

*Changed*



# Secrets of the Minds 1-6

**THE ORDER MATERIAL**

## **Secrets of the Minds - I**

### **“The Consciousness of Consciousness”**

Greetings to you my dear sisters and brothers of The 13.

Every Mystery, every Secret, that has ever existed has always been a matter of Minds.

Without the Minds Mysteries and Secrets could not exist, would not exist, and without the Minds they cannot be solved.

With some exceptions, modern man-woman do not understand their own minds and hence they cannot utilize the inherent powers lying dormant in them. It is because of this dormancy of powers, qualities, attributes, capabilities and so forth, that Mysteries and Secrets exist only in the minds of the unknowing, the spiritual and mentally distorted ones. There really aren't any Mysteries - just things we haven't discovered yet.

What I am going to be teaching beginning with this communication and others to follow, is the inner workings of the Minds and the preconceived and terribly mistaken ideas, notions and so forth that the human race and its Sciences accept as facts and Truths, which they are not.

If I ask you the question, “What is this thing we call

consciousness?” You become aware, conscious of consciousness. And most all of you will take this consciousness of consciousness to be what consciousness is. This is not True. In being conscious of consciousness, you probably feel it is the most self-evident thing imaginable. You feel as if it is the defining attribute of all your waking states, your moods, and affections, your memories, your thoughts, attentions, and volitions. You feel comfortably certain that consciousness is the basis of concepts, of learning and reasoning, of thought and judgement, and that it is so because it records and stores your experiences as they happen, allowing you to introspect on them and learn from them at will. You are also quite conscious that all this wonderful set of operations and contents that we call consciousness is located somewhere in the head.

On critical examination and what you have been taught up to this point, which of these statements above would you consider True and which false?

None of them are true! They are the masks that consciousness has been masquerading around in for countless centuries. They are the misconceptions that have prevented a solution to the problem of the origin of Mankinds and of its consciousness.

To find out what man-woman are and to demonstrate the errors about consciousness listed above and to show what consciousness is by eliminating all the things that it is not will be the most adventurous quest we have ever taken here and the most important.

### 1) The Extensiveness of Consciousness.

The Soul or the Spirit of Consciousness comes from God, IS God. Therefore, it, Consciousness, is Truth and is Love, and must therefore begin at Home, in your “House,” then, otherwise they will always escape you, but You will not escape the Darkness.

There are several uses of the word consciousness, which, being incorrect, you need to rid yourself of NOW! For example, the term “to lose consciousness” like a prize-fighter who receives a knockout blow to the chin. But if this was correct, we would have no word for those somnambulistic states known in medical literature where an individual is clearly not conscious and yet is responsive to things that a knocked-out person is not. Therefore, in the first case we should say that the person suffering the blow to the head loses both consciousness and what we shall call reactivity, and they are therefore different things.

This distinction is also very important in your

everyday life. We are constantly reacting to things without being conscious of them at the time.

When I am sitting at my desk, I am rarely conscious of where I am. In writing, I am reacting to a pen in my hand since I hold on to it and am reacting to my writing pad since I am writing on it and to the lines on the pad since I try to write upon them, but I am only conscious of what it is I am trying to record to make it as clear to you as I can. I can go through a whole pack of cigarettes while I am writing and it's only when I stop that I become conscious that I have done so - and I do this time after time with the same results.

In other words, reactivity covers all stimuli my behavior takes account of in any way, while consciousness is something quite distinct and seems to be a lesser phenomenon. We are conscious of what we are reacting to only from time to time. While reactivity can be defined behaviorally and neurologically, Consciousness at the present state or level of Scientific knowledge cannot! Yet, this comes, or should not come, as any surprise to a student of the Message of I Paul. Science is still stuck-in at that level of thought that the minds of man-woman are a product of matter that developed through the process of evolution.

“Don't study Man, study Mind”!

Mankind alone, in the Universe of Life has been Conscious of Consciousness since his inception into it - but as to what it is, where it is, when it is, why it is, and how it works is as much a mystery to man-woman here as is man-woman themselves. Where did it come from, and why has it produced more theories than any other subject on the face of this Earth?

Taking Paul's advice on what to study we need to ask ourselves if Mind and Consciousness are one and the same thing?

On “Mind” Webster says: Memory or Remembrance; what one thinks; opinion; that which thinks, perceives, feels, etc.; the seat of consciousness. The intellect. Attention. The psyche (senses). Reason; sanity. Way, state or direction of thinking and feeling. To perceive, observe. Pay attention to, heed. Obey.

On “Consciousness” Webster says: The state of being conscious, (aware, cognizant) aware of one's own feelings, what is happening around one, etc. The totality of one's thoughts, feelings, impressions, conscious mind (awake, aware, alert, etc.).

From the dictionary, then, we would have to say that

they are pretty much one and the same except where sleep, trance, coma and so forth are considered. Or are they?

The Message says we never stop thinking which is contrariwise to what Webster implies or says outright. When we are asleep and not dreaming, are we still thinking? It would be logical to say that we cannot be conscious of what we are not conscious of, true? And if this is true, does it prove that we are not thinking, even when we are not aware of it? Are you perpetually conscious of every heartbeat, every breath you take? When I am receiving the Message of I Paul, am I doing the thinking, all of the thinking? Of course not. And since not, who or what is? If all my thoughts are not my own, is it possible that none of my thoughts are my own? This is very dangerous ground now, wouldn't you agree? I did say that this would be a most adventurous Quest, did I not? Daring, then, for if we do not go where others fear to go, we shall never know what it is we must know in order to be successful in our Quest.

Since the human brain is a major part of our quest, we return to Webster to find this definition: “the mass of nerve tissue in the cranium of vertebrate animals: it is the center of thought and receives and transmits impulses: Intelligence, mental ability.”

When we speak of the brain as nerve tissue, we also have to include the central nervous system which is the brain, the spinal cord in vertebrates, nerves etc. And to all of this we must also include the senses common in all vertebrates: sight, touch, taste, smell, hearing.

And you will also need a working relationship with such words as: “Sensible,” “Sensitive,” “Sensor,” “Sensory,” “Sensual” and “Sensuous” if you are going to be able to study mind and come out of that study with some semblance of Understanding of what it is, and how it works.

One of the most puzzling or profound statements in the Message is “You don't really know what you think you know.” Yet, we humans alone know, and know we know - no other Life form on, and of this Earth, can say that!

Now that's very confusing - or is it? “To ‘know’ is to be well informed about. To be aware of, having perceived, learned. To have securely in the memory” (Webster).

Question: “Who or what informs us?” and “Are we conscious of everything in our memory?” The answer to the latter is no. As to who or what informs us, we will try to answer as we proceed.

Question: “What is memory?” “the power, act, or



process of recalling to mind facts or experiences” (Webster).

Webster says on “Forget”: “To lose (as facts) from the mind.” Why doesn't it say: “the power, act, or process of losing from the mind facts or experiences?”

If I had written the dictionary neither explanation nor definition of “memory” or “forget” would be anywhere near what Webster says - nor would it be the one given to the question “Why doesn't it say?” One reason is that the mind doesn't lose anything. Whether or not the memory can lose something or not, we shall have to see as we go along with our study.

We know what “The Mind” is, we know what “The Soul” is, we know what the five “Receptor Senses” are, but do you know what the Receptor Senses are collectively? Most likely not so I'll tell you. They are the “Window” to “the Soul.” You know, of course, what the True-Self, the spirit is, from Communication Thirty-Three of the I Paul Series. All of these points are, of course, important to our study of Mind.

Also important to our study is the word “Think.” Webster defines it as: to form or have in the mind: to judge, consider: to believe, surmise: expect. To determine, work

out, etc., by reasoning. To have in mind; form an idea of. To recall, recollect. To have constantly in mind. To use the mind, reflect or reason.

And then we have “thought” which Webster defines as: the act or process of thinking. The power of reasoning, intellect; imagination. What one Thinks, idea, opinion, plan, etc., attention, consideration, intention, expectation.

And all of this leads us to “Reason,” of which Webster says: “An explanation or justification of an act, a cause or motive, the ability to think, draw conclusions, etc., sound thought or judgement, good sense. Normal mental powers, sanity.”

In addition to all these “words” and their definitions, we must also include the 13 lessons numbered two, three, four, five, and six, and those to follow as seven, eight and nine (you now have seven).

Let's start out by saying that we never stop thinking, but that we are not always conscious, aware of it, then, all the time, whether we are conscious, awake, then, or asleep and not dreaming.

Now having said that we need to analyze it and see if we can understand it and, if not, try another approach.

Do you have any ideas?

My first one is to establish what Webster says ideas are: (Greek idea = Appearance of a Thing).

1. A thought; mental conception or image; notion.
2. An opinion or belief.
3. A plan, scheme, intention.
4. A hazy perception; vague impression; inkling.
5. Meaning or significance.

Quite some time ago the Message of I Paul said that Spirit was perpetually “sending” thoughts throughout the Universe, filling the so-called ether with them. We should also keep this in mind in our study of Mind, for this may well be the explanation of “The Appearance of Things,” ideas then, that may not be, or ever are, truly our own ideas. This too is why we need to monitor our Intuitions and Instincts, to see if we can “read” them correctly and use them to our advantage in our daily lives.

As we are all aware, God is not going to do for you or me or anyone else what they are capable of doing for themselves but there is another side of that coin, its opposite, and we also need to keep that in our minds at all times.

Perhaps you are beginning to “see” now why

“listening,” why becoming a very good listener, is so important! Furthermore, it is the Key to Knowledge, Understanding, Intelligence, Memory and Spiritual Wisdom, among other things, such as proper “Receivings,” sans “self”! I say “sans self” because it is true, you listen to “self” much more attentively than you do to all the musings of The Spirits.

How many times have you been busy with this or that or thinking about something, when all of a sudden, out of nowhere something entirely foreign to your train of thought comes to you? A new thought, an idea, an image, a vision, even a vague impression about something or another you would never have even dreamed thinking about, and in a flash, as quick as it entered into your Awareness it left. These thoughts and insights just happen. They enter into your mind uninvited, and from where you simply do not know, and it all happens so rapidly you let them go, ignore them, and later on they come back and haunt you, and you say, “Gosh, I had that idea once but I didn't do anything about it,” or “I had an idea that was going to happen, but I didn't pay any attention to it.” You've got to “listen” and you have to act, if Action or Reaction, seems the sensible thing to do. Many a life has been dramatically changed this way and I'm sure many a life has been saved this way also. So, learn to listen and to

pay attention to those thoughts and insights that you are positive are not your own. Common Sense will tell you, if they aren't yours, they can only be from one source. "See"?

You should also "see" that the "Preparation" phase of the Message of I Paul was designed to prepare you for such matters as these. Those who are Ordered and self-disciplined are the ones who reap the rewards of these out-of-the-blue thoughts, insights, ideas, and so forth.

We must never lose sight of the Truth that nothing happens by accident - everything on this earth has a reason and every development, event, thought, idea, intuition, instinct, dream, image, and vision has its cause, even if they aren't immediately recognizable.

So, if you are not Prepared - out of "self" then - you simply cannot "hear," and you cannot "see" that which is being sent. Paul spoke of this in his letter to the Romans which passage actually was not a teaching on morals, per se, but a teaching on change, of getting out of "self" for the purpose of rising above a "base mind," a "counterfeit" mind, then, so that you would be a full spiritual listener and doer. Listen to what Paul said: "And since they did not see fit to acknowledge God, God gave them up to a base mind and improper conduct." Paul is not talking about conduct prior to one's refusal to "Recognize God calling,"

to Spirit Sendings and Commands - it's after knowing the Truth of Spirit and All it Gives and Promises, one fails to recognize and comply with a Spiritual Mind and Spiritual Acts that God turns one over to a base, a counterfeit mind - not a Satan, but a "self" manufactured, invented by you and your wants and so forth. Listen to Paul spell them out: ". . . filled with all manner of wickedness, evil covetousness, malice. Full of envy, murder, strife, deceit, malignity, they are gossips, slanderers, haters of God, insolent, haughty, boastful, Inventors of Evil, disobedient to parents, foolish, faithless, heartless, ruthless. Though they knew God's decree that those who do such things deserve to die, (meaning death isn't final to those who do not these things) they not only do them but approve those who practice them." (Fools always love company)!

You just cannot "think," you can't "listen," you cannot "see," you cannot "properly receive" from Spirit when you are in "self" - to be in "self," then, is to be dead, Spiritually! Now can you "see" this? You cannot study Mind from a base mind, a "counterfeit mind," then, a counterfeit spirit, then, an illusion, then!

You see, my dear brothers and sisters, what you have failed to comprehend and what the whole of the Peoples on this Earth have miserably failed to perceive is the Truth

that Jesus, and Paul after him proclaimed to the World an Unknown God, and Paul taught and formed Family Branches of The Family of God and Christ of The All in All from an Unknown Gospel which he did not receive from Man and which was not written nor even thought of by Man on this Earth!

This God was not a “New God” by any stretch of the Imagination - there is Only One God and Eternally so. They simply pointed out the Truth of God, something Unknown and still unknown by the masses and the religions of this World. Jesus called God, Father, a loving, forgiving, longing Father and elevated no other Spirit equal with God in any way, shape or manner.

“God is Spirit and those who worship God must worship in spirit and in Truth” that was New! This God was unknown to Man-Woman here. This God was not a Male nor a Female, not a person, not a hater nor a doer of evil things, this was a God of Love and Truth not of Wars, of Vengeance, but ONE and one of Justice and Power and Wisdom, a God who expressed itself through the minds and hearts of Men and Women who loved and shared that Love and its accompanying Truth with everyone, everywhere.

Paul went on to elaborate on this Unknown God and the gifts and promises given to us - the spirit and its mind,

our own life and its mind, all tied into ONE MIND of this Unknown God the very source of our Well-Being “IF,” and that's the secret, if we know how to tap into this perpetual, eternal, energy of Mind, Truth, Love, Soul and Grace!

We do this by getting out of “self” and into the spirit, and by “listening”! Then assessing what we have listened to and then making a decision based on our Preparation, we Act or React in a manner that insures and/or continues our continuous Well-Being!

How important was The Mind to Jesus and to Paul? Jesus' three Commandments for those who would follow after were “Love, Think, Obey,” all matters of the Mind. Paul had much more to write about (remember Jesus left no letters, etc.), take a look at a few examples:

Romans 7:25; 8:5; 8:7; 8:27; 11:34; 12:2; 12:16; 14:5; 15:6.

I Corinthians 1:10; 2:16.

II Corinthians 8:12; 8:19; 9:2; 13:11.

Ephesians 4:23.

Philippians 1:27; 2:3; 2:5; 3:16.

II Timothy 1:7.



Titus 3:1.

Philemon 1:14.

Hebrews 8:10.

There are others but these should suffice to make our point.

Change, changing, changed, MIND, Mind, mind - these were the teachings and exhortations of Jesus and Paul, all aimed directly at, and supported by, Love, Truth, Justice and Everlasting Life. “There is neither Jew nor Greek, there is neither slave or free, there is neither male nor female” Just Minds, and it was the Minds that determined your Fate - Light or Darkness, Death or Life. It was then, and is NOW, your choice!

Love and Truth mean Trust and Recognition and that's the Relationship LIFE wants with you and You and me and everybody everywhere. And it's all a very simple matter of The Minds. In this Love and Truth, Trust and Recognition Relationship between you and God there is the vastness of Freedom that lies within the Tenet of “Love and do as you will” and to do this one must constantly “Think” and “Act” within the constant flow of Energy flowing through us all from a source not of this world. This Freedom does not allow one to fear, to hate, to anger, to hurt, to cheat, to

lie and so forth, which if you Truly Love you cannot do anyway. You did not receive the spirit as son or daughter to fear or to invent evils but to enable the human and the divine to act mutually upon each other, and to permeate each other, to become ONE-Minded then! And to become One Minded The 13 has to walk out of their carnal institutionalized mentality into a collective spiritualized one. And you can only do this by Understanding The Minds and how they operate and operate you!

Spiritualism is not of this world, is not an institution, is not made up of masters and slaves, is not materialistic, is not exclusive, is not blind Faith, is not mere belief, is not religion, is not philosophy.

Spiritualism, then, is ALL in ALL, NOW and Forever! Those who “Truly Love” (The Prepared), and who “Truly Think” (The Followers), and those who “Truly Obey” (The Fully Activated Mind of Christ holders - The Comers, then), are its leaders - those who serve best, then! You, or The Seated Thirteen, will be Free to rest on, and to Act from, the Spirituality of Mutual Love and Recognition - Alone you are nothing compared to what you can be as ONE in soma, psyche, pneuma.

As The Message has said, as Jesus has said, as Paul has said, as I have said, “You have a choice” - God or

Mammon, eternal or mortal life, spirit or body, humility or self-righteousness, love or selfishness, truth or lie. Within this circle lie all relevant matters and that circle is MIND!

You see, if you accept your divinity, it is not the son that belongs in your life, not the daughter that belongs in your life, but The Father! That's Spiritualism my dear sisters and brothers, That's Spiritualism! That's what Paul was speaking of in Romans 12:2 - a simple matter of The Mind! If you could just Love, and you can, you could stop worrying about "self," it would be gone. If you could Just Love, you could stop worrying about self-discipline, you would be. If you could just Love, you could forget all about obedience, you would be obeying without even noticing your obedience. If you could just love, you would never fear, and never fearing, you would be so Free and so full of Courage you would be awed by your-self and your "Recognition." And the very best part of it all is the truth that "You can do it"! And no matter how you slice it, it is still a very simple matter of The Minds!

Can you truly "see" Now why Paul said, "study Mind, not Man"? I Paul most certainly hope so - for it is in the Patience and the Power of your Minds that you truly are your own master here.

"I have many things to say to you yet, but you cannot

hear them now. When The spirit comes, and the Truth of The Spirit Comes, it will guide you into all of The Truth, and what it hears it will speak to you, and declare to you the Things to come,” The Way to “The Way” is still that you will Love The Lord your God with all your heart, with all your spirit, and with all your mind and that you will Love your neighbor as yourself. And if you do not love and respect yourself then you are going no-where.

And nowhere does this Way to “The Way” say anything about suffering or unhappiness or Sacrifice. It only talks about Action and all of it Right Action. Anything less than this and anything added to this is not The Way to “The Way.” “See?” “You were perfectly Created . . .” Do you have any idea of what that means?

First it means you were Created without fear as a Whole and Independent and Free Being without hardly any dependency on outside forces to survive. You were Created to be your own master and not anyone's slave. You were Created to become Fully Human and Fully Spiritual here on this Earth, in this materialistic World, in order to be Free to participate in the New and non-materialistic Life to Come in The Light and not removed from it. Everything you need to bring all of this to fruition is in you, none of it is outside of you. The idea that your own strength and power is

insufficient to accomplish this is an illusion and is what keeps you from The Perfection you need to become "... you were not created Perfect" that's your task. You have nothing to fear from God or from Christ - only "self." The Will of God is for your Well-Being and to obey This Will involves no self-denial, no sacrifice, no suffering, no unhappiness, no slavery - Just Love and Truth and Freedom - not a feeling of inferiority, of helplessness, of personal insignificance, all of which are self-degrading, slavery then, not Freedom then!

Any willingness to belittle oneself, to suffer, to be unhappy is a denial of one's own Nature and Wholeness.

When people, places and things control you, instead of you controlling yourself when confronted by these outside sources you will always be a slave and amount to little more than a "living corpse." You are, you see, what you think, not what you eat or drink and don't ever forget that. You cannot be a fool unless you think you are even if it's somewhere deep and remote in the recesses of what you call your Consciousness!

The Spirit is forever attempting to adjust our thinking to reality, and we are forever distorting our consciousness to alter Reality in order to make it fit our own inadequate ideas of what Reality is. It is characteristic of all distorted

minds to use every means possible to force reality into the patterns of one's own thoughts and actions. This ignorance is the cause of all the ills and all the evils of mankind on this Earth. Whenever cunning, force and intolerance are employed to make Reality fit where it doesn't exist is to create hell on earth. Individuals do it, religions do it, sciences do it, political ideologists do it and regardless of what they call it, which is usually truth, which it isn't, they are all theories, non-realities of a distorted mind or minds, operating on preconceived and falsely programmed minds. A complete Change, a complete transformation of The Minds is the one and only solution to the problem.

The question has always been “How?” and that's why you, The 13, need to study Mind so that you can learn the answer to “How” and bring Christ Spiritualism to the forefront where it properly belongs.

The Order of Thirteen will operate under the Law of Love, not the Law of Power. Therefore, it will operate totally within The Mind of Christ as ONE Mind, or it will not operate at all. And to do this, it must know, and fully Understand this ONE Mind and its workings that lead to its purpose, Unity, wherein lies The Law of Power and Wisdom.

So perhaps you can see now that we will not operate by

might, nor power but by our spirit and by The Energy of Love and The Mandates of Truth.

Obviously, then, The Order of Thirteen is not for egotists nor for those who cannot control their emotions, but for sensitive and very level-headed, competent and quite practical people who do not turn their minds over to the control of others at every little provocation.

I am sure, by now, that you can see that we have a very definite plan for The Order of Thirteen and I am sure you will all agree that without a Plan there can be no concentration of endeavor and no success to look forward to.

**INSERTION** - [The following is an Insertion to this Communication which you will keep separate and study and read until you have it well set in your minds.]

*What The Order of Thirteen needs do first is Resurrect The Original Gifted Essence of Mind of Man-Woman and at the same time bury forever and ever the Myths of Creation, original sin, and its resultant false religions, and in this restoration of The Mind of Man-Woman, now lying in a distorted and abused state, reinstate Spiritualism as the One True Way of Love and Truth and Worship of The One Spirit, The One God and Lord, The One Father of all that IS and can ever*

be.

*The Mind is The Key to All Psychic Phenomena and extra sensory perception which are common attributes and qualities of all human beings of sound and healthy minds attuned to searching for The Truth of their own destiny and The Well-Being of All in All.*

*These Attributes and these Qualities have absolutely nothing to do with morals, sin, or ethics, matters that do not matter to Spirit.*

*Here as a Thirteen Member, you will acquire the Knowledge that will make you a highly Receptive instrument of Spirit guidance and enlightenment that will enrich you beyond your capacity at the moment to imagine but which enrichment can only be maintained and retained by giving it all away unselfishly and lovingly. Those are the conditions then and you must decide whether you wish to accept them or not, but once accepted, there can be no looking back and no refusal to follow the Directions Exactly as given, come what may. Here, Spirit comes first, over and above any and all things in your life NOW and things that may arise in each New NOW for the rest of your Natural Life here on W-303. As The Message has already said, "the choice is yours, make it wisely" and make it honestly also, recognizing that you are not making a promise to a physical entity but to Spirit. Remember well,*



*that The Truth both Creates and Destroys, so this is the one decision in your life here that you had better be absolutely positive that “self” has absolutely no part in your decision. This decision is between you and Spirit. You make it and you abide by it. You need not inform me or anyone of The 13 of your decision, it will make itself known to all of us by your absence or Presence!*

*Now in our study and hopefully our progress, your progress actually, in Fully Activating The Mind of Christ in you, the only terminology acceptable at 13 Meetings is that of The Message of I Paul. No other will be tolerated until you are taught differently here.*

*You come here actually ignorant of what your true mission in this lifetime is. You have, of course, ideas and a goal, but beyond that you really do not know, but if you remain here, I guarantee you will not long remain ignorant of what your mission truly is. As to how you will carry out that mission is something that you and Spirit will work out between yourselves on an individual basis first and from that point forward you will see it evolve into a Collective Mission Task and Goal involving The 13 and eventually spreading out and employing the resources of The Family of LIFE and LIGHT of The ALL in ALL.*

*Here, in The Order of Thirteen, your knowledge and*

*competence as a True Spiritual will increase only at the rate that you apply and increase your effort to the work at hand and how well you follow all the directions exactly as given to the fullest extension of your own capabilities - what is impossible for you to do, will be done for you! In this manner, The 13 can only be as strong as its weakest link, and therefore it is absolutely imperative that you constantly Share and Care everything you, as an individual perceives, with everyone else within The Order. Your failure to do this on a regular basis is tantamount to your resignation from The Order, of which, you will be informed of its acceptance! In this Order it is most important that you hold onto and forever increase your integrity, your dignity, and your intestinal fortitude. And never, not for a fraction of a second, will we ever tolerate any terminological inexactitudes!*

*To become Vested in The Order of Thirteen you will be required to accept and to comply faithfully and truthfully to the following articles of Vestment:*

- *“We of The Order of Thirteen, avow ONE God, LIFE, then, who alone is unconceived, alone eternal, alone without beginning, alone immortal, alone wise, alone good, alone Lord, alone Justice, alone Soul of ALL.”*
- *“Furthermore, we, The 13, believe “with,” not “in,” our brother and friend Jesus, in All that is Good, Right and*

*True, and with The Truth he taught before us, which we will faithfully and truthfully follow and teach also, this being: “You shall love The Lord your God with all your heart, with all your spirit, with all your strength, and with all your Mind; and your neighbor as yourself.”*

*You do this and You will LIVE. Now you know all you have to know about The Order of Thirteen for the time being. Now we can get on with our study of Mind and how to get the utmost out of them.*

**[END OF INSERTION]**

As we continue our study of Mind and those matters associated with that study, such matters as Trance, Lucid Dreams, ESP, OBE's and Transcendences, this Plan, Universal in nature, will unfold and become totally comprehensible to you.

As we have already pointed out, the most dangerous place for Life in this Universe is our own Earth and the cause and reason for this is its Highest Life Form, Man-Woman and their distorted Minds, their Greed, their Politics, their Sciences and their religions. Ironically, at one time or another, all have claimed to speak for God, but none of them have ever Truly done so. Of Politics, Science and Religion, we find if we take each one separately aside

and carefully examine it that it is composed of itself as well as the other two. Furthermore, their most striking similarity is that they are all based primarily on Theory.

The oldest of the three is Politics, the youngest Science, and the least essential is religion as regards the Well-Being of All in All. All of them are in the money business and the Power business and all of them individually, are guilty of every conceivable evil ever perpetrated upon Mankind and, collectively, are inching all of Mankind here on W-303 towards the greatest evil of all - Extinction!

Do we need to give you any greater proof than this that the Mind of Man-Woman here is distorted?

The causes for all religious formulations can be determined by the Anthropologist and by modern Psychology. But no Science, no religion, and no body Politic is equipped to pronounce on the spiritual inclinations of Man-Woman, or to make judgement whether this reaching out from within is idle or the effect of an intentional and intense, constant pull emanating from a higher state of Consciousness.

The time has come for Mankind here to understand and accept the Truth that Spirit is more real than Physical -

God is Spirit! And nothing is more true nor more real than the Truth that God created Man-Woman in Its Image just as “he” created spirit in Its Image. That “he” is to remind you that it is Man-Woman and spiritually Ignorant religious leanings and superstitions that have created A God in their image!

And guess what that makes all the religionists of this earth? Idol worshipers. Image worshipers. In other words, worshipers of “self” - an illusionary, false god! And need I Paul remind you that it is not only the religionists who are guilty of this. “See”?

Yes, my dear brothers and sisters, there is a Real, honest-to-god-God, a Supreme Spirit, “The Divine” and, therefore, there is no harm in speaking of our own divinity and its inherent attributes, qualities, and essences of mind, so long as we refrain from imagining by such descriptions that we are defining God, LIFE, then! When we fall into that ignorance, we revert back to the lie of all religions by creating God in our image. We must never forget that we are spirits inhabiting a physical-material body - that real and True Image of God.

How far can we humans go in our quest for God Knowledge? One thing is sure. The more we become Conscious of Consciousness the less inclined we become to

seek to bring God down to our level and the more and more we strive to raise ourselves up in a Righteous Way to get closer to God. With increasing knowledge and understanding our level of Consciousness is rising and being refined. This is why the Ways and doctrines and theologies and untruths and preconceived ideas and obvious distortions of The Truth of this world and its spiritually ignorant religionists can no longer enslave us nor be ever an influence upon us and The Way to “The Way.”

But God Knowledge is never going to be capable of Scientific, religious, or political explanation any more than of magical or theological explanation, since they can only contact it at their end, the shallow end where they see through a glass darkly. Almost immediately in moving forward they are out of their depth. And no matter how hard they look they will never see more than the back of God's Hand! All their Faiths are false.

On the other hand, we True LIGHT Spirituals do not have to ask ourselves whether mystical experiences, intuitions, instincts, premonitions, illuminations, OBE's, or Transcendence are continual and actual Phenomena in our lives - we Know they are, and we know, from The Message and our own Personal Experiences that God IS -

We ARE. None of this would be possible if there were no existent requirement that we should be the recipients of Spirit instruction and guidance. The problem with all of this is Man-Woman's inability to always interpret these instructions and act intelligently upon them. That's why we cannot truly know or see God - we cannot grasp all that constitutes "The Truth" - because of the present state of our Minds we cannot know all of The Truth even though we have within us the means to acquire it - until all of the barriers come down, we too, although our Faith is True, will continue to see through a glass darkly.

Experience has taught us that effects are attributable to causes and that ends are achieved by means. There are no accidents - there is a reason why things happen. There is a reason why you are what "you think." There does enter your consciousness, to whatever cause you may attribute it, that "something" that is pushing you in the direction of a nobler conception of what is good, right, and True.

The Way ahead may be long, beset with perils, rougher than you may suspect, but the driving force within you is always insisting that you pursue it at all risks and costs because it is in your Whole Nature to aspire to greater achievement and happiness. All of this, of course, depends on how well you listen and how well you react to what you

“hear”!

You have the ability to change your physical environment anytime you so choose. You can cut your losses and run, or, with a little ingenuity and a lot of hard work, you can create for yourself a new one. But you also have the most unique ability to leave your physical-material environment completely and move into a totally unphysical one! And you can do this without employing a single solitary physical resource.

It is our spiritual resources, our spiritual equipment, our essences of the divine, that has raised all of humanity above the Animal Kingdom but not, as yet, completely out of it.

You need to learn and understand that these unique spiritual resources are “privileges,” and as such, you must fulfill certain responsibilities before you can properly enjoy the fruits of these privileges. I believe you of The 13 Fully know, by now, just what these Responsibilities are.

It stands to reason then, that the more and better the levels of Preparation are, the greater is one's Consciousness of Consciousness. And the more Spiritually conscious one becomes the clearer they can grasp that a Universal Plan is in operation and they are a very definite



part of it. And our Mind determines how well we perform our part in this Spiritual Universe Plan locked within The Soul or the Spirit of Consciousness!

Over and above all your barriers and illusionary distinctions, Spirit calls out to spirit and spirit calls out to you and you must develop a more acute consciousness, "Awareness," then, not only to receive the call but also to answer it and to React to it.

Now it's taken us almost fifty hand-written pages to tell you some things acutely necessary as a prelude to a study of Mind. "Freedom" is one of the primary necessities and in order to be free you can all stop making "promises" and "stop lying"! If you do not, you can never truly be Free. By now you should all realize that when we are talking about being Free, we are talking primarily about "Freedom of Mind," the acquiring of that "Ease-of Mind" that brings forth Courage, acute Listening, True Love, True Spiritualism and Right Action - where there is no "Freedom" there is no Spirit - there is distortion and chaos and enslavement though, and an abundance of it.

I am sure that some of you, if not all of you, have a distorted idea of what we mean by "Freedom"! There is a "discipline" of Freedom, just as there is a "discipline" of Love. The Message has clearly spelled these out to you, so I

now give you an assignment, one to enlighten you, not to burden you, Collectively find, put together, discern, then, what The Message means by “Freedom”! I will expect this discernment, in writing, to be delivered to me no later than June 30, 1987, signed by The 13, individually. You have at your disposal two computers and certain Communications, for example, CPM #25, of The Message of I Paul to make this task fairly simple.

Now that we are into a study of Mind, how would you now interpret what The Message has said about Man and Invention? I presume you are all familiar with this.

I raise this “Invention” subject because it is very important to our study of Mind. The Message tells us that Man, inventors then, don't really invent anything. They discover, or better, they rediscover things. Furthermore, almost every major invention-discovery has come about by some sort of fluke, accident is the way the so-called inventors put it. But we know nothing happens by accident - everything has its reason, its cause. So, if this be so, who or what actually did the “inventing” or who or what made the discovery? And if it took an “accident” for the so-called “inventor” to rediscover the “invention,” who caused the “accident” which, of course, was no accident at all? Are you following me? Can you explain all this? I want

you to keep this in mind and think about it as we go on, for we will get back to this, to these men and women Inventors who had exerted an effort beyond the norm to bring about something for the benefit of the Human Race and just when all seemed hopeless along came an “accident” and the desired Results appeared like a bolt out of the blue! There is a lesson here somewhere as well as phenomenal Faith.

The People of This Earth need to know that a Divine Plan is operating in human history throughout The Universe, and this Plan is of much greater consequence for Man-Woman than the utmost wonders of scientific discovery. There is a much Higher Intelligence at work in our affairs designed to eradicate all doubt and all darkness from our Minds.

Yet, in spite of all the Proofs of This intelligence at work here on W-303, the majority of people here give it little more Recognition than an emotional now and then response. And most of these perfunctory performances are religious ones which are practically no response and no true Recognition whatsoever!

All religions are, at their very best, agnostic. All Sciences are Atheistic.

The continuing increase of knowledge of the universe and related discoveries on This Earth is progressively proving the lie of religious theology, doctrine and dogma, none of which conform to Reality or the Facts of History. Yet the masses cling to these untruths, both out of ignorance and the lack of a better Way!

The Consciousness and conscience of the People of This Earth have never been in a better state nor a more vulnerable state for a new and Better Way - The Way to "The Way." You have it! But you do nothing with it. Oh, you talk it over among yourselves, you argue about it and what it means, you pick it up now and then but you continue on in "self" - business as usual, me first, all take and very little give - and you could care less who gets The Message of I Paul, The Way to "The Way" The Better Way everybody in this world is searching for and you are practically hiding from them! What are you all afraid of? What are all of you waiting for? Your motivations, my dear sisters and brothers, are far more Animal, physical, materialistic, than they are Spiritual - you know it, I know it, and all together we know Spirit knows it, but still, you go around pretending that you are something which you truly are not. And believe me this will not get you a place in The 13 and the three already seated can be very swiftly unseated! You either get with it or get out now. You either have Absolute

Faith in The Spirit of The Message or you don't. You have to make a choice. You are capable of making a decision, and one of this magnitude cannot be a hasty or a “snap” one. You have to decide what is more important to you - this present, temporal life, or Life Eternal, for that is the bottom line. If you choose the latter, then start Thinking and Acting as though you really mean it!

If you are afraid to have nothing; if your belly and your purse and your wants are your gods then, honestly, you do not belong here, you belong in a church with the rest of the religionists where no real effort is needed to gain the darkness, the real sting of death.

If you do not know by now, that True Christ Spiritualism is The Way to “The Way,” then nothing I can say or do can help you and certainly I do not foresee Spirit helping you because I do know that God is never going to do for you or me or anybody else what They are Capable of Doing for Themselves! Your credit card mentality simply does not work with Spirit. Period.

Now I want you to know that this is the very last time you will be exhorted to “Wake-Up and Do” in a 13 Communication. Any and All, if necessary, exhortations, will be conducted on a strictly Personal basis, from me, or Jesse, or whoever, through me to you, on a one-to-one

constructive foundation.

I intend to bring your mind into conformity with The Higher Mind and your spirit into conformity with The Higher Spirit and “we” cannot do this without your total cooperation and attention and your Absolute best Effort in all sincerity and honesty at “All Times.” Our task is not to, in any way, shape, or manner, program you - we are only interested in de-programing you - helping you to rid yourself of all preconceived ideas, untruths, half-truths, etc. What you replace them with is entirely up to you and what it is possible for you to learn from the “Secrets of The Minds.”

In closing this Part One of The Secrets of The Minds, I Paul, wants to leave you all with a little food for thought.

Since the Inventor doesn't invent but discovers or actually Rediscovered, where did he or she get the idea, the thought from in the first place? Is “necessity The Mother of Invention” or is Spirit?

Now try and give this a little thought. Can you stop breathing? Sure, you can, you simply hold your breath. Can you stop Thinking? Can you hold your Thinking? No, you cannot, but if you do not believe this, go ahead and try. Is the reason you can stop breathing simply because you are

doing the breathing, and the reason you cannot stop Thinking is because you are not doing the Thinking - that the Thinking is doing you? You muse over this. We'll get back to all this in Part Two of The Secrets of The Minds.

I sincerely hope that all of you are still with us - permanently!

With much Love,

Your brother

I Paul. SG.

## **Secrets of the Minds - II**

### **Consciousness of Consciousness**

Greetings, my dear brothers and sisters and partners, you of The 13.

Listening is a State of Being. Spiritually, this State of Being comes only by Preparation, followed by a strict adherence to, and following of, that newly acquired state in your every word, Act, Deed and Thought.

Your physical hearing may very well be excellent, yet your spiritual hearing may be severely impaired or, as it is in the vast majority of humans here on W-303, non-existent.

To all of those Human-kinds, of which I am one, who believe God, LIFE, then, Is Spirit, and who Worship this Supreme Spirit in spirit and in truth, and who accept that Spirit is Active in their Lives and in the affairs of Human history and who believe or Know, that following this Temporal Life in the Flesh, that they shall continue to Live, as Spirit themselves, in the Image of The Supreme Spirit.

Listening to Spirit and spirits for Guidance and Enlightenment in the NOW of the Physical Body is, therefore, necessary for The Well-Being of both the



physical body and The Spiritual Body of such believers.

If you were good “Listeners” you would know that Spirit obliges you to control yourself in a Righteous manner per its Guidance and Enlightenment via Thought Transferences, which if you were properly Prepared and Following, you would be Receiving on a daily basis, just as I do on a continuous, almost non-stop basis, during all of my “Awake States” which greatly outweigh my asleep states.

What most “would-be-spirituals” fail to comprehend is the truth that they can only Receive Spirit Guidance and Spirit Enlightenment commensurate with the Effort they personally exert toward Receiving same. Let them with ears hear!

The Promise of The Message of I Paul, was and is, that you Exert the Full, The Honest, the Sincere Effort spelled out in The Message, and the Results would be Given. You cannot make that any simpler, but you can and do find hundreds of ways to make it impossible for these Results Promised to manifest themselves, that is, you waste your time, your effort, and your life, on matters that simply do not matter for your Well-Being, Now and Then.

You desperately need to Understand that when you

Change, things change, such as your “seeing” and your “hearing,” and as these “things” change you will be Changed!

So, it stands to Reason, and The Message says this, that anyone can “sit to Receive,” but, if being Unprepared, only one of two things can happen - you will either not “hear” anything or you will automatically distort everything you do “hear.”

So, as I stated at the beginning of this teaching to you, The 13, “Listening is a State of Being” that comes about through your Doing.

Let me here give you both the physical and the Spiritual Levels of what “Listening” or “Ear” or “Hearing” mean as they are used in The Message of I Paul: these terms are symbolic of the mental faculty in its passive aspect, receptive of ideas. It stands for Trust in Authority, reliance, then, on external guidance. Or, in a higher sense, they signify Receptivity of The Prepared, to inward guidance and enlightenment, and to the admonitions of The Conscience as The voice of spirit.

In order to Receive properly, to Listen, then, one must be in a spiritualized frame of mind. Common sense ought to tell you that when you are in a physical-material frame

of mind all you are going to hear is those things physical and material. You cannot “hear” spirit when your mind is focusing on matters that do not matter, on spirit negatives, then, rather than on things spiritually positive.

All the “Secrets of The Minds” lie in those three little words, Prepare, Follow, Come. The Master himself, Jesus, said it all in two very short but profound and very misunderstood sayings: “Seek ye first The Kingdom and all those other things will be given unto you” and “Go and sell all you have, give to the poor and Come, Follow me.” That, my dear brothers and sisters, is the long form of Prepare, Follow, Come.

The modern-day reaction to these almost two-thousand-year-old sayings is, “You've got to be kidding!” But, you see, Jesus wasn't kidding, not then and not Now. The problem lies in the discernment, both then and Now. It's a problem of “Listening,” a lack of it - hence a lack of Understanding. These “sayings” of The Master were and still are of a Psycho-spiritual nature and only The Spiritual can discern spiritual things. The Christian religionists don't follow Jesus, they can't, they made him into a god and nobody can follow nor emulate a god. What they have done is to put their beliefs beyond the reach of True Faith and The True Kingdom of LIFE. In other words, having

immersed themselves in total Darkness by their own untruths, they have no Light to Follow and therefore they are lost, truly the victims of their own punishment.

You see, the road to Darkness is paved with carnal and religious convictions. With the Lower Mind constantly in “self” concentrating on matters that simply do not matter, on negatives, then, as opposed to positives, then, of both a physical and Spiritual nature.

Good Works do not balance the scales - they are spiritual responsibilities and not a ticket to The Kingdom of God - they are for your overall Well-Being and the Well-Being of others, a Creative Outlet, then, an assigned, and therefore, a sacred trust and task.

You do not seek The Kingdom by, nor do you enter The Kingdom by, turning over a new leaf to cover the old - what you need is a totally New Way of Life and it more abundantly, as Jesus said. Moral reformation is not regeneration - moral and ethical conformity to this world is not, by any stretch of the imagination whatsoever, Transformation - is definitely not a Renewal of the Mind, then.

Conspicuous on the blackboard at the very first meeting of potential members of The 13 was this

statement: “Blessed are those who dare dream Dreams and are willing to pay the price to make them Come True.”

I believe that I made it quite clear what these Dreams were, and what their price was, in my opening presentation to The 13 hopefuls on April 11, this year.

From the amount of insight given into the Formation of an Order of Thirteen in Communication Thirty-Three of The I Paul Series, it was obvious that no Easy Road was being offered, yet, this did not deter you from writing me a letter stressing your desire to become a member of The 13, this very elite Spiritual Order, I might add. Yet, already, in its very infancy, the Formation of The Order has experienced three rejections of these Dreams and their price by “letter writers” and one refusal by a non-letter writer. Four Tyros, then, who have decided against change and opted for their continued conformity to this world and its ways rather than discover what The Order of Thirteen has to offer to The World.

Now if you are getting the impression that I am judging these persons or condemning their actions you are terribly mistaken. What I am doing is pointing out the very obvious lesson involved in all this. Obviously, in the case of the letter-writers, the contents of the letters and the later action taken is Proof Positive that the “distorted mind”

syndrome claimed to exist in Man-Woman by The Message of I Paul is not only true, but continues to flourish. And it is this prevailing distortion that The “Secrets of The Minds” Communications are designed to eradicate. Clearly, there was no “Consciousness of Consciousness” employed in the writing of the three letters involved here - yet, if it's any solace to those involved, very, very few people on the face of this earth are truly “Conscious of Consciousness”! Our task is to see to it that The 13 seated will be fully Conscious of All the matters that really do matter.

To actually be a True Christ Spiritual obviously necessitates Preparation. Preparation here means the Full, the Honest, the Sincere and Constant Exertion of All of the Energy available to you in the Pursuit of physical and spiritual excellence in order that you do Unite the Opposites and become therefrom Fully Human and Fully Spiritual in the Eternal Now.

So, what happens during the period of this “Pursuit of”? Does everything stand still until you become Prepared? No, of course not. Let me give you an example of what happens “IF” you are honestly in pursuit of the above, using the “sitting-to-receive spirit” as the example: when you sit-to-receive you do not have to be Fully Prepared - not if you have made an honest and

sincere vow to yourself to become so and you are diligently carrying out that vow to the very best of your ability. If this be true then you are in line to reap results, and you will, if there is NO Breakdown in your effort, no procrastinations, no perfunctory performances and no let-up in your Effort to leave matters that do not matter strictly alone by a strict invoking of the Ordinance of Formative Causation and whereby such action is visibly obvious that is, all such changes wrought through this Ordinance always manifest themselves in a visual, oral, and audible manner.

Let us now continue from “Secrets of The Minds” - I, on The Extensiveness of Consciousness.

All living things are complex entities, but the Mind is the most complex entity of all. The Secret of The Mind is its self-regulating powers. You need to learn how This Mind operates in order to know how best to utilize its powers and to learn also how not to abuse it, which is exactly what you do every day of your life.

Much of what I am going to be writing on The Secrets of The Minds is from notes I have accumulated piecemeal over the last six years or so under the direction of I Paul and then Jesse. Some of it is also quite recent and some will be brand new to all of us and some from memory.

## Is Consciousness a copy of Experience?

You show me a person who walks by faith and not by sight and I'll show you a person who is forever bumping into walls and falling into ditches. You would expect that after a few such experiences they would learn to walk by sight, by “knowing,” then. But do they?

Perhaps the answer lies with those millions upon millions of people who pour millions of dollars into the coffers of their particular faith, or with those millions of people who support this world's greatest con-artists, the electronic evangelists, with millions upon millions of dollars which are tax-exempt and of which they give little or no account of to the faithful givers, or perhaps the answer lies with the thousands upon thousands who commit suicide in the cause of their “holy wars” having faith that such an act will automatically transport them to their faith's heaven, wherever the hell that may be in their distorted minds.

We can trace the metaphor of the “blank-mind” back to the writings ascribed to Aristotle, but it has only been since J. Locke thought of The Mind as a Tabula Rasa back in the 17th century that science has emphasized this recording aspect of consciousness, and thus see it crowded with memories that can be read over again and again in



introspection. If Locke was living today, I'm sure he would have used the metaphor of a camera instead of a slate. But the idea is the same. And most people would protest vigorously that the chief function of consciousness is to store-up experience, to copy it as a camera does, so that it can be reflected upon at some later time.

So, it seems. But consider the following problems. Does the door of your room open from the right or the left? Does it open out or in? Which is your second longest finger? What's the color of your front and back door? How many teeth do you see when you brush them? What letters are associated with what numbers on the telephone dial? What's the second and the eighth number of your social security number? Describe the interior of your car?

I think you will be surprised just how little you can retrospect in consciousness on the supposed images you have stored from so much previous attentive experience. If the familiar door suddenly opened the other way, if a certain finger suddenly grew longer, if the interior of your car suddenly was different, or if you grew another tooth, or the telephone was made differently, you would know it immediately, showing that you all along "knew," but not consciously so. Familiar to Spirituals, this is the distinction between Recognition and Recall. What you can consciously

recall is a thimbleful to the vast oceans of your actual Knowledge.

Exercises of this sort demonstrate that conscious memory is not a storing up of sensory images, as is most often thought.

Only if you have at some time consciously noted your finger lengths or your door, or have counted your teeth, though you have observed these things countless of times, can you remember. Unless you have particularly made a mental note at some time of the interior of your car, its colors and layout you will be surprised at what you have left out. And introspect upon the matter. Did you not in each of these matters ask what must be there? Starting with ideas and reasonings without any images? Conscious retrospection is not the simple retrieval of images, but the retrieval of what you have been conscious of before, and the reworking of those elements into rational or plausible patterns.

Let me say all this in another way. Think, if you can, of when you entered the room you are now in and when you picked up this communication. Introspect upon it and then ask the question: are the images of which you have copies the actual sensory fields as you came in and sat down and began reading? Don't you have an image of yourself

coming through the door, perhaps even a bird's eye view of the entrance, and then perhaps vaguely see yourself sitting down and picking up this communication? Things which you have never experienced except in this introspection! And can you retrieve the sound fields around the event? Or the cutaneous sensations as you sat, took the pressure off your feet, and began to read this? Of course, if you go on with your Thinking you can also rearrange your imaginal retrospection such that you do indeed “see” entering the room just as it might have been, and “hear” the sound of the chair, and feel the skin sensations. But I suggest that this has a large element of created imagery - what we shall call narratizing a little later - of what the experience should be like, rather than what it actually was like.

Or introspect on when you last went swimming. I suspect you have an image of a seashore, lake, pond, or a pool which is largely a retrospection, but when it comes to yourself swimming, lo! you are seeing yourself swimming, something that you have never observed at all! There is precious little of the actual sensations of swimming, the particular waterline across your face, the feel of the water against your skin, or to what extent your eyes were underwater as you turned your head to breathe. Similarly, if you think of the last time you slept out of doors, went skating - or if all else fails - did something you regretted in

public, you tend not to hear, see, or feel things as you actually experienced them, but rather to re-create them in objective terms, see yourself in the setting as if you were somebody else. Looking back in memory, then, is a great deal of invention, seeing yourself as others see you. Memory, to the distorted mind ones, is the medium of the must-have-been! Though I have no doubt that in any of these instances you could by inference invent a subjective view of the experience, even with the conviction it was the actual memory.

### Is Consciousness Necessary for Learning?

Another widespread misconception of Consciousness is that it is the basis of all learning. Psychologists have long claimed that learning was a matter of ideas in consciousness being grouped by similarity, contiguity, or occasionally some other relationship. Nor did it matter whether they were speaking of man or an animal - all learning was “profiting from experience” or ideas coming together in consciousness - (we will get to “concepts” later). And so contemporary common knowledge, without realizing quite why, has culturally inherited the notion that consciousness is necessary for learning.

The matter is somewhat complex, so pay attention. It is also unfortunately disfigured in psychology by a

sometimes-forbidding jargon which is really an over-generalization of the spinal reflex terminology of the 19th century studies wherein the brain and central nervous system made up the mind complex of Man, and its subsequent terminology.

But for our purposes, The Study of Mind, we will look at the laboratory study of learning and its three central kinds, the learning of signals, skills, and solutions. Let us take up each in kind and ask the question, is consciousness necessary?

Signal learning (or classical conditioning) is the simplest example. If a light signal immediately followed by a puff of air through a rubber tube is directed at a person's eye about ten times, the eyelid, which previously only blinked to the puff of air, will begin to blink to the light signal alone and this will become more and more frequent as trials proceed. Subjects who have undergone this type of signal learning report that it has no conscious component whatsoever. Indeed, consciousness, in this example, the intrusion of voluntary eye blinks to try to assist the Signal Learning, blocks it from occurring.

In more everyday situations, the same simple associative learning can be shown to go on without any consciousness that it has occurred. If a distinct type of

music is played while you are eating a particular delicious meal, the next time you hear the music you will like it slightly more, and even have a little more saliva in your mouth. The music has become a signal for pleasure which mixes with your judgement. Subjects who have gone through this type of test in a laboratory setting, when asked why they liked the music better after the meal, could not say. They were not conscious that they had learned anything. But the really interesting thing here is that if you know of the phenomenon beforehand and are conscious of the contingency between food and music the learning does not occur. Consciousness, then, actually reduces our abilities of this type, let alone not being necessary for them.

And so, in the learning of skills, consciousness is more a spectator, having little to do, or so it seems. A simple experiment can show that it has little to do. Take a coin in each hand and toss them both, crossing them in the air in such a way that they are caught in opposite hands. This you can learn in a few attempts. As you do this, ask yourself if you are conscious of everything you do? Is consciousness necessary at all? I think you will learn that learning is much better described as “organic” rather than conscious. Consciousness takes you into the task, giving you the goal to be reached. But from then on, apart perhaps from

fleeting neurotic concerns about your abilities at such tasks, it is as if the learning is done for you. Yet the psychologists taking consciousness to be the whole architect of behavior, have tried to explain such a task as consciously recognizing the good and bad motions, and by free choice repeating the former and dropping the latter.

The learning of complex skills is no different in this respect. Typewriting has been extensively studied, it generally being agreed by experimenters, that all adaptations and short-cuts in methods were unconsciously made, that is, fallen into quite unintentionally by the typist. The learner suddenly noticed that they were doing certain parts of the work in a new and better way.

In the coin tossing experiment, you may have even discovered that consciousness, if present, may have even impeded your learning. This is a very common finding today in the learning of skills, just as we saw it was in the coin tossing performance. Let the learning go on without your being too conscious of it, and it is all done more smoothly and efficiently. Sometimes too much so, for, in complex skills like typing, one may consistently type “hte” for “the.” The remedy is to reverse the practice by consciously practicing the mistake “hte,” whereby contrary to the usual idea of “practice makes perfect” the

mistake drops away - a phenomenon called negative practice.

In the common motor skills studied in the laboratory<sup>1</sup> as well, such as complex rotor-systems or mirror tracing, the subjects who are asked to be very conscious of their movements, do worse. And long-distance runners, of which I know something about, are trained not to think much about what they are doing while they are doing it. And the Zen technique for learning Archery is extremely explicit on this, advising the archer not to think of himself as drawing the bow and releasing the arrow, but releasing himself from the consciousness of what he is doing by letting the bow stretch itself and the arrow release itself from the fingers at the proper time.

Solution Learning (or instrumental learning or operant learning) is a more complex case. Usually when one is acquiring some solution to a problem, or a path to a goal, Consciousness plays a very considerable role in setting up the problem in a particular way. But there is another side to this that says consciousness is not

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<sup>1</sup> All these laboratory experiments were by scientists such as H.L. Wascom in "Psychology Journal," 1936, and G.A. Kimble in "Journal of Experimental Psychology," 1947.



necessary. Instances can be shown in which a person has no consciousness whatever of either the goal he is seeking or the solution he is finding to achieve that goal.

Another simple experiment can best demonstrate this to you. Ask someone to sit opposite to you and say words, as many words as he or she can think of, pausing two or three seconds after each of them for you to write them down. If after every plural noun (or adjective, or abstract word, or whatever you choose) you say “good” or “right” as you write it down, or smile, or repeat the word pleasantly, the frequency of plural nouns (or whatever) will increase significantly as he or she goes on repeating words. The important thing here is that the subject is not aware that he or she is learning anything at all. He (or she) is not conscious that he is trying to find a way to increase your encouraging remarks, or even of his solution to that problem! Every day, in all our conversations, we are constantly training and being trained by each other in this manner, yet we are never conscious of it.

Such unconscious learning is not confined to verbal behavior. In a well-known college experiment, members of a psychology class were asked to compliment every female they saw wearing red on the campus. Within a week the campus cafeteria was a blaze of red (and friendliness), and

none of the girls was aware of being influenced. Another class, a week later after being told of unconscious learning and training, tried it on the professor. Every time he moved toward the right side of the lecture hall, they paid rapt attention and roared at his jokes. It is reported that they were almost able to train him right out of the door, he remaining unaware of anything unusual!

The critical problem of all these studies is that if the subject decided beforehand to look for such contingencies, he would of course be conscious of what he was learning to do. One way to get around this is to use a behavioral response which is imperceptible to the subject. Suffice it to say that many such experiments exist using electrical impulse charges, etc. In all cases the subjects were totally unaware that they were actually learning something.

Thus, consciousness is not always a necessary part of the learning process, and this is true whether it be the learning of signals, skills, or solutions. There is, of course, much more to say on this fascinating subject, for the whole thrust of modern research in behavior modification is based along these lines. But for the moment we have at least established that the doctrine that conscious experience is the substratum of all learning is clearly false. At this point in our study of the mind we can at least

conclude that it is very possible to conceive of human beings who are not conscious and yet can learn and solve problems!

And I would like all of you to very carefully consider this: Are you really conscious of every word you speak before you speak it? Do you consciously consider each word before you speak it? Do you construct every phrase, every sentence before you speak them? We will get back to this and to what you have come up with on this Thinking prior to your speaking. (Let me see your thoughts on this in future minutes.)

The whole point of everything we have said about consciousness up to now is to discover what "Consciousness IS." By now, you all should have figured out by yourselves and also collectively that the "Secrets of The Minds" - Consciousness - I and II (and others to come) and All the Communications, Lessons then, on Dreams, Lucid Dreams - I and II (and others to come) are all connected in the "Study of Mind" that we are undertaking as directed by The Message of I Paul.

We have shown that consciousness is not what most people would consider it to be and more importantly we have given experiments and data that would imply that consciousness is not always needed or, plays no part in

many things we considered “consciousness” itself. It is not necessary for making snap decisions, many judgments, nor even in simple “thinking.” It has no location in the human body other than an imaginary one! So, we can say, that Consciousness does not make all that much difference to a lot of our activities.

What we have been doing up to now, is to chisel away, very carefully, the things that consciousness is not, so that we may eventually come to know what it is.

As I said in the beginning “Listening is a State of Being.” So, when you sit-to-receive, you should be in that “State of Being,” Conscious, then, of Consciousness!

I have given you enough herein to mull over for a while. I'll close here, then.

In all Love.

Your brother,

I Paul. SG.

## **Secrets of the Minds - III**

### **Consciousness of Consciousness**

Greetings my dear sisters, brothers, and partners, you of The 13.

In our last Communication on this subject, Secrets of the Minds - II, we left you to consider some matters about “Speech,” Language, Then.

“Somewhere” in the Message of I Paul it says something about opening your mouth and utter without giving any thought to what it is you're going to say, and actually that's what you do most of the time anyway. It is only when you want to be extremely cautious about what it is you want to say that you hesitate and “think out” your words before you utter them. Or you write a prepared speech and read from it, or you compile notes, metaphors and so forth, to speak from. Language, or Speech, then, is, like Listening, also a State of Being. And All States of Being, such as, “God IS-I AM” necessitate various levels of “Doing”!

Now in continuing our “Study of Mind,” let us here say a few things about Metaphor and Language.

Metaphor, according to Webster, is a figure of speech

that suggests a likeness by speaking of one thing as if it were another, different thing.

If you do not know what “Language” means, look it up. And I suggest you do and that you read All of it and get it set in your mind once and for all.

Now, let us speak of metaphor. The most fascinating prospect of language is its capacity to make metaphors. But what an understatement! For metaphor is not a mere extra-trick of language, as it is so often slighted in the old schoolbooks on composition - it is the very constitutive ground of language. We are using metaphor here in its most general sense: the use of a term for one thing to describe another because of some kind of similarity between them or between their relations to other things. There are thus always two terms in a metaphor, the thing to be described, and the thing, or relation, used to elucidate it. A metaphor, then is always a known metaphor operating on a lesser known one.

It is by metaphor that a language grows. The common reply to the question “What is it” is, when the reply is difficult or the experience unique, “Well, it is like . . .” In a book I read a few years ago on the History of Language it showed that in studies of both children and adults describing nonsense objects (by less known metaphors) to

others who cannot see them use extended metaphors that with repetition become contracted into labels. This is the major way in which the vocabulary of a language is extended. This, it said, was the grand and vigorous function of metaphors; the generation of new language as it is needed, as human culture becomes more and more complex. If you recall, the Message of I Paul speaks about Jesus and the use he made of certain metaphors while speaking to his disciples or to the crowds who came to hear him. And his use of those metaphors was unique in that he had different sets of metaphors he employed depending on whether the crowd was friendly or hostile to him and his movement. Many of Jesus' metaphors were also “code signs” used to avoid conflict with the Pharisees and the Romans.

So, as to metaphors generating new language, a random look at the etymologies of common words in Webster's Dictionary will demonstrate this association.

So here we are going to use “metazama” for the metaphor of the thing to be described, and “metaozzi” for the lesser, known, metaphor or the thing or relation used to elucidate it.

Now going back to the dictionary, take the name of various fauna or flora in their Latin indicants, or even in

their Common English names, such as stag beetle, lady's slipper, darning needle, Queen Anne's lace, or buttercup. The human body is a particularly generative metaphor, creating previously unspeakable distinctions in a throng of areas. The "head" of an army, table, page, bed, ship, household, or a nail or of steam or water. The "face" of a clock, cliff, card, or a crystal. The "eye" of a needle, wind, storm, target, flower, or potato. Then we have the "brow" of a hill, the "cheeks" or the "jaws" of a vise - the "ear" of corn, the "teeth" of a cog or a comb - the "lips" of pitchers - the "tongues" of shoes or board joints - the "arm" of a chair - the "leg" of a table, and so on. All of these concrete metaphors increase enormously our own Powers of Perception of this Earth and the world about us, and our understanding of it, and literally create new objects. Indeed, language is an organ of Perception, not simply a means of communication - but a State of Being as well.

This is language moving out synchronically (or without reference to time) into the Space of the Universe (and the space of our world) to describe it and perceive it more and more clearly. And we should not view this as a one way "moving out," for it is not; as a State of Being, language moves in All directions having its own way in and its own way out.



Metaphors, then, both of the “metazama” and “metaozzi” types are not indigenous to this Earth but are to E-303 and its mode of Communication. So, language also moves in another and more important way through time and space, as thought transferences, which are not observable (except metaphysically) but receivable by minds. And these too are generated by perceptible metaphors seen only by the mind's “Eye” whether you are awake or asleep.

In the abstractions of human relationships, the skin becomes a peculiarly important metaphor. We get or stay “in touch” with others who may be “thick” or “thin-skinned” or perhaps “touchy” in which case they have to be “handled” carefully lest we “rub” them the wrong way. We may have a “feeling” for another person with whom we may have a “touching” experience.

The concepts of Science are all of this kind, abstract concepts generated by concrete metaphors. In Physics we have force acceleration (to increase one's steps), inertia (originally an indolent person), impedance, resistance, fields, and now charm. In physiology, the metaphor of a machine has been at the very center of discovery. We understand the brain by metaphors to everything from batteries to telegraphy, to computers and holograms.

Medical practice is sometimes directed by metaphor. In the eighteenth century, the heart in fever was like a boiling pot, and as so bloodletting was prescribed to reduce its fuel (all it did was reduce the population). And even today a great deal of medical science is based on the military metaphor of defense of the body against attacks of this or that. The very concept of Law in Greek derives from “Nomos,” the word for the foundations of buildings. To be liable, or bound in law, comes from the Latin “ligare” meaning to bind with cord.

In early times, language and its referents climbed up from the concrete to the abstract on the steps of metaphors, even, we may say, created the abstract on the steps of metaphors.

It is not always obvious though that metaphor has played this all-important function, but this is because the concrete metaphors become hidden in phonemic change, leaving the words to exist on their own. Even such an unmetaphorical-sounding word as the verb “to be” was generated from a metaphor. It comes from the Sanskrit “bhu,” “to grow or make grow,” while the English forms “am” and “is” have evolved from the same Sanskrit “asmi,” “to breathe.” It may be something of a surprise that the irregular conjugation of our most nondescript verb

is thus a record of a time when Man had no independent word for “existence” and could only say, and properly so, that something “grows” or it “breathes.” Of course, we are not conscious that the concept of being is thus generated from a metaphor about growing or breathing. Abstract words are like ancient coins where concrete images in the busy give-and-take of talk have worn away with use.

Because in our brief lives we catch so little of the vastness of history, we tend too much to think of language as being solid as a dictionary, with a granite-like permanence, rather than as the rampant restless sea of metaphor which it is. Indeed, if we consider the changes in vocabulary (including the Message) that have occurred over the last few millennia and project them several more hence, an interesting paradox arises. For if we ever achieve a language here that has the power of expressing everything, then metaphor will no longer be possible. I would not say, in that case, that my love is like a red, red rose, for love would have exploded into terms for its thousands of nuances and applying the correct term would leave the rose metaphorically dead.

The lesson of language, then, is a finite set of terms that by metaphor is able to stretch out over an infinite set of circumstances, even to creating new circumstances

thereby.

(Could consciousness, sub-consciousness, unconsciousness, and so forth, be such new creations?)

We must now examine “Understanding as Metaphor.” We are studying mind, and we are trying to understand consciousness, but what are we really trying to do when we try to understand anything? Like children trying to describe nonsense objects, so in trying to understand a thing we are trying to find a metaphor for that thing. Not just any metaphor, but one with something more familiar and easier to our attention. Understanding a thing is to arrive at a metaphor for that thing by substituting something more familiar to us. And the feeling of familiarity is the feeling of understanding.

Generations ago we would understand thunderstorms perhaps as the rumbling and roaring about in battle of super-human gods. We would have reduced the racket that follows the streak of lightning to familiar battle sounds, for example. Similarly, today, we reduce the storm to various supposed experiences with friction, sparks, vacuums, and the imaginations of bulging banks of burly air smashing together to make the noise. None of these really exist as we picture them. Our image of these events of physics are as far from the actuality as fighting gods. Yet they act as the

metaphor and they feel familiar and so we say we understand thunderstorms.

So, in other areas of science, we say we understand an aspect of nature when we can say it is similar to some theoretical model.

The term theory and model, incidentally, are sometimes used interchangeably. But really, they should not be. A theory is a model to the things the model is supposed to represent. The Bohr model of the atom is that of a proton surrounded by orbiting electrons. It is something like the pattern of the Solar System and that is indeed one of its metaphoric sources. Bohr's theory was that all atoms were similar to his model. The theory, with the more recent discovery of new particles and complicated interatomic relationships, has turned out not to be true. But the model remains. A model is neither true nor false - only the theory of its similarity to what it represents.

A theory is thus a metaphor between a model and data. And understanding in science is The Feeling of similarity between complicated data and a familiar model.

If understanding a thing is arriving at a familiarizing metaphor for it, then we can see that there always will be a difficulty in understanding Consciousness. For it should be

immediately apparent that there is not and cannot be anything in our immediate experience that is like immediate experience. There is therefore a sense in which we will never be able to understand consciousness in the same way we can understand things we are conscious of. Most of the errors about consciousness that we have been studying have been errors of attempted metaphors. We have spoken of the notion of consciousness being a copy of experience coming out of the explicit metaphor of a writer's slate. But of course, no one really meant consciousness copies experience - it was as if it did. And we found an analysis, of course, that it did not.

And even the idea behind that last phrase, that consciousness does anything at all, even that is a metaphor. It is saying that consciousness is a person behaving in physical space who does things. And this is true only if "does" is a metaphor as well. For to do things is some kind of behavior in a physical world by a living body. And also, in what "space" is the metaphorical "doing" being done? This "space" too must be a metaphor of real space. All of which is reminiscent of our discussion of the location of consciousness, also a metaphor. Consciousness is being thought of as a thing, and so like other things must have a location, which, as we explained earlier, it does not actually have in the Physical Sense. (Hopefully all of you

understand the location of The Consciousness.)

What we have said up to now on this subject is, to a non-spiritual, fairly dense. But before coming out into the clearing we need to describe what we mean by the term “analog.” An analog is a model, but a special kind of model. It is not like a scientific model, whose source may be anything at all, and whose purpose is to act as a hypothesis of explanation or understanding. Instead, an analog is at every point generated by the thing it is an analog of. A map is a good example. It is not a model in the scientific sense, not a hypothetical model like the Bohr atom to explain something unknown. Instead, it is constructed from something well known, if not completely known. Each region of a district of land is allotted a corresponding region on the map, though the materials of land and map are absolutely different and a large proportion of the features of the land have to be left out. And the relation between an analog map and its land is a metaphor. If I point to a location on a map and say, “there is Virginia Beach and from there we head north to Cape Cod,” that is really a shorthand way of saying “the relationship between the point labeled Virginia Beach and the other point is similar to the actual Virginia Beach and its proximity to the Cape's location.”

I hope it is apparent now, at least dimly, what it is we are approaching. I am trying to arrange in your minds certain notions, so that, at the very least, you will not be immediately estranged from the point I am about to make. My procedure here in what I realize is a difficult and overtly diffuse of this study of minds and its secrets, is to state them in general terms and then go on to clarify them.

Subjective conscious mind is an analog of what is called the Real World (and everything has its opposites). Ideally it is built up with a vocabulary or lexical field whose terms are metaphors or analogs of behavior in the physical world. Its Reality is of the same order as mathematics. It allows us to short-cut behavioral processes and arrive at more adequate decisions. Like mathematics it is an operator rather than a thing or repository. And it is intimately bound up with Volition and Decision.

Consider the language we use to describe conscious processes. The most prominent group of words used to describe mental events are visual. We see solutions to problems, the best of which may be brilliant, and the person brighter and clear-headed, as opposed to dull or fuzzy-minded, or obscure solutions. These words are all metaphors and the mind-space to which they apply is a metaphor of actual space. In it we can approach a problem,



perhaps from some viewpoint, and grapple with its difficulties, or seize together or com-prehend parts of a problem, and so on, using metaphors of behavior to invent things to do in this metaphored mind-space.

And the adjectives to describe physical behavior in real space are analogically taken over to describe mental behavior in mind-space when we speak of our minds as being quick, slow, agitated (as when we cogitate or co-cogitate), nimble-witted, strong or weak-minded. The mind-space in which these metaphysical activities go on has its own group of adjectives - we can be broad-minded, deep, open, or narrow-minded. We can be occupied, we can get something off our minds, put something out of mind, or we can get it, let something penetrate, or bear, have, keep, or hold it in mind.

As with a real space, something can be at the back of our mind, in its inner recesses, or beyond our mind, or out of our mind. In argument we try to get things through to someone, to reach their understanding, or find a common ground, or point out, etc., all actions in real space taken over analogically into the space of mind.

But what is it we are making a metaphor of? We have seen that the usual function of metaphor is a wish to designate a particular aspect of a thing or to describe

something for which words are not available. That thing to be designated, described, expressed or lexically widened is what we have called the metazama. We operate upon this by some similar, more familiar thing, called a metaozzi. Originally, of course, the purpose was intensely practical, to designate an arm of the sea as a better place for shellfish, or to put a head on a nail that it might better hold a board to a stanchion. The metaozzis here were arm and head and the metazamas a particular part of the sea and a particular end of a nail that already existed. Now when we say mind-space is a metaphor of real space, it is the real “external” world that is the metaozzi. But if the metaphor generates consciousness rather than simply describes it, what is the metazama?

If we look more carefully at the nature of metaphor (keeping note all the while the metaphorical nature of almost everything we are saying), we find (even the verb “find”!) that it is composed of more than a metazama and a metaozzi. There are also at the bottom of most complex metaphors various associations or attributes of the metaozzi which we are going to call paraozzis. And these paraozzis project back into the metazama as what we call parazamas of the metazama. Jargon, yes, but absolutely necessary if we are to be crystal clear about our referents.

Some examples will show that the unraveling of metaphor into the four points is really quite simple, as well as clarifying what otherwise we could not speak about.

Consider the metaphor that the snow blankets the ground. The metazama is something about the completeness and even thickness with which the ground is covered by snow. The metaozzi is a blanket on a bed. But the pleasing nuances of this metaphor are in the paraozzis of the metaozzi - blanket. These are something about warmth, protection, and slumber until some period of awakening. These associations of blanket then automatically become the associations or parazamas of the original metazama, the way the snow covers the ground. And we thus have created by this metaphor the idea of the Earth sleeping and protected by the snow covering until its awakening in spring. All this is packed into the simple word blanket to pertain to the way snow covers the ground!

Not all metaphors, of course, have such generative potential. In that often cited one that a ship plows the sea, the metazama is the particular action of the bow of the ship through the water, and the metaozzi is plowing action. The correspondence is exact. And that is the end of it.

But if I say the brook sings through the woods, the similarity of the metazama of the brooks bubbling and

gurgling and the metaozzi of (presumably) a child singing, is not at all exact. It is the paraozzis of joy and dancingness becoming the parazamas of the brook that are of interest.

Or in the many poemed comparison of love to a rose, it is not the tenuous correspondence of metazama and metaozzi but the parazama that engage us, that love lives in the sun, smells sweet, has thorns when grasped, and blooms for a season only. Or suppose I say less visually and so more profoundly something quite opposite, that my love is like a tinsmith's scoop, sunk past its gleam in the meal-bin. The immediate correspondence here of metazama and metaozzi, of being out of casual sight, is trivial. Instead, it is the parazamas of this metaphor which create what could not possibly be there, the enduring careful shape and hidden shiningness and holdingness of a lasting love deep in the heavy manipulatable softness of mounding time, the whole simulating (and so parazamaing) sexual intercourse from a male point of view. Love has not such properties except as we generate them by metaphor.

Of such poetry is consciousness made? Or is this the way we treat the gift of Consciousness? Suppose we are trying to solve some simple problem such as this one involving a series of circles and triangles: We have a series of figures thusly: O Δ O Δ O ?

What is the next figure in this series? How did you arrive at your answer? Once we have given you the series or “struction,” you automatically “see” that it is another triangle.

If you automatically replaced the “question mark” with a “triangle” without reading further, then your Consciousness is where it ought to be - another way of saying this is: One does one's Thinking before one knows what one is to Think about. Now as regards the problem given of the circles and triangles let us say this: Suppose we express the fact that we have obtained the solution by exclaiming that, alas, we “see” what the answer is, mainly, a triangle.

This metaphor may be analyzed just as the blanket of snow or the singing brook. The metazama is obtaining the solution, the metaozzi is sight with the eyes, and the paraozzis are all those things associated with vision that then create parazamas, such as the mind's “eye,” “seeing the solution clearly,” etc., and, most important, the parazama of a “space” in which the “seeing” is going on, or what we are calling mind-space, and “objects” to “see.”

Now I do not mean for this brief sketch to stand in for a real theory or for the last word on how much of our consciousness is generated in the first place. That will all

come together as we progress in our “study of Mind.” Here I only suggest the possibility that consciousness is, in part, the work of lexical metaphor, being spun out of the concrete metaozzis of expression and their paraozzis, projecting parazamas that exist only in the functional sense. Moreover, it goes on generating itself each new parazama capable of being a metazama on its own, resulting in new metaozzis with their paraozzis, and so on.

Of course, this process is not and cannot be as haphazard as I am making it sound. This world and the Universe are organized, highly organized, and the concrete metaozzis that are generating consciousness thus generate consciousness in a very highly organized way. Hence the similarity of consciousness and the physical-spiritual behavioral world we are conscious of. And hence the structure of that world and that Universe is echoed - though with certain differences - in the structure of all consciousness.

We will continue our study of mind in Secrets of the Minds, Consciousness of Consciousness, Number Four, soon.

All my love,

Your brother, I Paul. SG.

“Struction” = That which has the connotation of both  
Construction and Instruction.

July 1988 - Restricted

## **Secrets of the Minds - IV**

### **Consciousness of Consciousness**

Greetings:

To you of the Order of 13, to your Spirit Guide, to your Executive Secretary and to my Associate Advisors, I Paul, the Mystic of the Message of I Paul, the Book of Life, and the Book of the Two Ways, salute you, embraces you, and continues on to assist you in establishing your Well-Being. Unity, Peace, One-Mindedness, and Love insures your Well-Being. Matters that do not matter, if you remain beholden to them will, of course, destroy your Well-Being and the Well-Being of all those around you “If” they do not Keep the Watch! And, more importantly, if they do not recognize you as one who does not keep the watch and, are therefore, not one of them, they too are destined to fall with you.

That of course would make quite a shambles of the Order of 13.

Now we have been patient, quite patient, to say the least, but we still do not see, across the board, any fruitful Creative Outlets. Our advice to all of you is that you all “go-



back” and take a good long look at what it was you were asked to do, and then, putting first things first, I Paul, would, if I were you Do It. Because if you don’t, we are not going to do another single solitary thing until you Do those things - those Matters that Do Matter, then.

Now, let us go on with our “Study of the Mind” and peek into the causes and the curses of Consciousness as it is known or unknown on this Earth. The word “psyche” first appeared in early literature and is credited to “Pindar,” circa 500 BC. It is much older.

I raise this point because “the Psyche” as used by the religionists means to them “the soul.” Let us examine this “making of the soul” by man here on W-303. But first let us begin with the causes of Consciousness involving not only the Brain but the minds, the Real Psyches and not the man-made concept of it turning it into a so-called soul, something that is in man and survives man, etc., but which they do not consider as mind as we True Christian Spiritualists know it, the Psyche, then, to be.

This exclusive Communication to the Order of 13, its Spirit Guide, and to the Associate Advisors to the Mystic of the Message of I Paul, is going to be a lengthy one according to Jesse and it will tie me up for quite some time to come, so do not plan on I Paul, for anything in the

interim. Between Jesse, and my other trepidations, I presume I will be pretty busy. Here we go!

**- God, LIFE, then; gods, graves, and idols -**

Civilization is the art of living in towns of such size that everyone does not know everyone else. Not a very inspiring definition, perhaps, but nevertheless a true ONE. We have, man-woman that is, hypothesized that it is the social organization provided by the Evolutionary brain that made this possible. I know that this is in error and herein I am going to prove that it is the minds and not the brain that makes all things possible and without excessive particularization I will give world-wide evidence that such minds did, and do now, in fact exist, wherever and whenever civilization first began and does in fact exist now, not only on this Earth but on other Earths - three, then, besides our own. So, for us there is no Future in going backwards. Our Future lies in our going Upwards, or Outwards, if you prefer.

While the matter is in much current debate by the various sciences and scholars, the view I am going to put forward is that civilization here on W-303 began in various sites almost simultaneously beginning on what we now know as Antarctica and the Near East and then spreading out along the Tigris and Euphrates Rivers, into Anatolia

and the Valley of the Nile; then into Cyprus, Thessaly and Crete; and then somewhat later by diffusion into the Indus River Valley and beyond, into the Ukraine and into Central Asia; then, partly by diffusion and by flights from Antarctica, simultaneous moves were made into and along the Yangtze; then by more flights into Meso-America, and from there by diffusion into the Andean Highlands to establish a Beacon and Landing Field, which from, incidentally, a flight was made, eventually, to establish a beacon for the future at a site called Col-O-Ra-da. In each of these areas, with the exception of the latter, “kingdoms” were established, all with perfected similarity but each having two Chambers, or dualities, or, if you wish, Opposites. While there were certain other “bicameral kingdoms” other than those I have already mentioned, such as along the Bay of Bengal, Malay (the peninsula that is), in Europe, certainly in Africa by diffusion from Egypt and even into what we now know as North America which established the American Indian civilizations and, although not all of Lumerian extractions, because some North 303 “peoples” were also introduced there. Just as some of the East 303 “peoples” were also introduced into Egypt and areas about that site after the “kingdoms” were established.

Here I Paul, should also inform you that the Four

Earths, the 303's, which have been well established in previous documents also have "Auras" and are known also as East 303 or the Black Earth, North 303 or the Yellow Earth, South 303 or the Red Earth, and, finally, West 303 or the White Earth.

Now all too little has been discovered about these original "settlements" or "kingdoms" up to this time to prove our point at the moment.

Given the outline of the settlements as I Paul, have given them, I Paul, suggest that there are several Archaeological sites and features of ancient civilizations that need be disclosed in order that we, the Family of LIFE and LIGHT of the All in ALL and especially its Order of 13, et al, may prove its claims. These disclosures of course will not be contained in any Communication to the Family or to the Order of 13, they will be handed over personally and in writing to those deemed totally Responsible by the Spirit of the Message of I Paul through or via the Mystic of the Message of I Paul via the Spirit Guide of the Order of 13. You now have, of course, one of these disclosures in writing, in a Communication to the Order of 13. What you do with this one, how you treat it and how carefully you guard it and maintain strict silence about it, outside of the Order of 13, will go a long way toward establishing your Responsibility,

and therefore your participation in such “disclosures” and “discoveries,” in the future.

**- The Houses of LIFE -**

Since the Message of I Paul has already established that these Number Eleven in All let us focus on just one of these Houses, “Righteous” by name.

Imagine yourselves coming as strangers to an unknown land and finding its settlements all organized along similar plans - ordinary dwelling places and other buildings surrounding one magnificent and much larger edifice. You would immediately assume that the larger, most beautiful building belonged to and was the dwelling of the king or the ruler. In some other place your assumption might be right. But here, in this particular “House of LIFE” you would be dead wrong, for here in the oldest civilizations such magnificent buildings were not the residences of the “kings,” the “princes” or the “princesses” - in other words the ruler or rulers were, in all cases, Equals among Equals and resided in the same manner as did those they represented. You might be the “king” or the “ruler” but primarily you were “neighbor” first. No one dwelled in the superior building of the complex or city, then, for it contained that particular civilization's “Bundle” and it was there where the

populace of the city met weekly to settle all of the city's business, etc., and where visiting dignitaries were made welcome and where tyros were taught and adopted into the city's "Order" as adepts, both male and female who had reached the age of thirteen years.

Now, whenever we encounter a city or town plan such as this, with a central larger building which is not a residence and is not used simply as a granary or a warehouse, for example, and contains some kind of records and order, then we can accept it as some kind of a bicameral culture or of a culture derived from One. This criterion may seem fatuous since it is the make-up of many towns around the world today. We are so used to a town plan with a church surrounded by lesser buildings that we see nothing unusual. But our contemporary religious and city architecture is, you see, the results of our bicameral ancestral past.

The temple or church or mosque is still called the "House of God" today. In them, the people still talk to the god and bring their god offerings to appease him or please him or to enjoin him in their favor. My purpose in bringing all of this to your attention is to show how some matters have never changed, materialistically, while some of the matters that really do matter have changed dramatically as

well as tragically, such as the transition from Spiritualism, Pure and True, into religionism, false and materialistically oriented and controlled. We have retained the basic architecture, but we have, without a doubt, lost sight of the Architect (here, of course, I Paul, am editorializing).

**- From Jericho to Us -**

I know of no exceptions involving “human group” habitations right from the very beginning of the Lumerian landings up to what our scientists cite as the Mesolithic Era, that is, that period between the paleolithic and neolithic periods where, the sciences claim that certain animals and plants were domesticated. Mesolithic in the Greek can be translated as “stone.”

In an early village, such as the highly excavated Jericho (corresponding to the ninth level or ninth millennium BC), the plan given above dealing with lesser dwellings surrounding one larger one is not entirely clear and is still debatable.

What lies at the tenth level we do not as yet know.

The larger “god-house” at Jericho, surrounded completely by lesser houses, at a level corresponding to the seventh millennium BC supports our claims, but we cannot rest on that single support insofar as Jericho is involved.

But this huge temple at Jericho, surrounded by many lesser ones, spells out a different use than the others I Paul, have described herein. The facts quite clearly point to its use as a burial chamber - a burial chamber for one. It is no longer the tomb of a dead ruler whose corpse is propped up on stones. According to the reports of the excavators, the niches held life-size effigies, heads modeled naturalistically set in clay and set on canes or bundles of reeds painted Red! And at this same site the excavators found ten skulls, just the skulls, grouped together along with clay replicas, one for each skull, showing the likeness of the person each skull represented. Why these ten skulls were placed with the corpse propped on a, or on its pillows of stones has completely escaped the excavators. The answer, of course, lies in the Numeral Thirteen, a point we shall come back to.

Then, too, the Hacilar culture in Anatolia of 7000 BC also had human crania set up on platforms suggesting some sort of similarity or meaning - something to do with Life and Death. The peculiar arrangement of the Anatolia skulls left the excavators puzzled. They were arranged, in rows, and in groups of 3, then 2, then 3, then 2, and finally 3. One thing the archaeologists, with other scientific assistance, were able to determine was that the “three-groups” were female, and the “two-groups” were male. To



this day they do not know the significance of these skull arrangements.

The largest neolithic site in the Near East is the 32-acre Catal Hüyük, of which only three or four acres have been as yet excavated. Here the arrangement was slightly different. Excavations dating from 6000 to 7000 BC show that almost every house had four or five rooms nestled around a special room or the “Life Room,” or as the excavators labeled them, the “god-rooms.” Later, through records, they found that the people themselves who had lived there called these special rooms which were the center of each house, the “S” room. And there does exist, extant, layouts of one particular site designating these central rooms as “S” rooms, or to be perfectly correct in the discernment, “S” Houses! A “House” then within a house, as strange to us today as that may sound or seem. Proof? (See plan of building-level VI-B at Catal Hüyük, about 6500 BC. Note there that there is a room, some call it a shrine, designated by an S in every household.)

Now at Eridu, five centuries later, LIFE houses were set on mud brick platforms, which gave birth to what we cite today as the “ziggurats.” In a long central S room at one end laid the “Bundle” and at the opposite end, seemingly staring at it, was a wood carving of a Falcon atop

a table. There was nothing within that LIFE House even remotely resembling or indicating any such thing as an Altar, nor anything that we today would label as religious. In fact, the very simplicity of these “S” rooms or houses practically deny any real interpretation of their function or their meaning.

We, of course, have the answers outlined in the Order of 13 Communication “Signs and Symbols” etc. And, of course, an elaboration of such herein.

So, it is this Eridu sequence of “S” houses that leads us up to the Ubaid culture in southern Iraq, which spreading rapidly over the whole of Mesopotamia, that lays the foundation of the Sumerian Civilization and its Babylonian successor which I will cover more intensely later on, herein.

With cities of many thousands came the building of the huge, monumental “god-houses” which characterize and dominate cities from then on, perhaps being hallucinogenic aids to everyone for miles around. Beginning, then, with the Sumerians, coupled with these huge “ziggurats,” the peoples of various cultures turned from Spirituals to religionists. And this turning shut the door on the Lumerians, who, with some cultures and segments of others, abandoned W-303 (this whole story

will be fully covered in CPM Thirty-One with corroborating evidence).

To view even today such huge mountainous ziggurats as, say, that of UR, still heaving up above the excavated ruins of its once bicameral civilization, with its ramps of staircases rising to but half the height it once had, and to admire its, or I should say to imagine its triple tier of temples on top rising into the Sun is to feel the grip such architecture alone can have on one's mentality.

### **- The Hittite Variation -**

Who were these people called the Hittites? Where did they come from? First of all, they were a combination, a collection of genres from the East, North, and the South and they inhabited the Steppes of what we now call Russia, in fact, Southern Russia - and from there they migrated. The Hittites were actually the great idol worshipers the real bridge from Spiritualism into religion and so-called Paganism, the Cult People, then. Not much, historically wise, is known about these Hittites and much of what has been written about them is more theory and guess work than fact. They, the Hittites, were the real "gamete" of religion on this Earth. Others, before them, only toyed with it, being more materialistic than they were religionists.

The Hittites in center of their Capital, Hattusa, now Böghazköy in Central Turkey (these Hittites are an example of a group of nomadic peoples learning a bicameral civilization from their neighbors and then elaborating upon it), had four huge temples with great granite structures that projected beyond the facades of the limestone walls to obtain lateral lighting for some huge idols.

But, perhaps taking the place of a ziggurat, that is, of a high place that could be seen wherever lands were being farmed, is the beautiful outdoor mountain shrine of Yazilikaya just above the city, its sanctuary walls streaming with reliefs of gods (good photographs of Yazilikaya may be seen by you in Chapter 3 of Seton Lloyd, “Early Highland Peoples of Anatolia,” (New York, McGraw-Hill, 1967). And explanatory discussion may be found in Ekron Akurgal, “Ancient Civilization and Ruins of Turkey,” (Istanbul, 1969).

That the mountains themselves were hallucinatory to the Hittites is indicated by relief structures still clearly visible on the rocks within the sanctuary, showing the usual stereotyped drawings of mountains topped with the heads and headdresses used for gods. As the Psalmist sings, “I will lift up mine eyes unto the hills whence

cometh my help.”

On one of the faces of this mountain temple, the vested king is carved in profile. Just behind him in the stone relief towers a god with a much loftier crown, the god's right arm is outstretched, showing the king the way, while the god's left arm is hugged around the king's neck and grasps the king's right wrist firmly. It is testament to an emblem of the bicameral mind. It also says to the king, that is the Way, but you cannot pursue it - you are earthbound! Obviously, this stone relief could not have been carved during the reign of a king who openly defied his Spirituality and who embraced religion and mammon during his lifetime.

The depicting of gods in long files, unique to the Hittites, gives, I believe, a solution to an old problem in Hittite research which has been stalled for many years. I Paul, would draw attention to the scholars, the translation of the Hittite word “pankush,” a Lumerian term in origin. Scholars interpret it as signifying the whole human community, some sort of national assembly. But other texts, recently unearthed, are forcing a revision of this discernment to have “pankush” mean some sort of an elite. Furthermore, I Paul, puts forth the suggestion that it indicates a whole community of supernatural beings and

not the human community at all, and particularly the choice-decisions in which all the “bicameral voices” were in agreement. The very fact that during the last few centuries or so when the Hittites were a Power and ruled over a vast area, no mention of the “pankush” appears in any extant text, indicates their collective silence and the beginning of the troublous change toward subjectivity.

### **- The Olmec and Maya Connection -**

Although the Maya have been fairly well documented by historians and scholars little or next to nothing is known about the Olmec and much of what has been written about them is really supposition.

Well let me tell you right off that these so-called Olmecs have a very classy background - up to Now we have not made a single reference to Atlantis - we are, in fact, reserving that subject for another Communication, but we can tell you that the Olmecs were the Servant Class of Atlantis. The Olmec “writings” to this day have yet to be properly deciphered, the Maya partly so. The Toltec partly so. Only the Aztec is pretty well understood with but a few exceptions.

The earliest kingdoms of America are also characterized by these huge, otherwise useless I believe,

centrally located buildings (useless I say because by now the people had lost track of the bicameral kingdoms and were simply “playing copy-cat” as the traditional thing to do).<sup>2</sup> The queer shaped clumsy Olmec pyramid at La Venta of about 600 BC with its corridor of lesser mounds smothering mysterious jaguar-face mosaics; or the rash of great temple pyramids built around 250 BC (See in this connection C.A. Burland, “The Gods of Mexico,” Eyre and Spottiswood, 1967, and also G.H.S. Bushnell, “The First Americans: The Pre-Columbian Civilizations,” New York, McGraw-Hill, 1968).

The largest of them, the gigantic pyramid of the Sun at Teotihuacan (literally “Place” or “House of the Gods”) has a greater cubic content than any discovered up to this time in Egypt, being an eighth of a mile long on each side and higher than a twenty-story building. (It was constructed of three million tons of clay adobes, thus requiring a tremendous amount of man-hours just to make the adobe blocks, never mind the construction of the pyramid itself.)

A room for a god on its summit was reached by a series of very steep staircases. And on top of the god-room, or

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<sup>2</sup> We may get one hell of an argument about this from Oltec and Maya scholars. We are on good ground.

god-house certain writings cut into stone say that on top of that room or house was a tremendous statue of the Sun which somehow has disappeared. A processional way flanked by lesser pyramids lead towards it, and, for miles around on the plateau, one can still see the remains of a great city, houses for priests, numerous courtyards, and many smaller buildings, all one story so that from anywhere one could see the great pyramidal Houses of the Gods.

Beginning somewhat later, but co-temporaneous with Teotihuacan, are the many Maya cities in the Yucatan Peninsula showing the same bicameral architecture, each city centering upon steeply rising pyramids topped with god-houses and richly decorated with Olmec-type jaguar masks and other murals and carvings, in which an endless variety of dragons with human faces crawl fiercely through the intricate stone decoration. Exceptionally interesting is the fact that some of the pyramids contain burials, perhaps indicating a phase when the king or the ruler was considered a god, much like the kings of Egypt. The only difference here is that not a single body of a king of Egypt has ever been found in a pyramid there, while in Mexico bodies of kings have been found in the Maya pyramids. This indicates a difference in thought.



In front of these Mayan pyramids are usually stelae carved with figures of gods and glyphic inscriptions which have yet to be fully understood. Since this kind of writing is always in connection with either Spiritual or religious images, it is possible the hypothesis of the bicameral mind may assist in unwinding their mysteries. In fact, I assure you it will.

I also think that the curious inhospitable sites on which Mayan cities were often built and their sudden appearance and disappearance can best be explained on the basis that such sites and movements were commanded by hallucinations which in certain periods could be not only irrational but downright punishing - as was Jahweh sometimes to his people, or Apollo (through the Delphic Oracle) to his, siding with the invaders of Greece, or Urbane who brought down Atlantis. And then, of course, I have firsthand experience of same from I Paul and now Jesse. And so do all of you - from me! (And all of this is bicameral - the two minds straining to become One. For some of us it is easy, for others it is truly a struggle, and that struggle is self-imposed - some of you simply cannot leave matters alone that do not matter - not yesterday, not today, and not tomorrow. And most certainly not the day after! And then you wonder, stupidly amazed, why things are just not going your way.) Occasionally there are

demonstrations of the dual, or bicameral minds. On two stone reliefs from Santa Lucia Cotzumalhauha, a non-Mayan site on the Pacific slope of Guatemala, this is the case. A man is shown prostrate on the grass and is being spoken to by two figures - one half-human, half-animal and the other a figure of death. That, in the bicameral sense represents the Two Ways, the Book of Life and the Message in pictorial form. We can consider this as a bicameral scene from observations of the so-called "Chilans" or prophets of the area. Even today they receive "voices," as they cite them, while down in this prostrate position, although the church, the predominate power in control of the minds in that area, charge that such "Receivings" are the direct results of these "Chilan's" habits of eating Peyote! The church, with its conquest theology in this area, states quite calmly that these "voices," these "Receivings," these "Revelations" being given are hallucinatory and must, at all costs, be disregarded, and that the masses must follow the true "voices received," that resulted in Mark, Matthew, Luke, and John, and put an end to all Revelations from God. Insofar as Catholicism is concerned God is dead - only Jesus lives, and he lives with Mary. Poor "Josep" died with God, I guess. (You might want to refer to J. Erik S. Thomson, "Maya History and Religion," Norman

University of Oklahoma Press, 1970, page 156.) Peyote, incidentally, was used by many Meso-Americans, regardless of whether they were professing Spirituals or professing religionists.

### - The Andean Connections -

The half-dozen or so civilizations of the Andes that precede the Incas are now quite lost in the overgrowth of time as we know it. One of the earliest, the Kotosh, which most of you, if not all, never even heard of, dating before 2000 BC. Its culture was centered around a rectangular “god-house” built on a stepped platform 25 feet high on a large mound, which was surrounded by other lesser buildings. Its interior walls had a few tall rectangular niches in each, in one of which was a pair of crossed hands modeled in plaster, perhaps part of a larger idol, now dust. How similar to Jericho five millennia earlier!

Where did these Kotosh come from? The scholars all pretty much agree that they migrated from Mexico. Well, that's all well and good as it stands, but how did they get to Mexico in the first place, you might ask? And, of course, the most obvious question, begging an answer, is how did they get to Mexico; and where in hell did they come from in the first place? Antarctica is the answer.

The next group in this area we want to get into the record are the Chavin. The earliest record we can find of these Chavin dates circa 1300 BC and what we do know about them shows or leans toward the Olmecs. These Chavin were the perfectionists of their time in the cultivation of maize, in the creation of great pottery and art and in, the curious, but beautiful art of the “jaguar theme” in its Spiritual expression. Yet, they went beyond the jaguar-art insofar as the primary art foundation was concerned. They had, in their “Life-houses” carved Falcons holding in their talons a great S, which most scholars and archaeologists have discerned as a headless snake. (This is a great example of the workings and the power of preconceived ideas of brainwashing, of mind control, even. It seems like the Snake, the Serpent of the Garden of Eden, is going to haunt us step by step.)

At Chavin itself, in the Northern highlands, is a great platform-like temple, honeycombed with passageways and within its uttermost interior houses a most impressive idol (artwork, whether spiritual or not, of this great magnitude, always impresses), clearly religious in its meaning and in the form of massive granite conglomeration and carved in low relief to show a human with a jaguar head in the profile posture, facing left. Their “cousins” the Paracas, another culture you probably never heard of also, “the Mysterious

One,” so-called because they came and then disappeared so damn quickly, little or nothing is known about them. How did they come? How did they leave? Where did they come from? And why did they leave? What was their purpose, their reason for all of this?

For these answers, and more, you will have to have CPM #31 in your possession. This is not a put off. It is a precaution.

Just as I would protect those who took their place, the “Mochicas,” another culture hard to pin down because they came here so swiftly and left so abruptly. Regardless of their speed, they left their mark here on W-303, and that mark remains even today. Aerial photography proves their handiwork. To them we owe much, both astronomical wise and geodetic wise. They were - they are yet, the great Beta and Gamma mathematicians of our Universe. Their cosmology, long before the word itself was ever coined here, is beyond comparison. Geometry was their game. It still is. What, really, would one make of the mysterious lines and figures, some running for miles in length in the dry valleys of Nazca, and gigantic bird and gigantic insect outlines even, acres upon acres in area, which can only be seen from above, aerial wise then, and which no one here on W-303 has, as yet, come up with a plausible,

satisfactory explanation. There were no airplanes in that day and age - at least not here on W-303; perhaps I should say, "none of origin here," in that day and age.

If you want a record of these "Mochicas" turn your face to the Chicama Valley, for there they left their signature as well as a message. And that message contains a statement, undeniable in its context, "We Shall Return." The facts are - they have! The evidence? Wolf Tails Pass, among other places; one in Siberia, one in the Yellow River, one in Turkey, one in Paris, Maine, USA, and two, smack dab in the center, geometrically, in what we know as the Bermuda Triangle. Which, incidentally, is no triangle at all - it is a circle, an anti-gravitational circle at specific times, and controlled. And it is not controlled by anything or anyone outside of the atmosphere of this Earth we reside on. When a volcano erupts here on W-303 it gets all the headlines - when the opposite happens, and some unfortunates are in the vicinity, it again gets the headlines, only this time it is something mysterious, eerie, and unexplainable! Disabuse yourselves of such illusions and fantasies - it's all perfectly normal (if I may use that word for lack of another, to make my point), it's a planetary function in its evolutionary process - the coming into its own place in the scheme of the Universe, overall. It, this Earth, like all "heavenly bodies" is undergoing constant

Change, a change which it, and you, and I, have absolutely no control over. Oh yes, we can waste it, something “we” are doing one hell of a job at, but it will still control its own change in spite of what the Life on it does to the other life on it.

Weep not my friends and please do not ask whom the bells toll for - there is no strength in sorrow - strength lies in numbers and the fate of this Family lies within the Order of 13, et al!

Now, going back to the Andean group, I should mention the Para-Cas. They came here around 400 BC and when they left, they left us a “little gift.” A little gift, if you can call 400 mummies a gift!

You see, the Para-Cas are truly a mysterious anomaly (maybe I'm being kind), they left no houses, they left no building sites, they left no temples, no pyramids, in fact, they left nothing of value, but they left 400 mummies, why? We didn't need their god-damned waste, nor their mummies, I have enough of each right now. Of course, the mummies are a change of pace - they, at least, don't get their noses out of joint over the most insignificant matters that truly do not matter - except to idiots! And this earth has its abundance of idiots. Oh, oh, oh, your feelings were hurt! Oh my, isn't that too god-damn bad! Grow Up - Keep

the Watch, or I Paul, will personally run you the hell out of here - you're not worthy of standing with us, in that Frame of Consciousness. Awareness, Action, then, is still the name of the game, and I can personally make it Flow both ways. If you do not believe this, try me, be my guest. A few have, you know.

Well, anyway in the "Paracas" section, in deep underground vaults, these aliens left 400 mummies painted "deep Red." Now what in hell am I going to do with four hundred more mummies, especially painted Red? Of course, I really should be appreciative of the gift, at least those mummies, painted Red and all, can at least mind their own business, and they never get their noses out of joint over some trivial thing, some matter that really doesn't matter! And, of course, if I Paul, had, say, one-third in Hampton, one-third in Virginia Beach, and the other third on the Cape, I wonder which group would succumb to "self" first! It probably would be a dead heat.

When you get it all together my friends, we will get the show on the road, and we will not get it on the road a second earlier.

You want to see some Action? Then show us some. Those Red painted mummies have been around since 400 BC, I guess we can wait - we have great patience.



Well, getting back to our Andean groups, right out of nowhere, or so it seemed, on the bleak uplands near Lake Titicaca, came the great empire of Tiahuanaco, with an even larger stone-faced pyramid! And I mean this one outdid them all. And this one had giant pillar-like gods, all with tears in their eyes (why?). And why were there seven in all? Seven gigantic god figures with four goddesses, much smaller in stature fitted in the scheme - one between the 1st and 2nd god, two directly below the 4th god and one goddess between the 6th and 7th god. Unusual? Quite so, since in that time period women were not regarded highly in either the political circles or the religious ones.

But having said that, how do I adjust to the fact that the 400 mummies were just that, mummies, or at least all females? Is there a message here? Can any of you see a message here?

The last of this Andean group that I need to mention are the Chimú. Their Capital City of Chan-Chan (sounds very oriental) covering eleven square miles was totally walled off into ten great compounds with one great wall encompassing all ten separate and walled compounds. Each of ten separate and walled compounds were a city within themselves, each with their own pyramid, with their own palace-like structure, their own army, their own

“local ruler,” their own irrigated areas, reservoirs, and even their own cemeteries.

I mention the Chimu because they remind me of the Order of 13. I Paul, sincerely hope you get my point and then, Act, and tear down those walls. For, as long as you remain “walled-in,” contained, then, you are going nowhere outside of those walls. You see, I Paul, does not have you walled-in, you do! You can read and listen to S-1-9 from now until the grave beckons, reading and hearing it is only the first step, and until, and unless, you take the next step, you will remain stuck-in, smack-dab in your own private little cemetery!

Personally, I can think of better ways to be buried.

Let me put this whole subject into a clear, lucid perception. You, me, we all have feelings, that's Life! But as a Practicing Spirit Guide, as a Spirit Guide Ambassador, as a Mystic Servant Slave to the LIGHT, you are allowed only the feelings of Christ-Jesus and those under, and only under the auspices of the Mind of Christ.

In other words, if you wish to remain “walled-in,” then, for our sakes, move to Chan-Chan!

## - The Golden Realm of the Incas -

Just in case you were curious or wondering why some “+’s” were written that way, the explanation is simple - simply this: it is the cross of the Inca and, as well, it is the Sign of Atlantis, and more, it's the banner of East-303. These + 's, showing up in such diverse places simply cannot, by any stretch of the imagination, be considered “accidents” or “coincidence.”

And now to the Incas themselves, a synthesis of Atlantis, Sumeria, Egypt, and yes, Assyria. This very fact answers hundreds of questions for the Anthropologists and the Archaeologists, among others.

The Spaniards, No, I should say, the Catholic Church, did the world a great dis-service in their tearing down of the Inca Empire in their lust for Gold and Power. No God Damned Pope and no God Damned Church can ever right that horrible wrong! We, the human race, that is, would probably be a thousand-fold more advanced that we are now if those events in our history had never occurred. What one selfish and pompous religion did to mankind here on W-303, is simply and categorically inexcusable.

These Incas, unique in their own right, actually never became a Power, within their own Rights, until 1200 AD

and, of course, that Power was short lived as time goes here on W-303. Their realm was suggestive of a god-king, king-god bicameral kingdom. But within a century they had conquered all of those who had come before them, much of this done by assimilation and expansion, some by war, perhaps thereby weakening their bicamerality, as did Assyria in another age and time.

The Inca Empire at the time of its conquest by Pizarro was a combination of things bicameral and things pro-subjective. This meeting was probably the closest thing to a clash between the two mentalities this whole essay is all about (" " is also a banner, a designation of North-303), see?

Without a doubt, the Inca civilization, had within its borders, the greatest number of Spiritualists this Earth has ever known. In numbers greater than Paul ever had in one place, at one time. The black-gloved hand of the church made swift work of them. Thank you, Peter!

Now that I Paul, am thoroughly upset, let me give you my meaning, my translation then, of what the hell it is I mean by bicameral - the Bicameral Mind, that is. I'll get back to the Incas after that explanation, among others.

- †he Bicameral Mind -

Webster says: [a chamber - L.<] made up of or having two legislative chambers.

The Oxford says: Origin = Latin - having two chambers (legislative). Bi, then, +.

I Paul, says: Two minds, one lower, one higher, and held together by the Mind of Christ. Hopefully!

Jesse says: You are Conscious human beings - so were We. You are trying to Understand human nature - so did we. Now you should understand Consciousness of Consciousness and the best way to begin this Understanding is to have a working knowledge of the Minds and, so we begin this Phase of the Study of the Mind by an explanation of the Bicameral Mind.

Since we are spirits inhabiting a body of substance we are, more or less, compelled to view our selves, our whole selves, that is, as the man-woman side of our Wholeness, and the divine or spirit side of our Wholeness and, of course, we need to Recognize the catalyst involved, that which makes us One, or Whole - The Mind of Christ, or the Will of the Supreme Spirit which it actually is. And this Mind of Christ has been and remains eternal, and, it has but one purpose, one function, that is, the Well-Being of

All in ALL, yesterday, today, and forever.

Knowing, as we do, that everything in the Universe has its opposites and, therefore all those opposites, in turn, have theirs, we cite just about everything as being bicameral. In fact, we would be terribly hard pressed to come up with anything that exists, or can exist even, in our Consciousness, or our Awareness; and certainly, our imaginations are an integral part of our Awareness, as is our memories, all of which are, in the true sense, this thing we call bicameral. It would be practically impossible for us to Alter our Consciousness, to Change our Minds even, or to go insane if we did not hold bicamerality! You see, it is this bicameral power that keeps us, prevents us even, from being, or becoming, controlled Robots.

I Paul, would go so far even, as identifying Bicamerality as the very Grace of God Almighty - the Way, then, to "The Way." Now all I Paul, needs do is to make sense out of this, and, to the very best of whatever ability I may have, to Prove It! And this, in the face of the very fact that I believe it has already proved itself beyond a shadow of a doubt. I Paul, believes the Truth of it all has been well established - I also believe it has been "our" refusal to Recognize such, whether out of sheer ignorance, or fierce defiance of the Truth, of Reality, of the Facts, for personal

and very selfish reasons, that “we” here on W-303 have not been successful in bringing about the Bicameral Kingdoms!

Now if the Order of 13 is going to be successful, it is going to have to cease being an Order of selfish, emotionally unstable, and moonstruck individuals. Get out of your myopia and get into the clothing, the Armour of, what I will cite as a “Myrmidon.”

Let us now travel, finally, into the Realms of the Bicameral Mind.

It was once written, and I quote, “We are conscious human beings. We are trying to understand human nature. The hypothesis we have come to, preposterous to some, is that we are split in two - an executive part called a divine or a spirit, and a follower part called a man or a woman, usually cited as a human being - the sex, in this context not being of overwhelming importance.”

The author then goes on to say, “There is very little we can do to make the man-woman side of us familiar to this executive side of us, except listen, and, in this listening, Receive its wisdom. And then, to make ourselves Whole, follow Righteously that Wisdom Received.”

Now, that whole quote above is dealing with

Consciousness, or better, dealing with the Consciousness of Consciousness, something we do not usually deal with successfully, or, with any great consistency, or any great thought. If you have truly studied and discerned “Secrets of the Minds,” I, II, and III, then you would understand, that, even though we are in a state of Consciousness, we spend a tremendous amount of our Lifetime here unaware of being Conscious of our Consciousness. Now that is, I agree, one hell of a statement, a very confusing one to most. But, regardless of its chaotic-ism, it is, nevertheless true.

Perhaps an example, explaining this, might be helpful here.

In driving a car, you are not sitting like a back-seat driver directing yourself, but rather find yourself committed and engaged with little Consciousness. In fact, your Consciousness will usually be engaged in something else, say, for example, in a conversation with me, if I happen to be your passenger, or about the music coming from the car radio, or about where you are headed and what you plan to do when you get there. But who is actually driving the car, the Conscious you? The unconscious you? The subliminal you? The passenger? Or, as some fools have advanced, the car itself? Your hand, foot, and head



behavior are, whether you recognize the reality of it or not, are in a different world from where your mind is. In touching something, you are touched, in turning your head, the world turns to you; in seeing, you immediately obey; in the sense of driving your car on the road and not on the sidewalks or in a ditch alongside the road. And you are really not Conscious of all of this most of the time. And, like most of us human beings, we are not logical about this - like, let us say, Right Now! We, collectively, are the great deniers, the great defenders of "self." Some of us, and I agree, some more than others, find it difficult to tell the truth simply because they don't recognize it or they have this terrible feeling, this warped emotion of being inadequate. And, of course, trapped, stuck-in, into that mentality, they are! And we have, and have had, our share of such as these. Our "druggies." The "shakeables," the ones who cannot make a decision but can convince others that they can.

Now if you do not mind, I would like to give you another quote, from the same source that I quoted above, which, seems appropriate in line with the last few pages of this Communique: "I am caught up, unconsciously enthralled, if you wish, in a totally interesting reciprocity that may be constantly threatened or, if you will, caught up in an all-encompassing and totally interesting and inter-

acting reciprocity of great stimulation, one that may be constantly threatening or comforting, appealing or repelling, responding to Change or shying away from it, crying out for assistance, or keeping it all inside, in silence; living Now with trepidation, now with Confidence; trusting or distrusting, and, all of this, while my Consciousness is somewhere else.”

Personally, I Paul, likes to feel that his Consciousness is always somewhere else! But then, of course, I do not drive a car.

My dear brothers, sisters, Partners, in case you didn't pick it up and follow along, what I Paul has just done, was to explain to you what the bicameral mind is! All the way from page fifty-eight (handwritten) (top of page 41, typed), to this one.

I Paul, sincerely hopes he did not waste his effort. Yet, now, I should say, we can go on and explain the so-called secrets, the “mysteries,” then, of the bicameral mind.

### **- †he Bicameral Spirit -**

If you are “bicameral,” then can you deny Spirit the same? I don't think so.

Too many people, in this day and age, find it difficult

to even imagine, that there can be mental voices heard, and understood, by mere man or woman, such “voices” that are heard with the same experiential quality as externally produced voices. After all there is no mouth or larynx in the brain. And no brain in the Spirit or in spirits. Why is this so difficult to comprehend? And it's funny, ironic really, that the majority of these doubters, these skeptics, are all beholden to Sacred Writings; Or to the bible; or to the gospels of Mark, Luke, Matthew, and John!

And then, of course, a large segment of these doubters, wouldn't, not on their life, leave their house until they consulted the “Horrorscope” for the day! One example: “Today you will hear a voice from afar! Pay heed to this voice - it holds your destiny in its hands.” Enough said? I think so.

You see, whatever bicameral areas are utilized, it is absolutely certain that such voices do exist and that experiencing them is just like hearing an actual, audible sound. These voices are heard by millions upon millions of “Normal” human beings. The sad, or tragic truth though, is only a few pay any attention to them! And the few who do are, at once, put down by the masses who ignore the voices they actually do hear, as fanatics or crazies, or - you name it! And then, of course, there are “fanatics” on the

other side of that coin. They truly believe in these voices, yes, they Truly Believe in them, but, and for the love of them, I Paul, to this very day, cannot comprehend why they do not follow them! Example?

The Message of I Paul is one.

Need I Paul, cite another?

Because of these varied and diverse attitudes, I have often pondered as to what knowledge really is and how is it, we can really know anything. I keep asking myself, if I am always in an Altered State of Consciousness, or, at least, I used to be, then it dawned upon me, if I was capable of asking that question, then, most certainly, even if I wasn't completely aware of it, which I wasn't, at all times, I Paul, was not in an Altered State of Consciousness - you have to be in a State of Consciousness, some state of it, here, in order to alter it, not that I wished to, or, at least, not that I consciously intended any such alteration! But I find myself in such a state, but I continue to deny it - I won't agree to Alter anything that has served me so well. Especially my license of bicamerality. And the “keys to that license are “Listening” and “Patience.” Now you may ask, “Listening to what and having Patience with what”? And I could come right back and answer you by saying, “Listening to Spirit and having Patience with yourself.”

These two, “Listening” and “Patience” have, in the past, driven me, more than once, to tears.

“Listening,” or, “to Listen,” simply means to make a “conscious effort” to hear - “list,” esoterically, means, simply, “to listen.”

“Patience” means the state, quality, or fact of being Patient.

“Patient” means to suffer, enduring pain, trouble, etc., with composure and without complaint. Also, it means, calmly tolerating insult, delay, confusion, etc. Also - showing calm endurance - diligence, diligent, then, Persevering, then. It also has its medical terminology.

Well let's explore those “whats,” the love, then, behind those tears: Love is not just coddling or togetherness or Unity, it is also, if you have been Listening, Justice. And since I have been Listening and also Patient, I Paul have learned that the combination of Love and Justice Add up to discipline and where and when Love is Predominate it, with Justice and, yes, with Truth, add up to and spill out with, or as Self-Discipline, something most humans can only maintain on a perfunctory basis. Our intentions may be strong, great even, but our efforts are not great nor strong. In other words, we fail in our self-

discipline both physically and spiritually. And when we do, guess who suffers?

If you know the history of the Receiving of the Message of I Paul, then you know the turmoil, the Chaos I was, in the beginning, caught up in, and finally, was driven into a state of “Recognition” in spite of myself. “Recognition” is the result, then, of Listening and Patience - even if that listening and patience is shrouded in Chaos.

When the invitation, the Call, the “Voice” comes, you rise up rapidly out of the chaos and catch hold - you Come to “Recognition” in spite of yourself, as I said, and “Recognition”! Comes to you, overwhelms you, actually, and that's when the Knower Comes into the Known. And that's a great moment in one's Life. Allow the patient to share in your patience, the voice says. Share and Care! Be lenient, be brother, be kind, be understanding, and, above all, the voice says, be Righteous and be firm! And, here again, is an illustration of the Bicameral Mind - its Action - its Usage - its Worth.

Those who Command Awe are not necessarily holders of the Bicameral Mind. Those, though, who instill Awe by their very words, acts, or deeds, most probably do hold to the Bicameral Mind, or Minds. These are the ones I would trust - the ones I personally would look up to, the ones I

would follow! The very ones then, who have proved beyond a shadow of a doubt, that they are capable, NOW, of such matters that really do matter, such as honesty, impeccable integrity, someone you can really trust then, have faith in, then. Those people, those persons who give you their word and then actually keep it. Those persons who actually fulfill all of their Responsibilities, instead of making excuses or outright lie about the whole situation. And I can name “them,” those who play games with us, and play with us, and then find solace in playing with themselves. But why name them, they have lied to you also. I Paul, am sick and tired of people who keep telling us how god-damned holy they are, and every act they make totally refutes their credibility. These acts are not coming from a Bicameral mind, they are, in fact, coming from no mind at all, they are “brain-locked,” and such of these will never know the mind, and Certainly never the bicameral minds.

Now I Paul, has wasted enough time on these matters. I would much rather get back to the minds. The matters that really matter. I should not be concerning myself with people who really do not Care whether we live or die, whether we make it or not, in fact, whether the Family or the Order (of 13) makes it or not.

Let us, as Family, wish them well.

Let us, as Order, do the same.

Let me, the mystic, make things square!

And let me make it very clear, Lucid even, this mystic will never unintentionally harm anyone! Keep the Watch. I am! And what I Paul begins, Jesse will end. And, I might just add for your edification, what Jesse begins, I Paul, will end! But allow me to carry this thought into the true bicameral place - What the Spirit begins, and entrusts to me, I Paul will end it! One way or another. And I will still “Keep the Watch.” And, keeping this watch, I Paul, would like to bring back to your memory Addendum Twenty-Seven to CPM Twenty-Nine. It has a special Bicamerality.

[Addendum 27 to CPM 29, “Treatise on Freedom,” to be read at this point.]

The point I wish to make here is that the Bicameral Mind is the Mind of Freedom! And, that Freedom of the Mind, is, bicameral! We are, then, speaking of the lower and the higher “chambers” of the, or from, the ONE MIND, the Soul or the Spirit of ALL Consciousness, that which we know, and, therefore, Recognize as LIFE.

So, you see, and this just might shock a whole group of People, what we are talking about here is Omniscience! And that my dearest Sisters, Brothers, and Partners is



Perfection Personified! And that, with your “Recognition” is, my friends, your open Bicamerality. Seek ye first the Kingdom of God, forget heaven and all, and all those other things, all those other matters, things and matters that do count, then, will be Given Unto You!

No sane mystic would attempt to take that further.

Secrets of the Minds - Consciousness of Consciousness - Number Five will attempt to cross that “further bridge.” Keep the Watch.

In All Love for Your Well-Being,

Your brother and servant,

I Paul.

## **Secrets of the Minds - V**

### **Consciousness of Consciousness**

**“Its Length Extended”**  
**- A Bridge not too Far -**

NOTE: Many of the ideas presented in this communication are derived from *The Origin of Consciousness in the Breakdown of the Bicameral Mind*, by Julian Jaynes. However, editorial license has been used to incorporate the language of the Message of I Paul for the edification of The Order of Thirteen. PW, Secretary-Treasurer, 3/20/96.

Greetings: You of The 13.

From the Bicameral minds to Omniscience is truly not a bridge too far. I Paul can traverse it in less than a second, and if I can, so can you. All you need do is want to! Now I do not mean nor imply that I am “Omni” anything, God forbid - what I am saying, and I mean, is that I Paul can go from the lower mind to the Highest Mind in one second.

But we have an outstanding problem! How quickly we forget. How swiftly we reduce. How tragically we fail to remember. How indicting that we have nothing to offer, nothing to remember worth remembering, no thing to recall, and, worse, nothing and NO THING to look forward to.

What in the hell have we done with our Gift? Our inherent bicamerality? Our Life? Our Christ? Our Trust? Our Love? Our very own being, even!? God, what have we done with ourselves? Can it be true that all we really can think about, care about, is our “self”? How low have we sunk? How low we have sunk? How high we can rise? How high can we rise? Think.

Come, follow me, I will take you home. Come follow me, I will make you home-less!

Yes, I said home-less, Come follow me and we will traverse all of the Houses of LIFE and be as Home-Less as LIFE! Yes, we will be everywhere but no where! Spirits are like that you know, so too should be Spirituals.

Spiritualism cannot be rewritten by wishful thinking, nor restored to this Earth by weak, perfunctory, performances of its truly Spiritual Communities, or by its True Christian Spirituals, who know better.

Here we need to go back to the basis of our heritage, our faith, our hope, our knowing, our Love, our Life, and yes, our LIFE and LIGHT. How did we come by all these things we define as “OURS”? After all, here it is in the twilight days of the year 1988, and still there exist those who do not know how we came about with those very

things we call ours. Let us now, together, go over it all. And let us now for the very first time come to an understanding of it ALL!

### - The Problem of Consciousness -

O' what a world, an Earth, of unseen visions and heard silences, this insubstantial phenomenon of the minds, this world or country of the mind! What ineffable essences, these touchless rememberings and unshowable reveries! And the privacy of it all! A secret showcase of speechless monologue and prevenient counsel, an invisible mansion covering all moods, musings, and "mysteries," an infinite resort of disappointments and re-discoveries! A whole kingdom where each of us reigns reclusively alone, questioning what we will, commanding what we can. A hidden hermitage where we may study out the troubled book of what we have actually done and what we may do. An intercosm that is more me than anything I can find in a mirror. This Consciousness, this Awareness then, that is myself of selves, that is everything, and Yet nothing at all - What is it?

And Where did it come from? And Why?

Few questions, if any have endured longer or traversed a more perplexing history than this, the problem of

Consciousness, or Awareness, and its place in what we know as Nature.

Despite untold centuries of pondering and wonderment and liars and experiments of trying to get together two matters called mind in our personal and, of course, our collective personalities down through the Ages, we have fallen, time and time again - And it is the Liars we should look to, and then of course, our stupidity of having listened to them.

Until we rid ourselves of them in our histories, in their particular writings, and in our own present day and age, and in our "Presence as Well," we are going No where.

I Paul promise you, I will take care of those types on my side. As of Now my "Associate Advisors" are the following:

"Dh", Sr. - "JN," "JW," "MP," "JM," "DP." Of course, nothing "here" is really sacred - it's all subject to change. Not mine, actually, but theirs.

Now allow me to go over some old ground and plow some new ground. And in doing this allow me to answer some of your questions.

We have written and spoken about "Secrets of the

Mind,” or “Minds,” if you wish. We have written about “Consciousness of Consciousness” and we have mentioned “the Curse of Consciousness,” which should come as no great surprise to any of you who have been following the Message of I Paul. After all, it does state, the Truth both Creates and Destroys. From where I stand and view things, I would consider one of those two alternates as “a curse.” The question may be “a curse” of what? It would not be my question - I Paul have already said - stated - the “Curse of Consciousness”!

Let us, from the beginning, explore this, or, as I said earlier, we will, must then, go over some old ground and plow some new. I Paul leave it to you to decide which is which.

We Humans, here on W-303, have been conscious of the problems of Consciousness almost from the moment “we” became aware of Consciousness. A bridge too far? I don't Think so.

Few, if any, questions have endured longer or traversed a more perplexing history than this, the problem of Consciousness and its place in Nature and Space. Despite uncountable centuries of pondering and experiment, of trying to get together two entities of mind and matter, the facts are that very few of us can come to an agreement on

what we think of them, believe them to be, and even fewer of us really know them to be what they really are.

They, Consciousness and Nature, have been called mind and matter in one Age, subject and object in another, soul and body in another, spirit and mind in others coupled, of course, with body, the matter.

Yet, in spite of all of these, the problems of Consciousness and the many theories of, and, about it, are still with us. Something about it keeps returning, refusing, not taking then, a solution.

The question before us then, is what it is, can we answer the question, or must we remain forever in the darkness? God knows I have tried, tried to Understand, that is, just what has been said, and is still being said, about the subject, subjects even, that we are herein involved in, in our "Study of the Mind."

It is these differences that will not go away - the difference of what others see of us - what we see, or do not see, of them - and our inherent sense of what we sense, or know, of our inner selves, and the deep, mysterious feelings, that sustain it all - the difference between the you-and-me of the shared behavioral world and the unseemingly un-location of the locationable things we

can, and do, at times, think about, or at least have thoughts about!

Can Mind rule matter? Can you and I remove mountains? Can Mind and matter rule the worlds, the Universe, even? Can they, together, seize the Kingdom? These, too, are all legitimate questions, and ones I believe we need to answer. And I fully intend to do so.

And to do so I Paul has had to grow up - Come of Age - put the toys away - draw the lines taut, then, and come to an Understanding of the Real differences between fact and theory; between philosophy and religion; between politics and the above; and, most of all, to me anyway, the differences between Spiritualism and Humanity.

And this, my dear Sisters and my dear Brothers has been the hardest task I have ever faced. But face it I Paul will with you or without you, all of you that is - I Paul already know who is with me and who are not, or should I say unsure, or “shaky”!

Where will I go with the unsure? What shall we trust to the shaky? Nobody promised me an easy road though, so I will walk it, but never alone, never unsure and never shaken.

Mankinds, as the opposite to spirit-kinds, have been



conscious of the problem of Consciousness almost since the beginning of Consciousness. And, as noted, each Age has described it in terms of its own theme and concerns. In the “golden” days of Atlantis, the Atlanteans travelled about in freedom while slaves did the work, Consciousness was as free as that. Heraclitus, the Greek philosopher, called it, consciousness, an enormous space whose boundaries, even by travelling along every path, could never be fathomed.

Austine, or as you know of him, Augustine, among the caverned hills of Carthage was overwhelmed at the “mountains and hills of my high imaginations,” “the plains and caves and caverns of my memory,” with the recesses of “manifold and spacious chambers, wonderfully furnished with innumerable stores”. (See “Confessions”.) Note how the metaphors of Mind are the world it perceives!

The first half of the 19th Century was an era of some great geological discoveries and, no doubt, they did raise hell with our concepts of Consciousness, of Origins, of our Awareness, of our Ancestry. These discoveries were apparently written in layers of the earth's crust, and believe it or not, this led to the popularization of the theory, the idea then, of consciousness as being in layers which recorded the past of the individual, there being

deeper and deeper layers until the record could no longer be read (just how far back, honestly, does your recollection go?). This emphasis on “the unconscious,” which, of course, is the so-called memory, which, of course, only works under the pressure of the Power of Suggestion, yours or mine. How powerful is the power of suggestion? Only as powerful as your memory! How great is your memory? Only as great as your mind! Your ability to use your mind, that is!

And what is that Ability? Do you use your mind properly within that Ability? Can you honestly go look in the mirror and, seeing your reflection, honestly say you use your mind to its fullest extension?

And how do I Paul use my mind? Today was a particularly bad day. Today was a pretty sad day. Today is a day I wish was never today, never yesterday, and hopefully never, but never, another day. Today I lost a friend. Today I gained the courage to go on without that particular “friend,” because today I Paul realized that “my true friends” were friends and not quitters, not pretenders, not mammon beholden, not members of social, religious, or other such idiot-ologies, that they could not give their entire life and mind to Our Christ!

“Our” Christ! What a statement! Is that “Christ” not

theirs also? Of Course! But who would know it by their Actions? Their ignorance, and so elegantly displayed.

This is not the proper use of the mind. But it most certainly is a part of the study of the mind! It goes on all around you ever day and, guess what, “in” you every day! Who in the hell do you think you are kidding? God? Think again my friend, Think Again!

Now you must understand that I Paul uses that “you” editorially. Of course, if the title fits “you,” wear it. After all, only you, I, and one other, will ever know the difference - or, should we say, the Truth?

Now, retracing our steps back to the first half of the 19th Century, we can see the idea of Consciousness being explained as layers which, when recorded, revealed the past of the individual, going deeper and deeper, by layers, until we no longer could find the individual. He, or She, simply vanished. What in the hell happened? Where in the hell did we go? This emphasis on the now so-called unconscious grew and took hold until, in 1875, every ding-dong psychologist was insisting that consciousness was but a small part of mental life, and that unconscious sensations, unconscious ideas, and unconscious judgments made up the majority of mental processes.

Were they ding-dong psychologists? Or had they stumbled upon something?

You see, you cannot make a single solitary move or movement in your life that is not tied to memory - your memory, that is, whether it be good, bad, indifferent, or automatic!

Then, in the middle of the 19th Century chemistry succeeded geology as the fashionable Science, and Consciousness from James Mill and Wundt and his students, such as Tichner, was the compound structure that could be analyzed in the laboratory into precise elements of sensations and feelings. Is that all the mind is, layers of Sensations and Feelings?

As we progressed from one “science” to another, the steam locomotive chugged its way into the pattern of everyday life toward the end of the 19th Century, so they too worked their way into the Consciousness of Consciousness, the subliminal becoming a boiler of straining energy which demanded manifest outlets and when repressed pushed up and out into neurotic behavior and the spinning camouflaged fulfillments of going nowhere dreams.

There is not much we can do about such metaphors

except to state that is precisely what they are. There is nothing we can do about the mind except to abuse our individual proportion of it.

Now originally, this search into the Nature of Consciousness was known as the body-mind problem, heavy with its ponderous philosophical solutions. But since the theory of evolution, it has bared itself into a more scientific question - not to speak of its spiritual question! It has, then, become the problem of the origin of mind, or more specifically, the origin of Consciousness, or, Awareness, in evolution! Where can this subjective experience which we introspect upon, this constant companion of hosts of associations, aspirations, hopes, fears, affections, dis-eases, colors, smells, knowledge, thrills, tickles, pleasures, distresses, and desires - where and how in "evolution" could all of these wonderful, magnificent tapestries of our Life have taken place? How can we derive this inwardness out of mere matter?

This problem, these questions, have been at the very center of the "thinking" men and women of our time. They demand an answer, a solution then. And that is why, my dearest Sisters and Brothers, I give to you the thirteen communications entitled, "The Secrets of the Minds - Consciousness of Consciousness." It is beyond my

comprehension, how any human being can walk away from this information, this Understanding, this great gift of Consciousness to Consciousness. Yet, there are some things that are not beyond my Comprehension and I Paul would like to spell them out for you and your perusal and proof. They are eight in all.

### 1) **Consciousness as a Property of Matter.**

One of the most extensive “possible solutions” to our problem and our question is the one most attractive to physicists. It, their solution then, states, that the succession of subjective states that they feel in introspection has a continuity that stretches all the way back through phylogenetic evolution and beyond into a fundamental property of interacting matter. The relationship of Consciousness to what we are conscious of is not, they say, fundamentally different from the relationship of a tree to the ground in which it is rooted, or even of the gravitational relationship between two celestial bodies.

You see, if you have done any really serious studying, you would know that this view was conspicuous in the first half of this Century. Is it a bridge too far? Can we cross it? Do we need a god damn physicist to show us the Way, to lead us? To dream dreamless dreams? I don't think so.

This view of the physicists was quite conspicuous in the first quarter of this Century. What Alexander called Compresence or Whitehead called Prehension provided the groundwork of a monism that moved on into a flourishing school called Neo-Realism. If a piece of chalk is dropped onto the lecture table, that interaction of table and chalk is different only in complexity from the perceptions and knowledges that fill our minds. The chalk knows the table just as the table knows the chalk. That is why the chalk stops at the table.

This is something of a caricature of a very subtly worked out position, but it nevertheless reveals that this difficult theory is answering the wrong question. We are not trying to explain how we interact with our environment, but rather the particular experience that we have in introspecting. The attractiveness of this kind of Neo-Realism was really a part of an historical epoch when the astonishing successes of particle physics was being talked of everywhere. The solidity of matter was being dissolved into mere mathematical relationships in space, and this seemed like the same unphysical quality as the relationship of individuals' conscious of each other.

## **2) Consciousness as a Property of Protoplasm.**

The next most extensive solution asserts that

consciousness is not in matter per se; rather it is the fundamental property of all living things. It is the very irritability of the smallest one-celled animals that has had a continuous and glorious evolution up through coelenterates, the protochordates, fish, amphibians, reptiles, and mammals to mankind.

A wide variety of 19th and 20th Century scientists including the reluctant Reverend Charles Darwin and E. B. Titchener, found this thesis unquestionable, initiating in the first part of this Century a great deal of excellent observation of lower organisms. The search for Rudimentary Consciousness was on. Books with titles such as “The Animal Mind or the Psychic Life of Micro-Organisms” were eagerly written and eagerly read. And anyone who observes (and thinks) amoebas hunting food or responding to various stimuli, or paramecia avoiding obstacles or conjugating, will know the almost passionate temptation to apply human categories to such Behavior.

And this brings us to a very important part of our problem, our study of the mind, our sympathy and identification with other living beings, things. Whatever conclusions we may hold on the matter, it is certainly a part of our Consciousness, our Awareness, to “see” into the Consciousness of others, to identify with our friends



and families so as to imagine what they are thinking and feeling. And so if animals are behaving such as we would in similar situations, so well are we trained in our human sympathies that it requires a particular vigor of mind to suppress such identifications when they are not warranted. The explanation for our imputing Consciousness to protozoa is simply that we make this common and misleading identification. Yet the explanation for their behavior resides entirely in physical-spiritual “chemistry,” not in introspective psychology.

You see, even in animals with synaptic nervous systems, the tendency to read Consciousness into their behavior comes more from ourselves than from our observations. Most people will identify with a struggling worm. But if every boy who had, has, baited a fishhook knows, if a worm is cut in two, the front half with its primitive sensibilities seems not to mind as much as its back half, which writhes in “agony.” (Since an earthworm “writhes” simply by being handled, the experiment is best performed with a razor blade while the worm is crawling over the ground or a hard board. The unbelieving or squeamish may suppress their anguish with the Consciousness that they are helping the worm population and the robin population, since both ends actually regenerate.)

But surely if the worm felt pain as we do, surely it would be the part with the brain that would do the agonizing. The agony of the tail end is our agony, not the worm's - its writhing is a mechanical release phenomenon, the motor nerves in the tail end firing in volleys at being disconnected from their normal inhibition by the cephalic ganglion.

### **3) Consciousness as Learning.**

To make Consciousness co-extensive with protoplasm leads, of course, to a discussion of the criterion by which Consciousness can be inferred. And hence a third solution or theory, which states that Consciousness began not with matter, nor at the beginning of animal life, but at some specific time after life evolved. It seemed obvious to almost all of the investigators of the subject that the criterion of when and where in evolution Consciousness began was the appearance of associative memory or learning. If an animal could modify its behavior on the basis of its experience, then the scientist comes to the conclusion that the animal must be having an experience (all life is an experience of some sort); and, if, having an experience it must, somehow, be conscious. Thus, if one wished to study the evolution of Consciousness, one simply studied the evolution of learning.

It took a few years for these assumptions to prove themselves incorrect. Why did so many worthies in the lists of science equate Consciousness and learning? And why had so many been so lame of mind to follow them?

The reason was the presence of a kind of huge historical neurosis. Psychology has many of them. And one of the reasons that the history of science is essential to the study of psychology is that it is the only way to get out of and above such intellectual disorders. The school of psychology known as Associationism in the 18th and 19th centuries had been so attractively presented and so peopled with prestigious champions that its errors had become imbedded in common thought and language. The basic error was, and still is, that that Consciousness is an actual space inhabited by elements called sensations and ideas, and the association of these elements because they are like each other, or because they have been made by the external world to occur together, is indeed what learning is and what the mind is all about. So, learning and Consciousness are confused and muddled up with that vaguest of terms, experience.

It should be clear that the origin of Consciousness and the origin of learning are two utterly separate phenomena.

#### 4) **Consciousness as a Gift.**

All the theories I have so far mentioned begin in the assumption that Consciousness evolved biologically by simple natural selection. But another position denies that such assumptions are possible.

Is this Consciousness, it asks, this enormous influence of ideas, principles, beliefs over our lives and actions, really derivable from animal Behavior? Alone of species, all alone! We try to understand ourselves, the world and the Universe. We become rebels, patriots, heretics, or martyrs on the basis of ideas or ideals. Yet belief will never replace knowledge, regardless of ideas or ideals. We build charters, and computers, write poems and tensor equations, play chess and polo, sail ships to other planets and listen in to other galaxies - what have these to do with such experiments as rats in mazes or the threat displays of monkeys, apes, or baboons? The continuity hypothesis of Darwin for the evolution of mind is a very suspicious totem of evolutionary mythology (Darwin's second work, "The Descent of Man," brings this conclusion to a thinker). The yearning for certainty which grails the thinker and the scientist, the aching beauty which harasses the artist, the sweet thorn of justice which pierces the side of the rebel and removes him from the eases of Life, or the thrill of

exultation with which we hear of true acts of that now difficult virtue of courage, of cheerful endurance of hopeless suffering - are these matters really derivable from matter? Or even continuous with the idiot hierarchies of speechless apes? Darwin, you see, saw Life and life from the eyes of nature but failed to see them from the Eye of their Creator - and the Creator of Nature and matter itself.

The chasm is awesome. The emotional lives of men, women, and other mammals look to us as being quite similar, if we can understand our feelings and our own emotional treating of other mammals that are not human. But to focus upon the similarity unduly is to forget that such a chasm exists at all. The intellectual life of man-woman, their culture, their science, their Spiritualism, their religions, their ways, are different from anything else they know of in the Universe. That is fact, regardless of what we as individuals believe and what a few of us actually know. It is to the sciences as if all life evolved to a certain point, and then in ourselves turned at a right angle and simply exploded in a different direction. And it is not only the scientists who believe this but all of the embracers of the Darwinian Theory.

On the other hand, this discontinuity, or rather the appreciation of this discontinuity between the apes and

speaking civilized ethical intellectual men and women has led many scientists of all fields of science back to a metaphysical view. The interiority of Consciousness just could not in any sense be evolved by natural selection out of mere assemblages of molecules and cells. There just has to be more to human existence than mere matter, chance, and survival, the evolutionary theory. Something must be added from outside of this closed system to account for something so different as Consciousness.

Such thinking actually began with the theory of evolution, particularly with the work of Alfred Russell Wallace, the co-discoverer of the theory of natural selection. Following their twin announcements of the theory in 1858, both Darwin and Wallace struggled fiercely with the problems of human evolution and its seemingly unfathomable difficulty dealing with Consciousness. But where Darwin clouded the problem with his own naiveté, seeing only continuity in evolution, Wallace could not do so. The discontinuities were terrifying and absolute. Mankind's conscious faculties could not have possibly "have developed, nor been developed by the same laws, or by means of the same laws which have determined the progressive development of the organic world in general, and also of man's physical organisms." He felt the evidence showed that some metaphysical force had

directed evolution at three different points - the beginning of life, the very beginning of Consciousness, and the beginning of civilized cultures. Indeed, it is partly because Wallace insisted on spending the latter part of his years with “spirituals” attending séances and such, as did Conan Doyle, that he never achieved the fame and reputation as did Darwin, nor the fame of Sir Arthur Conan Doyle, Sherlock Holmes himself! After all, fame is really nothing more than an exclamation point - God! Christ! Jesus! I Paul! You and me! “See”? Evolution! Theory! Religion! Science! Spiritualism. Spirit. “See now”?

Such endeavors as Wallace pursued have never been acceptable to the scientific groups nor the religious groups nor the political groups. Not even acceptable to the “Establishments,” whatever the hell they were or are! Why, we have had and still have, hanging around the fringes of True Christian Spiritualism, fools like these. The in and outers, the “I can't make up my mind” ones, the “All Talk” and “NO real performance ones,” the liars, the cheats, the takers - oh yes, the “All Take” and “No Give” ones - the ones with phony creative outlets which are not outlets at all - just intakes!

To explain Consciousness and yes, Conscience, is of course to step outside the boundaries of all science, but it

is, not only the Right step, the Just step, but the only step - and all of mankinds, womankinds, must step it. Nobody can plausibly explain "Consciousness" through Natural Selection or science of any kind.

Unless, of course, the Natural Selection for Consciousness was the Natural Selection of the Supreme Spirit to give such a Gift to Men and Women wherever they may exist. The proof? What other life or Life form in this Universe holds the Gift?

There have been and of course, still are in existence, many other theories of Consciousness. We have, and in some detail laid them before you in other communications.

There is little doubt that Wallace and Doyle among many hundreds of others were reaching for spiritual attainments, but their reaching was from a religious, a false magical foundation, and thus they never succeeded. You simply cannot reach Spirit through materialistic means nor from Evolutionary Theories, or from emergent evolution theories or behaviorism theories. You want to converse with the Spirit then get into spirit, your true self, and you do that by explicitly following the directions exactly as given.

Now I Paul would like to touch upon behaviorism,



because so many of you have a behavioral mentality and many of its traits. Some don't behave at all!

It is an interesting exercise to sit down and try to be conscious of what it means to say that Consciousness doesn't exist. Can you do this? Can an ape do this? Can your dog? Can your cat? Can a stone, a mountain? History, sadly, has not recorded whether this feat was recorded by the early behaviorists or the other life forms mentioned as well as many life forms not mentioned for the sake of environmental conservation.

But it has been recorded and in very large proportion - the enormous influence which the doctrine that Consciousness does not exist has had on the psychology of our present Century has been immense.

And this is behaviorism. Its roots rummage far back into the musty history of thought, to the so-called Epicureans of the 18th Century and before, to attempts to generalize tropisms from plants to animals to man, to movements called Objectivism, or more particularly, Actionism. For it was K. Dunlap's attempt to teach the latter to an excellent but aweless animal psychologist, John B. Watson, that resulted in a new word, Behaviorism.

What led up to this were two other theories. The

## Helpless Spectator Theory and the Emergent Evolutionary Theory.

The Helpless Spectator Theory came about in direct opposition to the metaphysical claims of Consciousness. It was a position more consistent with straight natural selection. It even had in it that acrid pessimism that is often-times curiously associated with really hard science. This doctrine attempts to insure us that Consciousness really does nothing at all, and in fact, they say, can do nothing. Many tough-minded experimentalists still agree with Herbert Spencer that such a downgrading of Consciousness is the only view that is consistent with straight evolutionary theory. Animals are evolved, nervous systems and their mechanical reflexes increase in complexity - when some unspecified degree of nervous complexity is reached, Consciousness appears, and so begins its futile course as a helpless spectator of cosmic events.

What we do is completely controlled by the wiring diagram of the brain and its reflexes to external stimuli. Consciousness is not more than the heat given off by the wires, a mere epiphenomenon. Conscious feelings, as Hodgson put it, are mere colors laid on the surface of a mosaic which is held together by its stones, not by the

colors. Or as Huxley insisted in a famous essay, “we are conscious automata” (and volitions merely symbols of brain-states) - Collected Essays, T.H. Huxley, New York, Appleton Press, 1896. Consciousness can no more modify the working mechanism of the body or its behavior than can the whistle of a train modify its machinery or where it goes. Moan as it will, the tracks have long ago decided where it will go. Consciousness is the melody that floats from the harp and cannot pluck its strings, the foam struck raging from the river than cannot change its course, the shadow that loyally walks step for step beside the pedestrian but is quite unable to influence his journey.

It is William James who has given the best discussion of the conscious automaton theory. His argument here is a little like Samuel Johnson's downing philosophical idealism by kicking a stone and crying, “I refute it thus.” It is just plain inconceivable that Consciousness should have nothing to do with a business which it so faithfully attends. If Consciousness is so impotent, the mere impotent shadow of action, why is it more intense when Action is most hesitant? And why are we least conscious when doing something most habitual? Certainly, this see-sawing relationship between Consciousness and actions is something that any theory of Consciousness must explain.

The other theory, leading up to behaviorism, is labeled “Emergent Evolution.” The doctrine of emergent evolution was specifically welcomed into court to rescue Consciousness from the undignified position as a mere helpless spectator. It was also designed to explain scientifically the observed evolutionary discontinuities that had been the heart of the metaphysical imposition argument.

The main idea here, of emergent evolution, lies in a metaphor - just as the property of wetness cannot be derived from the properties of hydrogen and oxygen alone, so Consciousness emerged at some point in evolution, in a way somehow derivable from its constituent parts.

While this simple idea goes back to John Stuart Mill and G. H. Lewes, it was Lloyd Morgan's version in his Emergent Evolution of 1923 that captured the cheering. This book is a thorough going scheme of emergent evolution vigorously carried all the way back into the physical realm. All the properties of matter have emerged from some unspecified forerunner. Those of complex chemical compounds have emerged from the conjunction of simpler chemical components. Properties distinctive of living things have emerged from the conjunctions of these complex molecules. And Consciousness emerged from

living things. New conjunctions bring about new kinds of relatedness which bring about new emergents. So, the new emergent properties are in each case effectively related to the systems from which they emerge. In fact, the new relations emergent at each higher-level guide and sustain the course of events distinctive of that level. Consciousness, then, emerges as something genuinely new at a certain stage of the evolutionary process. When it has emerged, it guides the course of events in the brain and somehow has causal efficacy in body Behavior.

The whoop which this anti-reductionist doctrine was greeted by the majority of the world's biologists and comparative psychologists, frustrated dualists all, was quite undignified, to say the least. The smirk biologists called it a new Declaration of Independence from the physicists and the chemist. Now, by gum, they said, we shall show you. "No longer can the biologist be bullied into suppressing observed results because they are not discovered nor expected from work on the non-living. Biology, becomes a science in its own right." Prominent neurologists agreed that now we no longer had to think of Consciousness as merely dancing an assiduous but futile attendance upon our brain processes. The origin of Consciousness seemed to have been pointed at in such a way as to restore Consciousness to its usurped throne as

the governor of behavior and even to promise new and unpredictable emergents in the future.

But had it? If Consciousness emerged in evolution, when? In what species? What kind of nervous system is necessary? And as the first flush of a theoretical breakthrough waned, it was seen that nothing about the problem had really changed. It is these specifics that need to be answered. What is wrong about emergent evolution is not the doctrine, but the release back into old comfortable ways of thinking about Consciousness and behavior, the license that it gives to broad and vacuous generalities. (The biologists drifted into psycho-physics without really knowing it - they stumbled then, and are still stumbling.) The truth is, that the brain is not the mind. The brain certainly evolved; the mind cannot evolve - it IS! IT IS THE SOUL - THE SPIRIT OF CONSCIOUSNESS. IT IS THE I AM WHAT I AM. (IT IS THE SUPREME SPIRIT! ANY QUESTIONS?)

No? Yes? Let us review.

“Historically, it is of interest here to note that all this dancing in the aisles of biology over emergent evolution was going on at the same time that a stronger, less-educated doctrine with a rigorous experimental campaign was beginning its robust conquest of psychology.

Certainly, one way of solving the problem of Consciousness and its place in nature is to deny that Consciousness exists at all.”

“It is an interesting exercise to sit down and try to be conscious of what it means to say that Consciousness does not exist. History has not recorded whether or not this feat was attempted by the earlier proponents of Behaviorism. But it has recorded everywhere and in large the enormous influence which the doctrine that Consciousness does not exist has had on psychology in this Century.

“And this is behaviorism. Its roots rummage far back into the musty history of thought, to the so-called Epicureans of the 18th Century and before, to attempts to generalize tropisms from plants to animals, to mankinds, to movements called Objectivism, or more particularly, Actionism. For it was Knight Dunlap's attempts to teach the latter to an excellent but aweless animal psychologist, John B. Watson that resulted in a new word - Behaviorism.”

And now we can get on with our discussion of this Behaviorism that I Paul earlier interrupted to talk about the “Helpless Spectator” and the “Emergent Evolutionary” theories.

At first, Behaviorism, was very similar to the helpless spectator theory we have already examined. Consciousness just was not important in animals, and these scientists considered man an animal. But after a world war and a little invigorating opposition, behaviorism charged out into the intellectual arena with the snorting assertion that Consciousness is nothing at all.

What a startling doctrine! But the really surprising thing is that, starting off almost as a flying whim, it grew into a movement that occupied center stage in psychology from about 1920 to 1960. The external reasons for the sustained triumph of such a peculiar position are both fascinating and complex. Psychology at the time was trying to wriggle out of philosophy into a separate academic discipline and used behaviorism to do so. The immediate adversary of Behaviorism, Titchenerian introspectionism, was a pale and effete opponent, based as it was on a false analogy between Consciousness and chemistry. The toppled idealism after World War I created a revolutionary age demanding new philosophies. The intriguing successes of physics and general technology presented both a model and a means that seemed more compatible with behaviorism. The world was weary and wary of subjective thought and longed for objective fact. And in this country objective fact was pragmatic fact.



Behaviorism provided this in psychology. It allowed a new generation to sweep aside with one impatient gesture all the worn-out complexities of the problem of Consciousness and its origin. We would turn over a new leaf. We would make a fresh start.

And the fresh start was a success in one laboratory after another. But the single inherent reason for its success was not its truth, but its program. And what a truly vigorous program of research it was! With its gleaming stainless-steel promise of reducing all conduct to a handful of reflexes and conditional responses developed from them, of generalizing the spinal reflex terminology of stimulus and response and reinforcement to the puzzles of headed behavior and so seeming to solve them, of running rats through miles and miles of mazes into more fascinating mazes of objective theorems, and its pledge, its solemn pledge to reduce thought to muscle twitches and personality traits. In all this there was a heady excitement that is difficult to relate at this remove. Complexity would be made simple, darkness would be made light, and philosophy would be a thing of the past.

From the outside, this revolt against Consciousness seemed to storm the ancient citadels of human thought and sets its arrogant banners up in one university after

another. But having once been established, Behaviorism was not really what it seemed to be. Off the printed page, behaviorism was only a refusal to talk about Consciousness. Nobody really believed they were not conscious. And there was a very real hypocrisy abroad, as those interested in its problems were forcibly excluded from academic psychology, as text after text tried to smother the unwanted problem from student view. In essence, behaviorism was a method, not the theory it tried to be. And as a method, it exorcised old ghosts. It gave psychology a thorough house cleaning. And now the closets have been swept out and cupboards washed and aired, and “we” are ready to examine the problem again!

But before doing so, one final approach (for Thomas' sake), the nervous system. We call this approach, “Consciousness as the Reticular Activating System.” We know that the central nervous system and its tie into the brain is a very intricate system. How often in our frustrations in trying to solve the mysteries of the minds do we comfort our questions with anatomy, real or fancied, and think of a thought as a particular neuron or a mood as a particular neurotransmitter! It is a temptation born of exasperation with untestableness and vagueness of all the above solutions of Consciousness given herein, with the one exception, the metaphysical one.

These arcane poses of philosophy and the paper theories of behaviorists are mere subterfuges to avoid the very things we know and should be talking about - the true and Truthful study of The Minds.

But, here, in behaviorism and evolution, we have an animal - make him or her a man or a woman if you will - here he, or she, is on the table of our analysis. If he or she is conscious, it has to be here right here, in him or her, in the mind within us, and the mind in front of us, not in the presumptuous inklings of philosophy back in the past. And today we at last have the Message of I Paul and its techniques to explore the inner workings of Spirit, of minds, of the brain and the central nervous system. Somewhere here in our own bodies must lie the answer! What sense would it make to look elsewhere?

All we have to do is locate those things responsible for our Consciousness, our awareness, our karmas, our acts, even our being and our inevitable demise as "human" beings.

Let's face it, none of the theories, surmises, opinions, assumptions, touched on herein, make sense, none of them have proven out to a definitive and provable conclusion. And that goes also to the metaphysical one. The Key here is that none of the theories down through the

ages are provable. Why? Is mankind here on W-303 entirely stupid? Or is it really because the Spirit works in mysterious Ways? Is the Spirit deliberately keeping something hidden from our Consciousness? And, if so, why? Let us, together, examine this. As promised earlier herein I Paul stated we would give you some insight into what the bicameral mind is all about. Let's tackle that first.

### **- The Bicameral Mind -**

Make no mistake about it. We are conscious human beings. We are trying to Understand human nature. We are trying to trace our roots, our origin. Who are we? What are we? Why are we? This has been an ageless question. We are going to answer it, and in a way that no human being on the face of this earth can dispute! And that, my dear sisters and brothers, whether you know it, or realize it, is one hell of a statement.

We all know that we aren't the only life on this earth and not the only Life in the Universe, but we humans are the only Bicameral Life here on W-303. We are not only men and women, male and female then, but we are also spirit, and we are spirit because, and only because, we not only have a brain and a central nervous system like other life forms, but we human beings also have minds. We human beings here on W-303 then are the only Whole Life

form that exists on this Planet. All other life forms on this earth are “programmed life forms” which must follow the program designed for them, they have no other way to go or to exist. Only we humans have choices. A hummingbird can't hum. I can! A table or chair may have legs, but they can't walk. I can! A worm has a brain, but it can't count or reason. I can!

Now all of that may seem foolish to you, but in the Realm of Reality it is not. You can only Think it is foolish because you have something those examples do not have - you have a mind.

Metaphorically everything that exists has life, has existence, I say “life” because Common Sense, Logic and Reason dictates that it had to come from somewhere in order to be where it is, and to exist. Is all of this foolishness or is all of this metaphysical? If, in Truth, we humans were created in the image, the likeness of the Supreme Spirit, LIFE, or God, if you wish, then we are not simply Humans, but we are, most definitely and directly related to our Creator and Omniscience.

Yes, the Animal, Insect, and Plant “worlds” are both amazing and fascinating but compared to the Human “world” they become pale in comparison.

Now, strictly for the sake of getting our points across, let's draw a mental picture of "man" and see him in two parts. The first part is the god part, or executive part, and the other part is the man part, or follower part. Of course, we must always Understand, that, here, we are a Whole Being. We are not going to transport that Wholeness into another place. The SPIRIT TRAVELS, Traverses the Higher planes, not the Flesh. Flesh and blood cannot enter the Kingdom of God, simply because it has its own Kingdom. Are these Kingdoms not "two chambers" bicameral in their very essences, their very nature? Of course, they are. The entire Message of I Paul, talks incessantly about Uniting the Opposites, aren't they bicameral? The left side and the right side of the human brain are bicameral - each with its own function - the lower mind and the higher mind are certainly bicameral. Each with their own individual function, which cannot be but denied, but clearly, they should, must, even, be United and lose their individuality.

Is the physical body distinct from the spirit form and structure? Of course, the Bridge between us is the mind, a bridge not too far. It is but a thought. It is, actually, Awareness and Recognition.

Now that is a very strange and a very volatile duo -

Awareness and Recognition. It is strange, only because men and women have command of them - no other life form here, on W-303 does. And not all human Life utilizes them, nor has command of them, but they, and they alone can, if only they Will.

If you have no physical disability, then there is Absolutely no excuse for you to be ignorant. The Truth must be, in fact, is, that you are lackadaisical.

You, yes you, attend more to matters that do not matter, than you do to those that really do.

And yes, my dear Sisters and Brothers, who chase frivolities and material possessions, there is for you, and you Alone, a bridge far, far to reach. You won't ever reach it unless you change your mind and your Attitude and your values.

Now for the bicameral mind in our man. Very little can be said about the man side, the follower side of it, to seem familiar to us, except to remember all the things we do without the aid of Consciousness which we have illustrated up to now in the Secrets of the Minds Communications. Or perhaps I should say the things we do so Automatically that they seem or appear to be done without the aid of Consciousness. But how unsatisfying is such a list of nots!

Somehow, we still wish to identify with Achilles. We still feel that there must, there absolutely must, be something he actually feels inside. What we are attempting to do is invent or come up with a mind-space and a world of analog behaviors in him just as we do in ourselves and our contemporaries. And I say that this invention is not valid for the Greeks of this period. All but one of the scientists' theories given in these series of the Consciousness of Consciousness, Secrets of the Minds, are absolutely stupid. Foolishnesses to the Greeks, and folly to the rest of us!

Perhaps a metaphor to something close to that state might be helpful. In driving a car, you are not sitting like a back-seat driver directing yourself, but rather find yourself committed and engaged with little Consciousness. In fact, your Consciousness will usually be involved in something else, perhaps with a passenger in the car, or in cogitation about something past, "why did I have that foolish argument with my lover this morning," or perhaps you're thinking up an excuse to tell your boss why you're coming in late, or why you didn't show up at work yesterday, and didn't call in!

Yet your hand on the wheel, your foot on the accelerator, and head are really in a different world. Sure, they are working, but you are not Conscious of them



working. You are too busy conversing with your passenger or making up excuses. Or whatever you are thinking about.

You see, in touching something I am touched; in turning my head, the world turns to me; in seeing, I am related to a world I immediately obey and so are you, the driver, in the sense of, in your case, you are not driving on the sidewalk. And you are not conscious of any of this. And certainly not logic about it. You are, caught up, enthralled, if you will, in a total interacting reciprocity of stimulation that may be constantly threatening or comforting, appealing or repelling, responding to the changes in traffic and particular aspects of it with trepidation or confidence, trust or distrust, while your Consciousness is still off on other topics. Who in hell is driving the car? Really!

Now while your Consciousness is still off on other topics, simply subtract that Consciousness and have what a “bicameral man” would be like. The world would happen to him and his action would be an inextricable part of that happening with no Consciousness whatever - we would be Robot like. And now, while driving the car, let some brand-new situation occur, a crash up ahead, a blocked road, a flat tire, a stalled engine, and behold, our “bicameral man” would not do what you and I would do, that is, quickly and efficiently swivel our Consciousness over to the matter and

narratize out what to do. He, our man, would have to wait for his bicameral brain with which his stored-up admonitory wisdom of his life would tell him non-consciously what to do.

So, we have now talked a bit about a bicameral man. What could, can we say about a bicameral god or spirit? Some people find it hard to believe that there are such things as mental voices. Voices, then, that come from some other place than your brain and your tongue.

This is a colossal thing - one we need address. Is ESP, psychic movements and the like simply aberrations of the bicameral brain, the side left and the side right? No, I don't think so. Sure, we all talk to ourselves, I doubt anyone would deny that. But other than ourselves and our individual speaking to each other there are "other voices."

Some people find it difficult to even imagine that there can be mental voices that are heard with the same experiential quality as externally produced voices. After all, they say, there is no mouth or larynx in the brain! True, but there is no brain in spirit either! But Spirit "talks," and those of us with the psychic ability "Listen"! And that "Listening" is not always simple, or easy, but listen "we do"!

Whatever brain areas, central nervous system, are utilized, there is something else, something we call the Mind - or Minds!

Whatever areas of our “Wholeness” are utilized, it is Absolutely certain that such voices do exist and that experiencing them is just like hearing actual sound. The only difference is that those “voices” are not coming through our ears. These “voices” are heard by many completely normal persons to varying degrees. Often it is in times of stress, of trouble, or in the midst of some very personal tragedy.

It was sort of like than when I first heard the “Voice” of I Paul. I was on parole, I was among strangers, I believe I was an alcoholic, and when I first “heard” the “voice” of I Paul, I was convinced I was going insane. But that's all history now. That's all behind us, behind me. Now I “speak” to others in the same manner.

You see, everything in nature, everything in the Universe is inter-related - I can talk to myself and to others, and others can talk to me - even “others”!

The system by, or how, we do this, or as it does it to us, is flawless, is Perfection Itself.

No, we are not crazy - we are simply Acting Naturally!

The Minds, you see, are not only Wonderful, a delight, but simply Wondrous.

You see, all life learns instinctively or inherently, but only one Life “Knows.” And that “Knowing” is Bicameral! That's what makes our Life different that all other life, here, on W-303.

Involution and Evolution are bicameral - they are in fact the Origin of Consciousness, the very Secret of the Minds!

The “Voices” of bicamerality are “the Voices of the Universe.” Now I realize that that statement is one hell of a statement! Let us see if I Paul can back it up.

There are, of course, hallucinations, none of us sane enough would deny that. There is, also, in psychiatry, a phenomenon called schizophrenia, a split mentality, which we must also say is bicameral, even though we deny, on grounds I will outline, do not recognize!

To split the Lower Mind into “two parts” is one thing; to ignore the higher mind is another thing. But to cite either mind as some sort of psychiatric soft or hard ball is foolish. Scientific evidence, of the medical kind, has pretty well proven two chambers within the brain, whether this theory is true or not, is not our argument, not our concern.

We are dealing with the Bicameral Minds. The lower, the higher, the Highest.

And any one in possession of any of these minds is capable of communicating with each other in possession of one of these minds.

Yet, there is a problem here. We all have a mind and a brain and a central nervous system and an ego or a “self” and this “self” can cause us to hallucinate, and where there is brain malfunction, that disorder and the “self” can cause what is medically known as schizophrenia.

So, all the “voices” heard are not always “authentic voices” or, better, the “voices” of “others” outside of our own lower mind, brain and central nervous system.

Hallucinations must have some innate structure in the nervous system underlying them. In fact, this was seen in a study of some people who were profoundly deaf since birth, for they can - somehow - hear “auditory voices” - “voices” then from outside of themselves even though they are totally deaf! This is the Power of the Minds.

And it gives us some insight on the Secrets of the Minds.

Visions, in comparison to “voices,” occur less

commonly, but sometimes with extreme clarity and vividness. Many a Mystic have reported on such occurrences, and a few people in our own Family have experienced them. I would not label any of these people as insane or as schizophrenic nor would I cite such visions experienced by such sane persons as mere hallucinations. And I might add here, the Lucid Dream phenomena, for that is a “vision within a medium” of our very existence.

And, you see, it is one of the great tasks of humanity to understand that very existence. Why we are here!

And more importantly, where we are headed. Not that Life here is not of the utmost importance, because it is, but what and how we live it here is going to decide where and how we will live it “there”! And I Paul not only finds that exciting, but I also find it very exhilarating and quite motivating. I, for one, do not want to be left behind.

Yet, we must hear, and then address, those who look down their noses at us, as if we are somewhat queer or strange or whatever. Sure, we have had our share of “off-beat” characters, every movement attracts some of them - and that's o.k., I'd rather have them with us, than against us! That does not mean that I Paul endorse them, even though I may embrace them, as the Children of God!

Isn't this the bicameral way? Isn't Sharing a two-way experience? Isn't Caring a two-way experience? Isn't Love a two-way experience? Isn't Recognition a two-way experience? Isn't Fellowship a two-way experience? Isn't Family a two-way experience?

Can you, in any way, shape, or form, spell out to me, something, anything that is not bicameral? Think about this: Subject-Object - Object-Subject!

Now in closing this Communication to the 13, I Paul would like to briefly touch upon a subject that is quite conspicuous throughout the Message that deals with Sound, listening, Symbols, and of course, bicamerality, which is our subject herein, and that subject is: The Control of Obedience.

Consider what it is to listen and Understand someone talking to us. In a certain sense we have to become the other person; or rather, we let the speaker become a part of us for a brief period of time. We suspend our own identities, after which we come back to ourselves and accept or reject what the speaker has said. But that brief interlude of dawdling identity, is the nature of understanding language; and if that language is a command, the identification of Understanding becomes the Obedience! To hear is actually a sort of Obedience.

Indeed, both words come from the same root, and probably, therefore, were the same word originally. This is true in Greek, Latin, German, Hebrew, French, Russian, as well as English, where the word “obey” comes from the Latin obedire, which is a composite of ob + audire, ie, “to hear facing someone.”

The problem is the control of such Obedience. This is done in two or more ways (two stand out in a bicameral way).

The first, but less important, is, by what we shall cite as spatial distance.

Think, if you will, of what you do, when hearing someone else talks to you.

You adjust your distance to some culturally established standard, to some tradition you are comfortable with. That, of course, is not listening, not even hearing! When the speaker is too close, it seems he or she is trying to control your thoughts too closely. When too far, the speaker is not controlling them enough for you to understand their speech comfortably.

If you are from an Arabian country, a face-to-face distance of less than twelve inches is considered comfortable. But in more northern countries the



conversation distance most comfortable is almost twice that, a cultural difference, which in social exchanges can result in a variety of international misunderstandings. To converse with someone at less than the usual distance means at least an attempted mutuality of obedience and control, as, for example, in a love-relationship, or in the face-to-face threatening of two people about to fight. To speak to someone within that distance is to attempt to truly dominate him or her. To be spoken to within that distance, and remain there, results in the strong tendency to accept the authority of the person speaking.

The second and more important way that we control other people's voice-authority over us is by our opinions of them. Why are we forever judging, forever criticizing, forever putting people in categories of faint praise or reproof? We constantly rate others and pigeonhole them in often ridiculous status hierarchies simply to regulate their control over us and our thoughts. Our personal judgments of others are filters of influence. If you wish to release another's language power over you, simply hold him or her higher in your own private scale of esteem.

Now all of us who are sane and not deaf hear voices, our own as well as those of others.

But now consider what it is like when you hear a voice

and there is no other person there. Are you hallucinating? It is possible. But most sane people hardly ever do. Every one of us, I am sure, has some time in their Life heard a voice other than their own, when nobody else was around, and usually we have chalked this up to day dreaming.

Now, once again, consider what it is like when you hear a voice and no other person is there, no point of space that you can locate from which the voice emanates, a voice that you cannot back off from, as close to you as everything you call you, when its presence eludes all boundaries, you have nowhere to hide, where no escape is possible - flee, and it flees with you - a voice unhindered by walls or distances, undiminished by muffling one's ears, nor drowned out with anything - not even one's protest, questions, or even screams - how helpless we are at that moment, but not hopeless. We, of course, question our sanity, our rationality, our place in Life. We are afraid, not necessarily of something "out there" but of something possibly malfunctioning within ourselves. And then you come to the realization that this happening is real, not fantasy, not insanity, not make believe!

And from there it begins. The Command to Think, to Love, to Obey - and clearly the Choice is yours, to say Yea or Nay!

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I Paul have made my Choice.

In All Love, for Unity and Peace

Your brother and servant – z

I Paul.

## **Secrets of the Minds - VI**

### **Consciousness of Consciousness**

Greetings to you of the 13.

We left off in Secrets V with the hearing of voices and the choice we had to Listen or Leave them alone. Always and in All ways, it is our Choice.

An explanation of Volition in these circumstances, under these circumstances, in fact, has never been truly explained in our subjective consciousness. But, in our bicameral mentation, Choice was always, always Volition, not will. Another way to say it, I suppose, is that Volition came as a voice that was in the nature of a command, in which the command and the action were not separated, in which to hear was to Obey.

There once was a time when Man and Woman were One with their God, there will, hopefully, be a reconstitution of that Oneness. Our bicamerality, at all levels, will insure it, if we can come to grips with it and solve it.

Now, in order to get some real insight into the Bicameral Man-Woman, we must begin with some sort of insight into the bicameral brain of Man-Woman. After all,

without it, the minds couldn't function, nor could the physical body, we would be like rocks or vegetables, or animals that could not reason, nor move under and by their own volition, and know exactly what they were doing and where they were going, and why!

For those of you who are not intellectuals, who have not had, or taken advantage of the Knowledge available to all of us, the following may be way out - but hang in there, we will teach it in language you and all can understand, once we get through the technological explanations. You see, these Secrets of the Minds, are not, after all, simply for your benefit, but for the benefit of all mankind - after all, our Day is Future, and it is to this Future we must point, direct, and Lead! The battle for the minds is always going on, and on we shall go on, attempting to control our own minds and never attempting to control yours. What would I do with your minds - mine are uncontrollable? God, if I may take the license, must feel the same way. Or, even better, God must be wondering why you haven't taken control of your own mind, his, its, Gift to you! So, let us go on.

What happens in the brain of a bicameral woman-man? Anything as important in the history of our particular species as a completely different kind of

mentality existing how many generations ago, even though unknown, demands some explanation, some statement of what is going on physiologically. And, of course, it also demands an explanation as to what is going on Spiritually.

Everything we see, everything we hear, is thereby recorded in the storehouse of the bicameral brain. We need not be, nor are we usually aware of this fact, but there lies all this input, and we cannot escape it and sooner or later it will surface via the memory and usually when least expected but most often when most needed. Usually, this surfacing is triggered by the Conscience, and often by the simple power of suggestion.

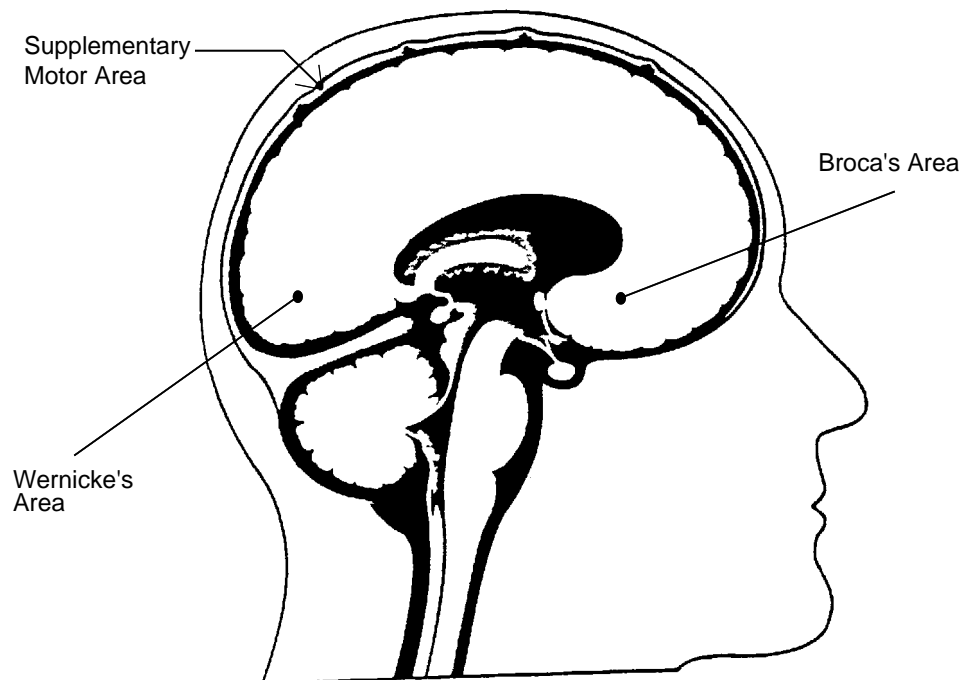
So, what happens in the brain of a bicameral man or woman? Anything as important in the history of our species as a completely different kind of mentality existing scientifically only a hundred generations ago demands some statement of what is going on physiologically. How is it possible? Given this profoundly subtle structure of nerve cells and fibers inside our skulls, how could that structure have been organized so that a bicameral mentality was possible? This is one of the questions that this Communication, Secrets of the Minds VI, needs to answer.

Our first approach to an answer is obvious. Since the

Bicameral Mind is mediated by speech (sound) the speech areas of the bicameral brain must be concerned in some important way.

Now in discussing these areas, and throughout this Communication, I shall be using terms suitable to right-handed people, in order to avoid a certain sort of clumsiness of expression. Thus, it is the left cerebral hemisphere of the brain, controlling the right side of the body, which in right-handed people contains the speech areas. It is therefore commonly called the dominant hemisphere, scientifically, while the right hemisphere controlling the left side of the body, is scientifically cited, as the non-dominant. I Paul shall be speaking as though the left side, brain-wise, was dominant in all of us.

Actually, however, left-handed persons have a variety of degrees of lateral dominance, some being completely switched (the right hemisphere doing what the left usually does), others not, and still others with mixed dominance. But being exceptional, only about 5 percent of the present population of this Earth, we can go in the other direction - not leaving them out - mind you but attempting to explain things from a majority overview. Let me illustrate.



“Speech and Brain - Mechanisms”

Princeton University, Princeton Press - 1959

Penfield and Roberts

“The three speech areas of the left hemisphere have different functions and values. The supplementary motor area is mostly involved in articulation, and Wernicke's Area in vocabulary, syntax, meaning and understanding speech.”

The speech areas then are three, according to the sciences involved in this profound study of the bicameral brain. And all on the left hemisphere of the majority of human kinds, here on W-303.

Do you realize that none of these scientists can prove, absolutely, that they really know what the hell it is they are



expounding, talking about?

Even if we were beholding to the apes for our ancestry, they still wouldn't know what the hell they were talking about. It's all pure theory, it's conjecture, it's guess work, at best. Although I Paul will give them much respect for the effort expended, that effort is not good enough - they have, albeit not intentionally, left their brothers and sisters in the primordial ooze, and that's one hell of a place to leave anyone, and they have.

I Paul promises never to leave you there! But you have to help me! You have to help yourself. And you have to help each other. And I am committed to helping you.

Now going back to what the Sciences state, the Speech Areas of the brain itself are three, all on the left hemisphere in the great majority of mankind, as stated above with the reference given. They are: (1) the supplementary motor cortex, on the very top of the left frontal lobe, removal of which by surgery produces a loss of speech which clears up in a few weeks; (2) Broca's Area, lower down at the back of the left frontal lobe, the removal of which produces a loss of speech which is sometimes permanent and sometimes not; and (3) Wernicke's Area, clearly and chiefly the posterior part of the left temporal lobe with parts of the parietal area, any large destruction of

which after a certain age produces a permanent loss of meaningful speech. It is this, Wernicke's Area, according to science, that is the most indispensable to normal speech. But, as we might expect, science has once again relied upon strict materialistic proponents and refuse to even consider non-materialistic proponents.

“What is a Word,” is coming in the next Consciousness of Consciousness, Secrets of the Minds, VII. We will address the Wernicke's approach to the brain and, “our-his” approach to the mind. After all, the minds must be approached and addressed before we can seriously undertake a study of them; and it is mind we need to understand through study of it, the minds, that is, and not man - and through this study of the minds, properly done, we can even come to understand who we are and why. Is that not a tremendous accomplishment? I think so. There isn't a single solitary scientist or religionist on the face of this Earth, W-303, who can logically, truthfully, or otherwise, tell you who you are and why! And that, my dear brothers and sisters is the Truth, and if you do not believe me, go out and get for yourself the “Official Position” of science and religion on the subject! It profits me nothing to mis-lead you. It profits all of us to tell the Truth, and then, hold to it.

My God, you would think we knew the answers, all of them, as to who and why we are, in this day and century, but the truth is, the reality is, that we do not. Now if that comes as a profound shock to you, then, by all means available, be shocked - it just might wake you "UP"! Or, of course, it just might put you to sleep, a long sleep.

The word "Life" is not a metaphor, per se. The word "death" is not a metaphor, the word reincarnation is, and so is resurrection! They are all joined together, in one manner or another, with the word, not the metaphor, of the word Life. Some are true and some are false. The very word "Life" can mean only One thing. The very words, "Faith, Hope, and Charity," can only mean, represent, then, only three things, or alone only one thing. If the word death is not a metaphor, what is it? Is it possibly a prelude to reincarnation - to a resurrection of sorts?

We must turn here to "Logical Positivism," to what makes sense, to what is reality, to what we know as Common Sense. And just what do we mean by "Logical Positivism," a phrase used for the first time in our most recent communication to "The Family"? Literally we mean "correct reasoning" - a system of thought then, based solely on observable or known Truths. Esoterically we mean the proper and perfect use of those Truths received.

And I might add, “and proven,” after all, even with those things duly received, we have been commanded to “Prove All Things,” a tremendous task! And not one to be taken lightly, as most do.

So, Life is Life and Death is death, but shall the twain never meet? Or are they the one and the same meet?

You see, we must plumb the minds of human reason, even of human inequities - if you want a myth or a legend, go to the public library, or turn to the bible, but if it is the Truth that is on your mind, then turn to ward Spirit and that which is spiritual, your minds and “The Mind”!

We are, after all, all mysteries, yes, mysteries, and especially so to ourselves, the greatest and most profound mystery, here on W-303! And the lesser, elsewhere!

We must learn to listen - to listen for, and to another, a different drummer, than the one we were programmed to listen to, since birth. After all, we were the first race or species to cite our fellows as robots, a very degrading citation. To cite is one thing, to justify it is another thing, as is, to simply think it. Have you met any robots lately? Seen any? Know any?

My advice to you, which Charles Lutwidge Dodgson, should have given to Alice, is: “Stay the hell away from the

looking glass"! That way you don't have to look into a glass darkly or otherwise! And I should clarify that "or otherwise" by saying "don't," until you are spiritually called upon to do so. I Paul remand you to Ordinance Thirty-One. Couple it, with Ordinance One and you have reduced the Ordinances down to twenty-nine - now you only have sixteen to go!

But we are straying away from our point here - the "Hearing of Voices" - the Receiving then, from outside of yourself. And I Paul will once again reiterate, You will never actually know you are Receiving if you cannot shut-up long enough to hear "other voices"!

You see, you get so caught up in your own importance, and so enhanced, and so enchanted, by the sound of your own voice, you truly cannot hear "an other"! You are caught up in the travails of horizontal time and leave no space in your mentations for Vertical time, and so LIFE allows you to remain Horizontally forever and ever. That's where robots are relegated to end up - they have an "end-up" place, do You?

The "drummer" we spoke about is not just any old drummer that comes along but the One who has Always been there "drumming" since "the beginning" as we understand it. And as "we" understand it, there is no

“snare” drum involved. It is we human beings who have introduced the “snare drums,” such being, mana, the totem, satan, evil spirits, voodoo, magic, the occult, and the like. The Chaos, the shadows, the darkness, fear and the nothingness belongs to us. Yes, all evil wears a human face and all of it is not just anti-Christ, anti-God, but is also anti-humanity!

The “drums” we should hear and march to are those of the Macro and the Micro, the Alpha and the Omega, the gamma and the beta, the Light and the Karma, and, of course, the Mega! Oh, yes, “The Mega”!

Out of the Chaos came Stability and Reason, out of the tumult came Logic, out of the Spirit came us, in a roundabout way, and out of us came that which rules our Earth or should. It was given to us, as a sacred trust. Are you proud of having kept that trust? Are you content with your effort? Are you the happy holder of an Ease-of-Mind? If so, you are a Spiritual, you do not need to tap my cow's udder. You are welcome to my table of meat, that place all True Spirituals meet, one is the Lower Room, and the other is the Upper Room. You must pass through the former in order to enter the Upper. And both call, both whisper, and you need desperately to “Listen”! Not to a materialistic drummer, not to some physical fool's dogma or doctrine,

not to some home-made idiotology, not to some “human-manufactured” ritual or rite, not to some theory or myth or legend or saga - and certainly never to a contrived tradition - and most certainly not to a supposed Faith a wandering Hope, and a false Charity.

Listen! “God IS - I Am.” But before I can prove that “God IS,” I must solve and prove the mystery of “I Am,” and I Paul means to imply the “Who, What, When Where, Why, and How” I Am!

I know that Elohim, EL, God, The Supreme Spirit, LIFE, then, supposedly was quoted once as saying “I am that that I am.” Can I not also state the same? And get away with it? I don't think so. God didn't create me to be a parrot. He created me, us, to be divines! And God gave us all the tools and all the wherewithal to become so -but God withheld the directions on How to accomplish the task and reach our Ultimate Goal. And that answers the question we have had in our mind for quite some time, that is, “Why won't God do for us, that which we are capable of doing for ourselves?” It's a classic example of a Question answering itself!

And isn't God, LIFE, then, the very question and the very answer to our query?

Since we are capable of asking the question about ourselves, that is, who, what, when, where, why, and how are we, are we not also capable of asking, and in fact, shouldn't we ask exactly the same question about God? About this thing, this entity, this “whatever it is” we call God or Spirit or LIFE? Of course, we are and most assuredly we should. It is, after all, the Greatest Secret of the Mind.

If this God is everywhere but No Where, In everything but in No One Thing, Is everything but No one particular thing, Is thought to be omnipotent and not created and therefore unable to create itself, to be omnipresent as alluded to above, the act of being everywhere at the same time but never in One Place at the same time, to be omniscient, to know all things then, even non-recognition. And we come to voices, for God is, just as all Spirits are, omnifarious. You can run but you cannot hide from the Voice of Spirit!

Now I think we have addressed the five “W's” and the “How” of this thing we call God, Spirit, LIFE.

We know what “EL” symbolizes, what are we to make out of “Om”? From the latin we know that om-ni means all, “omnis,” a combining form meaning all, everywhere. But that doesn't answer our question of “what are we to make out of “Om.” We do know that “EL” signifies,



represents, in fact, “Power,” but what does “Om” represent, symbolize, then?

What would happen if we were to join them together as “EL-OM,” or as “OM-EL”? Wouldn't we come up with “the power of greatness,” or “the Greatest Power”? And wouldn't that Power include Wisdom? Have we not been told who is the Power and Wisdom of this particular God? Of course, we have. The query here is, “how well did we listen”? How well did we go, as individuals, to “Prove All Things” – in fact how many of you actually know how to go about proving all things? Can you give me the way? Let me say, that I doubt more than two of us can, and I'm not sure about you!

We need to go back to the “Olive Leaf” offering to find the foundation of the way to prove all things. “The Olive Leaf Offering” is a symbol of a tribute love. “And the dove came into him at eventide: and lo, in her mouth an olive leaf pluckt off: So, Noah knew that the waters were abated from off the earth,” (Genesis 8:11). This passage from scripture is, to a real thinker, a part of the “third creation” saga! The real thinker derives from it thusly: And now, at the conclusion of the re-incarnation period of that stage of the Life's development, an “Olive Leaf” or Love tribute offered by the higher self to the lower self, strictly a mind

offering then, one of Love and its companions, Peace and Truth, for a Love offering is an offering of Unity, of uniting for the purpose of that offered. As the result then of the previous action of, the previous offering of the most August and Higher Self - sent to the individual Self's (not "self's").

Yes, I hear voices, I hear them calling for Righteousness and that in Action. But you must remember and Recognize that I do not hear "these voices" as I Paul hears your voice. This is not a matter of audibles, but one of the minds. Then, and then only, is it that the lower consciousness realizes that the Power of Recognizing the Truth is contained "within"! Tap into it. "Seek ye first the Kingdom of God, which is within, and then, and only then, will all these other things be given unto you Freely in the Freedom of that which "is at hand"! And pray tell, what is it that "is at hand"? The Kingdom? Freedom? Or both? And why did the man from Nazareth repeat the baptist's cry? Was he a parrot? Or was he out to prove something? Was it an attempt to take over the baptist's ministry? An attempt to up-stage his cousin, John, he, that was known as the baptist, and a thorn in the side of Herod? Let us see.

"Om" is Sanskrit - "EL" is Hebrew - "Aum" is Indian - "Christos" is Greek. And "I" am that that I am. What we

need to grasp is just what is “Aum Tat Sat,” or if you will, “Om Tat Sat - Christos ben EL, ben Gurion.” Let me say, before, I Paul discerns this, that in connection with “the Olive Leaf Offering,” you need to know this: when we have felt the tossings cease, and have received the olive leaf, the earnest of the inheritance, from the mouth of the gentle dove (and that's gentle, not gentile), which thus assures us of a world beyond the water floods, the world Gilgamesh, himself, found and knew, that his Freedom was at hand. And we should know the same thing.

And, so, from here we approach the mount, not “rush-more,” mind you, but Olympus. Can we not hear the voices of Homer, of Plutarch from there - can we not hear the voices of the E of Delphi from there? If we “truly listen,” of course we can. But what is the voice we hear? The old, the tired ones, or the Oldest, the Loudest and most Silent Voice of ALL Eternity? I Paul leave that puzzle to you, as weak as it is, for I need to leave you, and go climb Mount Olympus!

And what shall we say about this mount before we attempt to ascend it?

Well, after all, it is but a symbol, a symbol of the height of perfection and attainment. The climb is a symbol of the True Manifestation of Life - one's own Life, one's

desires, one's own devotion to totally fulfill their Life, not screw it around, not to waste it, doing all those things that actually and truly do not, in any way, matter. If you want to truly fulfill your Life, then you should come, climb with me, the mount called Olympus.

Plutarch, writing, “On the E at Delphi,” said that Homer was the first to divide the world into five portions. The three intermediate he has assigned to the three gods, the two extremes, Olympus and our Earth, where of the one is the boundary of things below, the other of things above, he has left Common to All and un-allotted to any.” What it means, is this: There are five manifested planes (portions) of the world (Homer actually used the word “soul” to mean “world”). The three intermediate, namely, Hera, Hermes, and Kama (Hera, the symbol of Wisdom, Hermes the symbol of the higher mind, and Kama a symbol of Hades - thus Homer connected the four “H’s”). These four “H’s” have, above them, Olympus, with them, the Earths (collectively), and the Supreme Spirit surrounding All.

But it goes further: Atma, (a designation for the highest plane of manifestation in the present cycle of Life. It is the plane of the Second Logos, or Higher Self, that which expresses the Love Energy of Deity), bounds manifestations Above, and the physical (the om-sthula)

the limit below. There are some things, you see, the gods have never seen.

But what the gods have not seen, doesn't mean, or preclude you, from seeing! Please see.

And once having seen, conform. Here it is, I Paul needs to say what needs to be said. Some of you are helpless, some of you are useless, but not Hopeless - none of you are Christless - Why? Because Christ is in you regardless of whether you are in Christ or not!

Om Tat Sat! Can you see Christ? Can you see the Light? Can you see, Period, and if seeing do you abide that seen?

Is not Christ, the LIGHT, then, that very mountain up into his Followers go, and in which, they discover the divine idea of itself, his self, her self? As a mountain seems to be the “meeting place” of the Earths and the Kingdom, the place where the bending skies meet the aspiring planets, the place where the Light and the cloud keep the closest company with the granite and the grass: So, Christ, the LIGHT, is the meeting place of divinity and humanity (just as Jesus is the meeting place of humanity and divinity). He, and It, are at once the condescension of divinity and the exaltation of humanity; and man-woman, wanting to know God's idea of them, and any man-woman

truly wanting to Know God's idea of them, must go up into Christ, the LIGHT, and he or she will find it there. This, then, is the great truth of the LIGHT, one of the Secrets of the Minds!

All of the Secrets of the Minds are contained within the Five Receptor Senses.

The Treasury of Life, your Life, and mine, the Life of every Woman and every Man, however different they are from one another, they are all in Christ and It Is In LIFE, and ALL of that All is in ALL! This is True Christian Spiritual Reality - Spiritualism at its Apex! Life in the hand of LIFE. And don't ever lose sight of the Truth that ALL Life is an experiment, an experiment of “Soma,” “Psyche,” and “Pneuma”!

And keep in mind always, and in all ways that experience is simply another word for “Change”!

All of us have and hold a natural right, yes, a right and not just a privilege, to enter the Kingdom of LIFE, and, in addition, we all have and hold the vehicles to do so. The question is then, can we “Act Natural” and, therefore, Do So, in the vehicle given to us? Exerting the Effort to Do So is our Chore, our Task, then. And Sense not senselessness must prevail. Righteousness not unrighteousness needs be

the norm. And Common Sense the driving force. And Love the guiding Light.

It was, after all, through an impulsive Act, one described by I Paul as an act of disobedience in his Letter to the Philippians, Chapter Two, an Act then, of the Kingdom's LIGHT that joined Divinity with Humanity here on W-303 - and through the man of Nazareth, via incarnation, that humanity was enjoined to divinity. Therefore, we can say such things as: “Faith is stronger than Logic - Hope is greater than Reason; and Charity bigger than All Things gathered - and Truth, the MASTER of ALL, and ALL held together by Love.

And being able, qualified even, to state such shocking things, is proof of our divinity - in the statements, we have proved something, not yet All Things, mind you, but some things! “See”?

Oh, God, I Paul hopes so! It is our bicameral inheritance!

How can we say, “Faith is stronger than Logic”? And please keep in mind, I said “stronger,” not more logical.

Well, let me go to Luke 18 for an ensample, beginning somewhere around verse 29. Here was a man telling it like it was, laying it all on the line, and none understood him.

And because of this lack of understanding, he turned to a blind man to make his point. And I Paul asks the question – was there, at the moment, a better place to turn to? Let's pick it up at verse 34, where the Scribe admits, “and they understood none of these things, and this saying was hid from them! And it goes on neither knew they, nor held, the things which were spoken (you don't listen too good!)” – the parentheses are mine.

“And it came to pass, that as he was come nigh to Jericho, a certain blind man sat by the wayside begging (the underscoring is mine). And hearing the multitude passing by, he inquired what it meant. And those he asked said unto him, that it was Jesus of Nazareth passing through the countryside. And he stood erect and cried out, “Jesus” thou son of man, have mercy on me as wouldest David, he too was a son of man (again, my discernment). And they which went before and behind Jesus, his troops, rebuked him, telling him that he should hold his voice: but instead, he cried out all the louder, saying, and quite clearly so, Jesus, you the same of David, help me, have mercy on me. And Jesus, hearing his cries stopped and turned around and asked that this man be brought to him, and when he was, Jesus asked him, brother, what is it you would have me do? And the blind man answered, Rabbi that I could but see you! And promptly Jesus said unto him;



See, that you seek, and come follow me! And immediately he saw that which he had asked for and followed him.”

And for these very same conditions and reasons, I Paul too follow him!

But I do not follow blindly. There is enough Light to go around twice. And enough LIGHT to follow. And that is why I Paul does. “See”?

Listen! I don't follow because I Paul believes in scripture. I Paul does not follow simply because he knows “the Message,” or is a member of “the Family” - no, I Paul follows simply because I know the Christ, and “he” Knows me, and I hear the very magnificent “voice” of the Spirit!

What in hell do you think I have been doing since 1977? Wasting my time? Playing games? Just what do you think I have been doing? I have given my Life over to this Message, and, yes, to “the Family”!

And Understand, that a few have shared in it, and shared with me, a Support I Paul can never in this Life pay back. But I Paul will pay back ALL.

Now I would like to get back to “Om,” “Aum,” “Tat,” “Sat” - “EL;” I Paul can never escape the meaning of these words, these terms, even the discernment of them, both

mine and all the other “would-be theologians”! And we must all bear “the shame of our own self-importance.”

Hopefully, I have buried mine. Hopefully, I say - I do not declare permanence, the Soma very seldom obeys the Pneuma! And then, what should we even say, think then, of the psyche? Ah, but we have the Mind of Christ.

But we have something greater, something few know or listen to, we have, and should hold to dearly, the “Voice” of Spirit! The word is ours - we are the Word!

Yes, we are the image of God Almighty. Yes, we are the word of God Almighty. Yes, we are his, or “Its,” if you prefer, the children, the daughters and sons of this most magnificent unknown and unknowable and mysterious thing we call Father, or God, or LIFE!

Yet do not we also call ourselves Father-Mother? Son-Daughter? Do we not, at times, seem to be, or play-act at being a god? Of course - you are all guilty, as we. But those who have “tasted” of the Kingdom of LIFE, through a vision and/or a transcendence experience, can never, ever, go back to, or return to the old ways. Not the old ways of this earthly Life, but the Life of the True-Self - for once having embraced Spirit, in Unity, Love, and Peace - there is no turning nor looking back. Once you have put your hands

on the plow of God, you can only go upwards, you cannot travel in any other direction!

I Paul am still attempting to be a sword of Christ and I am determined not to be sheathed until that power and wisdom sheaths me and gives me new instructions.

Now let's get on with “Om Tat Sat.” The very theme of this phrase is, of course, symbolic of something. And this is what it symbolizes: “Om” or “Aum” symbolizes the Spirit of Love within the Human body; the inspiration of All Truth and Righteousness.

“Aum Tat Sat” - this has, in very Ancient times, been considered as the threefold designation of Eternity - the very hearing of and consideration of these “three voices” of Eternity. By them were all Human Kinds ordained, with and in, the divine glory of the Supreme Spirit and the enormity of its LIGHT. And believe it or not, that LIGHT is You!

Yes, it is not only You, but you also and how do you treat your Incarnation? The Way the man from Nazareth of Galilee did? The way the man from Tarsus did?

For God's sake, which Peter are you? The loser of keys? The total denier? The deserter? The only one Jesus himself called “Satan”? Why did Jesus of Nazareth lay such a

weight, such a heavy burden, upon such a one? And why did this man Jesus turn away from Peter and his fellow deserters and in spirit turn to one Saul of Tarsus, a Pharisee and an out and out persecutor of the messianic sect, the one synagogue of Jerusalem that proclaimed this man Jesus of Nazareth as being the earthly messiah? Why? This must be proclaimed, this must be understood, and this must be proven! How shall we do this?

Well, let me begin by saying that if Jesus of Nazareth told the Truth, and I have no reason or doubts that he did, then we all are what he proclaimed us to be, the Living, walking, talking Kingdom of God, that Kingdom within us. Do you like what you see? What you hear? And the Way in which you walk? Do you faithfully represent that Kingdom? Do you, in fact, and in truth, Recognize it? When I Paul looks straight into the faces of Women, Men, and Children, I know I am looking straight into the “face” of Spirit - I am looking at the Spirit of LIFE. Do you make my looking good, righteous, and happy? Do you make it real, true?

Yes, I Paul am laying something heavy on you, I am in fact going to strike you with something you do not want to be struck with. Yet, you either believe in Life beyond this Life or you can, and will, have to accept that darkness beyond physical death - It's clearly your Choice.

Yes, our day is Future, but you must come up to the Understanding that that Future is “NOW”!

You see, while such personages as Martin Luther King had a dream, and yes, a very great dream, such personages as I Paul has had, and holds to a vision - the difference being, my dear Sisters and Brothers, is that dreams die, they pass away, end, but Visions never end, never die, never pass away.

One further question now. Have you figured out my Lucid Dream in the hut in the forest?

With all Love for Unity and Peace in the Universe of LIFE and LIGHT and Life,

I Remain, your brother and Servant,

I Paulz.