limit that which it operates upon. It, therefore, requires an expanding influence, and this it finds in uniting with emotion which strives against its limitations. Originally, intellect and emotion were not in conflict, for they acted in accordance with the Psychical Laws before the mind had come under the influence of the lower desires and wants. Intellect beholding the good and true and Right of Reason instinctively is drawn towards the ideal, and thus it causes the lower mind to evolve and finally unite with the higher mind and attain upwards to perfection. It is a regulating factor which must dominate the love-principle and emotion nature until truth becomes the rule and ruler of the lower mind. It cannot of itself inherit the Things of The Spirit, but when united with the higher mind they are free to pursue Perfect Love and Perfect Truth.

The lower mind, at first, is unaware of a higher source of Truth because of its fallen nature. It cannot conceive of That which is self-derived, and it falsely imagines that

knowledge is only acquired through study of nature and history, and so borrowed from the senses without. Afterwards and slowly, those who find The Way begin to perceive that the lower nature is being misled by “wants” and “misleading desires,” that all of their ideals are illusory and rooted in ego-ism, the “self,” then, that thrives on separateness. Once This Awareness sets in, the lower mind and all of its faculties is guided to find out how the higher mind qualities can uplift and Transform the lower self into the True-Self.

Christian Spiritualism alone reveals to us the connection of the Lower Mind to the ONE Mind and the True Meaning of Predestination. You see, the human brain, unlike the Lower Mind, has no moving parts and therefore it goes nowhere - it was formed here and it stays here.

Our next word is “Key.” This signifies the Power of Opening, the Act of Opening, and being Open. The Key or the Keys of the Kingdom symbolizes the True-Self which occupies the Central Position between the Higher and the Lower Kingdoms or the Kingdom of LIFE and the Kingdom of Heaven (the Earths) is the Key to both.

The story about Jesus giving the Keys to the Kingdom simply doesn't fit into the scriptures at all, not even Symbolically, Sacred or otherwise. “Peter” being a Symbol

of the Lower Mind could not possibly have control over the higher mind of The Spirit! His authentic three denials of Jesus thrice condemn this fabricated story in the Christian gospel. The Truth is that the story was intentionally and ignorantly inserted - interpolated into the scripture by some eager ecclesiastics early in the third century, who inserted it for the sake of the Church in order that it should get apparent authority and sanction from the Scripture. The True Key to the Kingdom is within and it is not "self" nor the lower mind. "See"?

Our next term "Anger of God" is symbolic of a relative and false conception which arises from the fear and hate embedded in the lower mind by "self" which keeps the lower mind from understanding the Higher Nature of Spirit. It is the feeling engendered in the Lower Mind by "self" that Spirit is the enemy. The Spirit wears a forbidding aspect to the self-seeking of the human personality. This is reflected in the semblance of Divine Wrath. Most of this is Psychological and stems from preconceived ideas early on involving a devil, evil spirits, religious teachings on the Wrath of God and the teachings that command Fear of God, or, in other words teach the ignorant and gullible to Fear Love and Truth.

In connection with the Anger of God we have the term

“Wrath of God.” This is a symbol of the Supreme Spirit’s aspect towards evil. Insofar as the human consciousness identifies itself with and perpetuates evil, the Divine within wears a forbidding aspect indicative of opposition to All misdeeds. But the wrath exists only in the lower nature and the “self,” for the Nature of God towards man-woman is Always Love and Compassion for our Well-Being. We are, after all, what we think - Good - Bad, or Indifferent. Yes, the “Wrath of God” as we humans are want to call it, is in us, but “We” know it by its True term which is the “Justice of God” or LIFE, then. Being, or not being, the victim of our own punishment has very little to do with the Spirit. We need to keep in mind always, and in All Ways, that the Truth both creates and destroys. The more the Truth Outs the more of Untruth, Preconceived ideas, wild imaginings, silly fears and doubts and false teachings are Destroyed.

As the Master said, “Sufficient is the evil for the day” and that brings us to our next word, “Evil.” Since the evil for the day is sufficient we have no Need and no cause to contribute to it. Evil is a human manifestation and not a Spirit one.

Evil is a condition of man-woman resulting from the Fallen Mind. When mankind chose all the quantities of “self” over All the Qualities and Attributes and Principles of

God, Evil came into existence and the Precious mind of man-woman was lowered to the status of the beasts.

Evil is a state of emptiness in its degree, and not of fullness - and as emptiness is no Real Thing, but the Absence of The Real, so an evil state of mind (one's life) has no Reality in itself, but Needs the Presence of the Good, the Right and the True which are Realities and endure forever. The evil state is, therefore, relative, negative, and transitory and implies the Absence of Mental Completeness and the presence of "self" and the Absence of the Active Presence of God. No Freedom - No Spirit.

You see, the nature of All evil is Negative, if evil as evil positively existed, it would be evil to itself and, therefore, destroy itself. Only we can destroy it by slaying "self." What are you waiting for? What are you afraid of? Why can you not "See"? The Truth is that you are caught up in hundreds of matters that do not matter and the list of such things, if there was a list, would be endless. Suffice it to say, that at least ninety percent of your mental capacity is engrossed in such matters that do not matter every single day of your life. That's the average and from it you should be fully capable of compiling your own list. To those of you who have any spark of memory still active in that sea of matters that do not matter, you will recall that such a listing was called for

sometime ago. “See”?

And since none of you have fully complied with that directive of the Message of I Paul, here is an appropriate place for our next word “Procrastination.” This symbolizes a Silent Excuse, and like evil, is a negative and a waste of The Gifts of The Spirit.

Esoterically, Procrastinators are busy people who have time for nothing. They are also called “hypocrites” (as Jesus labeled the Pharisees) because they are powerful talkers but poor and negative performers. Hence they are also cited as the Anti-Christ. The “silent-excuse” ploy of such ones is that they always find something useless to do in order to avoid doing anything useful and This is the height of folly and stupidity of the “self” led and “self” controlled. To Jesus, they symbolized the blind leading the blind.

To Paul, procrastinators are those who are unable to make up their carnal mind over which matter, of the matters that do not matter, to matter with next.

Paul’s “cutting” remark, from an edge of the Sword of Truth, about “babes” and their inability to receive anything stronger than milk, was a reference to a baby’s first “steps” which are “Sight” and “Sound” and not “walking” or “talking,” which his “babes” in the Family had not mastered as yet and the reason was their procrastinations

over matters that did matter - Spiritual Matters then, not selfish physical matters or the conforming to matters of this world over/above one's Needs and Responsibilities.

Our next word is "Chaff" (as in wheat). This symbolizes the physical vessels which are gradually "blown away by the wind," "discarded" or "cast off" by the lower and higher minds united by the death of the human body or the "vessel of waste." The "blown away by the wind" means cast out by mind (air) energized by spirit (wind). Chaff is the husk of that food, wheat, which has evolved as the "Fruit of the Spirit." When the lower qualities (physical bodies) have served their purpose in life, they dry up, as it were, like chaff and pass away. See Psalms 1:4-5 for a touch of this.

Next is "Suffering." Esoterically, suffering is the very Ancient Law of Love. There is no quest without pain and every lover is seen as a martyr. Hence it is inevitable that he who would love so high a Thing as Wisdom should sometimes suffer hindrances and grief. The Book of Life states that the worst suffering falls upon the Spiritually Ignorant, and the highest upon those who are not, but pretend to be so - the most evil ones, then.

"Creation" - Emanation of the Spiritual and Material Universes.

This is symbolic of the Potential and Unmanifest

becoming the Actual and Manifest in a scheme of being in which the Spiritual and the Mental precedes the Astral and the Physical.

“Meat” - Strong; Holy; Sacred; etc.

This symbolizes Spiritual Knowledge, the food necessary for The Attainment of Wisdom. Esoterically, “Strong Meat” is a symbol of intellectual food. Spiritual Science and Philosophy for the Lower Mind development and the Uniting of the Opposites.

“Ocean-Sea.” These symbolize either the Reality Above or the Illusion below.

“Truth” - Seekers of. This signifies those who are fully committed to the Universal Plan of LIFE and Followers of the Mind of Christ. Those beings, then, who are Totally Committed to the Spiritual Way of Life and, who, in their Physical-Mental existence manifest the three lower cycles of mans' evolution: Walking After The Spirit - Walking With The Spirit - Walking in The Spirit.” “Many are The Called but few Come”! The Book of The Two Ways warns against seeking things one is unprepared to find. Since all This “Walking” is truly a simple matter of The Minds, they are, most assuredly, matters that “DO” Matter.

“Ocean, or Sea” (Feminine). Esoterically this

symbolizes primordial Truth on the Matter side of being, which brings forth all qualities and forms proceeding from The Absolute.

The highest condition on the matter side of Manifestation is Truth - Reality (ocean) in its receptive aspect (feminine) towards Spirit. This primordial condition of things fructified by the Supreme Spirit is called the "Great Mother" bearing Truth on the Earth Planes and the Prototypes of All forms and structures for the Manifestation of the Divine Life in the Lower planes.

In Christian religious mysticism The "Great Mother" is the "Holy Spirit" and "Wisdom" is also cited as the Feminine aspect of The Kingdom of God.

Our next word is "Disciple." First, the "Calling of Disciples." Disciples are called for by the Spirit of The Message and are chosen from the Family Membership. The Freedom to accept or decline such a calling is a safeguard of the Message proper and is always treated with Respect. These called to be disciples are those with discipleship Potential - The word Disciple is a Symbol of a developing spiritual quality of the minds which through Self-Discipline, and the Following of the Message, a harmonious relationship can be established with one and All, the Goal of the Message, its tasks, and the teaching of same to raise the

quality of knowledge and understanding of Christian Spiritualism everywhere.

“Disciple,” Esoterically, is a Symbol of a quality which has been so far disciplined as to be capable of attachment to an Ideal with which the disciple strives diligently to be in harmony with, and from which it may receive inspiration and guidance.

Next on our list is “Ambassador.” True Ambassadors are the personification of, “Busy people have time for everything.” An Ambassador signifies those called to gather-in The All in All. The key word for Ambassadors, then, is Inclusiveness - The Goal of the ALL in ALL. It signifies the carrying of the Message of I Paul eternally in One’s Heart, incessantly by one’s tongue and forever from one’s mind.

Next is “Apostle.” An Apostle symbolizes one who does exert the Effort called for in the Message of I Paul to Attain to The Six Attributes of The Mind of Christ and The Six Attributes of the Body of Christ, which when manifested, they join others of an established group nearest to the indwelling Christ. Thus the “Apostles” are “disciples” raised (changed) to a state of companionship with the LIGHT through the True-Self and its leadings.

An Apostle, then, is one who is Self-Disciplined, who

practices the highest principles, sets the highest examples and continuously stimulates the mind to free itself from any and all causes of bondage in matter. In True Christian Spiritualism a true Apostle is the one who is always Present and always Assisting those who are less advanced to rise and join them in a service to LIFE and LIGHT.

And this, of course, brings us to “Servant.” A “Servant” signifies one who is an Apostle-Ambassador-Disciple, and more. The Servant is out of “self” and in The “Mind of Christ.”

Our next is “Spirit Guide.” This signifies a Servant-Adept - whether in the Body or Out of the Body, It Matters Not.

I believe it to be appropriate to include here, that All Members of the Family of LIFE and LIGHT of The ALL in ALL have one primary assigned task and that is to become a Spirit-Guide, and one Goal - Soul. A close perusal of the Message of I Paul will produce the proof of This Truth.

Our next word is Sacrifice, Altar of. This is a symbol of the structure of the Religious consciousness in the lower mind and nature of men-women, on which the lower desires and aims are offered up to Spirits believed to be both Good and Evil. This belief in two Powers, one good and one bad is the fallacy of religion as well as its excuses. All these

religions and the religionists Need to learn that the Only “Satan,” “Devil,” and Evil exists only in the Fallen Minds of Men and Women, and its true name is “self.”

And this brings us to “Satan.” This is a symbol of darkness, limitation, and ignorance. Esoterically it has nothing to do with a devil or a hell as in religion. Ignorance is evil and darkness. “Sufficient is the ignorance for the day.”

We need to go to “Peter” to find our Evil one. “Peter” is an esoteric term for the lower mind and the Carnal, Natural Man-Woman with sense of separateness.

It was no accident that Jesus changed Simon’s name to Peter. And, Peter, being of the lowest level of mind, consciousness, then, for a human being, very quickly acted the role: “And Peter took him and began to rebuke him, saying, Be it far from thee, lord; this shall never be unto thee. But he turned and said unto Peter, Get Thee behind me Satan; thou art a stumbling block unto me; for thou mindest not the Things of God, but the things of men.” This signifies the incapacity of the lower mind to understand the heights to which The Spiritual Adept’s mind can and shall rise. It also represents the lower mind’s revolt against the suggestions a higher mind can give, which suggestions, often of a purifying nature, however, are strangely distorted

as they come as reflections to the lower mind, and which, therefore are not understood. This attitude of mind is rebuked by the higher mind. The “rebuke” must be taken as signifying the casting forth from the mind of doubt and error which obstruct truth and right.

What then is designated by the “air” but the minds of worldly men and women, which given up to the countless wants and desires of this life, are, being fluid, scattered hither and thither like the air. But the “air” is collected into “clouds,” when unstable minds are, by the grace of the Divine Regard, strengthened with the solidity of virtue, in order that, by Thinking of what is Right, they may gather themselves within the bosom of their hearts, and may not melt away in empty thoughts. Peter had been “air” when the occupation of fishing for the life of the flesh satisfied him and used, as a transient breeze, to agitate him, distracted still with earthly wants and desires - evils, then. Jesus made it quite clear that the lower, fallen mind, was the cause of all the evil of the world, beholden, as they are, in the ignorance and darkness of the “self.”

Our next term is “Above the Earth” (A place Peter’s mind definitely was not). This is symbolic of the levels of Consciousness above the Lower mind or Carnal level of consciousness. “Heaven” in its widest sense comprises

these higher levels of Consciousness available to the Lower Mind where the Effort for development is visible to the Higher Consciousness. “Effort” is the key here for it is valued over knowledge and intelligence by the Higher Level Minds. This, then, is the Message’s “You exert the effort and the “results” will take care of themselves.”

Our next word is “Hades.” In Greek Mythology this was the home of the dead or the Underworld. Esoterically it is a symbol of the Lower Planes of Life. More emphatically it represents a state of mind filled with fear, doubt, selfishness, suffering and sorrow caused by a want and desire mental condition. This is, then, the “dis-ease” condition wherein the lower mind is in Hades until the effort is manifested to raise the Consciousness out of this, the lowest level of human consciousness possible. Its parallel on the Upper Planes of existence is the Earthbound Plane. The cause for any and all existence at these two extremes is always “self.” Be not conformed of this world but transformed by the Renewal of your mind. It’s truly amazing what a simple change of mind can do for our Well-Being, but most people are too lazy or too simple to conform to the directions given for The Transforming.

I once gave you an interpretation of the story in Luke 16 about the Dives (Rich man) and Lazarus. Now I Paul will give

you another from the view that the Rich man is Earthbound. I will stay mostly with 16, Verses 23-24 - this one story above All the others in the gospels proves that Jesus knew All about "self," The Darkness and Earth-boundedness of the "True-Self." "And in Hades he (Dives) lifted up his eyes, being in torments, and seeth Abraham afar off, and Lazarus in his bosom. And he cried and said, Father Abraham, have mercy on me, and send Lazarus that he may dip the tip of his finger in water and cool my tongue; for I am in anguish in this flame."

The "Rich man" is the lower mind under the control of "self" (a dead "Peter") which was (is) satisfied with the Things of the world and the senses (pleasure of). But by a change of state he (the mind and "self") is now cut off from those Things in which he delighted. And in the midst of his suffering (being the victim of his own punishment) when he has no means of satisfying those pleasures to which is Whole Life has (was) been given, - he has been led at last to cast his eyes Upward and to aspire to something towards which had not yet been able to look. And then he asks that mercy may be extended to him, and that the True-Self (like Lazarus) may be aroused in him, so that he may perceive Truth (water) - to receive which, however, his condition is not yet ripe, and he must undergo further purification. "See?" How this story got in, or got left in the gospel is

unknown - it's very Spiritual and it has Nothing to do with Hell or Purgatory, two concepts that were not in Jesus' mind but apparently was in the minds of the Church Scribes.

Right here is a good place to examine the meaning of "Abraham" (Abram) - This is a symbol of a phase of the Divine Nature in the Minds and Spirits. "Abram" signifies an early phase of a Christ (like Melchizedek - "After the order of"). It stands for the Supreme Spirits, esoterically, in the story of Dives and Lazarus. "And if ye are Christ's, then are ye Abraham's seed, heirs according to promise." (Galatians 3:29) If these qualities are in harmony with the Highest Ideal, then are they of spiritual descent so begotten of the Power of the Divine - inheritors of "The Fruits of the Spirit" according to the Divine Universal Plan. "The Power" (and Wisdom) of the Divine is LIGHT and the First Fruit of "The Spirit," and the "First Fruits" are "After the order of," i.e., Melchizedek, Abraham, Jesus, etc. The "seed" or "fruit" of "The Supreme Spirit" are called Supreme Spirits in the Book of the Two Ways, indicating Men and Women who have been "Christed" or "Christined." They are also cited as "The Lights of the Heavens" (Earths).

Our next symbol is one used often in the Message - "Concentration." This signifies fixity of Aim and Purpose brought about through the studying of the mind when

stilled from the surging's of sensations, desires and passion.

We All are fairly acquainted with the lower level meanings of "Conception" but not its higher level meaning. Spiritually, "Conception" is symbolic of the energizing and emergence of the True-Self from within when the Righteous Nature is manifested in the physical body and the lower mind. "The Good Person brings forth what is Good" - God is no respecter of Persons but LIFE certainly knows good fruit when he sees it and our task is to bring forth Good Fruit. "See?"

So we need to become "Conquerors." This word symbolizes the True-Self triumphant over the false-self, the higher nature over the carnal nature, the individual Pentecost, the day of harvest, the bringing forth of, the bearing of Good Fruit, the day the Spirit of Truth destroys the old you and brings Forth, Creates, the New You, the day you speak in a new tongue, A Spiritualized tongue - "Behold! I make All Things New." The day the Spirit of Truth awakens us to Conquer, to deliver The death blow to illusion and ignorance. The day we become what we should be, NOW and Future, the day we become not only Fully Human, but Fully Spiritual.

Now Light can only be got by a fight against Darkness.

And to fight this fight one Needs courage, fearless courage and a mind free of All doubt, All negatives. You cannot be revolutionized except through battle. The elements for a new life cannot be assimilated except through resistance. Otherwise they would not be your own. They are woven with the fibers of your whole life by daily struggle. Without struggle They would be mere surface things which a breath of temptation would blow away. The darkness does not vanish all at once, nor does the light flash upon us. But when in our contest with the gloom, and in our Patient Feeling after Spirit, there comes a faint glimmer of the Truth which we must possess, must have, to the point of giving up All for the All of it, with no fear of having nothing, we rejoice in making it our own and go on in strength - sans "self" - and that is our great Sacrifice, the one that makes us Conquerors and a True Revolutionary of the All in All, then, free once and for all of illusion and ignorance. Once having plowed the furrow we go upward always and never looking back we know that victory is in our grasp. Now you have fought the Good battle, now you have the Right to be proud, now you have the True Pride, Spiritual Pride, because you NOW have "Recognition." Now can you "see"? Now you get Respect, not as a person, but as a Fully Human - Fully Spiritual Doer. See? Well, whether you do or not, I Paul does see and "see," and I hear and "hear" well also, and this is what I "Know":

The Way in is The Way Out and The Way Out is The Way in, and you're either in or out. You're either for The Family of LIFE and The Kingdom thereof or you're against it. You're also either for The Family of LIGHT and its Kingdom, the heavens on the earths of The All in All.

You just cannot have it any other Way but This Way, The Way to "The Way." You see, the Kingdom of Christ, the LIGHT, then, advances by warfare as well as by growth. And it is The Family that has to grow - not only in individual stature but in its Collective size - both physically and Spiritually.

Every step of The Way you have to cut your way through opposing foes and barriers. Every step of The Way has to be won by a struggle and strife. No one promised you an easy road and there is no Spiritual life without dying and putting off the old you and its affections and blemishes, and no Spiritual life at all until you slay "self" and claim your victory over it by dying to and being recreated daily in the LIGHT. The hands and feet cannot move freely until the bonds are broken. The mind cannot function disoriented by illusion. You cannot do battle clothed in Fear and Doubt. If you fancy that you are going to get fully human and fully spiritual by continuous growth without some pain, some giving-up, some disappointment, and without the courage

to persevere, then you know nothing about it.

For every step up in knowledge and growth there has always been some defeats and the giving-up of our own indolences, of our vain pride, of our blindness and deafness, of our selfishnesses and our foolish tongues, of our own perverseness of stubbornness and self-will run amok. For every step upwards in strenuous work for LIFE and LIGHT, there has always been a slaying of “self” and selfishness which urges us to work in our strength and for our own sakes only. What you do “only for yourself” is a step backwards towards the Darkness but what you do for yourself and your Well-Being that enhances the Well-Being of others, is another victory and another step Upward Towards the Light. So be “Conquerors,” giving no offence in anything so that the Family be not blamed: But in All Things approving ourselves as the servants of LIFE, in much patience, in our efforts and our Needs, even in distresses that may happen upon us. Be knowledgeable and Righteous and keep the Faith and live by the Spirit Truth, Good, Right, and True in everything you do.

Our next subject is a tall one but I’ll keep it short - the Tower of Babel. This symbolizes the false conception that the highest truth may be reached through the exercise of the lower mind faculties alone.

“Darkness.” This is symbolic of All ignorance. Spiritually it symbolizes All Ignorance and All Planes wherever the condition exists of an Absence of The Light of Truth. The Spirit of LIFE IS Everywhere there is Life, but the Spirit of Truth, since it both Creates and Destroys, Absents Itself where there is No Freedom and “Self-Imposed Ignorance” is slavery. Esoterically, Darkness is simply by the Absence of All Light and the LIGHT. To Know The Way and continue to talk it, while refusing to Walk it, is a self-imposed sentence of Darkness. (We are both Judge and Victim.)

Next is “Ear” or “Hearing.” The Ear is a symbol of the mental faculty in its passive aspect, receptive of ideas. It stands for trust in authority, respect for truth and reliance on external guidance. Or, in a higher sense, the ear signifies Receptivity to inward guidance, to the admonitions of the “voice” of conscience as The Way to The Good, Right, and True and paying more than “lip service” to your Spirit Guide. “If you live long enough you may hear all there is to be heard and yet really Know nothing of importance or use if you do not “hear” it also.” (I Paul) “He will open their ear also, to correct them, and he will speak to them so that they will return from iniquity” (Job 36:10). To “Open the ear from iniquity,” is to lay open the understanding of knowledge, but a person is reprovved, and their ear opened,

when they feel within themselves a desire for eternal goods and acknowledges the errors they have outwardly committed.

Faith begins by hearing the Truth and becomes Full by “Seeing It.” “See”?

So “Eye” and “Seeing” are our next subjects. The eye is a symbol of mental perception. To “see” is to Understand. “Seeing” is the mental perception of All the aspects of a thing seen. It is claimed that seeing is believing and that’s so at one level, but “Seeing” goes much further, for it implies full knowledge of that one “Sees,” including both the visible, and the invisible or “hidden” aspects of All Things “Seen.” There is an eye of the body and an eye of the mind called intellect. Self-Consciousness is the Eye of the True-Self.

“See” and “Seeing” Spiritually, then, signifies the ability to pierce the veil of ignorance and perceive-Understand the Higher Levels of Things seen and read and heard. To “See” is to Understand Things through spiritual discernment. “Seeing” is the Highest Level of Faith, Knowing and Obeying as opposed to simply believing and foregoing the opportunities to become one’s own best witness. “Seeing” is to know the difference between matters That Do matter and those that do not and the ability

to shun them in every way possible. "Seeing" is fearless, doubtless, Courageous, Patient, Kind, Loving, Tenacious and so forth. "Seeing" is the mark of an Adept and a True Christian Spiritualist.

Spiritually, the EYE OF GOD is symbolic of the three Omni's.

The "third eye" of man-woman is the Psychic faculty of the Lower Mind. It's the eye involved in "seeing" the Invisible. It is also known as the clairvoyant eye. This third eye is also the eye that "hears" as well as "sees" and is also called the Eye of The Memory.

Now since we have spoken of "Parable" in the Message of I Paul we need to explain its meaning and uses a bit more herein. "Parable" is a symbolic narrative of comparison, to illustrate the laws of the inner world with the laws of the outer.

"I will open my mouth in a parable; I will utter dark sayings of old:" Psalms 78:2. ("dark" herein = Secret-hidden.)

The expression of the inner nature shall appear in the outer, and through Spiritual narratives there shall be revealed the Secret Wisdom of The Spirits.

Jesus was a Master Adept in the use of the Parable

(Parabole in Greek) and, of course, the most publicized, but not the only one. The Parable usage to express Spiritual Truths in a hidden or Secret Way is very Ancient. Many Teachers in Ancient Greece, Egypt, Sumeria, and other places, were also Masters in the Art of the Parable for such purposes. All such parables had more than one meaning for that was their purpose. One to instruct the Prepared and the other to assist the unprepared in their preparation. One literal, then, and the other Spiritual - secret or hidden ("dark," then) - therefore the most innocent sounding Parable could contain profound meanings and instructions for those "in the know" - True Adepts, then. Parables were, then, both "milk" and "strong meat."

The Message of I Paul is, in itself, a Parabolic Message of both Literal and Spiritual importance and levels of meanings. The Message not only makes this clear but it also teaches us how to discern its Spirit Levels of Consciousness and their hidden message. If one studies and follows the Message as it should be, and not regard it (as too many do regard it) merely as a literal recital of facts, but as also a very serious representation of Spiritual Truths, then that one, at least would "see" that the Message is a divine Parable.

Jesus said "Unto you is given to know the Mystery of God's Kingdom; but unto them that are without, all these

Things are done in parables.”

In other words, those who could spiritually discern matters concerning the Kingdom of God, the True Adepts, then, were the ones Jesus was actually speaking to who understood that all material things are symbols, statements, of eternal and spiritual facts (it is a shame upon the human race that the identification of the Laws of the Spiritual Realm with the Laws of the Natural Realms should so long have escaped Recognition), and what needs to be done with human beings is to Awaken them to an immediate knowledge of these facts (a task of “The 13”).

The visible world is so real to people that the invisible does not have a great appeal (People are just too busy attending to matters that do not matter to do anything effective and rewarding with the matters that do matter); they cannot see in the one a parable of the other, a material representation of a spiritual reality, a “mystery,” a “secret” which cannot be fully revealed to such people, but could be fully revealed and immediately known to those who would follow the directions exactly as given. To those of us who do follow The Way to “The Way” exactly as given, who labor constantly at their assigned task which are Sacred Trusts, the real matters that do matter to us are just the things we cannot rationalize nor be rationalized nor intellectualized.

They are felt and known but not always immediately explained, so to such as us they are a mystery. But when we are most aware of our task and at our very best in the doing of it - the times, then, when our thoughts and feelings are most elevated and content, when desire and motivation are both thrown on the side of what we “see” as the Most High and Sacred, then it is that the Supernatural takes over and we listen in Obedience and All Love. “We” Realize that we too, are a Parable of sorts. LIFE IS - I AM - I have a choice.

You see, the origin of Everything Here had its beginning Elsewhere and that’s the foundation of All Parables. “See”?

Our next subject is “Elias” or “Elijah.” Elijah is a symbol of the higher mind - emotion nature which brings forth the dawn of the higher levels of Consciousness and the Recognition of Truth - Reality in the lower mind - emotion nature.

“Behold, I will send you Elijah the Prophet, before the great and terrible day of the Lord come.” Malachi 4:5.

“Elijah,” then, symbolizes a “messenger of God,” that is, the Awakening of The Consciousness which brings a Recognition of a higher order, but which does not of itself do more than extend the spiritual boundary, as it were. This stage of a higher consciousness is the forerunner of the Christ Consciousness and therefore announces to the lower

mind and nature to be attentive, aware, vibrant and watchful and strive diligently to Activate the Mind of Christ through their every Word, Act and Deed.

The “Terrible day of the Lord” has become to mean just about everything the religionists’ wildest imaginings could conjure up to instill fear into the ignorant masses and hold them in slavery and its Spiritual Meaning became lost among all the falsehoods so perpetrated. The “Terrible day of the Lord” is the period or moment the lower personality (human being or human body) must be extinguished - and if it be all cast away (the “All” meaning or representing the “Whole” - body-mind-spirit) into the Darkness as Total Waste because it was totally wasted, then it is the terrible day of the lord - The lord of “The House” - “self”! “See”? This is the apex of what it means to be the victim of your own Punishment - you are the Judge and you do have Choice. So make up your mind, “Now”!

In Matthew 17:11, 12, Jesus is quoted as saying “Elias (Elijah) truly shall first come, and restore all things. But I say unto you that Elias is come already, and they know him not, but have done unto him whatsoever they listed. Likewise shall also the Son of Man suffer of them.” Verse 11 makes no real sense here in view of what Jesus supposedly said in Verse 12. This whole chapter of Matthew is suspect

but there is, esoterically, a meaning to “Elijah as The Restorer,” so I’ll give it to you. It’s a symbol of the spiritualized lower nature which on the form side of being, gathers and collects the experience necessary to the development and restoration of the lower mind to its proper Unity. Perhaps Jesus did mention Elijah as The Restorer and the result was the mess in Chapter Seventeen of Matthew which was, of course, following a church line to establish its position and authority in the vast arena and scheme of the established religions of the times.

Next is “Ascension” which in its Reality has nothing to do with the ascension of religion which is a false conception - an untruth composed by church fathers and their scribes for their own false theology. Ascension is a Symbol of the Christ spark in the human personality with the Christ Spirit, that is, the Lower Mind qualities having been perfected on the lower planes and united to the Higher Mind qualities, become compounded as the Higher True-Self on the Spiritual Planes of The LIGHT. How any human being can see this “happening” in, or to, someone else is beyond my ken.

The “Ascension” with which the drama of this life terminates is that of the Whole Lower Mind Qualities United with The Higher Mind-Spirit which Now Totally represents

the Whole Man-Woman - The True-Self, then, ready for its departure from The Earth Planes on its Upward Evolutionary Journey to its Goal - "Soul." Hence, this is not an ending but a Regeneration.

"I Come Again" said Jesus, "and receive you unto myself that where I am there ye shall be also." Interpret that promise as being in "the Now." Interpret it spiritually, then, and you have what it means to impart - (when you drink This Think of me - when you eat This Remember me). "Jesus" is always "Coming" in like manner as we "saw" him go. The Way in is The Way Out and The Way Out is The Way in - A very simple matter of The Minds, as is Think and Remember. "See"?

Only the cloud of your own ignorance has veiled his goings and comings - you just don't "see" well. You must Think higher.

He has not really gone - he has but called you upward, bidden you aspire through those very conditions of your own choice and making to the Prepared Place for Prepared People in the ever-lasting Kingdom of LIFE. And "he" will Come to greet You with a greater fullness of Life and Power when you can Receive "him" with the heart of a child and the Mind of True Son or Daughter of The Father. Now can you "see."

I sincerely hope that we have put to rest the fallacy of “The Second Coming” of the religionists in your minds, at least. If there is going to be any “second comings” You will be a part of it.

Our next subject is “Person.” An explanation of one meaning of this term has been given in the Message as it relates to God, or LIFE, then. Here, we give you the spiritual meaning of “Person” as it is used in the statement “God is no respecter of persons.” Person, then, symbolizes a fleeting outer appearance of an inner mental condition which is temporary and changing as it develops and transfers its learned and Changing qualities to The Spirit for its fulfillment. God, then, respects its images, not its vessel. Flesh and blood simply cannot enter the Kingdom of God. Sooner or later You have to throw-off the old man or woman and put on the New - “behold, I make all Things New.” The trouble with most people, Persons, then, is that they do not know, or “know,” themselves - they simply do not know who and what they are, their True-Identity, then. And out of the small percentage that do, Do Nothing About It. “Knowing” Yourself and Doing All Things with Yourself for Yourself and Others is the most rewarding Thing One can Do! “See”?

A “Person,” Spiritually, symbolizes and stands as Life,

as the Expression of LIFE.

Unless LIFE was First we - the Whole of Humanity in general and each of us in particular - never would have been at all. We are what we are because LIFE is what Life is. Everything which we do LIFE has first made it possible for us to do. Every act of ours, as soon as it is done is grasped into a great world of activity which comes from LIFE, and there the influence and effect of our action is determined. Everything that we know, is true already before our knowledge of it. Our knowing it is only the opening of our mind to receive what is and always has been a part of LIFE's Being - The Universal Truth. Every word, act, deed or temper or life is good or bad as it is in harmony or out of harmony with LIFE.

A Real Person, then, is the one in harmony with LIFE and Life - The ones who dance the only dance there is and sing the only song there is and know the only Truth there is. All the rest are just people.

Our next term is "Arena of Life" a term in use in the Book of the Two Ways. This symbolizes the Quaternaries - the Four Earths of the Universe or the Four Lower Heavens of the Universe. In the proper order They are the East (etheric), the North (astral), the South (planetary), the West (physical). These quaternaries being the abodes of both

physical-spirit Life are both earths and heavens. On These Four the Mind of Christ and its Power and Wisdom hold sway. It is therefore the Task of Mankinds to Activate the Mind of Christ and receive its accompanying power and wisdom to Unite the Opposites thereby fulfilling the Lower Tasks of Prepare, Follow, Come. It is in This “Arena of Life” that the Opposites are engaged in a Life (Light) and Death (darkness) struggle. And it is from this “Arena of Life” that the New Worlds will be made manifest. About these New Worlds, it is the people who will ask, How? And it is the “Real Person” who will supply the answer.

Next on my list is “Calamities.” Here we are addressing phenomena such as occur under the Psychical Laws and the Physical Laws. These being such as Earthquakes, Hurricanes, Pain, dis-ease, suffering and so forth. “Calamities,” then, is symbolic of the breaking up of forms and releasing the contained life for wider Action in fresh forms. This, then, is The “Now” Flow of Energy everywhere within the Universe of form and structure for the express Purpose of “Action.”

In Matthew 24:6, 7, a chapter of the gospel added by the church fathers and scribes for purposes already given in much detail in the Message of I Paul, Jesus is made to say “And ye shall hear of wars, and rumours of wars: See that ye

be not troubled: For all these Things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes in divers places.” The next verse says simply “All these are the beginning of sorrows.” Anybody could have spoken these words - then, before then, and even now - for it has always been so, since the original Creation of Things in East-303.

This “quote” contributed to Jesus simply emphasizes that the human evil of wars and the phenomena of earthquakes in Nature (natural calamities) with all the sufferings involved are but, in truth, means to an end, and are not to distress the “Obedient Faith-full.” Such “happenings” are neither final nor do they affect the True-Self, the spirit. We are to recognize in these troubles certain processes whereby the progress of The Good, The Right, and The True are finally accomplished.

No one Faith-full can suffer anything except LIFE be with them. No calamity, no disease or dis-ease, no pain is or can ever be the mark of displeasure of Spirit - on the contrary it is just the opposite - It is the summons to come up higher. There is no strength in sorrow. And it takes strength to “come up higher” and that’s why Paul could glory in his infirmities and why, when weak, he was strong.

Our next subject is “Song and Dance,” and no my dear brothers and sisters I Paul am not here referring to a Vaudeville Act.

Song and Dance symbolizes a Mind and Heart synchronization of Activities harmoniously aligned with the Universal Plan of LIFE for Life.

Make the dispelling of worldly love your true and perfect tune, and set your heart and mind a dancing to the Truth, for these are the only song and dance there is.

Next is “Daughters of Men.” In Genesis it says “the sons of God saw the daughters of men that they were fair; and they took them wives of All that they choose.” This was written at a time of male supremacy otherwise it would and should have read, “the Sons and Daughters of God” and “The sons and daughters of Men.”

This term, then, symbolizes the descent of the Lower Minds into the Human Bodies of Men and Women. It also symbolizes the lower emotions and desires and affections which proceeded from the Fallen-Minds embracing of Physical-Material Desires over Obedience to LIFE.

The Cost of all this was staggering for it resulted in the loss of Immortality, and the Command to “Go and Multiply” was a curse upon Woman and Man alike - The more of us the

more evil we create for, and by, ourselves and, hence, it has always since been so. We started out here as the Victims of our own Punishment and we keep right on continuing to do so. We keep right on day in and day out, messing with matters that Do Not Matter and we hardly pay any Attention at all to the ones that Do Matter. We are, collectively, really not as intelligent as we think we are. Individually, we really do not “know” what we Think we know. “See”?

Our next subject is “Entombment.” This symbolizes the cessation of Physical Existence and does not necessarily mean Burial of the Physical-Material corpse. It symbolizes a detention of the spirit with the wasted physical vessel for a period of Determination prior to the spirit evolution into the higher planes. It indicates the Place where the Light and the Darkness Meet - the Place of the Spirit of Death.

“Entombment” Also indicates a Time for Rejoicing or a Time for Sorrow. The Righteous (Strong) Rejoice for the Righteous Ones (Obedient Faithful) while the Unrighteous (weak) mourn for the Unrighteous (The Disobedient and Faithless) for these are but the Dead burying the Dead.

You see, it is the Faithless, the Disobedient, the Unrighteous, the Uncaring, the Unsharing, the Unloving, the “dead,” then, who bury themselves in “self” and Entomb themselves. So, regardless of whether here and now

or there and Future, it is always the Dead who bury the Dead and complete the Entombment of the True-Self in the Darkness. “Come, follow me, and let the dead bury the dead.” Very good advice, as is, “There is no Strength in Sorrow.”

Next is the “Face of God.” This is a symbol of the Highest Consciousness of The Real. The Truth of The One Mind revealed to The Multiplicity of Minds.

“Turn us again, O Lord; and cause Thy Face to shine, and we shall be saved” Psalms 80:3.

The Lower Minds aspire, turning from the Lower Nature to the Ideal within, confident that in the Knowledge of The Real lies Freedom from error, “mistake,” and illusion of the Lower Mind “stuck in” the “self.” To “see” the Face of God means to Fully Activate The Mind of Christ and “See” the LIGHT.

And while we are on the subject we will explain “The Faces of Man-Woman.” This is a symbol of the Lower Mind and the undeveloped mental qualities possible and necessary to Unite, in harmony, with The Higher Mind of the True-Self.

“We all, with unveiled face reflecting as a mirror the glory of the Lord, are transformed into the same image from

glory to glory” (II Corinthians 3:18).

To the Spiritually Adept this means that when the qualities are Freed in their mental aspects from the illusion of “Separateness” and “self” then they reflect the Unity and Harmony of The One Higher Self and become transmuted on to higher planes of Consciousness.

Next is “Gate” (Narrow). The “gate” of The Way is straight and The Gate is Narrow and few there are that find it, symbolizes the True-Self in its receptive capacity for vibrations from below and from above. It becomes thereby the entrance which the lower consciousness rises to the higher and beyond.

As I Paul said, he will lead you to The Gate but he cannot take you through it - that’s your task and requires your Total, Honest and Sincere Effort, which includes, the following of the directions of the Way to The Way, Exactly. Therefore, the True-Self is The Gate between The Way and “The Way.” “See”?

Next is Logos (Reason-Speech). We know from the Message of I Paul that this is the Greek “word” or “word” (Logia). Spiritually, “Logos,” symbolizes the Supreme Spirit manifesting on The Absolute-Ultimate Plane of Consciousness as the Divine outpouring of Life and Form, - the utterance of Creative Energy. The Three Primary Aspects

of The Logos are Will, Wisdom, and Action. There are also three Logoi or outpourings of Life-Spirit, Man-Woman, Other (this “Other” refers to All life other than Spirit and Man-Woman, or “Mind”Less life).

Next is “Charity.” Although much of this is well explained in the Message of I Paul, we will add a bit more here for your understanding. “Charity” is a symbol of the element of Universal Love which must always be in The Active Truth-Goodness which nourishes and builds up the body and the mind.

In the Universal Plan, the Divine scheme of Things are so arranged and established that when the Lower Self, out of love of truth and goodness, voluntarily offers the best it has to serve the Higher Self (spirit) then these qualities are transmuted and become as sustenance for it. The offering of the best effort possible by the imperfect lower mind is accepted by the higher mind provided the lower mind has not acted out of a self-seeking consideration or of a reward to follow well doing.

Love the love that loves you everlastingly - for the more you love the more you desire to love - so, “when we ‘spirits’ hold fast by love, Love by its Spirit remakes us, then we are Home in the Light and joy is ours.” The Spirit of LIFE breathes us out towards Love and Good-Works and it

inhales us into Rest and Joy; and that is eternal life, just as in our mortal life we breathe out the air which is in us and breathe in fresh air. “See”?

Our next term is “Patriarchs.” These are symbols of successive stages of growth in the evolution of the Consciousness within which stages the powers, wisdom, and virtues are developed and Realized, by which, eventually the True-Self is unsheathed with the Minds United and One, Free to pursue the Spiritual Causes. Each CPM, then, represents a single level of Consciousness to be attained to by the Lower Mind and the Physical Being - you and me, then, in order to walk after, walk with, and finally walk In the Spirit. This, I am sure you can “See,” after all, it is but a very simple matter of The Minds. Incidentally, all the “Patriarchs” are Chief Patriarchs. A long trip always begins with the first step. Without it there is no trip.

Next is “Spiritual Understanding.” This is symbolized as the spiritual vision awakened in the lower mind which begins to Recognize the inner meanings of the sacred writings; for the meanings are already engraved on the secret tablets of the heart of Man-Woman and in the Minds of their True-Selves.

In the Kingdom of Christ All Things transcendable are manifesting inwardly, upwardly, and spiritually. The True

Spiritualism of The Christ is written in the hearts of Men-Women and is known as The Book of Life and also in the mind of spirit, man's True-Self and is known as The Book of The Two Ways. It is in the hearts and minds of man-woman and spirits only that LIFE writes and only the Obedient Faithful are Capable of Understanding The Books of LIFE and the Way of the LIGHT.

Our next word is "Amazement." This symbolizes the process of Awakening to the Message of I Paul, the Book of Life, and the Book of the Two Ways.

Next is "Caiaphas" (High Priest). This symbolizes the falsity, the Legalities and Formalities of all religions which have to be broken up and done away with before the Christ, the LIGHT Spirit then, can burst forth in the Minds. This is the "place all things on the shelf, temporarily," request of the Message of I Paul. One needs the Open-mindedness and the "I know nothing" attitude to become a True Christian Spiritualist and a holder of the Activated Mind of Christ. This is the reason that reading and studying other ways is wasteful - they tend to take up space in the Lower Mind as just more waste. But, when one fully understands the Message of I Paul, they can read all the Spiritual, Metaphysical, Esoterical, and so forth, books in the World and Totally Understand them and know their worth or

worthlessness instantly. The choice, of course, is yours. You can be a high priest if you so choose to waste your life and your mind on all the matters that do not Matter. “See”?

Next is the “Call of Spirit.” This term is a symbol of The Admonition of The Conscience. Many there are who “hear” The Call but few are those who heed it. Those who do usually find the Yellow Brick Road.

Next is “Revival,” a word the religionists banter around freely. “Revival” symbolizes the Restoration of the Lower or Fallen Mind to its Original Predestined Status in both the Fully Human state and the Fully Spiritual state. “Be not conformed of this world but be transformed by the renewal (revival, change) of your Mind.”

We need also to mention “Marriage” here in connection with “Revival.” “Marriage” is our 69th “word” herein, which appropriately represents the 6th Pillar, the House of Unity. In order to Unite (marry) with the True-Self you must first slay the False-Self and bury the old man or old woman facade and all the masks of “self” once, and once and for all, otherwise the Marriage Revival will always end in divorce, which means a being together but separated “existence” in the Darkness, even Earthbound. This I believe is Clear enough for All to “See.”

True marriages are not made in heaven! What Wisdom

sends out and Soul calls back is a True Marriage - one made in the Kingdom of LIFE and Predestined for Eternity in the LIGHT of the Supreme Spirit.

As surely as Physical Death is a one-way ticket to the graveyard, so too, is a Spiritual-Marriage a one-way ticket to the Kingdom of LIFE. "Here," we are male-female, and such marriages are always, even if there is no parting until death, Inconclusive. "There," we are Spirits - always and in All Ways, Inclusive. "See" now?

Next on my list is "Cain." This is a symbol of the Center of our Personality - the "I," the "me," the "mine" feeling in the lower mind, which causes the illusion of separateness and alone-ness and represents the lower self in "self." "Cain" also represents the "poor-me" fallen and uncreative lower mind empty of common sense and dulled senses. It symbolizes hate, anger and foolish jealousy also. And "Cain," finally, represents the "Earthbound" forever "tilling the ground" he was ejected from in his heart and mind - truly a victim of his own punishment. So the next time you have the urge to Judge someone, compare, weigh and measure yourself against "Cain" - faithless, effortless, helpless and Home-less.

Who are you Really? "Peter," "Cain" or Christ's? "See"?

I Paul, can only speak for myself and I am exactly where I am supposed to be, On the Way to “The Way” doing All the Things I am supposed to DO, leaving matters alone that Do Not Matter and therefore not in the way, not a Barrier and not a stumbling block to any of my sisters and brothers and especially not to my True-Self.

Of course you have already guessed our next term, “Abel” (keeper of sheep). “Abel” is a symbol of that dawning element in us that works by love. This element is a faint correspondency towards the True-Self and its higher consciousnesses and “turns us” to become Righteous, a key to the fulfilling of our dreams and aspirations, our sheep, then, which are not all in The Fold, “Yet”!

Until my spirit brought forth the God-Loving element (Abel) in me, the “self”-loving “me” (Cain) contained her in my unrighteousness. But when she brought forth “Abel” in me, or unanimity with LIFE, then, she divorced herself from that forced marriage with “Cain” which was wise in its own conceit and selfish purposes, and married me, Abel, the ABLE One. Certainly, you can “See” This. It’s really a very simple matter of a renewal and revival of the Mind, wherein, a change takes place and “Abel” slays “Cain.”

Our next word is “Sabbath.” This one word symbolizes such a long list of particulars, All The Way from God resting

on the seventh day to the sleep of Angels, that I will digest it and give you only the pertinent symbolic meanings. Spiritually, “Sabbath,” symbolizes an earned Mental resting whenever a physical, emotional or material Barrier or Bad Habit has been conquered, or whenever a pair of Opposites are United and Spiritualized. “Sabbath” also signifies that short “shutting-down” of the Lower Mind in High Trance Meditation. It also is a symbol of the restful bliss and quiet Peace that comes with the serious Contemplation of the Practicing of the Presence of God.

Next is “Ananias.” This signifies a messenger of The LIGHT, an Angel in disguise, sent for the express purpose of Administering to the Needs of One Called to do the work of The Christ.

Next on my list is the “Cana Wedding Feast.” This is a symbol of the Union of Truth and Love (Water and Wine). The “six waterpots” represent the six consciousnesses to be made full use of. The turning of the water into wine symbolically signifies the substitution of the love element for the Task-Duty or moral element.

The story of the Wedding Feast and the account of turning water into wine has reference to the final initiation of Jesus. The water was the Truth of Jesus’ life and the wine was the Spirit that moved him. The beginning of a new era

of “Man Regenerate” of the spiritualization of his own being and the new era of Phenomena which is therefore mystically called the “changing” or the “turning” of “water” into “wine.”

What you need to “See” here is This:

Jesus, the Chosen One, was the First Man to Receive the Spirit - the First Fruit, then, Here on W-303, the “Second Adam,” then, esoterically and Spiritually Thinking, then. Thus he was the “Preparation” (initiation) Example and the “Following” (spiritualized) Example for All Men and Women on this Spaceship - the Example, then to Prepare and Follow - the Task, then, to Emulate - so that you are free to Come without Sacrifice. “See”? For Christ’s sake and yours, I Paul hopes so. After All, Christ did Exert all That Effort just for you and You and “me.” See?

Now it is your turn. You can begin by putting your hand to “The Plow,” and never looking back, you can stop “Raising Cain” and Raise a bit more of “Abel” in your life. Only God knows what it is you are procrastinating for, or what you are afraid of. You can do it. Try!

Our next word is “Wine,” obviously. “Wine” is the symbol for Spirit and All Things Spiritual.

“Wine” is also a symbol of the Highest Levels of

Consciousness, the Wisdom Levels and the spiritual life and Truth. When “Wine and Oil” are grouped together they symbolize Love and Truth as the Life in a True Adept. Wine and Oil when taken by a non-Adept intoxicates and paralysis rules the Lower Mind by enslaving it, thereby absenting all spirit activity and the Lower Mind, regardless of prior progress, reverts back to its carnal or fallen state and a reinitiation needs to begin anew. These Repetitive “starting-overs” are waste and but drive the Neophyte deeper and deeper into the recesses of the dark shadows of the “what could have been,” “IF.”

“Wine” is the mysterious vitality and spiritual knowledge and energy of the True Adept who, being Fully Human is a partaker of “strong-meat” and, who also, being Fully Spiritual is also a partaker of “strong drink.”

This is why, as the Message of I Paul states, True Adepts or Spirit Guides, then, have “the” Freedom to do as they please, for wine and oil and strong meat and strong drink are Joys and Satisfactions to them, while to others, they are sadness and dis-ease. “See”?

We have already given you the esoteric significance of “Evil” and “Evil mind.” Now we will address “Physical Evil” - (spiritual evil). These signify Dis-Ease and Disease. Dis-ease caused by the self-Imposed acquirement of diseases,

contagious or otherwise and the contracting of debilitating Addictions, dis-eases, then, through Carnal Lust and Wants.

“Knowingly” subjecting oneself to the possibility of contracting such Diseases or contracting such Dis-Eases, then, rises them above Physical Evils and makes them spiritual evils - those perpetrated against, not only one’s Physical Well-Being but those that jeopardize the Well-Being of the True-Self.

The Highest Physical Evil is Death brought about by “self,” “wants” and suicide - slowly or instantly?

The Highest Evil that can be perpetrated against one’s spirit and cited as a spiritual evil, is Darkness. Darkness and Earth-boundedness are Spirit Dis-eases, then. There is, of course, as we are well aware of No Evil Spirit or spirits. All evil wears a human face, but all Evil affects one’s True-Self, the spirit You. You see, there are no secrets, simply because, Someone always knows, not only what you do, but what you Think. “See”? I certainly hope so, because sooner or later your evils will catch up to you and you cannot escape “Being” the Victim of your own Punishment. As the Message subtly informs us, it is much better “Doing” than “Being.” The Way to avoid physical evils that the Lower Mind can carry over to the Higher Mind is to invoke the Law

of Formative Causation into the NOW - work at the replacing of all the bad habits of the Now with permanent good habits in the Present and eternal Now. These New, Now, and good habits are conquests that create more conquests over the physical body's "wants" and the "self's" attempts to dominate your thoughts with matters that do not matter. Hence each newly acquired change and exchange of bad habits for good habits in the Now is not only a Now Conquest but a Future Conquest enabling the True-Self to Fulfill its Needs, Tasks and Goals which, incidentally, are also your tasks and Goal if you are following the Way to "The Way." Yes, Habit Creates Conquest and Conquest Fulfills the Spirit in all ways possible when these Habits are for the Good, the Right, and the True. After all, you are a spirit inhabiting a body and when you can grasp that truth the Ordinances of Formative Causation and Reciprocity can begin to "grasp you" and work in your interest and Well-Being.

When you begin from a fallen, a failed posture, it is both difficult to fail or to fall much lower, but some are successful in doing exactly that. "See"? One other thing that you need to keep in mind is that you are trying to improve the Real you, the True you, which we call the True-Self, the You, then, and the current you, the illusionary you, then, that you do your damndest to preserve - and that is truly the

epitome of “Waste.” “See”? Unless you Unite “The” Opposites you cannot fully discern the Message of I Paul. Spiritual Matters can only be discerned spiritually, not by a man or woman, not by a religion or a religious mind, not by a fallen mind nor a mind with “self” contamination, but you can discern the literal meanings of The Message and when you put these into the full, the honest, and the sincere practice of those values, qualities, principles and so forth, your effort is then, manifest Conquest, and that created Conquest is the element by which you receive results resulting in your possibilities of becoming Fully Human and Fully Spiritual and Activating the Mind of Christ and becoming the Message of I Paul in All your Words, Acts, and Deeds and then you can throw the Now empty, blank pages away because you are Now Really You here in the Flesh and you then can discern spiritually. “See,” Now?

I hope you can “see,” that with the I Paul, communications, I have discerned The Message for you. Now All you have to do really is to put it into everyday practice and reap the Results. Let them, then, who do have eyes “See,” and ears, “hear”!

We will have much more to say about these Physical evils, that when directed to ward the spiritual self they are converted into evils that plague the True-Self as spiritual

evils, when “The 13” get organized.

Next is “Garments” (vessels-sheaths). This is a symbol of the Physical Bodies of Man-Woman, the Vessels of the Spirit.

“To give unto them (the captives) a garland for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; That they may be called trees of Righteousness, the plantings of the LIGHT that LIFE might be glorified” (Isaiah 61:3, my discernment).

The spirits are liberated from captivity to the lower nature (you), and are given higher qualities in exchange for the lower illusions - love and bliss for sorrow and suffering, the garment of Wisdom for the trammels of ignorance, aspects (minds) of the Divine Life, instituted by the Supreme Spirit for the fulfillment of the Universal Plan of God.

Our indwelling self or spirit incarnate, went forth of Wisdom invested of etheric, astral and cosmos attributes of Mind and Purity, and having supremacy over the Lower self nature; also endowed with devotion to Truth and wearing Wisdom’s garment to shed these attributes and qualities upon the Lower Mind for the Purposes of Uniting as one to await the Call of Soul. You see, Man-Woman are essentially a spirit. When that is totally realized and respected, the

spirit within will, when allowed by the cooperation of the lower mental faculties, begin to weave a garment of great beauty and of an unimaginable intricacy of design worthy of its God-Like origin and Nature - that glorious New body that can enter into the Kingdom of LIFE.

The Physical body as a “Garment” symbolizes “opinions, prejudices, assumptions, confining notions, narrowness of ideas, wild imaginings, fears, habits of low form and low thought, gossip, criticism, etc.”

These limitations of mind enclose the spirit in their useless garment of matters that do not matter, often very difficult to get rid of and usually often painful. They usually have to be broken up by the lower nature being stripped of its garment through pain, trials, and sorrows. Once broken up the True-Self and Truth and Love are free to exert their powers upon the Lower Mind which now aspires to rise up to its original status in the Universal Scheme of The Supreme Mind, and put on the Robe of the Christ.

Next is LIFE, “The Father” or the Great Invisible One. This is a symbol to indicate Absolute Being - The Ultimate of Ultimate - the First or Unmanifest Spirit-Mind - The Source of All there Is. No conception is possible of Potential Deity, it is a twice unknown mystery to the lower minds.

From the LIFE (Father) proceeds the LIGHT (Son), the

Second Mind-Spirit, LIFE Manifest and limited in its Creation.

Jesus calls the Life-Force Our Father. My Father worketh and I work. Then All The Working of the LIFE-Force in the past - even in what to our perception has been most gross and dreadful - has been the Working of A Mind and A Will which means well by us and could not do otherwise, for it is our Father. We must work, that LIFE'S work may be done and our own destiny be fulfilled. And we know it - we all know it. There is that within us all that makes us know that that alone is great and worthy of human reverence and Obedience and in excellence of character and deed which is the very outcome of a life spent in the service of others and objects wider and higher than the purely selfish and personal.

A Christian Gnostic had this to say about the Life-Force. There was, he says, at first nothing whatever that is begotten; the Father was in solitude, unbegotten, not circumscribed either by space or time, with none to counsel him, with no kind of substance that can be apprehended by any ordinary mode of apprehension. He was in solitude, as they say quiescent, and Reposing in himself Alone. But inasmuch as he had the faculty of generation, it seemed good to him at last to bring to birth and to put forth what he

had in himself that was fairest and most perfect - for he was no lover of solitude. For he was, the writer says, All Love, but love is not love, unless there be an object to Love.

Our next is "The Ether." This Ether is symbolic of many things - the Highest Plane of Being. The Highest Plane of Manifestation and the Fifth Plane of The Above. It is symbolic of the element of creation.

Out of The Supreme Spirit the Ether Rose, out of ether air, from air fire, from fire water, from water earth, from earth plants, from plants food, from food the germ of life, from the germ man.

Then we have the "Ethereal World." This is a Spiritual Symbol of The Universe of The Spirit which precedes the Higher Universe of Spirits which precedes the Lower Universe containing the Earths (heavens) and their Life forms and structures. These Worlds or Earths are, in their established Order, the Etheric-East; the Astral-North; the Planetary-South; and the West which is Physical and the last of the Collective 303's. The Collective 303's are but preludes to The New Worlds. (This subject is covered in CPM #33 and its Addendums and are matters to be discussed by "The 13".)

Next is "Backbone" (Spine). Spiritually this is a Symbol of Aspiration or the "Tree" of divine life in the human being

and its “Fruits” signify the Human Mind and its faculties. The “Backbone” also signifies Courage, the quality necessary for Conquest, an Attribute of Divine Consciousness, which signifies fearlessness.

Our next subject is “Silence.” Much has already been given to you on this subject in the Message of I Paul so I am going to touch mostly on other aspects of this very inclusive term. The curse of Silence is Chaos and Chaos does not necessarily denote or infer noise, din, clatter, etc. The Mind speaks in Silence. The Lower Mind is Chaotic Silence.

Be Still and Listen! to the Voice of God (the Silence). Spiritual Symbolism is the silent voice of the Language of Silence. Silence is a symbol of The Supreme Spirit, the Great Life-Force of Creation. Creation is the Silence of Love Energy in Action. Thought is a powerful silence. Death is a Silent Spirit. The LIGHT is the Power, the Wisdom, the Will and the Action of “The” Silence.

The Great Mystery of The Silence is Grace. The Darkness signifies the silent silence.

One who has ventured forth and walked in the spirit on the Spiritual Realm planes and has safely returned always does so in Silence as a Pretender. In the earlier Orders they were called the Silent Ones, later on they were known as Mystics, a Pretension, that in truth, was no Pretense at all,

because they were Mystics in the sense that they were more than just mystics - they were True Christian Spiritual Adepts, Spirit Guides, then, pretending to be just a man (or woman as the case may have been). It is the goal of the “The 13” to become the newest Pretenders or the ones of “The Silence.”

Our next subject is “Anointing with Oil.” Esoterically “Oil” designates Divine Love. The Anointing with Oil is a symbol of the endowment of the human self with Divine Love, arousing sympathy with All beings.

“Thou preparest a table before me in the presence of mine enemies; thou hast anointed my head with oil; my cup runneth over.”

The Supreme Spirit has prepared for The Lower Mind the “Fruits of the Spirit” on the Higher Planes to be the Food of the Spirit, and the desires (enemies) have been transmuted to this purpose. The Divine Love has been bestowed upon the aspiring lower mind and Wisdom has filled its Understanding.

Our Next term is “The Will of Man-Woman.” Esoterically the Will, originally, was the Spiritual Center of relative existence in the lower mind. From this center the Higher Determinations of choice emanated, and these derived their power and direction from the Mind of Christ,

the Will that Willed above all wills for the Well-Being of the All in ALL.

It's impossible to imagine a Freer Will than this Will but the "self" did and asserted it in Disobedience and the Fallen Mind was its Result and Death its tragedy.

Now, that which may be called the lower, illusive, or inverted will is merely the blind self-assertion of the desire-want principle which dominates the lower mind and prevents the expression of the True Will.

Now we know that the LIGHT is the Created Image of LIFE but not the Mind of LIFE, the three Omni's then, and more, even. We also know that the Christ, the LIGHT, then, is the Wisdom and the Power of LIFE and that the Mind of Christ is the Will of God. So, esoterically, we say that the Mind of Christ is not "the" mind but the Will of the Will of "The Mind" that Wills above all wills or a mind of Will or Will-Full Mind Endowed with the Power and Wisdom of LIFE, then. So the Mind of Christ is much more than A mind, then, hence we know it as the Will that Wills for the Well-Being of All in ALL.

Therefore for me Prepare and Follow means slay "self," Activate the Mind of Christ, in my mind and Come - something I have done on numerous "occasions" or "happenings."

Hence, without the Fully Activated Mind of Christ, one has not the Will, the Power, the Wisdom, the Way, then, to Transcend onto the Higher Planes of Existence with and in the Spirit as a Transient Traveler with the Knowledge, Understanding, and Intelligence of Spiritual Matters necessary for returning Safely, Sane, Sound and Silently to the Earth Planes. You will never truly know here, what it is, means, to be Really Alive until you have Fully Activated the Mind of Christ and become a Traveler yourself. This, then, is the unfolding of a dream, such as the one mentioned in Teaching #1, Page 1, paragraph 3, “The Structural System of The Family of I Paul.” “See”? As we have said all along, it is a very simple matter of the Minds.

It is safe to say that the only things transcendable on this Earth, any Earth, then, is the Mind of Man-Woman and the Will - and these we know directly in ourselves. We are on the inside of things because we Think and Will, and we “know” everything to be a part of the ONE involution-evolution of life or Will. There is no explanation of the Will, it Itself is not known by the mere human intellect, although its different assertions may be. As soon, then as we have grasped the notion of volition as the keynote of the self, we cease to explain ourself by Things outside of ourself. We have also at the same time done away with All the external explanations of this Earth and are Prepared enough to Find

the Reality of this world in the One Will that is manifesting itself in ourself and in all Things. I must take to myself all guilt for my finite existence and have willed to live, willed to conform to this world. It is literally true that liberty is a mystery. As finite will I was enslaved, but as Infinite Will as a holder of The Fully Activated Mind of Christ I am Free to “Come” and go and “do” as I Will. The finite will, the “self,” must be made to die unto itself, and we need to affirm in our mind the eternal Ideas of The Infinite Will. Whatever else Spiritualism is, it is first and foremost a perception of the radical evil that is in the finite will - the “self.”

And those in “self” are also pretenders, pretending to be a body, then, and not a spirit inhabiting a body. As long as you go on with this pretension, this facade of “self,” this illusion that you are something other than what you Truly Are then Nothing and no one can Change you and your divinity remains still-born in you. “See”?

Our next subject is Universal Plan. None of us on this Plane, whether in “self” or “in spirit” can “know” this Universal Plan in detail for who knows the Mind of God? We do know some things from the Message of I Paul though that allows us to look upon this Plan as a Cycle of Life in which the human body is formed for the experience and individualization of the minds of such life and the spirits

that constitute the True Life of these bodies or vessels.

At the commencement of the Cycle of Life, the Supreme Spirit emanated the dual principles, Spirit and matter. These two principles produced the Four Planes of manifestation outside the Kingdom of God, which introduced the duality of opposites, higher and lower. These opposite conditions were for the Recognition of the Lower minds for determining of the Good, the Right and the True of All Things.

When the Lower minds disobeyed and chose the Bad, the wrong, and the false side of things, the minds fell lower than intended and “self” replaced the Free-Will of the Supreme Spirit and death became the lot of the human being. Then the spirit came through the Grace of God and death was defeated.

Now the opposite Conditions are for the Recognition of the Lower mind in determining the good and evil issues of Actions to be taken, and to be left alone. For it is through the choice exercised that the growth of the minds, the True-Self, is accomplished as they progress through the Cycles of Life in Involution-Evolution. The Choice then is an individual one but right or wrong it very definitely affects the Collectivity of the True-Self. “See, Now”?

Now that you know that the Water Signals symbolize

Truth Signs we will list them for you. And this being the Year of Honesty in Conjunction with the Eternal Year of Love perhaps you will do those Things necessary by paying strict attention to matters that do matter and make good use of your Water Signals soon - real soon.

The Revised Water Signals for The Family of LIFE and LIGHT - Virginia Beach, Virginia and Waquoit-Falmouth, Massachusetts branches.

“T”	303-266	(Theodore M. Wrobel)
“DH”	484-662	(David J. Hultgren)
“G”	713-626	(Gardner Miller)
“DL”	043-033	(Daniel Lynch)
“AB”	012-330	(Adrian Braun)
“MB”	131-033	(Maryann Burtis)
“Mb”	132-033	(Maureen Braun)
“JB”	902-626	(John Buskey)
“MEG”	662-303	(Meg Buskey)
“JN”	266-662	(Jean Miller)
“GD”	704-603	(Greg Dorsey)

“SD”	194-033	(Susan Dorsey)
“LC”	113-330	(Linda Chapman)
“Dh”	485-662	(David R. Hultgren)
“MM”	062-033	(Matthew Murphy)
“BN”	025-662	(Betty Newall)
“LN”	114-662	(Lewis Newall)
“TM”	214-266	(Thomas Morris)
“MP”	013-330	(Marty Phillips)
“JA”	101-033	(John Adam)
“N”	662-330	(Norman Harrington)
“JT”	102-662	(Jane Tant)
“AS”	103-330	(Ana Sanford)
“LK”	303-033	(Louise Korisky)
“EJ”	508-662	(Edward Jacobs)
“JL”	299-626	(Jeff Lovero)
“GZ”	403-330	(Greg Zumbiel)
“EA”	662-888	(Ed Anderson)
“MN”	626-881	(Michael Noga)

The 13 - I Paul #33

“JM”	408-303	(Joseph Michaels)
“DMc”	142-662	(Don McMaster)
“SMc”	320-033	(Sandy McMaster)
“EC”	330-366	(Ed Centrella)
“Deb L”	882-330	(Debra Labossiere)
“VP”	256-266	(Vernon Parris)
“PW”	662-808	(Pati Wright)
“VH”	033-717	(Vincent Hayes)
“GT”	720-303	(Gail Thurman)
“JW”	652-626	(Janice Wells)
“LA”	241-033	(Lorin Appel)
“RA”	929-662	(Roz Appel)
“TG”	440-033	(Tim Gallager)
“MH”	469-662	(Marcia Huyette)
“AK”	640-330	(Ann Kessler)
“LeonB”	662-909	(Leon Barnes)
“BP”	033-424	(Alberta Paul)
“LeL”	099-330	(Leroy Lowell)

“BbT”	909-033	(Billy Bob Taylor)
“JBl”	990-636	(Joe Black)
“GB”	709-033	(George Belott)
“JkG”	929-662	(Joe Gardner)
“AdB”	124-303	(Adam Brooks)
“LiB”	662-303	(Lisa Bradford)
“LaT”	304-626	(Luan Townsend)

I was going to attach these Water Signals to this Communication, but as you can see things do change, and get Changed all the time.

Our next subject is “Belief.” This signifies union of the lower mind with a percept or concept presented to it. The mind unites with any idea, true or false, if there is no opposing idea already accepted.

Truth utters itself in outward symbols. Belief and Resolution declare themselves in forms. It is the natural law of expression, and so long as the form remains soft and pliant, full of the spirit of the belief or resolution it expresses, all is right. Form and belief are like mind and spirit to one another. But when form hardens into formalism, when the real substance of belief, instead of

remaining soft and pliant, grows stiff, and will not let belief grow and enlarge into knowledge and truth, which are the food of belief, then you have got the most crusted and impenetrable armor that can be imagined. Form ought to be the medium through which Truth comes through the inner nature and more belief needs the substance of knowledge to turn the belief into a knowing.

Our next subject is Birth and Death of Forms.

Originally this signified Human birth as the entrance of the minds with its qualities into a new body, or vessel of consciousness, while death was the exit of the minds from a human body (corpse) the first implies the Out-Breathing of The Spirit and Personality into the physical-material form on the mental-matter, and physical planes, while the latter implied the Inbreathing of the Spirit and the exit of the minds from the vessel which then die and decay. Now, we know that the spirit enters the body at birth and doesn't exit it until three days and three nights after death. The lower mind does exit the body or vessel at the moment of death of the physical vessel and is united with the higher mind of the spirit, compounding, then, as one spirit being with all the mental qualities within and ready for Evolution out of the Earth Planes, "IF."

Next is the "Blessing of God." This signifies the Mind

of Christ operating in and through the human consciousness. When the lower mind has found its ideal, and determines to serve it and acts in that determination, God's blessing is secured and the Mind of Christ is Activated.

Our next subject is "Blind Man or Woman." This is a symbol of the lower mind totally immersed in the concerns of the Lower Nature and completely devoid of Spiritual Perception. These are the blind leading the blind types. They are also the ones who have eyes but do not "see."

Next is "Yoke of Jesus." This is a symbol of the cheerful bearing of the troubles of life, through love of goodness and truth.

"Come unto me All ye that labor and are heavy laden and I will give you rest. Take my yoke upon you and learn of me; for I am meek and lowly in heart; and ye shall find rest for your souls; for my yoke is easy and my burden is light."

This invitation of Jesus was to those who were oppressed under another yoke, That of The Romans. This saying though was both a call for supporters of his revolutionary movement and a call for the Kingdom of God. Since we have explained the Revolutionary Call in earlier communications we will give you the other side here.

Jesus, speaking for the Kingdom, extends a Spiritual

invitation to all those who are oppressed with the cares of life, and full of worldly aims. He points out the advantage of resting the mind upon the Ideal which is above the lower ambitions (the Kingdom Now) and affections. The “taking of the yoke” signifies the willing and cheerful acceptance of the ideals of righteousness and truth - burdens as the lower nature (soul) views them - yet which have the power to transform life and environment into a Kingdom of Joy rather than the present prison. Jesus, then, was for Freedom NOW and Forever.

Next on my list is “Poor in Spirit.” This is a symbol of those qualities of the lower mind which has rid themselves of the lower carnal desires and been filled by spiritual righteousness, knowledge, goodness, love and truth. Those who are the Poor in Spirit, then, are the fully human and fully spiritual ones, the ones who are forced to Act Natural then because they are more Spiritual than they are Physical, mentally, and the “poorer” they become the richer they are. “See”? Some get so poor, even, they are forced into “Pretending” or in “Acting out” their physical-material nature. Now can you “See”? And if you do, then do not be afraid to have nothing for you will end up with everything and richer beyond your wildest imaginings or dreams.

Our next subject is “World.” Esoterically this is a

symbol of the spirit in its lowest aspect, the lower mental planes; the planes of phenomena, forms, and illusions. It is the plane where Involution-Evolution begin. It is also the only Plane where both Life and Death occur, being forms of phenomena and illusion.

“The World” the name by which we describe the connected elements of experience in general, is regarded not merely as connected causally or otherwise from end to end, it is regarded as a whole. And these two, “Truth” (the aim of intellectual endeavor) and “The World,” the unity of experience which lies beyond the causal connection of its facts - confront one another, and demand some further whole which shall include them both. These two wholes must become One in LIFE.

That the world is a phenomenon of mind is the fundamental thought of the highest philosophy, Ancient and Modern, and that philosophy is accordingly in its essence idealism. Mind is invisible nature - nature is mind made visible. Mind is the inner side of all that is outside, outward, then, the Real working principle in all that is actual, as all that is outward is but its representation of itself, all that is actual, the form and means of its self-realization.

Now discern this: “You are not in this world nor are you

experiencing anything in connection with it, however dark and dreary, because an Almighty being sent you here without consulting you or without you having anything to do with the matter. That is not the Way Things are Ordered. You are here by the operation of a law, the law of your own nature. Being what you are, you could not choose but come, any more than a plant can help growing.”

Our next word is “Work.” This is a symbol of one’s endeavor to attain perfection, or the whole business of development during the incarnation of our Whole True-Self in the Lower Planes.

I assure you that life as you and I are living it now matters only in relation to the eternal, and every thought we think and every deed we do, can only be rightly estimated by their spiritual effect.

Our next subject is “Bondage” under the matters of this earth that do not matter. This is a symbol of captivity to wants, lusts, and sensations that do not matter and do nothing to free our minds to exert the effort of Doing the Things in this life that Do Matter to the Life Coming.

“Even so we, when we were children, were in bondage under the elements of the world,” Galatians 4:3.

This refers to the infancy of the minds on this plane

prior to beginning their spiritual growth towards Unity, during which period the laws of nature, or pressure from without, in the carnal body and its environment alone, stir the activity of the lower mind to feed the wants of the body. As we are well aware, the only way out of this conformity built into us, and which enslaves us in a stuck-in posture, is through a renewal of our minds.

When a person becomes regenerated (transformed) he or she, then enters into a state of Freedom, where before, he or she, was in a state of bondage. It is bondage whenever lusts, wants, illusions, and matters of no matter, have dominion. Freedom, which is not free but earned, comes when the affections of the Good, the Right, the True coupled with Love hold sway over All Matters that do not matter in the here and NOW.

Human infirmity in moderating and checking the emotions, I name bondage.

Human infirmity in checking, then slaying the “self,” I call slavery.

Human infirmity in casting off “the wants” of the body and paying strict attention to “the needs” of the spirit over such wants, I “know” is darkness.

You see, when you are a prey to your own emotions,

your own illusions, your own wants, you are not your own Master, your mind is not your own, but lies at the foot of fortune. Believe me, luck has nothing at all to do with being saved, but you do. In truth you have everything to do with it, even the Choice, and this I name Freedom. “See”?

Our next subject has everything to do with Freedom and all the Qualities, Attributes, and Principles of it - “Born Again.”

“Except a man (woman) be born (again) of water and the Spirit he cannot enter into the Kingdom of God” - John 3:5.

To be “born again” is symbolic of the Lower Mind raised to the Level of the Higher Mind whether in the body or out of the body. It matters not.

What Jesus is saying in John 3:5 is, that unless a mind be raised, Righteous and purified by Water (Truth) and Spirit (Fire) it cannot enter into the Kingdom of God, the Light, then, our higher mind where the LIGHT IS, then, Its Mind, then, Its Will, Its Power, and Its Wisdom, then, Its Word, “Voice,” then.

You see, the first birth is the entrance of the minds into the Cycle of Life in the Lower World of life and death. When the lower mind “dies” to the lower nature and its “wants”

and “illusions,” its “self,” then, it Unites with the higher mind and lives with and by the spirit, the True-Self. As a fully human and fully spiritual being, then one “is known” to be “born again” in Truth and in Spirit. This is Freedom. This is True Christian Spiritualism. God is Spirit and those who worship God must Worship in Truth and in Spirit. The religionists who cite the use of “water” in John 3:5 as meaning baptism are, as usual “all wet” and “all wrong.” They even very conveniently forget that it was John that also says “Jesus baptized none.” And that it was Paul who made amends for the few he had, mistakenly so.

Whenever two opposites are united something dies and something new is born again, and again, and again - change, changing, and changed - behold? I make all Things New! “See”?

Next is “Born out of due time.” This is symbolic of the raising of the Consciousness (lower mind) in its evolution. The state wherein the lower mind is transcended, and one is blinded to the imperfections and limitations of the lower nature by the Truth that both creates and destroys and sets one Free as a born again Spiritual.

“And last of all, as one born out of due time, he appeared to me also” - I Corinthians 15:8.

This is the utterance of one who has attained a direct

vision of the Light of the Truth. It refers to that level of consciousness which supervenes when the lower nature is torn asunder and the mind finds expression in due course on the higher levels of Consciousness, or when the Lower Mind begins to “see” again.

Our next term is one that has been grossly twisted and mangled by all the religions to mean just about anything they wish when it will fit their wants and advantage - the “Voice of God.” This is symbolic of the True-Self calling from within to the Lower Mind, the expression of the Conscience then.

“Behold I stand at the door and knock: If any man (woman) hear my voice and open the door, I will come in to him (her) and will sup with him (her) and he (she) with me. He (she) that overcometh, I will give to him (her) to sit down with me, in my throne, as I also overcame, and sat down with my Father.” Now this comes out of a “book” of the New Testament which I have very little respect for. This “book” has such a multiplicity of meanings that it renders itself meaningless. Yet, there are certain matters within it that can be discerned and the above quote is one of them. This, then, is its discernment:

The Christ speaks from the higher mind, as the Will, the Power, the Wisdom, the Voice, then, of God (not as God). He

stands in the True-Self and knocks on the door (mind) of the lower (false) self. If the lower mind “hears” and heeds the Voice, and purifies itself, then the Christ, the LIGHT, then, will open wide the gate to Unity with the higher mind, and these two, joined as one, will Unite with the Mind of Christ for the purpose of “The Happening” of The All in ALL and partake of the Feast of the Kingdom as Victors, Conquerors, then, over the Lower Nature and the enslavement of the vessel. But the Real Victory comes in the being Christed or Christined in the Glorious New Body from the Soul which is, contrary to all religious and other spiritual ignorance, not the End, but the very beginning of a New Life in the New Creation of LIFE now that the Christ has laid the old at his feet.

This, then, my dearest brothers and sisters is a dream unfolded.

And that brings us to our final subject - “Dreams.”

If memory serves me correctly, I Paul, believes the Message states that “the Truth is in the bible but the bible is not the Truth.” (I Paul.)

Now allow me to tell you that “the Truth is in your dreams but your dreams are not the Truth.” (I Paul.)

My next statement is in the form of a question - Do you

Understand both of these statements? The one about the scriptures and the one about dreams? Another question - do you know all about Truth and all that that word implies?

On this Earth there are more religions than there are types of Dreams, and collectively, these different religions, their denominations, sects and cults, number more than the myths and fables of this Earth. Myths, fables, sagas, legends, magic, and traditions are the very cornerstones of all these religions and their rites, rituals, dogmas, doctrines, theologies, sacrifices, and so forth. There exist more versions of all the so-called Sacred Writings such as bibles, gospels, scriptures, epistles and so forth, then there are religions, cults, sects in existence today.

In the above paragraph we have four distinct primary things - Religions, Myths, Scriptures, and Dreams. The point I am leading up to here is the fact that they bear a very close resemblance to each other. Furthermore, religion and magic, visions and dreams, also bear a very close resemblance to each other, and in many cases they are actually identical. On the other hand, visions and hallucinations are both identical in some cases and far removed from any and all resemblance in others while dreams and hallucinations have absolutely nothing whatsoever in common.

Esoterically, “Dreams,” fall into two categories - Physical - Spirit, but these require definition for even a remote beginning towards their Understanding.

“Physical dreams” run the gamut from Chaotic to Sublime.

Chaotic dreams symbolize the false simulating the true, or superstition and all of its falsities. Drugs that disrupt the senses and the imagination are also included under the Symbol of Chaotic Dreams.

“Spiritual Dreams” are also called Dreams of the Spirit or Supreme Dreams in esoteric circles.

Dreams of the Supreme symbolizes pre-perception or foreordination of the Divine scheme or Universal Plan of God. Dreams of the Spirit symbolize messages from the higher consciousness to the lower consciousness in its (lower mind) aware, alert states or in states of “dreams” (day - self-hypnosis, etc.). These are “dream messages” of the Truth that are for the purpose of both Creation and Destruction of good, and bad, lower mind holdings, “wants,” desires, and so forth. Many of these Dreams of the Spirit are the usage of the Thirty-One Ordinances at higher levels of Consciousness and Acts of Conscience penetrating lower levels of the Consciousnesses.

Perhaps you can “see” that the matters we are dealing with here are, at best, matters intricately complicated in their own right, to and in the minds of all of mankind here. These matters are things such as brains and minds, consciousness and unconsciousness, memories and imaginations, fears and doubts, mental dis-ease and disorders, predestinations and reconquests, senses and sensors, phenomena and illusions, truths and untruths, preconceived ideas, theories, opinions, assumptions and anything and everything else you, I, and anyone else can think of.

To plow through some of this complication let me say this: In the beginning the Lower Mind of Man-Woman was Obedient to the Higher Mind of God, just as the Physical Body was obedient to its controlling organ, the brain.

Spirit has no brain. It has no Physical body nor the environment requiring one.

The Soul, or the Spirit of Consciousness comes from God. It is the Omniscience or Mind of God. The Soul, or the Spirit of Power comes from God. It is the Omnipotence of God. The Soul, or the Spirit of Presence comes from God. It is the Omnipresence of God.

As “we” can “see,” the spirit of consciousness in man-woman is mind, not brain. There is only ONE MIND but a

multiplicity of minds and all of them are Essences of Consciousness emanating from the ONE Mind or Soul, or Spirit of Consciousness. Hopefully “you” can “see” this also.

It is the Power of the Soul and the Presence of the Soul that make these Multiplicities of Consciousnesses or Minds possible.

Now since the Fall of Man and the loss of the Free-Will and Immortality, Death reigned over this Earth and not a Satan or a Fallen Angel. Man fell - not Spirit. Man-Woman were disobedient, not Spirits. Men and Women are disobedient and die, not Spirits.

Now using the symbolism of Scripture we can repeat Paul and say that by one man (woman) death came, and by one man death was overcome. From the first Adam up to the Second Adam death ruled this Earth. It also claimed a victory over the Second Adam but it was a short-lived one, seventy-two hours to be precise and from the end of that Earth Time period it no longer ruled absolute over Man-Woman - they became their own rulers and Judges and the Freedom to make their own choice - death or life - darkness or Light. And it is still a very simple matter of the Minds.

From the Happening of the Cross the loss of the Free-Will was replaced by the Mind of Christ and Man-Woman's

mortality was eradicated and the divinity of Man-Woman regenerated by the Gift of Spirit or the True-Self individualized in one and all alike. There is a Physical Body and there is a Spiritual Body and we, you and I, are Body-Mind-Spirit.

Now if all these minds, essences of consciousness, or spirits of consciousness are confusing let us clear it up. The Mind of Christ is the Will of God, and more, of course, and the Will of God is for the Well-Being of All in All, his Creation and its creatures, and you and I, who were perfectly Created but not Created Perfectly - Perfection is our task - keep that in mind.

Now our spirit mind or higher mind is, so to say in modern terms, the Computer of The Highest Mind and our personal-individual mind or Lower Mind, (fallen mind) is supposed to be the Computer of the Higher Mind of our True-Self or spirit, and our individual physical brain is our Computer.

That "supposed to be," but is not, is the very foundation of all the problems and evils that confront man-woman on this Earth and justifiably makes them the victims of their own Punishment. As long as we humans here continue to follow every which way except the Right Way we will continue our plight as victims instead of being victors.

Hence we can see that the Flow of Spirit and Spirit Consciousness with all of its attributes, qualities and principles pours out from the Supreme Spirit, the Highest Mind of LIFE through the Mind of Christ, the LIGHT, then, into the minds of spirits, the True-Self and finally into the Minds of Men-Women and, if they were functioning properly, into the brain and therefore controlling the physical body instead of the body controlling the mind.

When the lower mind refuses to function properly, shuns its Responsibilities in the Divine Scheme of Life, the “self” takes control, the mind becomes the slave of the Wants and Appetites of the body and the Purpose and Reason of its life is given over to a reprobate “self” and the life is wasted and destined for the Darkness.

The cure for all of this and that nagging sense of impending doom is a simple change of mind - be not conformed of this world but be transformed by a Renewal of your Mind - for your own Well-Being and the Well-Being of the All in All.

If all this is too complicated for you, if it all sounds too difficult to master, I'll make it truly simple for you - Love and do as you will. “See”? Love, you see, is the most important element in the Unfolding of a Supreme Dream.

A Supreme Dream also signifies esoterically the Eye of

the Dream, or the Way In as the Way Out and the Way Out is the Way In - the very way a dream unfolds - the giving-up the “self” for “The Self” - Now and Forever, in the Eternal Now.

In going back through my personal mountain of notes, memos, and thought transferences, that I have accumulated over the past five or six years, I find many that are pertinent to the subject before us. I am going to record some of these here without too many changes or embellishments from their original states being added. I might add that these excerpts are not in any chronological order because they come from communications not yet realized (“The 13”).

“A great number of dreams that occur in the sleep state, often called the unconscious state, are clearly associated with the Power of Suggestion, suggestions that are both internal and external. These suggestions trigger the memory bank of the human computer or the imaginative power of the mind and involve such things as longings, hopes, lusts, sorrows, fears, desires, and run the gamut from the chaotic to the sublime.”

“The truth of many dreams can only be discerned by a partial or complete reversal of the roles of all the objects, subjects, and theme contained in the dream. . .”

“Any ingested, injected, inhaled drug or other

substance that alters the central nervous system of the physical body, the network of the body's computer, the human brain, is not only dangerous but renders the Lower Mind's instructions to the computer impotent and distorted, useless then for the Purposes of Spiritual Growth and the Positive and Exactness of Effort called for in the Message of I Paul. The brain receives and transmits sensations from the physical body's organs and common senses of touch, taste, sight, smell and hearing. The brain also receives and transmits sensations from the Lower Mind in the form of instructions, etc., which the Lower Mind, when itself is functioning properly, receives from the Higher Mind and its Common Senses called Receptor Senses or Sensors, which are Wisdom, Knowledge, Understanding, Intelligence and Love. All of these matters and things are stored in the computer's banks for future uses in the Eternal Now. . ."

"Many chaotic dreams are the results of those substances taken into the Physical Body that alters, distorts, and ignores the signals of the Lower Mind to the Computer, the brain, then, and allows the false to simulate the true in such dreams. This also occurs in the Conscious, "Awake" states, or in some instances of what is called "daydreaming" wherein one "teaches" others to practice and follow the Way to "The Way," but who do not Follow

nor Practice what it is they are exhorting others to comply with. They are not only “dreaming” but are a Prime Example of those who have eyes but do not “see” and the real blind one attempting to lead the blind into a Light they themselves are ignorant of. . .”

“Some chaotic dreams are formulated from one’s preconceived ideas and barriers, products of the “self” and, like it, are empty dreams about an “empty vessel. . .” (It is interesting to note here that Jesse calls such dreams and the dreamers themselves “empty boxes” in reference to the “square” and the “cube” signals.)”

“If the Lower Mind in the Awake States is caught up in the appetites and desires of the carnal self then the Lower Mind’s sleep states usually result in highly chaotic dreams we call “nightmares,” which often are messages to instill in you to Recognize and Remember the Real “daymare” you are pursuing in your daily “Awake State.” The real message of all nightmares is to send a signal that a definitive and definite change needs be made in your life towards the Good, the Right and the True. . .”

“Some dreams are highly illusionary wherein one dreams of oneself as being someone else, or of doing things never done in the awake state but have the desire hidden in their unconscious. Humans do many things in their dreams

that they lack the courage to do in their awake and conscious life. . .”

“ . . . so the outcome of the free-will was evil and evil at its highest expression became death and death’s highest expression is illusion, the greatest evil of all held in the lower (fallen) consciousness of man-woman on W-303 who freely choose disobedience and its consequences over Obedience and its gifts of Immortality and New Worlds. When the free-will was null and voided by the “Happening of the Cross” and the Mind of Christ substituted for it, mankind on W-303 failed to accept it as the gift it was. When Men and Women accept the gift and learn to give it the Proper Recognition and Obedience it Requires, all the faces of Man-Woman will be changed from an expression of evil to the absolute expression of goodness, love and truth. And evil will no place be found for all illusions, dreams, and visions will have passed away from the minds of Men and Women who will no longer be desirous of making bad or “mistaken” choices. . .”

“The human race on its spaceship W-303 has continuously wasted its time and life on matters that simply do not matter - Religion and religious differences and their terrorism and wars. Races and racial differences and their mayhem and wars. Material things and material wants and

appetites and the evils and wars necessary to obtain them. Power and wealth and the tools of human evil used to grasp them - hate, fear, doubt, bigotry, mind control, enslavement, nuclear armaments, threats, vain glory and false pride, all cloaked in garments of things called Faith, Truth, Patriotism, and so forth to fool the spiritually ignorant and keep them that way, always dreaming of Unity, Peace, and Love, but never Realizing it, simply because the human race tries to serve two Masters, LIFE and “self”!

“Self” is the very reason Men and Women here embrace the false over the True, the bad over the Good, the wrong over the Right, all things and all matters that do not matter over the One Thing and the One Matter that counts, LIFE, then, and Soul, then. The problem with the Human Race on W-303, with the Family of LIFE and LIGHT of the All in ALL, then, is that its individuals are not willing to endure their fair and equal share of the Effort and the pain of the Doing to bring about the New Age of a Regenerated and Restored Spiritual Age which was its beginning and will “BE” its ending, here.

The Total Recognition of, and the Absolute Commitment to the Serving of One Master, the Supreme Spirit, is the Way to “The Way” of The Message of I Paul. It is the choosing wisely of one side of its Ultimatum to “us” -

Oneness in Unity, Love, Peace and Truth or the Folly of Separateness and Darkness. . .”

“. . . the Concept is false. It came about by fanatical religious dreamers and visionaries who failed to see the false simulating the True, and so the concept through the passage of Tradition came to be accepted Truth. No, my dear beloved laborer, God is not a moral God and the Kingdom is not what you would call a democracy. God and the Kingdom are Love and Truth, Unity and Peace.

On the other hand, on the original kingdoms of heaven, which you know as earths, there was manifested a spiritual-physical morality.

As you are well aware the primary functioning of the Lower Mind is “thought.” Thinking and Imagining Creatively, Loving and Obeying, then, Receiving from the Higher Consciousness Ideas and the Ideal that set the mode for Human Progress and Spiritual growth and its Goal, the Collective Kingdom of God where the Soul IS.

So Spiritual-Physical morality, then, is the Recognition of one’s own divinity and the divinity of all others regardless of their race, creed, color, politics, environment, social or cultural status or materialistic standing.

Spiritual-Physical morality is not a question of

ideology or “isms” but the Truthful Recognition of and the Loving Responsibility to ward the Divine Nature of All Humankind and, therefore, the unceasing quest for its Well-Being.

It is quite obvious that without self-determination, without a free mind and an ease-of-mind, such spiritual-physical morality cannot be manifested. But you have the Mind of Christ.

Love and Truth are not morals. They are Powers and Energies and Forces by which and from which and through which the Well-Being of oneself and others may be attained and maintained. Even the justice of LIFE, which allows you, in truth compels you to Judge Yourselves, is not a moral or ethical matter but the Freedom of Self-Determination and Destination under The Truth which both Creates and Destroys. Clearly, the Choice is yours. . .”

Before going on I Paul needs to inform you of something about the Truth: The True Meaning of Anything is its spiritual meaning. The spiritual meaning of everything is its real meaning. Physical Things are but shadows or symbols of spiritual Realities. Spiritual Things require spiritual discernment. It is impossible for a deeply spiritual being, a True Christian Spiritualist for one example, to speak of physical things without having in his mind their

spiritual equivalents and their true meanings. This clearly points to the Reasons that one Needs to raise their Levels of Consciousness above the carnal “self” level and higher, even, if they are to know and embrace “The Truth.” If you honestly and sincerely desire to “know” the Truth then you will exert the effort called for and necessary for your transformation from a Truth Seeker to a Holder of the Truth. You have all the gifts and you are the “signs” and the “miracle” so all that is needed is a simple renewal of your mind. “And ye shall know the Truth and the Truth shall set ye Free.” The Truth is unchangeable, you are not. The Truth is nourishment, it refreshes our mind and fails not. It changes the partaker and is not itself changed into the partaker. The Message of I Paul is like the bread of Truth, you can peel the words off the paper and “eat” them and become the Message but the Message will never become you. No one promised us an easy road and yet the yoke for you and You is easy if you share the burden and thereby make it light. “See”?

So, keeping all the above in mind when I receive something like the excerpt I gave you above on Spiritual-Physical morality it triggers in me thoughts of self-discipline, Freedom, and the Way of Life to “The Way.” It is either this or the remaining the victim of one’s own punishment and, worse, in the process, victimizing others

by one's own fettered and irrational mind which is dominated by "self" - the All Take and No Give mentality of the non-caring and non-sharing valueless and selfishness of the "I," "Me," "Mine," mentality.

So what is Spiritual-Physical morality? Simple. It is the Divine Right to be Free to further the Well-Being of All in ALL through Love and Truth, Unity and Peace, Friendship and Fellowship, Familyship and Equality, Justice and Order.

God is not a moral God and morals are not a tablet of specific do's and don'ts of a legal nature. Morality is a value to guide Men and Women's choice of life-style. Thus it is a simple matter of minds for Men and Women to make this choice freely and rationally, for Spiritual-Physical morality is rational morality, and cannot be otherwise, for it is an Ease-of-Mind in one's Acting Natural while attuned to and guided by that which is Good, Right and True. We maintain our Doing of these things through our very own self-discipline for our own sakes and Well-Being and the flow of that Well-Being touching all those who we come in contact with in our daily lives, keeping in mind, that as Christian Spiritualists we have never known a stranger and we are never alone.

Having mentioned "Tradition" under the symbolic expressions of "Dreams" let me give you this insight into

what is meant by tradition.

To live and act under the guise of tradition is to live a stagnate life where Change is impossible simply because it is blocked at every turn by a tradition built upon a sand dune of preconceived ideas, untruths, half-truths, opinions and assumptions, all the products of chaotic dreams and visions and vigorously enforced and jealously guarded by the self-appointed Protectors of the Tradition for their own Power and high station in life all the while foregoing the Well-Being of the life of those caught up and enslaved by the Tradition.

I Paul Challenge you and all the people on this Earth to take a good, honest, clear, precise look at the three major “Traditions” of this world of ours today, Judaism, Christianity, and Islam, and “see” if what I say is true or not.

These three religions or religious traditions were born out of strife and warfare and have continued in strife and warfare ever since their inceptions and worse, these strifes and warfares have been and continue to be both internal and external in all three.

These are religions that preach and teach love and peace and claim the Power of God to be on their side. Yet their real power and wealth lies in the spiritual ignorance of their flocks, in their terrorism and contrived fears, in their

bigotries and in their bloodletting, all in the Name of their God. A simple review of their origins, their growth, and their present day acts and claims prove, beyond a shadow of a doubt, what I say is true.

Religious tradition, then, is nothing more than hand-me-down, orally transferred and grossly disfigured beliefs in stories, or sayings of a prophet or leader or disciple who were the victims of chaotic dreams and visions and who founded a religion based on such dreams or visions where the false simulating the true was accepted by such founders.

Furthermore, from this oral hand-me-downs and/or these chaotic dreams and visions came many myths, legends, sagas, tales, traditions and scriptures and other writings claimed to be Sacred writings and/or the inerrant word of God. It is because of these facts, these truths, that such statements can be honestly made and proven that the truth is in the Bible but that the bible is not the Truth, and that the Truth is in your dreams but the dreams are not the Truth.

What you and all the rest of the people on this Earth Need to Know and to Understand is that “religion” (a word that even the dictionaries of the world cannot properly define nor locate its roots) is nothing more than a traditionalized false concept of True LIGHT Spiritualism,

the most Ancient and True Faith of this Earth. So Ancient that it had no beginning and it has no end, for God, LIFE then, is Spirit and for those who wish to Worship God must do so in spirit and in truth. “See”? A Spiritual Genius taught us that and he didn’t found a religion, in fact he was extremely anti-religious and a true and pure Spiritual.

Now earlier on I mentioned that there existed a very close resemblance between Myths, Fables, Sagas, Legends, Traditions, Scriptures and dreams. Chaotic dreams especially. For me to go into this extensively and thoroughly would necessitate about another thousand or two more pages added to this already too long Communication. So I’ll give you a short version and allow those of you who would like to pursue it further to do so. The Libraries of the World are full of the facts to prove the point.

Some Scriptures are very short; [some dreams are very short,] others are peculiarly rich in content, [others are peculiarly rich in content,] enact entire romances (Esther) and seem to last a very long time (Pentateuch). [enact entire romances and seem to last a very long time.]. There are Scriptures as distinct as actual experiences, and therefore are mistaken as history (Gospels); [there are dreams as distinct as actual experiences, so distinct that for some time after waking we do not realize that they were dreams at all,

and sometimes those dreams are mistaken for visions;] others which are faint, shadowy, and blurred (Psalms). [others which are ineffably faint, shadowy and blurred]: In one and the same Scripture there may be some parts of extraordinary vividness alternating with others so indistinct as to be almost wholly elusive (Isaiah). [in one and the same dream, even, there may be some parts of extraordinary vividness alternating with others so indistinct as to be almost wholly elusive]. Again, Scriptures may be quite consistent or at any rate coherent (Kings), or even witty or fantastically beautiful (Job); [Again, dreams may be quite consistent and repetitious, or at any rate coherent, or even witty or fantastically beautiful]; others again are confused, apparently imbecile, absurd or mad (Daniel, Revelation). [others again are confused, chaotic, apparently imbecile, absurd and mad].

Now if you have any real knowledge at all about dreams and scriptures, then I am sure that you can expand this very brief comparison to its fullest extension including all the Ancient Legends and so forth that I mentioned earlier on.

In most cases the Dream as a whole is a substitute for something else, often distorted, something unconscious, and the task of dream interpretation is to discover those unconscious messages and thoughts. And dream analysis

and discernment is no task for fools, magicians, or theologians. Psycho-analysts are not much better at it either simply because they are dealing with people who have definite mental illness and the entire analysis is slanted and pointed in only one direction - the cause or causes of the mental disease and its possible cure, thereby ruling out such matters as the Higher Mind of Spirit and Spiritual Messages.

Quite similar to the Dream are this Earth's sacred writings or Scriptures. As a whole they are distorted substitutes for an underlying meaning as are dreams. The interpreter of such writings has the task of discovering what these meanings are and what Truths they contain, if any. Many Sacred Writings contain what we call sub-conscious thoughts or thought transferences which are expressed in a particular form of Symbolism.

The Interpreter then has to follow a certain set of rules if he or she is to get the maximum out of such writings (or dreams).

For Sacred Writings or Scripture the surface meaning, although understandable, is negligible. Even where the writing is absurd, reasonable, confused, clear or otherwise, the interpreter must always suspect that it does not constitute the "thoughts" being sought.

One interpreter of dreams, Dr. S. Freud, had this to say

about it: “We are not to trouble about the surface meaning of the dream, whether it be reasonable or confused or absurd or clear; in no case does it constitute the unconscious thoughts we are seeking.”

As for the Message of I Paul, which is a conglomerate of Automatic Writings, Thought Transferences, Knowledge and Understandings acquired in Transcendences, excerpts from Ancient and Sacred Script, and some thoughts of my own as well as some excerpts from older recipients of Automatic Writings and Thought Transferences from Spirit. The Message has both its surface meaning and its underlying meaning which is, in the beginning, difficult of comprehension, until mastery is attained by close adherence to the directions given in the Message proper. The Truth is, then, that unless you Exert the Effort called for and Follow the Directions exactly as given, the Spirit of the Message would rather that you remain in the Dark insofar as its Spiritual Interpretation is concerned. Selfish? No, it is simply safer for you that way. And if you would simply read this Message you would clearly see the truth of this for that is part of its surface meaning.

For the past ten years it has been my task to receive this Message and to Follow it exactly as given to the very utmost of my ability, which I have done, and it has changed my life

and way of life here totally and far more rewarding than I ever believed possible. What it has done for my Thinking and Understanding is simply beyond any explanation worthy enough that I could give.

During those ten years I have seen hundreds upon hundreds come into this Family and embrace this Message, only to leave saying such things as, “Oh, I know all this” or “Oh, I’ve heard all this before” or “I’m way ahead of this stuff” and so forth. The truth is that they did not read even a tenth of the Message of I Paul and they certainly did not have any time to study it or discern it, but yet they claimed to know all about it. This world is full of people like that, people with “eye” trouble, the ones who truly do not know what they think they know, the ones who really need to get out of the rubber room, stop bouncing around, settle down and listen for a change and stop being “in the way” of those who truly want and need to know the Way to “The Way.”

You and I came into this world turned on to it and you leave it turned off to it (which, incidentally, is not The Way - you need to turn off your conformity to it long before you leave it) and everything in between is a gift, and depending on what you do with it decides whether you keep it for ever and ever, and that’s the Dream you Need to Unfold, day by day, for the rest of your natural physical life here, in the

Hope of landing somewhere in the Light and thereby avoiding the Darkness.

As you read this communication, these very lines even, I want you to know that your thoughts are but “pictures” framed in your brain. They are nothing but “brain pictures” until your mind exerts its efforts and the action necessary to transform them into Realities and turns them into matters that do matter, making them living, factual pictures for you and others to “see” and benefit by them and your creativity. This is how a dream unfolds, your dreams even, and it’s how the Trance States bring you into the Greatest Dream of all mankind - the personal proof of Life after physical death here.

In writing the thirty-three I Paul Communications, I had one thing uppermost in my mind. I want you to know what I know, I want you to hear what I have heard, I want you to see what I have seen, and I want very much for you to feel what I have felt and will forever feel since my dream has slowly unfolded through the Message of I Paul and in which I have been graced to give unto all of you.

You see, all of you have been, are now, and will be a great part of my dream and its everlasting unfoldment, some of you especially so more than others, and although I love you all, I love some more for different reasons and

contributions to my dream and for my Well-Being, and only I and they need know, and do.

I have been saying to people for years now, “Keep The Faith whatever it is.” Faith is like food and drink, you need some of it every day, one or the other or both, to do those things necessary to Follow the Mind of Christ which is the Will of God, which is the Well-Being of all of God’s creation, for all of God’s creation, by all of God’s creation in the Eternal Now as All in All.

And you, my dear brothers and sisters, and all like you everywhere, can muse over that until you are red, white and blue in the face, to absolutely no avail whatsoever. Zero plus zero is still zero, Life is still Life, Death is still Death, and you are still You and the NOW is still Eternal and Perpetual Love in, of, by, and for the Truth.

In closing this Communication today, February 20, 1987, I remember that when I started it in October of 1986 I asked myself that if I had to choose one saying, one thing out of the entire Message of I Paul what would it be. After five months of having that thought in my mind I am forced to give two, not one: “Love, and do as you wish” and “To “act natural” is to be your True-Self within a duality of minds that need be United in order that the spirit may evolve.”

Remember, that heaven is not “out there” somewhere or “up there” somewhere. It is right where you are if you are where you should be. If you are not where you should be and you are not Doing the things you should be Doing, then evidently you are in the darkness, the place of non-presence, in your own hell, then, and that’s no way to unfold a dream.

In All Love for Unity and Peace I call to one and All to Come Follow The Way to “The Way” and be with us, the Family of LIFE and LIGHT at the Happening of the ALL in ALL.

Your Servant,

I Paul.